

EYXC League
Sewerby XC - 3rd Mar 2024

| Pos | Num | M Pos | F Pos | Name | | Cat | Club | Time |
|-----|-----|-------|-------|-------------------|--|-----|--------------------------|---------|
| 1 | 999 | 1 | | Robert Sparkes | | M | Beverley AC | 32 : 50 |
| 2 | 910 | 2 | | Harley Smith | | M | Driffield Striders | 33 : 40 |
| 3 | 850 | 3 | | Will Anderson | | M | Scarborough AC | 35 : 54 |
| 4 | 702 | 4 | | Danny Brunton | | M40 | Bridlington Road Runners | 36 : 8 |
| 5 | 211 | 5 | | Wayne Fennell | | M40 | Selby Striders | 36 : 19 |
| 6 | 559 | 6 | | Will Lewis | | M | City of Hull AC | 36 : 28 |
| 7 | 11 | 7 | | David Whiting | | M50 | Beverley AC | 36 : 40 |
| 8 | 887 | 8 | | Ian Spence | | M | Scarborough AC | 37 : 8 |
| 9 | 557 | 9 | | Aaron England | | M | City of Hull AC | 37 : 42 |
| 10 | 741 | 10 | | Phill Taylor | | M40 | Bridlington Road Runners | 38 : 2 |
| 11 | 138 | 11 | | Max Price | | M | Goole Viking Striders | 38 : 3 |
| 12 | 594 | 12 | | Martin Smith | | M | City of Hull AC | 38 : 4 |
| 13 | 565 | 13 | | Adrian Bushby | | M50 | City of Hull AC | 38 : 5 |
| 14 | 508 | 14 | | Ben Birtles | | M45 | City of Hull AC | 38 : 5 |
| 15 | 835 | 15 | | Paul Lawton | | M | Scarborough AC | 38 : 9 |
| 16 | 847 | 16 | | Robert Preston | | M | Scarborough AC | 38 : 11 |
| 17 | 469 | 17 | | Stuart Smith | | M45 | Pocklington Road Runners | 38 : 21 |
| 18 | 602 | 18 | | Matthew Hayes | | M50 | East Hull Harriers | 38 : 26 |
| 19 | 560 | 19 | | Ben Wales | | M40 | City of Hull AC | 38 : 33 |
| 20 | 393 | 20 | | Tom Pilley | | M40 | Pickering RC | 38 : 37 |
| 21 | 535 | 21 | | David Tyas | | M | City of Hull AC | 38 : 40 |
| 22 | 86 | 22 | | Darren Edge | | M55 | Beverley AC | 38 : 43 |
| 23 | 13 | 23 | | David Morrison | | M40 | Beverley AC | 38 : 50 |
| 24 | 516 | 24 | | Jim Harlock | | M55 | City of Hull AC | 38 : 54 |
| 25 | 924 | 25 | | Sebastian Gryzlo | | M | Driffield Striders | 39 : 4 |
| 26 | 475 | 26 | | John Albaya | | M | Pocklington Road Runners | 39 : 21 |
| 27 | 476 | 27 | | Mike Beckwith | | M45 | Pocklington Road Runners | 39 : 23 |
| 28 | 492 | 28 | | Mike Richmond | | M45 | Pickering RC | 39 : 33 |
| 29 | 398 | 29 | | Simon Jones | | M50 | Pickering RC | 39 : 57 |
| 30 | 793 | 30 | | Paul Sutherns | | M40 | Bridlington Road Runners | 40 : 2 |
| 31 | 221 | 31 | | Alistair Wood | | M40 | Selby Striders | 40 : 5 |
| 32 | 66 | 32 | | Connor Derbyshire | | M | Beverley AC | 40 : 15 |
| 33 | 906 | 33 | | Benjamin Harmer | | M | Driffield Striders | 40 : 18 |
| 34 | 197 | | 1 | Kelly Richmond | | L | Pickering RC | 40 : 20 |
| 35 | 27 | 34 | | Doug Sharp | | M50 | Beverley AC | 40 : 28 |
| 36 | 829 | 35 | | Glyn Hewitt | | M50 | Scarborough AC | 40 : 39 |
| 37 | 519 | 36 | | Jim Rogers | | M55 | City of Hull AC | 40 : 45 |
| 38 | 276 | 37 | | Steve Hillam | | M | Selby Striders | 40 : 47 |
| 39 | 201 | 38 | | Paul Simpson | | M | Pickering RC | 40 : 51 |
| 40 | 440 | 39 | | Steven Worth | | M | Pocklington Road Runners | 40 : 59 |
| 41 | 754 | 40 | | James Briggs | | M | Bridlington Road Runners | 41 : 2 |
| 42 | 453 | 41 | | Chris McGuire | | M40 | Pocklington Road Runners | 41 : 15 |
| 43 | 858 | 42 | | Jamie Ward | | M45 | Scarborough AC | 41 : 16 |
| 44 | 219 | 43 | | Chris Green | | M | Selby Striders | 41 : 16 |
| 45 | 595 | 44 | | Mark Wragg | | M45 | City of Hull AC | 41 : 17 |
| 46 | 452 | 45 | | Adam Smith | | M50 | Pocklington Road Runners | 41 : 39 |

EYXC League
Sewerby XC - 3rd Mar 2024

| | | | | | | | |
|----|-----|----|-----------|------------|-----|--------------------------|---------|
| 47 | 539 | | 2 Sherene | Wilshere | L | City of Hull AC | 41 : 56 |
| 48 | 789 | 46 | Andrew | Yeomans | M40 | Bridlington Road Runners | 42 : 6 |
| 49 | 732 | 47 | Dean | Hyde | M | Bridlington Road Runners | 42 : 21 |
| 50 | 624 | 48 | Luke | Thompson | M | East Hull Harriers | 42 : 31 |
| 51 | 126 | 49 | Krzysztof | Szalecki | M50 | Goole Viking Striders | 42 : 32 |
| 52 | 791 | 50 | Paul | Good | M40 | Bridlington Road Runners | 42 : 36 |
| 53 | 474 | 51 | Dan | Kidd | M50 | Pocklington Road Runners | 42 : 38 |
| 54 | 549 | 52 | Martin | Oliver | M | City of Hull AC | 42 : 45 |
| 55 | 945 | | 3 Emma | Sanderson | L | Driffield Striders | 42 : 49 |
| 56 | 345 | | 4 Rachael | Saxby | L50 | Yorkshire Wolds Runners | 43 : 1 |
| 57 | 553 | 53 | Pete | Baker | M45 | City of Hull AC | 43 : 5 |
| 58 | 54 | 54 | Matthew | Skinns | M | Beverley AC | 43 : 7 |
| 59 | 14 | 55 | Simon | Bishop | M40 | Beverley AC | 43 : 11 |
| 60 | 253 | 56 | Marek | Kosnik | M45 | Selby Striders | 43 : 14 |
| 61 | 300 | 57 | David | O'Connor | M | Selby Striders | 43 : 21 |
| 62 | 286 | 58 | Mark | Cavill | M | Selby Striders | 43 : 30 |
| 63 | 792 | 59 | Steve | Wilson | M40 | Bridlington Road Runners | 43 : 31 |
| 64 | 827 | 60 | Dale | Hepples | M45 | Scarborough AC | 43 : 32 |
| 65 | 260 | 61 | Dalian | Spratt | M | Selby Striders | 43 : 43 |
| 66 | 94 | 62 | Andy | Johnson | M55 | Beverley AC | 43 : 54 |
| 67 | 199 | 63 | Richard | Robinson | M45 | Pickering RC | 43 : 59 |
| 68 | 742 | 64 | Simon | Ellerker | M50 | Bridlington Road Runners | 44 : 7 |
| 69 | 486 | | 5 Hannah | Eccles | L | Pocklington Road Runners | 44 : 14 |
| 70 | 543 | 65 | Rupert | Wilks | M50 | City of Hull AC | 44 : 21 |
| 71 | 932 | 66 | Jon | Rodger | M50 | Driffield Striders | 44 : 24 |
| 72 | 230 | | 6 Ciara | McEvoy | L | Selby Striders | 44 : 29 |
| 73 | 98 | 67 | Simon | Pick | M40 | Beverley AC | 44 : 37 |
| 74 | 933 | 68 | Neil | Ridsdale | M65 | Driffield Striders | 44 : 57 |
| 75 | 433 | 69 | Warwick | Anderson | M55 | Pocklington Road Runners | 45 : 11 |
| 76 | 332 | | 7 Katy | Lakes | L | Yorkshire Wolds Runners | 45 : 16 |
| 77 | 142 | 70 | Tom | Bramham | M | Goole Viking Striders | 45 : 24 |
| 78 | 40 | 71 | Richard | Scaife | M50 | Beverley AC | 45 : 29 |
| 79 | 479 | | 8 Megan | Letts | L | Pocklington Road Runners | 45 : 30 |
| 80 | 902 | 72 | Trevor | Walker | M40 | Driffield Striders | 45 : 33 |
| 81 | 725 | 73 | Martin | Hutchinson | M55 | Bridlington Road Runners | 45 : 36 |
| 82 | 523 | | 9 Sophie | Lee | L | City of Hull AC | 45 : 37 |
| 83 | 315 | 74 | Simon | Matson | M50 | Yorkshire Wolds Runners | 45 : 46 |
| 84 | 442 | | 10 Fiona | Randles | L45 | Pocklington Road Runners | 45 : 51 |
| 85 | 30 | 75 | Gary | Walford | M | Beverley AC | 45 : 56 |
| 86 | 556 | | 11 Lois | England | L | City of Hull AC | 46 : 1 |
| 87 | 526 | 76 | Paul | Cartwright | M65 | City of Hull AC | 46 : 2 |
| 88 | 70 | | 12 Lucy | Berriman | L | Beverley AC | 46 : 2 |
| 89 | 403 | | 13 Alison | Hardcastle | L40 | Pocklington Road Runners | 46 : 6 |
| 90 | 578 | 77 | Derek | Brown | M55 | City of Hull AC | 46 : 12 |
| 91 | 726 | | 14 Miriam | Ireland | L40 | Bridlington Road Runners | 46 : 16 |
| 92 | 226 | 78 | Chris | Dugher | M45 | Selby Striders | 46 : 18 |
| 93 | 884 | 79 | Duncan | Smart | M55 | Scarborough AC | 46 : 19 |

EYXC League
Sewerby XC - 3rd Mar 2024

| | | | | | | | |
|-----|-----|-----|------------|---------------|-----|--------------------------|---------|
| 94 | 468 | | 15 Nikki | Calvert | L | Pocklington Road Runners | 46 : 23 |
| 95 | 128 | 80 | Neil | Bentley | M50 | Goole Viking Striders | 46 : 37 |
| 96 | 289 | 81 | Jon | Page | M | Selby Striders | 46 : 47 |
| 97 | 419 | 82 | Dave | Frost | M60 | Pocklington Road Runners | 46 : 49 |
| 98 | 828 | | 16 Fay | Hethershaw | L50 | Scarborough AC | 47 : 1 |
| 99 | 278 | 83 | Joshua | Wood | M | Selby Striders | 47 : 3 |
| 100 | 2 | | 17 Sam | Allen | L50 | Beverley AC | 47 : 12 |
| 101 | 298 | | 18 Beth | Wadlow | L | Selby Striders | 47 : 19 |
| 102 | 841 | | 19 Anna | Giddings | L | Scarborough AC | 47 : 26 |
| 103 | 573 | 84 | Stuart | Lazenby | M55 | City of Hull AC | 47 : 31 |
| 104 | 48 | 85 | Stephen | Hall | M50 | Beverley AC | 47 : 36 |
| 105 | 521 | 86 | Steve | Platten | M45 | City of Hull AC | 47 : 42 |
| 106 | 250 | 87 | Richard | Flaherty | M | Selby Striders | 48 : 4 |
| 107 | 233 | | 20 Laura | Bailey | L40 | Selby Striders | 48 : 7 |
| 108 | 795 | 88 | Chris | Price | M60 | Bridlington Road Runners | 48 : 11 |
| 109 | 285 | 89 | Joe | Swash | M | Selby Striders | 48 : 17 |
| 110 | 175 | | 21 Julie | Masterman | L55 | Goole Viking Striders | 48 : 23 |
| 111 | 503 | 90 | James | Durham | M40 | City of Hull AC | 48 : 25 |
| 112 | 437 | 91 | Patrick | Dare | M55 | Pocklington Road Runners | 48 : 31 |
| 113 | 530 | 92 | John | Smith | M65 | City of Hull AC | 48 : 41 |
| 114 | 88 | 93 | Richard | Uttley | M | Beverley AC | 48 : 42 |
| 115 | 592 | 94 | Mike | Salter | M50 | City of Hull AC | 48 : 45 |
| 116 | 598 | 95 | Simon | Nicholson | M50 | City of Hull AC | 48 : 45 |
| 117 | 179 | | 22 Kasia | Szalecka | L45 | Goole Viking Striders | 48 : 47 |
| 118 | 459 | 96 | Greg | Linfoot Potts | M | Pocklington Road Runners | 48 : 51 |
| 119 | 579 | 97 | Paul | Davis | M50 | City of Hull AC | 48 : 53 |
| 120 | 291 | | 23 Susan | Farr | L55 | Selby Striders | 48 : 56 |
| 121 | 604 | 98 | Andrew | Watson | M55 | East Hull Harriers | 49 : 3 |
| 122 | 626 | 99 | James | Abel | M65 | East Hull Harriers | 49 : 7 |
| 123 | 877 | 100 | David | Field | M55 | Scarborough AC | 49 : 11 |
| 124 | 584 | 101 | Graham | Drewery | M55 | City of Hull AC | 49 : 16 |
| 125 | 404 | | 24 Emily | Kendra | L | Pocklington Road Runners | 49 : 17 |
| 126 | 826 | | 25 Sue | Haslam | L65 | Scarborough AC | 49 : 36 |
| 127 | 542 | 102 | Tony | Chapman | M60 | City of Hull AC | 49 : 44 |
| 128 | 301 | 103 | Andy | Wilson | M50 | Yorkshire Wolds Runners | 49 : 56 |
| 129 | 193 | | 26 Karen | Farmer-Scott | L55 | Pickering RC | 50 : 13 |
| 130 | 416 | 104 | Robert | Goodwin | M55 | Pocklington Road Runners | 50 : 15 |
| 131 | 851 | 105 | Neil | Scruton | M75 | Scarborough AC | 50 : 17 |
| 132 | 4 | | 27 Emma | Greensmith | L45 | Beverley AC | 50 : 23 |
| 133 | 913 | 106 | Andrew | Boyes | M65 | Drifffield Striders | 50 : 30 |
| 134 | 210 | | 28 Cassie | Fennell | L | Selby Striders | 50 : 30 |
| 135 | 456 | | 29 Liz | Albaya | L | Pocklington Road Runners | 50 : 35 |
| 136 | 903 | 107 | James | Abel | M65 | Drifffield Striders | 50 : 39 |
| 137 | 3 | 108 | Bruce | Woodford | M45 | Beverley AC | 50 : 42 |
| 138 | 220 | | 30 Dawn | Bennett | L45 | Selby Striders | 50 : 43 |
| 139 | 518 | 109 | Kevin | Penny | M65 | City of Hull AC | 50 : 44 |
| 140 | 522 | | 31 Shaneen | Platten | L45 | City of Hull AC | 50 : 49 |

EYXC League
Sewerby XC - 3rd Mar 2024

| | | | | | | | |
|-----|-----|-----|-------------|---------------|-----|--------------------------|---------|
| 141 | 314 | 110 | Simon | Barnes | M50 | Yorkshire Wolds Runners | 51 : 2 |
| 142 | 738 | 111 | Josh | Taylor | M | Bridlington Road Runners | 51 : 9 |
| 143 | 317 | 112 | Steve | Dale | M60 | Yorkshire Wolds Runners | 51 : 12 |
| 144 | 141 | 113 | Dan | Challenger | M45 | Goole Viking Striders | 51 : 15 |
| 145 | 422 | 114 | Michael | Pace | M50 | Pocklington Road Runners | 51 : 18 |
| 146 | 597 | 115 | Anthony | Jackson | M | City of Hull AC | 51 : 22 |
| 147 | 966 | | 32 Zoe | Parkin | L55 | Drifffield Striders | 51 : 25 |
| 148 | 813 | 116 | Adrian | Atkinson | M45 | Scarborough AC | 51 : 28 |
| 149 | 889 | 117 | Matt | Rutt | M | Scarborough AC | 51 : 33 |
| 150 | 215 | 118 | Phillip | Dawson | M45 | Selby Striders | 51 : 38 |
| 151 | 194 | | 33 Serena | Partridge | L45 | Pickering RC | 51 : 40 |
| 152 | 247 | 119 | Nicolas | Winn | M | Selby Striders | 51 : 43 |
| 153 | 612 | | 34 Amy | Wilkinson | L | East Hull Harriers | 51 : 44 |
| 154 | 570 | 120 | Stuart | Buchan | M60 | City of Hull AC | 51 : 47 |
| 155 | 670 | 121 | John | Long | M65 | East Hull Harriers | 51 : 55 |
| 156 | 45 | 122 | Patrick | Marshall | M60 | Beverley AC | 52 : 1 |
| 157 | 513 | | 35 Ruth | Dalton | L40 | City of Hull AC | 52 : 4 |
| 158 | 6 | 123 | Neil | Bant | M45 | Beverley AC | 52 : 18 |
| 159 | 441 | | 36 Ella-May | Patey-Round | L | Pocklington Road Runners | 52 : 24 |
| 160 | 200 | | 37 Lucy | Saggers | L50 | Pickering RC | 52 : 35 |
| 161 | 75 | | 38 Sarah | Harris-Smith | L45 | Beverley AC | 52 : 48 |
| 162 | 771 | 124 | Micah | Gibson | M | Bridlington Road Runners | 52 : 50 |
| 163 | 589 | 125 | John | Escritt | M65 | City of Hull AC | 52 : 53 |
| 164 | 918 | | 39 Nicola | Amidulla | L45 | Drifffield Striders | 52 : 56 |
| 165 | 338 | | 40 Zoe | Dale | L50 | Yorkshire Wolds Runners | 52 : 59 |
| 166 | 46 | 126 | Matthew | Frampton | M | Beverley AC | 53 : 9 |
| 167 | 319 | 127 | Steve | Purvis | M60 | Yorkshire Wolds Runners | 53 : 16 |
| 168 | 90 | | 41 Anna | Cuthbertson | L | Beverley AC | 53 : 26 |
| 169 | 17 | 128 | Richard | Parkin | M65 | Beverley AC | 53 : 46 |
| 170 | 262 | | 42 Kirsty | Riley | L40 | Selby Striders | 54 : 3 |
| 171 | 936 | | 43 Laura | Kirby | L | Drifffield Striders | 54 : 8 |
| 172 | 664 | 129 | Andy | Heath | M | East Hull Harriers | 54 : 9 |
| 173 | 762 | 130 | Chris | Yeomans | M70 | Bridlington Road Runners | 54 : 12 |
| 174 | 496 | | 44 Debbie | Rycroft | L50 | Pickering RC | 54 : 15 |
| 175 | 881 | | 45 Jane | Hamp | L65 | Scarborough AC | 54 : 32 |
| 176 | 302 | 131 | Dave | Hardy-Hodgson | M55 | Yorkshire Wolds Runners | 54 : 35 |
| 177 | 59 | | 46 Valeriya | Marshall | L40 | Beverley AC | 54 : 39 |
| 178 | 217 | | 47 Rachel | Bostock | L | Selby Striders | 54 : 43 |
| 179 | 82 | | 48 Fiona | Holland | L50 | Beverley AC | 55 : 3 |
| 180 | 665 | | 49 Linda | Tichopad | L60 | East Hull Harriers | 55 : 7 |
| 181 | 551 | 132 | Gary | Smith | M50 | City of Hull AC | 55 : 11 |
| 182 | 305 | | 50 Alison | Burdass | L55 | Yorkshire Wolds Runners | 55 : 35 |
| 183 | 73 | | 51 Anthea | Hutchinson | L40 | Beverley AC | 55 : 45 |
| 184 | 56 | | 52 Joanne | Crawford | L40 | Beverley AC | 55 : 57 |
| 185 | 537 | | 53 Stacey | Smith | L | City of Hull AC | 56 : 26 |
| 186 | 431 | 133 | Tim | Maycook | M50 | Pocklington Road Runners | 56 : 36 |
| 187 | 25 | 134 | Pete | Watkinson | M70 | Beverley AC | 57 : 17 |

EYXC League
Sewerby XC - 3rd Mar 2024

| | | | | | | | |
|-----|-----|-----|--------------|------------|-----|--------------------------|---------|
| 188 | 342 | | 54 Mollie | Prince | L | Yorkshire Wolds Runners | 57 : 25 |
| 189 | 240 | | 55 Michelle | Newton | L40 | Selby Striders | 57 : 31 |
| 190 | 203 | 135 | Phil | Alford | M55 | Selby Striders | 57 : 38 |
| 191 | 747 | | 56 Pat | Bielby | L70 | Bridlington Road Runners | 57 : 58 |
| 192 | 118 | 136 | Rich | Bramham | M60 | Goole Viking Striders | 58 : 27 |
| 193 | 99 | 137 | Martin | Greensill | M60 | Beverley AC | 58 : 31 |
| 194 | 306 | | 57 Phillippa | Case | L40 | Yorkshire Wolds Runners | 58 : 36 |
| 195 | 499 | 138 | Michael | Hetherton | M75 | Pickering RC | 58 : 38 |
| 196 | 790 | 139 | Andrew | Gibson | M55 | Bridlington Road Runners | 58 : 56 |
| 197 | 8 | | 58 Sarah | Fell | L45 | Beverley AC | 59 : 4 |
| 198 | 212 | 140 | Richard | Gowland | M45 | Selby Striders | 59 : 11 |
| 199 | 97 | | 59 Carol | Botterill | L40 | Beverley AC | 59 : 39 |
| 200 | 213 | 141 | Paul | Firth | M50 | Selby Striders | 59 : 49 |
| 201 | 493 | | 60 Suzy | Hodgson | L50 | Pickering RC | 60 : 5 |
| 202 | 580 | 142 | Anthony | Whitley | M55 | City of Hull AC | 60 : 7 |
| 203 | 37 | | 61 Rachael | Hill | L40 | Beverley AC | 60 : 17 |
| 204 | 255 | | 62 Samantha | Law | L45 | Selby Striders | 60 : 27 |
| 205 | 299 | | 63 Catt | Mills | L | Selby Striders | 60 : 29 |
| 206 | 280 | 143 | Lee | Lockwood | M | Selby Striders | 60 : 29 |
| 207 | 711 | 144 | Stuart | Bowes | M60 | Bridlington Road Runners | 60 : 31 |
| 208 | 627 | 145 | David | Butt | M70 | East Hull Harriers | 60 : 33 |
| 209 | 601 | | 64 Shirley | Oglesby | L70 | East Hull Harriers | 60 : 38 |
| 210 | 799 | 146 | Leslie | Thornton | M65 | Bridlington Road Runners | 60 : 45 |
| 211 | 349 | | 65 Wendy | Marshall | L55 | Yorkshire Wolds Runners | 60 : 48 |
| 212 | 279 | | 66 Sarah | Thompson | L40 | Selby Striders | 60 : 56 |
| 213 | 307 | 147 | Mark | Jones | M50 | Yorkshire Wolds Runners | 61 : 15 |
| 214 | 336 | | 67 Sharon | Wilson | L50 | Yorkshire Wolds Runners | 61 : 20 |
| 215 | 489 | 148 | Chris | Clegg | M50 | Pocklington Road Runners | 61 : 30 |
| 216 | 191 | 149 | Dean | Wise | M65 | Pickering RC | 61 : 44 |
| 217 | 751 | | 68 Heidi | Baker | L45 | Bridlington Road Runners | 61 : 48 |
| 218 | 528 | | 69 Kerry-Ann | Taylor | L | City of Hull AC | 61 : 51 |
| 219 | 424 | | 70 Karen | Clegg | L50 | Pocklington Road Runners | 62 : 2 |
| 220 | 418 | | 71 Bev | Frost | L55 | Pocklington Road Runners | 62 : 4 |
| 221 | 460 | | 72 Sarah | Wilby | L45 | Pocklington Road Runners | 62 : 4 |
| 222 | 949 | 150 | Tim | Pratt | M55 | Driffield Striders | 62 : 23 |
| 223 | 943 | | 73 Wilma | Gillespie | L65 | Driffield Striders | 62 : 49 |
| 224 | 953 | | 74 Veronica | Banks | L65 | Driffield Striders | 62 : 55 |
| 225 | 204 | | 75 Katie | Holmes | L | Selby Striders | 63 : 38 |
| 226 | 258 | | 76 Talitha | Petch | L | Selby Striders | 63 : 39 |
| 227 | 824 | 151 | David | Fox | M70 | Scarborough AC | 64 : 7 |
| 228 | 235 | | 77 Laura | McLaughlin | L40 | Selby Striders | 64 : 17 |
| 229 | 87 | 152 | Nigel | Wilson | M55 | Beverley AC | 64 : 51 |
| 230 | 662 | 153 | Steve | Cronan | M70 | East Hull Harriers | 65 : 6 |
| 231 | 834 | | 78 Sally | Kingscott | L55 | Scarborough AC | 65 : 11 |
| 232 | 609 | 154 | Gary | Oades | M60 | East Hull Harriers | 66 : 30 |
| 233 | 511 | | 79 Christine | Hemmingway | L60 | City of Hull AC | 66 : 47 |
| 234 | 397 | | 80 Sally | Brown | L60 | Pickering RC | 68 : 8 |

EYXC League
Sewerby XC - 3rd Mar 2024

| | | | | | | | |
|-----|-----|-----|----------------|------------|-----|--------------------------|---------|
| 235 | 661 | 155 | Paul | Templeman | M60 | East Hull Harriers | 68 : 14 |
| 236 | 41 | | 81 Nicola | Riley | L55 | Beverley AC | 68 : 49 |
| 237 | 472 | | 82 Kiersten | Vaughan | L40 | Pocklington Road Runners | 70 : 15 |
| 238 | 19 | | 83 Kay | Farrow | L65 | Beverley AC | 70 : 37 |
| 239 | 198 | | 84 Charlotte | Dennison | L40 | Pickering RC | 71 : 27 |
| 240 | 181 | | 85 Joanne | Bradey | L45 | Goole Viking Striders | 71 : 39 |
| 241 | 750 | 156 | David | Foster | M65 | Bridlington Road Runners | 72 : 18 |
| 242 | 192 | | 86 Nicola | Wise | L60 | Pickering RC | 74 : 41 |
| 243 | 274 | | 87 Emma | Smyth | L | Selby Striders | 75 : 42 |
| 244 | 63 | | 88 Jacqui | Dickinson | L65 | Beverley AC | 76 : 0 |
| 245 | 228 | | 89 Sally | Denny | L | Selby Striders | 79 : 42 |
| 246 | 182 | | 90 Cath | Blyth | L40 | Goole Viking Striders | 80 : 16 |
| 247 | 188 | | 91 Uschi | Maddison | L55 | Goole Viking Striders | 80 : 17 |
| 248 | 798 | 157 | Robert | Calthorpe | M70 | Bridlington Road Runners | 82 : 49 |
| 249 | 64 | | 92 Christine | Whitehouse | L65 | Beverley AC | 82 : 54 |
| 250 | 61 | | 93 Carol | Cooke | L60 | Beverley AC | 83 : 18 |
| 251 | 71 | | 94 Hollie | Oxoby | L | Beverley AC | 89 : 47 |
| 252 | 42 | 158 | Chris | Gibson | M60 | Beverley AC | 89 : 50 |
| 253 | 563 | 159 | Frank | Harrison | M80 | City of Hull AC | 93 : 39 |
| 254 | 688 | | 95 Fourth Woma | Sewerby | L | East Hull Harriers | |
| 255 | 701 | | 96 Fourth Woma | Sewerby | L | Bridlington Road Runners | |