

Club Results 2024

April - June

**CoH Champagne League, North Cave 4 Mile - 2nd April**

53	Martin Hutchinson	00:26:39
120	Andy Long	00:31:45
149	Heidi Baker	00:33:47
164	Christian Bowes	00:34:53
171	Stuart Bowes	00:35:14
203	David Foster	00:41:10

**Sewerby parkrun 5K - 6th April**

1	Phill Taylor	00:18:15
3	James Briggs	00:19:14
5	Matthew Colling	00:19:40 PB
7	Dean Hyde	00:20:09
10	Jason Westmoreland	00:20:37 2nd Claim
16	Adam Dyas	00:21:10
17	Steve Wilson	00:21:10
24	Micah Gibson	00:22:10
31	Alfie Verner (J)	00:23:13
34	Oceane Price (J)	00:23:23 3rd F
38	Simon Bekker	00:23:39
43	Martin Hutchinson	00:24:07
45	Chris Price	00:24:24
47	Jason Pointez	00:24:37
51	Maelys Price (J)	00:24:50
52	Charlie Smith (J)	00:24:57
62	Emma Richardson	00:25:38
64	Patricia Bielby	00:25:47
70	Gillian Taylor	00:26:13
80	Damian Probett	00:27:05
86	Simon Porter	00:27:29
90	Heidi Baker	00:27:44
105	Stuart Bowes	00:28:25
113	Helena Smith	00:29:01
143	Graham Lonsdale	00:31:06
160	Lucinda Gibson	00:32:44
161	Anne Kelly	00:32:44
187	Becky Lawry	00:34:11
190	Graham Shawcross	00:34:59
204	Kevin Sissons	00:36:32
224	Alfie Briggs (J)	00:38:05
225	Kirsten Porter	00:38:12
239	Janet Downes	00:41:04
240	Amanda Porter	00:41:04
251	Dave Foster	00:44:42
254	Carole Pickburn	00:46:58
269	Debbie Duffill	00:58:00
270	Cindy Baker	00:58:43
271	Linda Hall	00:58:44

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**Cross Flatts parkrun 5K - 6th April**

7 Paul Good 00:20:20

**Fleetwood Promenade parkrun 5K - 6th April**

15 Dave Bond 00:23:20

50 Susan Bond 00:28:04

**Forest Rec parkrun 5K - 6th April**

110 Angela Bailey 00:28:41

**Hull parkrun 5K - 6th April**

37 Tyler Choat (J) 00:21:00

44 Justin Choat 00:21:32 PB

246 Lily Choat (J) 00:27:29

247 Emma Choat 00:27:30

**Humber Bridge parkrun 5K - 6th April**

48 Pete Royal 00:34:33

**Middleton Woods parkrun 5K - 6th April**

70 Yvonne Shawcross 00:56:07

**North Yorkshire Water Park parkrun 5K - 6th April**

21 Dominic Bond 00:22:41

183 Rob Calthorpe 00:43:47

196 Tina Calthorpe 00:50:03

**Virtual parkrun 5K - 6th April**

Mim Ireland 00:26:27

Lyn Gent 00:32:20

Stuart Gent 00:32:25

Nicola Fowler 00:33:01

**Woldsman 50 - 6th April**

Di Raper 19:45:00

Paul Raper 19:45:00

**Humber Open Series Meeting 1, Grimsby - 7th April**

**600m U11X 2**

3 Alfie Verner 2:09.6

**Long Jump U11X 2**

6 Riley Marsh 2.25m

**Long Jump U11X 2**

1 Alfie Verner 3.36m

**Vortex**

4 Alfie Verner 16.55m

8 Riley Marsh 13.27m

**70m U11X 3**

5 Riley Marsh 13.4

**U17 1,000m**

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1 Erin Gummerson 3:19.7

**CoH Champagne League, Beverley Westwood 3.4 Mile - 9th April**

66 Martin Hutchinson 00:25:55  
103 Andy Long 00:28:25  
118 Christian Bowes 00:29:46 2nd in h'cap  
148 Stuart Bowes 00:31:36  
155 Heidi Baker 00:32:07  
195 David Foster 00:38:31

**Sewerby parkrun 5K - 13th April**

1 James Briggs 00:17:59 PB  
2 Matthew Colling 00:19:10 PB  
3 Dean Hyde 00:19:32  
4 Nick Jordan 00:19:32  
7 Paul Good 00:19:56  
8 Steve Wilson 00:20:05  
12 Phill Taylor 00:20:20  
13 Adam Dyas 00:20:20  
19 Micah Gibson 00:21:03 PB  
20 Martin Hutchinson 00:21:06  
27 Charlie Smith (J) 00:21:53 PB  
30 Tyler Choat (J) 00:21:57  
36 Dan Cawthorn 00:22:36  
37 Richard Kirkpatrick 00:22:36  
41 Simon Bekker 00:23:04  
45 Louise Taylor 00:23:19  
53 Chris Price 00:23:55  
57 Graham Ellerker 00:24:18  
72 Jason Pointez 00:24:56  
81 Patricia Bielby 00:25:28  
91 Gillian Taylor 00:26:21  
97 Andy Baker 00:26:51  
103 Angela Bailey 00:27:18  
106 Jonathan Ogden 00:27:27  
113 Damian Probett 00:27:50  
115 Alfie Briggs (J) 00:28:09  
138 Lily Choat (J) 00:29:35  
139 Emma Choat 00:29:36  
146 Lynda Gent 00:30:11  
147 Stuart Gent 00:30:12  
154 Anne Kelly 00:30:55  
184 Janet Potter 00:32:26  
188 Dave Pring 00:32:49  
190 Anne Hunter 00:33:02  
191 Dave Foster 00:33:15  
197 Becky Lawry 00:33:42  
200 Jennifer Kilburn 00:33:46  
206 Alexander Fynn (J) 00:34:13  
230 Mary Yates 00:36:45

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269	Debbie Duffill	00:59:14
270	Linda Hall	01:00:59
274	Kevin Sissons	01:06:09 Tail Walker

**Normanby Hall parkrun 5K - 13th April**

48	Simon Porter	00:24:43
130	Amanda Porter	00:32:06
131	Kirsten Porter	00:32:06

**North Yorkshire Water Park parkrun 5K - 13th April**

31	Dave Bond	00:23:22
47	Tom Mullen	00:24:41
88	Susan Bond	00:28:39
169	Rob Calthorpe	00:40:58
191	Dominic Bond	00:52:39

**Trentham Gardens parkrun 5K - 13th April**

365	Danielle Whitehouse	00:31:48
414	Bob Eyre	00:32:50

**Virtual parkrun 5K - 13th April**

	Miriam Ireland	00:24:09
	Nicola Fowler	00:33:46

**Kingston upon Hull AC Spring Open - 13th April**

**150 U13W 2**

6	Oceane Price	24.03
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**600 U11M**

4	Alfie Verner	02:06.64
6	Riley Marsh	03:23.76

**800 U15W**

6	Oceane Price	02:49.13
7	Maelys Price	02:54.62

**LJ U11M**

4	Alfie Verner	3.19
11	Riley Marsh	2.64

**JT500 U15W 2**

4	Maelys Price	9.4
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**Adidas Manchester Marathon - 14th April**

204	James Wilson	02:46:04
336	Dominic Bond	02:50:22
12593	Emma Richardson	04:18:43

**EHH Summer League, New Ellerby 5 Mile - 16th April**

19	Paul Good	00:30:57
22	Steve Wilson	00:31:19
12	Heidi Baker	00:42:37
16	Dominique Webster	00:44:31
82	Chris Yeomans	00:45:50

## Club Results 2024

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**Sewerby parkrun 5K - 20th April**

1	Phill Taylor	00:18:38	
2	Nick Jordan	00:19:35	
4	Matthew Colling	00:19:50	
5	Paul Good	00:19:59	
6	Jason Westmoreland	00:21:05	2nd Claim
10	Richard Kirkpatrick	00:21:34	
11	Simon Ellerker	00:21:35	
12	Martin Hutchinson	00:21:56	
14	Tyler Choat (J)	00:22:20	
15	Ted Imeson (J)	00:22:37	
18	Micah Gibson	00:22:55	
28	Alfie Verner (J)	00:23:44	
30	Chris Price	00:23:47	
36	Graham Ellerker	00:24:09	
38	Simon Bekker	00:24:16	
52	Emma Choat	00:26:14	3rd F
54	Patricia Bielby	00:26:21	
56	Heidi Baker	00:26:23	
71	Graham Lonsdale	00:27:21	
81	Jonathan Ogden	00:27:47	
83	John Gash	00:28:05	No Club Name
84	Alfie Briggs (J)	00:28:14	
86	James Briggs	00:28:16	
89	Damian Probett	00:28:30	
92	Amy Hall	00:28:50	
93	Ed Husband	00:28:51	
109	Angela Bailey	00:29:48	
113	Lynda Gent	00:30:07	
114	Stuart Gent	00:30:07	
116	Anne Kelly	00:30:18	
131	Jason Pointez	00:31:32	
136	Lily Choat (J)	00:31:53	
137	Justin Choat	00:31:54	
146	Dave Pring	00:33:19	
147	Anne Hunter	00:33:20	
148	Jennifer Kilburn	00:33:29	
156	Pete Royal	00:34:16	
159	Mary Yates	00:34:37	
162	Jane Probett	00:34:47	
179	Becky Lawry	00:39:21	
180	Janet Downes	00:39:32	
182	Rob Calthorpe	00:39:40	
198	Luke Duffill	00:46:18	
201	Wendy Foster	00:47:19	
202	Dave Foster	00:47:19	
211	Kevin Sissons	00:53:58	Tail Walker

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**Beckton parkrun 5K - 20th April**

18 Evie Lakes (J) 00:21:19 1st F

**North Yorkshire Water Park parkrun 5K - 20th April**

1 Dominic Bond 00:17:08 PB  
17 Ashley Porter 00:21:43  
27 Dave Bond 00:22:58  
80 Susan Bond 00:27:47  
110 Amanda Porter 00:31:02  
111 Kirsten Porter 00:31:03  
112 Simon Porter 00:31:03

**Virtual parkrun 5K - 20th April**

Miriam Ireland 00:23:29 Strava  
Nicola Fowler 00:32:18 Strava

**Get Caked 5 mile Charity Obstacle Challenge, Sledmere - 20th April**

Keren Miller 00:46:12 Strava  
Greg Miller 00:46:12 Strava  
Louise Taylor 00:46:12 Strava

**Goathland V Trig Challenge Ultra - 20th April**

9 Helena Smith 09:59:55  
9 Simon Walters 09:59:55

**She Ultra 32 miles, Lynn Peninsula, North Wales - 20th April**

127 Zoe Ruston 08:05:22

**Wolds Rangers Way Ultra 43 miles - 20th April**

67 Tony Smith 11:34:29

**London Marathon - 21st April**

1536 Danny Brunton 02:48:16  
7250 Dean Hyde 03:19:26  
15939 Clare Gummerson 03:47:59  
29767 Andy Baker 04:28:21  
32219 Kerry Whitehead 04:36:28  
38806 Josh Taylor 04:59:56

**EHH Ennerdale 5K Series - 22nd April**

9 Matt Colling 00:18:40  
10 Paul Good 00:18:51  
13 Martin Hutchinson 00:20:13

**CoH Champagne League, Elloughton Dale 4.7 Mile - 23rd April**

64 Martin Hutchinson 00:34:52  
120 Andy Long 00:40:38  
166 Heidi Baker 00:46:44  
189 David Foster 00:51:40

**Racebest Leeds 5K Series - 24th April**

	<b>Chip Time</b>	<b>Gun Time</b>
26 Paul Good	00:18:51	00:18:53

**Sewerby parkrun 5K - 27th April**

1 Paul Good	00:19:49	
3 Steve Wilson	00:20:40	
4 Adam Dyas	00:20:42	
6 Martin Hutchinson	00:21:13	
7 Evie Lakes (J)	00:21:25	PB - 1st F
14 Tyler Choat (J)	00:22:25	
19 Oceane Price (J)	00:22:49	PB
23 Chris Price	00:22:56	
26 Simon Bekker	00:23:21	
28 Maelys Price (J)	00:23:44	PB
29 Jason Pointez	00:23:56	
30 Graham Ellerker	00:24:16	
34 Luke Duffill	00:24:28	
37 Christie Trower	00:24:36	PB
41 Gillian Taylor	00:25:03	
50 Emma Choat	00:25:58	
53 Heidi Baker	00:26:11	
58 Damian Probett	00:26:37	
60 Erin Gummerson (J)	00:26:40	
63 Josh Taylor	00:26:45	
66 Andrew Gibson	00:27:02	
69 Jonathan Ogden	00:27:09	
81 Kara Mainprize	00:27:55	
83 Angela Bailey	00:28:18	
89 Graham Lonsdale	00:28:50	
102 Patricia Bielby	00:29:45	
105 Lily Choat (J)	00:29:50	
106 Justin Choat	00:29:51	
107 Stuart Gent	00:29:54	
108 Lynda Gent	00:29:56	
142 Simon Gummerson	00:31:58	
152 Dave Pring	00:33:35	
156 Micah Gibson	00:33:46	
161 Mary Yates	00:34:10	
162 Kevin Sissons	00:34:24	
168 Pete Royal	00:35:13	
170 Alfie Briggs (J)	00:35:27	
171 James Briggs	00:35:30	
175 Becky Lawry	00:35:50	
178 Alan Feldberg	00:37:05	
182 Janet Downes	00:37:59	
188 Dan Cawthorn	00:40:10	
189 Emilie Cawthorn	00:40:11	
191 Carole Pickburn	00:43:26	

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**North Yorkshire Water Park parkrun 5K - 27th April**

35 Dave Bond	00:23:03
96 Susan Bond	00:29:43

**Penistone parkrun 5K - 27th April**

102 Kirsten Porter	00:28:40	PB
136 Simon Porter	00:31:16	
137 Amanda Porter	00:31:19	PB

**The Cinder Track parkrun 5K - 27th April**

1 Dominic Bond	00:16:53	PB
108 Dave Foster	00:31:24	PB
129 Wendy Foster	00:37:29	

**Virtual parkrun 5K - 27th April**

Mim Ireland	00:23:12
Nicola Fowler	00:31:42
Elizabeth Ingle	00:41:18

**Three Peaks Fell Race - 27th April**

254 Danny Brunton	04:34:41	2nd	MV40
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**Boston Marathon (UK) - 28th April**

	Chip Time	Gun Time
47 James Briggs	02:58:50	02:58:50
106 Nick Jordan	03:11:46	03:11:46
150 Dan Cawthorn	03:20:33	03:20:33

**Boston Half Marathon (UK) - 28th April**

	Chip Time	Gun Time
33 Adam Thomas	01:27:26	01:27:26

**East Yorkshire Half Marathon - 28th April**

	Chip Time	Gun Time		
14 Alan Feldberg	01:26:16	01:26:20	2nd	MV50
40 Paul Good	01:30:44	01:30:47		
260 Andrew Gibson	01:52:26	01:53:15		
441 Patricia Bielby	02:03:44	02:04:33	2nd	LV70
675 Michelle England	02:25:52	02:27:29		
676 Lucinda Gibson	02:25:53	02:27:29		
689 Charlotte Jarrow	02:27:27	02:29:07		
750 Catherine Brittan	02:38:01	02:39:40		

**East Yorkshire 10K - 28th April**

	Chip Time	Gun Time
335 Rob Calthorpe	01:20:14	01:21:11

**EHH Summer League, Sproatley 6 Mile - 30th April**

21 Paul Good	00:37:32
29 Steve Wilson	00:38:51



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15	Heidi Baker	00:50:49
70	Simon Porter	00:52:22
24	Dominique Webster	00:54:49
31	Amanda Porter	00:57:56