

EYXC League
Sledmere XC - 7th January 2024

Num	M Pos	F Pos	Name	Cat	Club	Time
999	1		Robert Sparkes	M	Beverley AC	40 : 41
143	2		Dave Mckinnon	M	Goole Viking Striders	40 : 55
910	3		Harley Smith	M	Driffield Striders	41 : 50
635	4		Jonathan Frost	M	East Hull Harriers	41 : 53
145	5		Jonathon Harding	M	Goole Viking Striders	43 : 9
11	6		David Whiting	M50	Beverley AC	43 : 17
850	7		Will Anderson	M	Scarborough AC	43 : 27
702	8		Danny Brunton	M40	Bridlington Road Runners	43 : 36
741	9		Phill Taylor	M40	Bridlington Road Runners	43 : 47
138	10		Max Price	M	Goole Viking Striders	43 : 54
151	11		Craig Barker	M	Goole Viking Striders	44 : 23
919	12		Matthew Hunton	M	Driffield Striders	44 : 28
560	13		Ben Wales	M40	City of Hull AC	44 : 30
559	14		Will Lewis	M	City of Hull AC	44 : 30
211	15		Wayne Fennell	M40	Selby Striders	44 : 31
835	16		Paul Lawton	M	Scarborough AC	44 : 53
594	17		Martin Smith	M	City of Hull AC	45 : 8
924	18		Sebastian Gryzlo	M	Driffield Striders	45 : 13
565	19		Adrian Bushby	M50	City of Hull AC	45 : 16
833	20		Andrew Kaufman	M40	Scarborough AC	45 : 21
557	21		Aaron England	M	City of Hull AC	45 : 40
607	22		Matthew Tune	M	East Hull Harriers	45 : 43
887	23		Ian Spence	M	Scarborough AC	45 : 43
535	24		David Tyas	M	City of Hull AC	45 : 48
587	25		Jamie Allen	M	City of Hull AC	46 : 15
818	26		Jackson Smith	M	Scarborough AC	46 : 17
297	27		Mark Thompson	M50	Selby Striders	46 : 46
86	28		Darren Edge	M55	Beverley AC	47 : 5
888	29		Matt Jones	M45	Scarborough AC	47 : 7
13	30		David Morrison	M40	Beverley AC	47 : 7
508	31		Ben Birtles	M45	City of Hull AC	47 : 11
654	32		Harry Masterman	M	East Hull Harriers	47 : 20
593	33		Lee Hammond	M	City of Hull AC	47 : 27
463	34		Ryan Manders	M	Pocklington Road Runners	47 : 31
602	35		Matthew Hayes	M50	East Hull Harriers	47 : 36
515	36		James Bray	M	City of Hull AC	47 : 43
223	37		Ian Robertson	M45	Selby Striders	47 : 51
398	38		Simon Jones	M50	Pickering RC	47 : 52
847	39		Robert Preston	M	Scarborough AC	48 : 0
703	40		Joe Shepherdson	M	Bridlington Road Runners	48 : 5
793	41		Paul Sutherns	M40	Bridlington Road Runners	48 : 17
427	42		Stephen Rigg	M	Pocklington Road Runners	48 : 24
829	43		Glyn Hewitt	M50	Scarborough AC	48 : 27
803	44		Darryl Koekemoer	M40	Scarborough AC	48 : 36
588	45		Eddie Rex	M45	City of Hull AC	48 : 41
549	46		Martin Oliver	M	City of Hull AC	48 : 43

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475	47	John	Albaya	M	Pocklington Road Runners	48 : 48
837		1 Rhona	Marshall	L40	Scarborough AC	48 : 50
655	48	Connor	Rules	M	East Hull Harriers	48 : 54
509	49	Tim	Savage	M55	City of Hull AC	49 : 6
476	50	Mike	Beckwith	M45	Pocklington Road Runners	49 : 8
201	51	Paul	Simpson	M	Pickering RC	49 : 11
207	52	Ross	Armstrong	M	Selby Striders	49 : 18
519	53	Jim	Rogers	M55	City of Hull AC	49 : 20
219	54	Chris	Green	M	Selby Striders	49 : 23
469	55	Stuart	Smith	M45	Pocklington Road Runners	49 : 32
568	56	Rob	Alexander-Duncan	M45	City of Hull AC	49 : 35
57	57	Josh	Green	M	Beverley AC	49 : 39
858	58	Jamie	Ward	M45	Scarborough AC	49 : 46
130	59	Jonny	McFaul	M	Goole Viking Striders	49 : 49
906	60	Benjamin	Harmer	M	Driffield Striders	49 : 50
497	61	Simon	Rycroft	M50	Pickering RC	49 : 55
196	62	Dave	Smith	M50	Pickering RC	49 : 56
238		2 Elizabeth	Nairn	L	Selby Striders	49 : 58
548	63	Stephen	Glenville	M	City of Hull AC	50 : 3
221	64	Alistair	Wood	M40	Selby Striders	50 : 6
157	65	Richard	Ruston	M50	Goole Viking Striders	50 : 17
66	66	Connor	Derbyshire	M	Beverley AC	50 : 24
595	67	Mark	Wragg	M45	City of Hull AC	50 : 25
285	68	Joe	Swash	M	Selby Striders	50 : 27
516	69	Jim	Harlock	M55	City of Hull AC	50 : 28
605	70	George	Burnett	M	East Hull Harriers	50 : 28
27	71	Doug	Sharp	M50	Beverley AC	50 : 33
423	72	Adam	Bell	M	Pocklington Road Runners	50 : 37
224	73	Steve	Gelder	M50	Selby Striders	50 : 38
659	74	Aaron	Winsor	M	East Hull Harriers	50 : 43
452	75	Adam	Smith	M50	Pocklington Road Runners	50 : 55
276	76	Steve	Hillam	M	Selby Striders	51 : 12
553	77	Pete	Baker	M45	City of Hull AC	51 : 19
474	78	Dan	Kidd	M50	Pocklington Road Runners	51 : 20
791	79	Paul	Good	M40	Bridlington Road Runners	51 : 22
126	80	Krzysztof	Szalecki	M50	Goole Viking Striders	51 : 22
526	81	Paul	Cartwright	M65	City of Hull AC	51 : 28
732	82	Dean	Hyde	M	Bridlington Road Runners	51 : 30
54	83	Matthew	Skinns	M	Beverley AC	51 : 31
35	84	John	Dawson	M40	Beverley AC	51 : 31
492	85	Mike	Richmond	M45	Pickering RC	51 : 38
706	86	Joe	Stenton	M	Bridlington Road Runners	51 : 45
598	87	Simon	Nicholson	M50	City of Hull AC	51 : 52
948	88	Wayne	Leighton	M45	Driffield Striders	51 : 59
792	89	Steve	Wilson	M40	Bridlington Road Runners	52 : 22
43	90	Billy	Pike	M55	Beverley AC	52 : 32
827	91	Dale	Hepples	M45	Scarborough AC	52 : 39

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230		3 Ciara	McEvoy	L	Selby Striders	52 : 45
286	92	Mark	Cavill	M	Selby Striders	52 : 54
135	93	James	Williamson	M	Goole Viking Striders	53 : 5
239		4 Katie	Mancey	L	Selby Striders	53 : 12
811	94	Simon	Burnley	M50	Scarborough AC	53 : 13
543	95	Rupert	Wilks	M50	City of Hull AC	53 : 17
315	96	Simon	Matson	M50	Yorkshire Wolds Runners	53 : 27
94	97	Andy	Johnson	M55	Beverley AC	53 : 31
461	98	Sam	Pople	M	Pocklington Road Runners	53 : 35
592	99	Mike	Salter	M50	City of Hull AC	53 : 35
197		5 Kelly	Richmond	L	Pickering RC	53 : 35
253	100	Marek	Kosnik	M45	Selby Striders	53 : 37
932	101	Jon	Rodger	M50	Driffield Striders	53 : 39
345		6 Rachael	Saxby	L50	Yorkshire Wolds Runners	53 : 39
945		7 Emma	Sanderson	L	Driffield Striders	53 : 44
58	102	Philip	Ball	M	Beverley AC	53 : 48
742	103	Simon	Ellerker	M50	Bridlington Road Runners	53 : 51
727	104	Daniel	Scott	M	City of Hull AC	53 : 53
642	105	Martin	Hardy	M45	East Hull Harriers	53 : 57
300	106	David	O'Connor	M	Selby Striders	54 : 1
433	107	Warwick	Anderson	M55	Pocklington Road Runners	54 : 6
725	108	Martin	Hutchinson	M55	Bridlington Road Runners	54 : 9
546	109	Andy	Lyons	M50	City of Hull AC	54 : 20
442		8 Fiona	Randles	L45	Pocklington Road Runners	54 : 22
142	110	Tom	Bramham	M	Goole Viking Striders	54 : 25
289	111	Jon	Page	M	Selby Striders	54 : 30
455	112	Joe	Rook	M	Pocklington Road Runners	54 : 33
222	113	Benjamin	Mancey	M	Selby Striders	54 : 35
884	114	Duncan	Smart	M55	Scarborough AC	54 : 54
768	115	Tony	Smith	M60	Bridlington Road Runners	54 : 56
951	116	Nick	Scruton	M50	Driffield Striders	55 : 5
36	117	Matt	Edey	M45	Beverley AC	55 : 5
2		9 Sam	Allen	L50	Beverley AC	55 : 9
726		10 Miriam	Ireland	L40	Bridlington Road Runners	55 : 13
521	118	Steve	Platten	M45	City of Hull AC	55 : 15
631	119	Ben	Eves	M45	East Hull Harriers	55 : 17
729	120	Adam	Dyas	M	Bridlington Road Runners	55 : 20
128	121	Neil	Bentley	M50	Goole Viking Striders	55 : 21
486		11 Hannah	Eccles	L	Pocklington Road Runners	55 : 23
810	122	Ian	Beaver	M55	Scarborough AC	55 : 25
933	123	Neil	Ridsdale	M65	Driffield Striders	55 : 29
419	124	Dave	Frost	M60	Pocklington Road Runners	55 : 31
795	125	Chris	Price	M60	Bridlington Road Runners	55 : 33
119	126	Brad	Walker	M	Goole Viking Striders	55 : 49
123	127	Ed	Kealey	M	Goole Viking Striders	55 : 59
98	128	Simon	Pick	M40	Beverley AC	56 : 6
874	129	Laurence	Wood	M60	Scarborough AC	56 : 11

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902	130	Trevor	Walker	M40	Driffield Striders	56	: 11
539		12 Sherene	Wilshere	L	City of Hull AC	56	: 19
577	131	Paul	Wilkinson	M45	City of Hull AC	56	: 19
10	132	Paul	Clark	M55	Beverley AC	56	: 20
530	133	John	Smith	M65	City of Hull AC	56	: 21
159	134	Colin	Byard	M55	Goole Viking Striders	56	: 24
40	135	Richard	Scaife	M50	Beverley AC	56	: 25
853	136	Andy	Southwick	M45	Scarborough AC	56	: 28
403		13 Alison	Hardcastle	L40	Pocklington Road Runners	56	: 31
70		14 Lucy	Berriman	L	Beverley AC	56	: 34
771	137	Micah	Gibson	M	Bridlington Road Runners	56	: 44
296		15 Joanna	Donnelly	L40	Selby Striders	56	: 50
889	138	Matt	Rutt	M	Scarborough AC	56	: 58
121	139	James	Turnbull	M	Goole Viking Striders	57	: 3
52	140	Paul	Furness	M50	Beverley AC	57	: 11
226	141	Chris	Dugher	M45	Selby Striders	57	: 13
180		16 Kathy	Nicholson	L	Goole Viking Striders	57	: 16
175		17 Julie	Masterman	L55	Goole Viking Striders	57	: 22
804	142	Rob	Bailey	M	Scarborough AC	57	: 25
179		18 Kasia	Szalecka	L45	Goole Viking Striders	57	: 28
233		19 Laura	Bailey	L40	Selby Striders	57	: 30
518	143	Kevin	Penny	M65	City of Hull AC	57	: 36
420	144	Mark	Hunter	M	Pocklington Road Runners	57	: 37
89	145	Neil	Wright	M45	Beverley AC	57	: 40
851	146	Neil	Scruton	M75	Scarborough AC	57	: 42
468		20 Nikki	Calvert	L	Pocklington Road Runners	57	: 44
576	147	Wayne	Murtagh	M45	City of Hull AC	57	: 57
301	148	Andy	Wilson	M50	Yorkshire Wolds Runners	57	: 57
542	149	Tony	Chapman	M60	City of Hull AC	58	: 2
579	150	Paul	Davis	M50	City of Hull AC	58	: 11
645	151	Richard	Crone	M50	East Hull Harriers	58	: 12
92	152	Adam	White	M	Beverley AC	58	: 13
465		21 Fiona	Whitaker	L	Pocklington Road Runners	58	: 22
46	153	Matthew	Frampton	M	Beverley AC	58	: 31
81		22 Justine	Tomlin	L40	Beverley AC	58	: 35
3	154	Bruce	Woodford	M45	Beverley AC	58	: 39
828		23 Fay	Hethershaw	L50	Scarborough AC	58	: 44
909	155	James	Storie	M	Driffield Striders	58	: 46
410	156	Matthew	Wilcock	M40	Pocklington Road Runners	58	: 47
250	157	Richard	Flaherty	M	Selby Striders	58	: 52
278	158	Joshua	Wood	M	Selby Striders	58	: 52
129	159	Andrew	Proctor	M55	Goole Viking Striders	58	: 55
441		24 Ella-May	Patey-Round	L	Pocklington Road Runners	58	: 59
199	160	Richard	Robinson	M45	Pickering RC	59	: 1
555	161	Phil	Jennings	M55	City of Hull AC	59	: 2
708	162	Simon	Bekker	M45	Bridlington Road Runners	59	: 3
693	163	Andy	Reeves	M40	Pickering RC	59	: 6

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570	164	Stuart	Buchan	M60	City of Hull AC	59 : 16
604	165	Andrew	Watson	M55	East Hull Harriers	59 : 23
826		25 Sue	Haslam	L65	Scarborough AC	59 : 23
634	166	Stephen	Tichopad	M55	East Hull Harriers	59 : 24
652		26 Phoebe	Gawthorpe	L	East Hull Harriers	59 : 24
320	167	Stewart	Tindale	M55	Yorkshire Wolds Runners	59 : 27
141	168	Dan	Challenger	M45	Goole Viking Striders	59 : 30
193		27 Karen	Farmer-Scott	L55	Pickering RC	59 : 53
53		28 Rosie	Greenfield	L	Beverley AC	59 : 54
265	169	Paul	O'Neill	M50	Selby Striders	60 : 1
504	170	Carl	Horth	M40	City of Hull AC	60 : 3
520	171	Graham	Hughes	M50	City of Hull AC	60 : 12
99	172	Martin	Greensill	M60	Beverley AC	60 : 16
808	173	Chris	Bourne	M50	Scarborough AC	60 : 21
510		29 Rachel	Darling Love	L50	City of Hull AC	60 : 23
291		30 Susan	Farr	L55	Selby Striders	60 : 28
567	174	Robin	Cattermole	M55	City of Hull AC	60 : 35
462		31 Jessica	Manders	L	Pocklington Road Runners	60 : 36
456		32 Liz	Albaya	L	Pocklington Road Runners	60 : 36
589	175	John	Escritt	M65	City of Hull AC	60 : 40
416	176	Robert	Goodwin	M55	Pocklington Road Runners	60 : 50
459	177	Greg	Linfoot Potts	M	Pocklington Road Runners	61 : 8
302	178	Dave	Hardy-Hodgson	M55	Yorkshire Wolds Runners	61 : 10
611	179	Mark	Gadie	M40	East Hull Harriers	61 : 18
522		33 Shaneen	Platten	L45	City of Hull AC	61 : 26
268	180	Stephen	O'Neill	M55	Selby Striders	61 : 31
210		34 Cassie	Fennell	L	Selby Striders	61 : 33
966		35 Zoe	Parkin	L55	Driffield Striders	61 : 41
252	181	Malcolm	Bennie	M55	Selby Striders	61 : 51
90		36 Anna	Cuthbertson	L	Beverley AC	61 : 59
656	182	Chris	Knowles	M40	East Hull Harriers	62 : 1
612		37 Amy	Wilkinson	L	East Hull Harriers	62 : 4
430	183	Andrew	Snowball	M55	Pocklington Road Runners	62 : 8
597	184	Anthony	Jackson	M	City of Hull AC	62 : 12
31		38 Jayne	Dale	L60	Beverley AC	62 : 15
319	185	Steve	Purvis	M60	Yorkshire Wolds Runners	62 : 22
75		39 Sarah	Harris-Smith	L45	Beverley AC	62 : 26
432	186	Alfred	Shapcott	M	Pocklington Road Runners	62 : 40
404		40 Emily	Kendra	L	Pocklington Road Runners	62 : 41
877	187	David	Field	M55	Scarborough AC	62 : 50
408	188	James	Cann	M	Pocklington Road Runners	62 : 57
194		41 Serena	Partridge	L45	Pickering RC	63 : 5
414		42 Wendy	Cree	L45	Pocklington Road Runners	63 : 10
17	189	Richard	Parkin	M65	Beverley AC	63 : 16
317	190	Steve	Dale	M60	Yorkshire Wolds Runners	63 : 24
422	191	Michael	Pace	M50	Pocklington Road Runners	63 : 27
56		43 Joanne	Crawford	L40	Beverley AC	63 : 31

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32		44 Sharon	Hutchinson	L50	Beverley AC	63 : 32
918		45 Nicola	Amidulla	L45	Driffield Striders	63 : 33
502		46 Jeannine	Ursell	L45	City of Hull AC	63 : 40
220		47 Dawn	Bennett	L45	Selby Striders	63 : 40
247	192	Nicolas	Winn	M	Selby Striders	63 : 42
536		48 Tania	Peskey	L55	City of Hull AC	63 : 53
816	193	Chris	Clayton	M55	Scarborough AC	63 : 54
176		49 Philippa	Oldridge	L	Goole Viking Striders	64 : 8
537		50 Stacey	Smith	L	City of Hull AC	64 : 11
445		51 Elizabeth	Beardsley	L55	Pocklington Road Runners	64 : 20
313	194	Sam	Whiteley	M	Yorkshire Wolds Runners	64 : 24
217		52 Rachel	Bostock	L	Selby Striders	64 : 31
271	195	Karl	Jevons	M60	Selby Striders	64 : 31
338		53 Zoe	Dale	L50	Yorkshire Wolds Runners	64 : 31
596		54 Jacqui	Kerr	L40	City of Hull AC	64 : 53
505	196	Donald	Johnson	M70	City of Hull AC	64 : 58
838		55 Beckie	May	L50	Scarborough AC	65 : 22
561		56 Helen	Alexander-Duncan	L	City of Hull AC	65 : 33
350	197	Chris	Feeley	M40	Yorkshire Wolds Runners	65 : 37
665		57 Linda	Tichopad	L60	East Hull Harriers	65 : 39
45	198	Patrick	Marshall	M60	Beverley AC	65 : 43
569		58 Lucy	Khan	L50	City of Hull AC	65 : 45
664	199	Andy	Heath	M	East Hull Harriers	65 : 46
236		59 Natalie	Jackson	L	Selby Striders	65 : 54
881		60 Jane	Hamp	L65	Scarborough AC	66 : 13
306		61 Phillipa	Case	L40	Yorkshire Wolds Runners	66 : 17
257		62 Katy	Smith	L45	Selby Striders	66 : 22
747		63 Pat	Bielby	L70	Bridlington Road Runners	66 : 31
402		64 Paula	Harris	L45	Pocklington Road Runners	66 : 33
200		65 Lucy	Saggers	L50	Pickering RC	66 : 34
262		66 Kirsty	Riley	L40	Selby Striders	66 : 39
187		67 Stacey	Harrison	L	Goole Viking Striders	66 : 47
412	200	Brian	Perkins	M60	Pocklington Road Runners	66 : 57
136	201	Andy	Smith	M50	Goole Viking Striders	67 : 4
24	202	Mathew	Hutchinson	M50	Beverley AC	67 : 23
525		68 Lindi	Day	L45	City of Hull AC	67 : 24
603		69 Alison	Hayes	L45	East Hull Harriers	67 : 29
700		70 Helen	Lowe	L	East Hull Harriers	67 : 38
670	203	John	Long	M65	East Hull Harriers	67 : 38
118	204	Rich	Bramham	M60	Goole Viking Striders	67 : 39
446		71 Peppi	Fletcher	L40	Pocklington Road Runners	67 : 40
275		72 Kathleen	Coates	L50	Selby Striders	67 : 51
907		73 Emily	Morris	L	Driffield Striders	67 : 54
751		74 Heidi	Baker	L45	Bridlington Road Runners	68 : 2
493		75 Suzy	Hodgson	L50	Pickering RC	68 : 5
831		76 Catherine	Moran	L55	Scarborough AC	68 : 11
728		77 Emma	Richardson	L45	Bridlington Road Runners	68 : 11

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723		78 Justine	Sutcliffe	L50	Bridlington Road Runners	68 : 15
936		79 Laura	Kirby	L	Driffield Striders	68 : 24
762	205	Chris	Yeomans	M70	Bridlington Road Runners	68 : 29
218	206	Shaun	Elsbury	M	Selby Striders	68 : 33
232		80 Felicity	Caddick	L40	Selby Striders	68 : 40
627	207	David	Butt	M70	East Hull Harriers	68 : 41
662	208	Steve	Cronan	M70	East Hull Harriers	68 : 49
879		81 Melanie	Padgham	L60	Scarborough AC	69 : 8
496		82 Debbie	Rycroft	L50	Pickering RC	69 : 13
669	209	Dave	Braithwaite	M55	East Hull Harriers	69 : 30
349		83 Wendy	Marshall	L55	Yorkshire Wolds Runners	69 : 39
307	210	Mark	Jones	M50	Yorkshire Wolds Runners	69 : 47
691		84 Kate	Towse	L40	Pickering RC	69 : 52
551	211	Gary	Smith	M50	City of Hull AC	69 : 55
18		85 Jo	Dewar	L65	Beverley AC	70 : 9
8		86 Sarah	Fell	L45	Beverley AC	70 : 19
601		87 Shirley	Oglesby	L70	East Hull Harriers	70 : 24
538	212	Ian	Pesky	M50	City of Hull AC	70 : 50
820		88 Ruth	Frank	L50	Scarborough AC	71 : 12
97		89 Carol	Botterill	L40	Beverley AC	71 : 18
953		90 Veronica	Banks	L65	Driffield Striders	71 : 22
722		91 Dominique	Webster	L45	Bridlington Road Runners	71 : 42
807		92 Lisa	Bourne	L50	Scarborough AC	71 : 45
418		93 Bev	Frost	L55	Pocklington Road Runners	71 : 48
424		94 Karen	Clegg	L50	Pocklington Road Runners	71 : 48
212	213	Richard	Gowland	M45	Selby Striders	71 : 48
417		95 Helen	Snook	L50	Pocklington Road Runners	71 : 57
824	214	David	Fox	M70	Scarborough AC	72 : 1
711	215	Stuart	Bowes	M60	Bridlington Road Runners	72 : 2
923		96 Sharon	McCann	L50	Driffield Striders	72 : 28
41		97 Nicola	Riley	L55	Beverley AC	72 : 30
406	216	Jamie	Morgan	M40	Pocklington Road Runners	72 : 44
489	217	Chris	Clegg	M50	Pocklington Road Runners	72 : 51
507		98 Andrea	Kean	L50	City of Hull AC	72 : 57
943		99 Wilma	Gillespie	L65	Driffield Striders	72 : 57
499	218	Michael	Hetheron	M75	Pickering RC	73 : 9
491	219	Mike	Punchard	M65	Pickering RC	73 : 16
566		100 Helen	Cattermole	L55	City of Hull AC	73 : 31
401		101 Daisy	Horsley	L45	Pocklington Road Runners	73 : 47
911	220	Alex	Miller	M	Driffield Striders	74 : 9
960		102 Hannah	Miller	L	Driffield Striders	74 : 9
28		103 Megan	Chown	L	Beverley AC	74 : 14
235		104 Laura	McLaughlin	L40	Selby Striders	74 : 35
528		105 Kerry-Ann	Taylor	L	City of Hull AC	75 : 22
34		106 Elaine	Julian	L55	Beverley AC	75 : 57
37		107 Rachael	Hill	L40	Beverley AC	76 : 9
19		108 Kay	Farrow	L65	Beverley AC	76 : 10

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177	109 Sandy	Midgley	L60	Goole Viking Striders	76 : 16
258	110 Talitha	Petch	L	Selby Striders	76 : 17
334	111 Lynn	Wilson	L50	Yorkshire Wolds Runners	76 : 30
817	112 Julie	Clayton	L55	Scarborough AC	77 : 7
571	221 Steve	Coveney	M70	City of Hull AC	77 : 12
834	113 Sally	Kingscott	L55	Scarborough AC	77 : 27
397	114 Sally	Brown	L60	Pickering RC	77 : 29
618	222 David	Walmsley	M55	East Hull Harriers	77 : 31
204	115 Katie	Holmes	L	Selby Striders	77 : 34
912	116 Helen	Ryan	L45	Driffield Striders	78 : 6
609	223 Gary	Oades	M60	East Hull Harriers	78 : 48
750	224 David	Foster	M65	Bridlington Road Runners	78 : 55
191	225 Dean	Wise	M65	Pickering RC	79 : 29
552	226 Mike	OBrien	M65	City of Hull AC	79 : 35
87	227 Nigel	Wilson	M55	Beverley AC	79 : 39
692	117 Alice	Hayter	L45	Pickering RC	80 : 34
181	118 Joanne	Bradey	L45	Goole Viking Striders	80 : 48
189	119 Heather	Seaton	L50	Goole Viking Striders	81 : 31
185	120 Andrea	Cowling	L50	Goole Viking Striders	83 : 1
460	121 Sarah	Wilby	L45	Pocklington Road Runners	83 : 28
457	122 Clare	Chappell	L40	Pocklington Road Runners	83 : 28
192	123 Nicola	Wise	L60	Pickering RC	84 : 29
38	124 Penny	Booth	L65	Beverley AC	84 : 50
61	125 Carol	Cooke	L60	Beverley AC	86 : 19
228	126 Sally	Denny	L	Selby Striders	86 : 23
274	127 Emma	Smyth	L	Selby Striders	87 : 38
575	128 Anna	Curtis	L	City of Hull AC	89 : 17
63	129 Jacqui	Dickinson	L65	Beverley AC	89 : 45
71	130 Hollie	Oxoby	L	Beverley AC	103 : 44
42	228 Chris	Gibson	M60	Beverley AC	103 : 50