

<u>Pos</u>	<u>Num</u>	<u>M Pos</u>	<u>F Pos</u>	<u>Name</u>	<u>Cat</u>	<u>Club</u>	<u>Time</u>
1	356	1		Tom Ramsey	M	Driffield Striders	39 : 40
2	500	2		Stuart Smith	M40	Pocklington Road Runners	39 : 49
3	413	3		Matt Shillings	M	Goole Viking Striders	40 : 06
4	125	4		Scott Hargreaves	M	Bridlington Road Runners	40 : 09
5	226	5		Jim Rogers	M50	City of Hull AC	40 : 10
6	316	6		James Wilson	M40	Driffield Striders	40 : 11
7	13	7		David Morrison	M	Beverley AC	40 : 15
8	663	8		Paul Butler	M50	Scarborough AC	40 : 15
9	363	9		Alex Roberts	M	Driffield Striders	40 : 20
10	805	10		Rich Buckle	M	East Hull Harriers	40 : 23
11	33	11		Darren Edge	M50	Beverley AC	40 : 35
12	658	12		Michael Dowson	M	Scarborough AC	40 : 41
13	119	13		Josh Taylor	M	Bridlington Road Runners	40 : 44
14	223	14		David Ball	M	City of Hull AC	41 : 02
15	716	15		Wayne Fennell	M	Selby Striders	41 : 04
16	635	16		Matt Middleton	M	Scarborough AC	41 : 19
17	746	17		Alex Hoggard	M	Selby Striders	41 : 21
18	41	18		Stephen Logan	M	Beverley AC	41 : 34
19	522	19		Michael Smith	M	Pocklington Road Runners	41 : 47
20	733	20		Carl Ward	M40	Selby Striders	41 : 51
21	216	21		Carl Godley	M55	City of Hull AC	42 : 08
22	641	22		Jack Robertson	M	Scarborough AC	42 : 18
23	547	23		Andrew Fox	M45	Pocklington Road Runners	42 : 22
24	533	24		Steve Worth	M	Pocklington Road Runners	42 : 28
25	222	25		Pete Mason	M	City of Hull AC	42 : 29
26	613	26		Chris Duck	M45	Scarborough AC	42 : 36
27	203		1	Sophie Lee	L	City of Hull AC	42 : 42
28	655	27		Alan Whelan	M50	Scarborough AC	43 : 05
29	435	28		Richard Ruston	M45	Goole Viking Striders	43 : 09
30	320	29		Joe Shepherdson	M	Driffield Striders	43 : 16
31	202	30		Jim Harlock	M50	City of Hull AC	43 : 20
32	804	31		Paul Wray	M45	East Hull Harriers	43 : 21
33	14	32		Simon Bishop	M	Beverley AC	43 : 24
34	215	33		David Birkin	M45	City of Hull AC	43 : 32
35	624	34		Glyn Hewitt	M45	Scarborough AC	43 : 48
36	318	35		Jazz Edeson	M55	Driffield Striders	43 : 50
37	225	36		Peter Baker	M40	City of Hull AC	44 : 13
38	528	37		Warwick Anderson	M50	Pocklington Road Runners	44 : 15
39	360	38		Wayne Leighton	M40	Driffield Striders	45 : 20
40	826	39		Mike Petersen	M40	East Hull Harriers	45 : 31
41	323	40		Jon Rodger	M45	Driffield Striders	45 : 35
42	405	41		Jonny McFaul	M	Goole Viking Striders	45 : 40
43	35	42		David Meilhan	M40	Beverley AC	45 : 45
44	303	43		Alistair Edge	M55	Driffield Striders	45 : 49
45	623	44		David Hepples	M40	Scarborough AC	46 : 04
46	911	45		Andrew Jackson	M45	Yorkshire Wolds Runners	46 : 06
47	410	46		James Williamson	M	Goole Viking Striders	46 : 09
48	852	47		Jim Crisp	M45	East Hull Harriers	46 : 11
49	642	48		Neil Scruton	M70	Scarborough AC	46 : 17

50	302		2	Alison	Crellin	L55	Driffield Striders	46 : 30
51	214	49		Rupert	Wilkes	M45	City of Hull AC	46 : 35
52	611	50		Andy	Curtis	M40	Scarborough AC	46 : 45
53	300	51		David	Parkin	M50	Driffield Striders	46 : 48
54	605		3	Hester	Butterworth	L45	Scarborough AC	46 : 50
55	806	52		Tim	Groves	M50	East Hull Harriers	46 : 51
56	836	53		Ben	Eves	M40	East Hull Harriers	46 : 51
57	415	54		Martin	Midgley	M45	Goole Viking Striders	47 : 04
58	662	55		Robert	Preston	M	Scarborough AC	47 : 08
59	332	56		Matthew	Hunton	M	Driffield Striders	47 : 26
60	209		4	Tegan	Roberts	L	City of Hull AC	47 : 28
61	27	57		Phil	Savage	M	Beverley AC	47 : 40
62	149	58		Anthony	Smith	M55	Bridlington Road Runners	47 : 41
63	227	59		Stuart	Lazenby	M50	City of Hull AC	47 : 59
64	723	60		Chris	Dugher	M40	Selby Striders	48 : 03
65	204	61		Simon	King	M40	City of Hull AC	48 : 05
66	730	62		Neil	Musgrove	M	Selby Striders	48 : 09
67	132	63		James	Riley	M40	Bridlington Road Runners	48 : 20
68	400	64		Rich	Bramham	M55	Goole Viking Striders	48 : 23
69	228	65		Brian	Lazenby	M40	City of Hull AC	48 : 25
70	4		5	Emma	Greensmith	L40	Beverley AC	48 : 35
71	917	66		Simon	Matson	M45	Yorkshire Wolds Runners	48 : 52
72	315	67		James	Abel	M60	Driffield Striders	48 : 55
73	827	68		Stephen	Taylor	M	East Hull Harriers	49 : 01
74	338	69		Neil	Risdale	M60	Driffield Striders	49 : 18
75	925	70		Stewart	Tindale	M50	Yorkshire Wolds Runners	49 : 21
76	905		6	Zoe	Dale	L45	Yorkshire Wolds Runners	49 : 24
77	632		7	Beckie	May	L45	Scarborough AC	49 : 27
78	739		8	Lee	Fenlon	M	Selby Striders	49 : 29
79	421	71		Tom	Bramham	M	Goole Viking Striders	49 : 43
80	601	72		Chris	Bourne	M45	Scarborough AC	49 : 51
81	555	73		Matt	Savory	M	Pocklington Road Runners	49 : 55
82	331	74		Martin	Stack	M55	Driffield Striders	49 : 56
83	473		9	Emma	Tune	L	Goole Viking Striders	50 : 04
84	213		10	Whitney	Larkin	L	City of Hull AC	50 : 09
85	539		11	Emma	Simmons	L40	Pocklington Road Runners	50 : 11
86	218		12	Pamela	Tarbet	L	City of Hull AC	50 : 15
87	309	75		Chris	Grubb	M40	Driffield Striders	50 : 16
88	908	76		Rob	Harper	M45	Yorkshire Wolds Runners	50 : 21
89	748	77		Mundy	Kilner	L40	Selby Striders	50 : 40
90	10	78		Paul	Clark	M50	Beverley AC	50 : 46
91	402	79		Bob	Coates	M55	Goole Viking Striders	50 : 50
92	464		13	Kasia	Szalecka	L40	Goole Viking Striders	50 : 53
93	207	80		Alan	Bayston	M55	City of Hull AC	50 : 54
94	304	81		Andrew	Boyes	M60	Driffield Striders	50 : 56
95	702	82		Stephen	Headley	M55	Selby Striders	51 : 05
96	913		14	Katy	Lakes	L	Yorkshire Wolds Runners	51 : 07
97	341	83		Paul	Goodlass	M45	Driffield Striders	51 : 07
98	907	84		Tim	Hammond	M45	Yorkshire Wolds Runners	51 : 10
99	729	85		Lee	Lockwood	M	Selby Striders	51 : 11

100	725	86		Adrian	Craven	M45	Selby Striders	51	: 17
101	810	87		Mark	Gadie	M	East Hull Harriers	51	: 21
102	136	88		Anthony	Hughes	M45	Bridlington Road Runners	51	: 30
103	537	89		Nicki	Boyd	M45	Pocklington Road Runners	51	: 35
104	663	90		Paul	Butler	M50	Scarborough AC	51	: 37
105	803	91		Paul	Nippres	M55	East Hull Harriers	51	: 54
106	30	92		Andy	Tate	M55	Beverley AC	51	: 59
107	842	93		Andrew	Watson	M50	East Hull Harriers	52	: 15
108	141		15	Louise	Taylor	L	Bridlington Road Runners	52	: 24
109	817	94		Stephen	Tichopad	M50	East Hull Harriers	52	: 33
110	365		16	Naomi	Drakeford	L	Driffield Striders	52	: 36
111	902	95		Simon	Barnes	M45	Yorkshire Wolds Runners	52	: 38
112	34	96		Alan	Flint	M65	Beverley AC	52	: 40
113	813	97		Dave	Playforth	M55	East Hull Harriers	52	: 45
114	106	98		Graham	Lonsdale	M50	Bridlington Road Runners	52	: 47
115	116		17	April-Marie	Exley	L35	Bridlington Road Runners	52	: 49
116	8	99		David	Clark	M45	Beverley AC	52	: 49
117	206	100		Paul	Davis	M45	City of Hull AC	52	: 57
118	7		18	Nicole	Dawson	L	Beverley AC	52	: 59
119	9		19	Demi	Lidster	L	Beverley AC	53	: ###
120	469		20	Melanie	Walker	L35	Goole Viking Striders	53	: 18
121	17	101		Richard	Parkin	M60	Beverley AC	53	: 19
122	612		21	Rebecca	Dent	L	Scarborough AC	53	: 28
123	39	102		Sandy	Milson	M40	Beverley AC	53	: 53
124	462		22	Heather	Whitaker	L	Goole Viking Striders	53	: 55
125	12	103		Stuart	Eskrett	M50	Beverley AC	53	: 56
126	903	104		Paul	Burridge	M50	Yorkshire Wolds Runners	53	: 56
127	45		23	Fiona	Holland	L45	Beverley AC	54	: 06
128	201	105		Graham	Drewery	M50	City of Hull AC	54	: 37
129	354	106		Terry	McGuinness	M55	Driffield Striders	54	: 39
130	505	107		Sam	Pople	M	Pocklington Road Runners	54	: 44
131	602		24	Lisa	Bourne	L45	Scarborough AC	54	: 49
132	850	108		Gregg	Peddar	M	East Hull Harriers	54	: 57
133	461		25	Clare	Tune	L45	Goole Viking Striders	55	: 00
134	604	109		John	Butler	M65	Scarborough AC	55	: 04
135	646	110		Dave	Shiple	M60	Scarborough AC	55	: 21
136	334	111		Maz	Chajeki	M50	Driffield Striders	55	: 24
137	502		26	Emily	Kendra	L	Pocklington Road Runners	55	: 48
138	835	112		Paul	Andrews	M50	East Hull Harriers	56	: 15
139	121		27	Emma	Artley	L45	Bridlington Road Runners	56	: 17
140	219		28	Tania	Cream	L50	City of Hull AC	56	: 24
141	625		29	Lorraine	Hewitt	L45	Scarborough AC	56	: 35
142	807	113		David	Anderson	M55	East Hull Harriers	57	: 10
143	20		30	Lucy	Stamford	L40	Beverley AC	57	: 24
144	904	114		Steve	Dale	M55	Yorkshire Wolds Runners	57	: 46
145	339		31	Nicola	Amidulla	L40	Driffield Striders	57	: 56
146	654		32	Jenna	Wheatman	L	Scarborough AC	57	: 59
147	122		33	Jo	Mure	L40	Bridlington Road Runners	58	: 08
148	355	115		Tim	Pratt	M50	Driffield Striders	58	: 15
149	906		34	Kathryn	Hammond	L40	Yorkshire Wolds Runners	58	: 16

150	914	116		Steve	Longney	M50	Yorkshire Wolds Runners	58 : 16
151	220		35	Sally	Precious	L45	City of Hull AC	58 : 52
152	909		36	Karyn	Harper	L50	Yorkshire Wolds Runners	58 : 53
153	109		37	Kelly	Palmer	L	Bridlington Road Runners	58 : 57
154	42	117		Steve	Richmond	M60	Beverley AC	59 : 12
155	466		38	Philippa	Oldridge	L	Goole Viking Striders	59 : 18
156	221	118		Neil	Plumber	M55	City of Hull AC	59 : 26
157	517	119		Tim	Maycock	M45	Pocklington Road Runners	59 : 31
158	463		39	Vee	Walsh	L35	Goole Viking Striders	59 : 34
159	705		40	Tracy	Lacy	L50	Selby Striders	59 : 36
160	820		41	Shirley	Oglesby	L65	East Hull Harriers	59 : 37
161	43		42	Fran	Ibson-Turner	L35	Beverley AC	59 : 38
162	620		43	Jane	Graves	L55	Scarborough AC	59 : 45
163	147	120		Chris	Yeomans	M45	Bridlington Road Runners	59 : 46
164	306		44	Anita	Kraft	L	Driffield Striders	59 : 46
165	117		45	Sarah	Wood	L	Bridlington Road Runners	59 : 55
166	503	121		Brian	Perkins	M55	Pocklington Road Runners	60 : 02
167	16	122		Paul	Allen	M50	Beverley AC	60 : 08
168	754		46	Matt	Thornton	M	Selby Striders	60 : 15
169	308		47	Benita	Boyes	L50	Driffield Striders	60 : 16
170	15		48	Sam	Allen	L45	Beverley AC	60 : 23
171	627		49	Sally	Kingscott	L50	Scarborough AC	60 : 34
172	359		50	Vicky	Webster	L50	Driffield Striders	60 : 52
173	700		51	Lesley	Stainthorpe	L40	Selby Striders	60 : 52
174	816		52	Linda	Huart	L55	East Hull Harriers	60 : 53
175	513		53	Kate	Pople	L45	Pocklington Road Runners	60 : 54
176	648	123		Mally	Sweetlove	M65	Scarborough AC	61 : 07
177	722	124		Phil	Caddick	M40	Selby Striders	61 : 09
178	523		54	Becky	Moylett	L	Pocklington Road Runners	61 : 10
179	544		55	Lucy	Ward	L35	Pocklington Road Runners	61 : 21
180	114	125		Bob	Eyre	M70	Bridlington Road Runners	61 : 22
181	416	126		Paul	Brewer	M	Goole Viking Striders	61 : 23
182	18		56	Jacqui	Edwards	L60	Beverley AC	61 : 23
183	619		57	Gill	Glegg	L55	Scarborough AC	62 : 02
184	200	127		Steve	Coveney	M65	City of Hull AC	62 : 02
185	135		58	Verona	Petty	L45	Bridlington Road Runners	62 : 30
186	217		59	Helen	Duncan	L	City of Hull AC	62 : 30
187	645		60	Sam	Shepherdson	L45	Scarborough AC	62 : 37
188	468		61	Gemma	Oughtred	L	Goole Viking Striders	62 : 38
189	661		62	Sacha	Butterworth	L	Scarborough AC	62 : 54
190	737	128		Peter	Fox	M50	Selby Striders	62 : 55
191	108	129		Stuart	Bowes	M55	Bridlington Road Runners	63 : 05
192	148		63	Zoe	Ellis	L45	Bridlington Road Runners	63 : 15
193	710		64	Katy	Parker	L35	Selby Striders	63 : 28
194	762	130		Aaron	Stevens	M	Selby Striders	63 : 33
195	542		65	Annette	Bendelow	L35	Pocklington Road Runners	63 : 36
196	841		66	Mandy	Davison	L50	East Hull Harriers	63 : 43
197	104		67	Heide	Baker	L40	Bridlington Road Runners	64 : 11
198	910		68	Jane	Hornby	L40	Yorkshire Wolds Runners	64 : 36
199	145		69	Beccy	Gilbank	L	Bridlington Road Runners	64 : 39

200	703		70	Fiona	Headley	L50	Selby Striders	64 : 50
201	921		71	Ruth	Rhodes	L45	Yorkshire Wolds Runners	65 : 08
202	100		72	Dominique	Webster	L40	Bridlington Road Runners	65 : 09
203	735		73	Dave	Kellett	M60	Selby Striders	65 : 17
204	210		74	Christine	Hemingway	L55	City of Hull AC	65 : 29
205	758	131		Michaela	Pritchard	L40	Selby Striders	66 : 06
206	851	132		Ross	Parker	M70	East Hull Harriers	66 : 58
207	19		75	Kay	Farrow	L60	Beverley AC	67 : 04
208	512		76	Leanne	Maycock	L45	Pocklington Road Runners	67 : 26
209	205	133		Jeff	Copping	M70	City of Hull AC	67 : 51
210	212		77	Jacqui	Ker	L35	City of Hull AC	68 : 29
211	208	134		Steve	Cooper	M55	City of Hull AC	68 : 58
212	335		78	Mel	Roberts	L45	Driffield Striders	69 : 16
213	137	135		Mark	Loft	M50	Bridlington Road Runners	69 : 27
214	107		79	Sharon	Bowes	L45	Bridlington Road Runners	69 : 44
215	916		80	Emily	MacVarish	L	Yorkshire Wolds Runners	69 : 56
216	924	136		Martyn	Smith	M	Yorkshire Wolds Runners	69 : 57
217	704	137		Chris	Gill	M70	Selby Striders	70 : 59
218	508		81	Helen	Snook	L45	Pocklington Road Runners	71 : 35
219	918		82	Andrea	Matson	L45	Yorkshire Wolds Runners	71 : 55
220	211		83	Collete	Conroy	L45	City of Hull AC	72 : 46
221	142		84	Hannah	Little	L45	Bridlington Road Runners	72 : 59
222	128		85	Janet	Downes	L45	Bridlington Road Runners	73 : 02
223	719		86	Katherine	Dunkerley	L50	Selby Striders	74 : 28
224	474		87	Rachel	O'Brian	L	Goole Viking Striders	76 : 03
225	436	138		Steven	O'Brian	M	Goole Viking Striders	76 : 15
226	634		88	Avril	Metcalfe	L55	Scarborough AC	76 : 16
227	471		89	Sophie	Booth	L	Goole Viking Striders	76 : 23
228	224	139		Frank	Harrison	M75	City of Hull AC	77 : 51
229	37		90	Pam	Atkins	L70	Beverley AC	79 : 14
230	815		91	Penny	Darmody	L55	East Hull Harriers	79 : 39
231	409	140		Steve	Dixon	M60	Goole Viking Striders	81 : 14
232	637		92	Sharon	Parsons	L55	Scarborough AC	88 : 14
233	920		93	Sian	Rees	L55	Yorkshire Wolds Runners	88 : 50
234	809		94	Mary	Carrick	L65	East Hull Harriers	90 : 59
235	353		95	Sue	Lindsey	L60	Driffield Striders	91 : 48
236	518		96	Emma	Johnson	L35	Pocklington Road Runners	99 : 38