

Alternative parkrun 5K - 1st January

1	Phill Taylor	00:19:27
2	James Briggs	00:19:48
3	Nick Jordan	00:19:53
5	Alan Feldberg	00:20:41
6	Paul Good	00:20:42
8	Adam Dyas	00:21:22
9	Steve Wilson	00:21:40
10	Josh Taylor	00:21:56
12	Simon Ellerker	00:21:59
14	Richard Kirkpatrick	00:22:24
15	Micah Gibson (J)	00:22:42
16	Graham Lonsdale	00:23:10
19	Mim Ireland	00:23:55 3rd F
20	Luke Duffill	00:24:23
22	Ben Edwards (J)	00:24:39
23	Stuart Gent	00:24:51
24	Ted Imeson (J)	00:25:14
25	Andrew Gibson	00:25:27
26	T J Choat (J)	00:25:39
27	Jason Pointez	00:25:43
28	Justin Choat	00:26:26
29	Christie Trower	00:26:28
30	Gillian Taylor	00:26:44
31	Emma Richardson	00:26:48
34	Dominique Webster	00:27:07
35	Nicola Fowler	00:28:18
39	Heidi Baker	00:29:52
41	Lucinda Gibson	00:30:43
42	Bob Eyre	00:31:18
43	Pete Royal	00:31:54
44	Dave Pring	00:32:20
45	Mary Yates	00:32:51
49	Elizabeth Ingle	00:35:05
50	L M E Choat (J)	00:36:35
51	Janet Downes	00:36:37
52	Debbie Duffill	00:37:54
54	Emma Choat	00:38:46
55	Linda Hall	00:42:41

Hull parkrun 5K - 1st January

69	Simon Porter	00:24:39
120	Patricia Bielby	00:27:10
136	Paul Brown	00:27:50
162	Amanda Porter	00:29:16
163	Kirsten Porter	00:29:17

Dalby Forest parkrun 5K - 1st January

65	Damian Probett	00:27:40
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Club Results 2023

126 Jane Probett	00:33:04
162 Tina Calthorpe	00:44:08
163 Rob Calthorpe	00:44:08

Harewood House Half Marathon Trail Run - 7th January

	Chip Time	Gun Time
102 Kerry Whitehead	02:11:23	02:11:32
165 Andrew Marr	02:38:33	02:39:24
167 Sarah Marr	02:38:48	02:39:40

Sewerby parkrun 5K - 7th January

2 Ashley Porter	00:21:44
3 Paul Good	00:21:50
4 Martin Hutchinson	00:22:13
8 Adam Dyas	00:22:50
9 Richard Kirkpatrick	00:23:28
10 Phill Taylor	00:23:47
12 Ted Imeson (J)	00:24:27
13 Chris Price	00:24:28
16 Graham Lonsdale	00:24:59
18 Andy Baker	00:25:08
19 Gillian Taylor	00:25:12 2nd F
20 Luke Duffill	00:25:26
21 Micah Gibson (J)	00:25:31
22 Jason Pointez	00:25:35
24 Alan Feldberg	00:26:23
26 Ben Edwards (J)	00:26:38
28 Amy Fowler	00:26:50
29 Jonathan Ogden	00:26:54
33 Stephen Eblet	00:28:04
34 Simon Porter	00:28:12
35 Emma Richardson	00:28:17
36 Trish Watson	00:28:22
42 Stuart Gent	00:29:26
44 Christie Trower	00:29:31
47 Ian Haywood	00:29:48
49 Paul Brown	00:30:00
53 Dominique Webster	00:30:23
56 Patricia Bielby	00:30:31
57 Heidi Baker	00:30:51
70 Stuart Bowes	00:33:43
72 Mary Yates	00:34:03
73 Lucinda Gibson	00:34:07
74 Yvonne Shawcross	00:34:07
83 Janet Downes	00:35:56
84 Amanda Porter	00:35:56
85 Kirsten Porter	00:35:57
90 James Briggs	00:37:12
99 Stella Milborrow	00:40:31
100 Debbie Duffill	00:41:33

Club Results 2023

112 Cindy Baker	00:48:38
113 Linda Hall	00:48:39
114 Dian Rewston	00:49:24
118 Elizabeth Ingle	00:52:48

North Yorkshire Water Park parkrun 5K - 7th January

18 Dominic Bond	00:25:34
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Virtual parkrun 5K - 7th January

Nick Jordan	00:22:47
Nicola Fowler	00:28:04

Hardmoors 30 - 7th January

2 Danny Brunton	05:09:44
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Hardmoors 15 - 7th January

50 Kay Walters	03:28:37
51 Simon Walters	03:28:32
79 Di Raper	04:20:32

Humberside XC Champs, Grimsby - 7th January

U11 Boys - 2km

12 Joshua Miller	00:09:17
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U11 Girls - 2km

8 Oceane Price	00:09:52
17 Lily Choat	00:12:41

Girls U13 - 3400m

4 Rebecca Miller	00:14:29
5 Annabelle Miller	00:14:32
9 Evie Lakes	00:15:22
24 Hope Adams	00:22:29
2nd Team	

Boys U13 - 3400m

14 Tyler Choat	00:15:21
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Girls U15 - 4200m

11 Erin Gummerson	00:19:57
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EYXC League Sledmere XC - 8th January

4 James Wilson	00:43:12
7 Phill Taylor	00:44:36
25 Tom Mullen	00:48:22
28 James Briggs	00:48:55
42 Alan Feldberg	00:51:20
45 Joe Stenton	00:51:40
49 Simon Walters	00:51:48
55 Adam Thomas	00:52:25
60 Paul Good	00:52:58

Club Results 2023

71	Adam Dyas	00:54:38
81	Steve Wilson	00:55:54
13	Miriam Ireland	00:56:04
86	Allan McFarlane	00:56:10
87	Simon Ellerker	00:56:27
89	Chris Price	00:56:31
22	Clare Gummerson	00:58:04
108	Graham Lonsdale	00:58:27
137	Stuart Gent	01:01:49
139	Micah Gibson	01:02:02
143	Dave Bond	01:03:30
147	Andrew Gibson	01:04:06
148	Chris Yeomans	01:04:20
57	Patricia Bielby	01:07:38
64	Dominique Webster	01:09:26
65	Jane Welbourn	01:09:26
161	Paul Brown	01:09:43
163	Damian Probett	01:10:01
68	Helena Smith	01:10:05
73	Heidi Baker	01:12:30
76	Susan Bond	01:14:13
85	Lyn Gent	01:17:33
174	Dave Pring	01:18:15
86	Jane Probett	01:20:39
95	Anne Kelly	01:26:26
97	Janet Downes	01:29:45

BRR Men 3rd Team

BRR Women 7th Team

Sewerby parkrun 5K - 14th January

1	Phill Taylor	00:18:50
7	Ashley Porter	00:21:56
9	Adam Dyas	00:22:11
10	Steve Wilson	00:22:23
11	Josh Taylor	00:22:48
12	Micah Gibson (J)	00:22:50
13	Justin Choat	00:23:06
15	Rebecca Miller (J)	00:23:38 2nd F
23	Alan Feldberg	00:24:21
24	Martin Hutchinson	00:24:33
27	Jonathan Ogden	00:24:54
29	Jason Pointez	00:25:28
30	Ted Imeson (J)	00:25:32
31	Graham Lonsdale	00:25:36
32	Emma Richardson	00:25:47
34	Christie Trower	00:25:53
36	Amy Fowler	00:26:08
37	Gillian Taylor	00:26:13
40	Greg Miller	00:26:24

Club Results 2023

43 Keren Miller	00:26:29
45 Chris Humphries	00:26:31
46 Damian Probett	00:26:33
51 Andrew Gibson	00:27:00
54 Simon Porter	00:27:40
59 T J Choat (J)	00:28:07
61 Andy Baker	00:28:10
62 Angela Bailey	00:28:11
64 Ian Haywood	00:28:15
65 Stephen Eblet	00:28:21
68 Stuart Gent	00:29:09
69 Emilie Cawthorn	00:29:18
74 Heidi Baker	00:29:52
79 Stuart Bowes	00:31:31
80 Zoe Ellis-Cornell	00:31:35
87 Ethan Jones (J)	00:31:53
91 Lynda Gent	00:32:40
93 Dave Pring	00:33:17
100 Jane Probett	00:33:55
112 Kyle Tibbett (J)	00:36:10
116 James Briggs	00:36:37
118 L M E Choat (J)	00:37:02
119 Kirsten Porter	00:37:03
121 Janet Downes	00:37:46
122 Amanda Porter	00:37:47
126 Emma Choat	00:39:23
127 Stella Milborrow	00:39:30
128 Debbie Duffill	00:39:33
137 Luke Duffill	00:42:23
144 Linda Hall	00:49:37
145 Dian Rewston	00:49:38

Lincoln parkrun 5K - 14th January

218 Danielle Whitehouse	00:32:17
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North Yorkshire Water Park parkrun 5K - 14th January

20 Dominic Bond	00:23:45
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The Cinder Track parkrun 5K - 14th January

7 Chris Price	00:23:02
15 Patricia Bielby	00:25:39
31 Paul Brown	00:27:28

Virtual parkrun 5K - 14th January

Nicola Fowler	00:27:33
Dominique Webster	00:33:25

LDWA Filey Flyer - 14th January

23 Mile Course

Joe Shepherdson	03:29:00
Joanna Dagnan	03:36:00
Julie McPheat	04:59:00
Jenny Chambers	06:15:00

16 Mile Course

Martin McPheat	05:36:00
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Brass Monkey Half Marathon, York - 15th January

	Chip Time	Gun Time
121 James Wilson	01:18:13	01:18:19
1582 Sarah Marr	02:22:59	02:25:05
1594 Andrew Marr	02:26:42	02:28:48

Sewerby parkrun 5K - 21st January

3 James Briggs	00:19:28
5 Paul Good	00:20:32
7 Adam Thomas	00:21:02
10 Adam Dyas	00:21:38
15 Josh Taylor	00:22:36
16 Micah Gibson (J)	00:22:51
17 Richard Kirkpatrick	00:22:57
21 Alan Feldberg	00:23:37
22 Ted Imeson (J)	00:24:12
24 T J Choat (J)	00:24:24
25 Justin Choat	00:24:25
29 Daniel Rudd	00:25:06
30 Graham Lonsdale	00:25:20
36 Damian Probett	00:26:10
37 Patricia Bielby	00:26:16
38 Simon Porter	00:26:29
40 Gillian Taylor	00:26:37
42 Stuart Gent	00:27:09
44 Ian Haywood	00:27:19
45 Stephen Eblet	00:27:45
52 Oceane Price (J)	00:28:18
53 Trish Watson	00:28:20
60 Ethan Jones (J)	00:29:39
82 Zoe Ellis-Cornell	00:31:51
83 Stuart Bowes	00:31:52
86 Erin Jones (J)	00:32:09
92 Becky Lawry	00:32:26
97 Lucinda Gibson	00:33:37
105 Dave Pring	00:35:44
114 Kirsten Porter	00:36:33
117 Emma Choat	00:36:54
124 Stella Milborrow	00:40:15
125 L M E Choat (J)	00:40:17
126 Janet Downes	00:40:20

Club Results 2023

127 Amanda Porter 00:40:24
133 Dian Rewston 00:48:35

Hull parkrun 5K - 21st January

387 Paul Brown 00:36:56

Lincoln parkrun 5K - 21st January

91 Amy Fowler 00:25:09

Virtual parkrun 5K - 21st January

Nick Jordan 00:22:02
Andy Baker 00:29:26

Sewerby parkrun 5K - 28th January

1 Phill Taylor 00:18:29
2 James Briggs 00:19:23
4 Simon Ellerker 00:21:28
6 Steve Wilson 00:21:42 PB
8 Micah Gibson (J) 00:22:01
9 Ashley Porter 00:22:09
11 Ted Imeson (J) 00:22:50
13 Rebecca Miller (J) 00:23:00 1st Fem
15 Erin Gummerson (J) 00:23:43 2nd Fem
16 Luke Duffill 00:23:55
19 Daniel Rudd 00:24:13
22 Damian Probett 00:24:23
23 T J Choat (J) 00:24:42
28 Jonathan Ogden 00:25:14
34 Jason Pointez 00:25:24
37 Patricia Bielby 00:25:40
39 Andy Baker 00:26:06
41 Oceane Price (J) 00:26:21
43 Trish Watson 00:26:24
49 Simon Porter 00:26:48
53 Ian Haywood 00:27:02
54 Angela Bailey 00:27:04
57 Stuart Gent 00:27:35
65 Dan Cawthorn 00:28:14
66 Alan Feldberg 00:28:15
67 Emilie Cawthorn 00:28:16
75 Paul Brown 00:28:54
76 Joshua Miller (J) 00:28:56
78 Keren Miller 00:29:00
79 Greg Miller 00:29:00
90 Alexander Fynn (J) 00:29:45
96 Ethan Jones (J) 00:30:30
98 Stuart Bowes 00:30:35
99 Zoe Ellis-Cornell 00:30:41
102 Pete Royal 00:31:02
103 John Potter 00:31:03

Club Results 2023

104 Janet Potter	00:31:11
108 Erin Jones (J)	00:31:35
109 Kyle Tibbett (J)	00:31:38
117 Lucinda Gibson	00:32:07
123 Dave Pring	00:33:17
128 L M E Choat (J)	00:33:51
129 Justin Choat	00:33:52
131 Anne Kelly	00:34:02
143 Mary Yates	00:35:15
144 Emma Choat	00:35:18
150 Amanda Porter	00:35:52
151 Janet Downes	00:35:52
152 Kirsten Porter	00:35:53
158 Becky Lawry	00:37:03
163 Debbie Duffill	00:38:29
170 Sam Adams	00:43:08
171 Dian Rewston	00:43:08
175 Linda Hall	00:47:13
176 Cindy Baker	00:47:14

North Yorkshire Water Park parkrun 5K - 28th January

9 Dominic Bond	00:22:11
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Cusworth Hall parkrun 5K - 28th January

4 Paul Good	00:20:28
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Virtual parkrun 5K - 28th January

Nicola Fowler	00:27:56
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No Ego Dalby Forest Head Torch Challenge, 5 Mile - 28th January

	Chip Time	Gun Time
17 Simon Walters	00:39:59	00:40:02
48 Martin Hutchinson	00:44:21	00:44:25
55 Allan McFarlane	00:45:10	00:45:25
58 Dominic Bond	00:45:29	00:45:45
88 Dave Bond	00:49:51	00:50:07
90 Keren Miller	00:50:04	00:50:11
100 Micah Gibson	00:50:25	00:50:32
134 Emma Richardson	00:52:26	00:52:48
153 Andrew Gibson	00:53:08	00:53:33
159 Helena Smith	00:53:16	00:53:38
168 Kay Walters	00:54:26	00:54:30
175 James Riley	00:54:44	00:54:58
195 Justine Sutcliffe	00:55:54	00:56:17
242 Dominique Webster	00:59:42	01:00:05
272 Susan Bond	01:03:09	01:03:30
281 Stuart Bowes	01:04:19	01:04:44
308 Caroline McFarlane	01:08:49	01:09:14

Ferriby 10 Mile - 29th January

	Chip Time	Gun Time
237 Miriam Ireland	01:16:43	01:17:05
268 Graham Lonsdale	01:18:17	01:18:28
358 Kelly Palmer	01:22:30	01:22:57
442 Stuart Gent	01:27:15	01:27:37
466 Diane Palmer	01:28:05	01:28:58
472 Amy Hall	01:28:47	01:29:08
524 Kara Mainprize	01:31:55	01:32:17
525 Dominique Webster	01:31:56	01:32:17
569 Gerald Ferre	01:34:05	01:34:28
605 Heidi Baker	01:35:40	01:36:45
679 Lyn Gent	01:42:34	01:43:40
747 Janet Downes	01:53:10	01:54:03
770 Di Raper	01:59:22	02:00:28
777 Bob Eyre	02:03:39	02:03:56

SYRY The Edge Rewind - 27th January

Clare Gummerson	21.7 miles	03:18:50
Andy Baker	18.6 miles	03:32:45
Di Raper	15.5 miles	03:23:30

RED completion - January 2023

Colin Parcell	1612 miles
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Sewerby parkrun 5K - 4th February

1 Nick Jordan	00:19:48
2 Phill Taylor	00:20:38
6 Adam Dyas	00:21:22
9 Steve Wilson	00:21:43
11 Ted Imeson (J)	00:22:31
13 Richard Kirkpatrick	00:23:00
16 T J Choat (J)	00:23:28
17 Rebecca Miller (J)	00:23:35 2nd F
19 Luke Duffill	00:23:40
21 Alan Feldberg	00:23:50
22 Jason Pointez	00:23:52
24 Graham Lonsdale	00:23:58
26 Jonathan Ogden	00:24:24
30 Annabelle Miller (J)	00:24:43
31 Joshua Miller (J)	00:24:44
35 Amy Fowler	00:25:03
42 Evie Lakes (J)	00:25:35
45 Patricia Bielby	00:25:45
48 Trish Watson	00:26:06
49 Andrew Gibson	00:26:14
51 Chris Humphries	00:26:25
55 Simon Porter	00:26:32
58 Stuart Gent	00:26:43
61 Damian Probett	00:27:03

Club Results 2023

68 Stephen Eblet	00:27:27
77 Dan Cawthorn	00:28:40
79 Kyle Tibbett (J)	00:28:48 PB
82 Keren Miller	00:28:52
83 Heidi Baker	00:29:00
87 Ethan Jones (J)	00:29:43
94 Erin Jones (J)	00:30:33
96 Pete Royal	00:30:44
99 Lynda Gent	00:30:59
109 L M E Choat (J)	00:32:27
110 Justin Choat	00:32:28
116 Dave Pring	00:33:35
117 Becky Lawry	00:33:42
118 Dominique Webster	00:33:44
133 Zoe Ellis-Cornell	00:35:06
135 Janet Downes	00:35:26
136 Sam Adams	00:35:29
137 Amanda Porter	00:35:30
139 Emma Choat	00:35:32
148 Andy Baker	00:38:38
154 James Briggs	00:42:15
157 Dian Rewston	00:43:51
163 Cindy Baker	00:48:21
164 Linda Hall	00:48:22

Beverley Westwood parkrun 5K - 4th February

13 Paul Good	00:21:28
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North Yorkshire water Park parkrun 5K - 4th February

2 Simon Walters	00:19:45
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Peter Pan parkrun 5K - 4th February

189 Paul Brown	00:36:30
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Virtual parkrun 5K - 4th February

John Nolan	00:22:03
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Stuart Spooner Anniversary 3 Mile - 5th February

	Finish Time	Target	Pts
1 Phill Taylor	00:17:26 1st M & 1st MV40	00:17:44	34
2 Joe Shepherdson	00:18:08 2nd M & 1st SM	00:18:33	35
3 Dominic Bond	00:18:50 3rd M	00:20:24	48
4 James Briggs	00:19:09	00:18:47	28
5 Paul Good	00:19:10	00:20:05	40
6 Adam Thomas	00:19:15	00:19:21	32
7 Adam Dyas	00:19:38	00:20:51	45
8 Steve Wilson	00:19:40	00:21:03	47
9 Martin Hutchinson	00:19:46 1st MV55	00:20:37	39
10 Josh Taylor	00:20:30	00:21:34	42
11 Simon Ellerker	00:20:33 1st MV50	00:20:33	31

Club Results 2023

12	Darran Rudd	00:20:41	00:20:41 **	30
13	Allan McFarlane	00:21:15	00:20:55	29
14	Richard Kirkpatrick	00:21:20	00:22:13	37
15	Damian Probett	00:21:36 1st MV60	00:24:40	50
16	Luke Duffill	00:22:13	00:23:21	41
17	Keren Miller	00:22:29 1st F & 1st LV40	00:24:40	50
18	Dave Bond	00:22:44	00:24:15	46
19	Kelly Palmer	00:22:55 2nd F & 1st LV35	00:22:32	36
20	Cat Moverley	00:22:56 3rd F	00:23:04	42
21	Stuart Gent	00:23:12	00:24:30	44
22	Kerry Whitehead	00:23:31	00:22:34	32
23	Patricia Bielby	00:23:43 1st LV70	00:24:51	47
24	Simon Porter	00:24:11 1st MV45	00:25:31	43
25=	Gillian Taylor	00:24:26 1st LV50	00:24:58	44
25=	Diane Palmer	00:24:26 1st LV55	00:24:20	39
27	Heidi Baker	00:24:54 1st LV45	00:24:11	33
28	Paul Brown	00:26:35 1st MV70	00:27:40	36
29	Susan Bond	00:26:59 1st LV60	00:27:28	43
30	Nicola Fowler	00:27:25	00:26:57	35
31	Lyn Gent	00:27:29	00:29:11	48
32=	Kara Mainprize	00:27:30	00:26:16	31
32=	Dominique Webster	00:27:30	00:25:28	28
32=	Kevin Lewis	00:27:30	00:29:58	49
35	Kirsten Porter	00:27:32 1st SL	00:28:27	45
36	Pete Royal	00:27:56	00:29:06	38
37	Zoe Ellis-Cornell	00:27:59	00:30:05	49
38=	John Potter	00:28:29 1st MV65	00:27:55	27
38=	Janet Potter	00:28:29 1st LV65	00:26:58	30
38=	Amanda Porter	00:28:29	00:28:27	40
41	Chris Johnson	00:29:04	00:28:09	26
42	Jennifer Kilburn	00:29:07	00:28:23	34
43	Lucinda Gibson	00:29:17	00:30:27	46
44	Leslie Thornton	00:29:24	00:29:43	33
45	Bob Eyre	00:30:43 1st MV75	00:29:35	25
46	Anne Kelly	00:31:13	00:29:20	29
47	Faye McFarlane	00:31:22	00:31:22 **	41
48	Emma Choat	00:33:54	00:33:31	38
49=	Tina Calthorpe	00:38:58	00:38:21	37
49=	Rob Calthorpe	00:38:58	00:36:47	24
51	Linda Hall	00:46:07 1st LV75	00:34:47	27

**** Insufficient Race Data Available - therefore Target Time = Actual Time**

BRR Junior Anniversary Three Mile - 5th February

	Predicted Time	Finish Time	Difference	Handicap position	Gender position	Time position
Maëlys Price	30:00	26:13	-3:47	1	1	9
Charlie Johnson	30:00	26:30	-3:30	2	1	11
Kyra Leary	30:00	27:34	-2:26	3	2	10
Alfie Verner	24:00	23:05	-0:55	4	2	6
Becky Miller	20:00	21:06	-0:54	5	3	1

Club Results 2023

Erin Gummerson	22:30	21:57	-0:33	6	4	3
Teddy Imeson	22:00	21:51	-0:09	7	3	2
Rebecca Addison	23:00	22:51	-0:09	7	5	5
Annabelle Miller	22:30	22:39	+0:09	9	6	4
Lily Choat	32:00	32:33	+0:33	10	7	12
Océane Price	25:00	26:07	+1:07	11	8	8
Micah Gibson	22:30	24:43	+2:13	12	4	7

Hardmoors Saltburn Half - 5th February

122 Di Raper 03:43:30

Sewerby parkrun 5K - 11th February

2 James Briggs	00:18:59
5 Nick Jordan	00:19:49
6 Paul Good	00:20:31
9 Adam Dyas	00:20:50 PB
12 Josh Taylor	00:21:33
13 Joanna Dagnan	00:21:35 2nd F
15 Ashley Porter	00:21:54
17 Martin Hutchinson	00:22:10
18 Ted Imeson (J)	00:22:26 PB
19 Justin Choat	00:22:39
23 T J Choat (J)	00:23:22
26 Luke Duffill	00:23:34
27 Graham Lonsdale	00:23:40
28 Rebecca Miller (J)	00:23:42
33 Damian Probett	00:24:09
36 Jason Pointez	00:24:20
38 John Potter	00:24:29
44 Joshua Miller (J)	00:25:02
45 Greg Miller	00:25:03
47 Keren Miller	00:25:09
49 Gillian Taylor	00:25:12
57 Micah Gibson (J)	00:25:52
58 Trish Watson	00:25:55
59 Kara Mainprize	00:25:59
61 Chris Humphries	00:26:10
63 Simon Porter	00:26:21
66 Oceane Price (J)	00:26:36
67 Erin Gummerson (J)	00:26:38
68 Clare Gummerson	00:26:38
71 Patricia Bielby	00:26:58
72 Evie Lakes (J)	00:26:59
73 Jane Welbourn	00:27:04
75 Stuart Gent	00:27:07
76 Stephen Eblet	00:27:10
83 Maelys Price (J)	00:28:02 PB
88 Heidi Baker	00:28:36
89 Andy Baker	00:28:37
91 Alexander Fynn (J)	00:28:41 PB

Club Results 2023

98 Tom Woodhouse	00:28:53
104 Lynda Gent	00:29:42
107 Ethan Jones (J)	00:29:51
108 Nicola Fowler	00:29:53
112 Les Thornton	00:29:58 PB
115 Pete Royal	00:30:11
116 Zoe Ellis-Cornell	00:30:15
118 Dominique Webster	00:30:24
123 Kyle Tibbett (J)	00:31:23
124 Erin Jones (J)	00:31:23
125 Dave Pring	00:31:46
130 Stuart Bowes	00:32:23
131 Janet Potter	00:32:27
133 Bob Eyre	00:32:52
141 L M E Choat (J)	00:34:14
154 Kevin Sissons	00:35:09
159 Sam Adams	00:35:35
160 Emma Choat	00:35:38
167 Becky Lawry	00:36:01
173 Stella Milborrow	00:37:03 PB
174 Janet Downes	00:37:08
175 Amanda Porter	00:37:08
183 Mary Yates	00:40:12
189 Rob Calthorpe	00:42:03
194 Dian Rewston	00:43:47
201 Linda Hall	00:51:00

Beverley parkrun 5K - 11th February

13 Dan Cawthorn	00:20:49
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Clumber Park parkrun 5K - 11th February

149 Paul Raper	00:32:10
156 Di Raper	00:32:56 PB

Worsley Woods parkrun 5K - 11th February

296 Anne Kelly	00:33:00
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North Yorkshire Water Park parkrun 5K - 11th February

3 Dominic Bond	00:19:24 PB
30 Dave Bond	00:24:03
40 Kay Walters	00:24:50
142 Susan Bond	01:00:25 Parkwalker

Forest Rec parkrun 5K - 11th February

92 Angela Bailey	00:27:04
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Hull parkrun 5K - 11th February

444 Paul Brown	00:31:10
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EYXC Beverley Westwoods XC - 12th February

Club Results 2023

6	James Wilson	00:37:41
7	Danny Brunton	00:37:47
14	Phill Taylor	00:39:06
31	James Briggs	00:40:48
56	Alan Feldberg	00:43:40
64	Tony Smith	00:44:05
68	Adam Dyas	00:44:33
69	Adam Thomas	00:44:35
71	Paul Good	00:44:47
74	Simon Ellerker	00:45:29
13	Miriam Ireland	00:47:11
94	Steve Wilson	00:48:07
17	Clare Gummerson	00:48:12
103	John Nolan	00:48:50
114	Micah Gibson	00:49:50
33	Kerry Whitehead	00:51:24
35	Becky Clifton	00:52:07
139	Stuart Gent	00:53:46
51	Pat Bielby	00:53:47
144	Andrew Gibson	00:54:36
148	Chris Yeomans	00:55:24
57	Hayley Spiers	00:57:39
151	Damian Probett	00:57:41
61	Heidi Baker	00:58:12
156	Paul Brown	00:59:11
75	Lyn Gent	01:01:41
78	Zoe Ellis-Cornell	01:02:49
171	David Pring	01:08:41
91	Jane Probett	01:09:39
102	Tina Calthorpe	01:31:12

Brid Men: 4th - after 5 races 3rd overall

Brid Women: 5th - after 5 races 6th overall

Sewerby parkrun 5K - 18th February

3	Phill Taylor	00:19:15
4	James Briggs	00:19:57
6	Nick Jordan	00:20:16
9	Adam Dyas	00:21:13
11	Paul Good	00:21:34
14	Steve Wilson	00:22:13
21	T J Choat (J)	00:23:06
24	Micah Gibson (J)	00:23:26
25	Ashley Parcell	00:23:52
27	Chris Price	00:23:59
30	Simon Ellerker	00:24:30
31	Jason Pointez	00:24:34
37	Luke Duffill	00:25:12
39	Alan Feldberg	00:25:28
44	Gillian Taylor	00:25:51

Club Results 2023

45 Jonathan Ogden	00:25:52
51 Graham Lonsdale	00:26:21
59 Ben Edwards (J)	00:27:15
64 Stephen Eblet	00:27:38
67 Simon Porter	00:27:54
71 Clare Gummerson	00:28:11
72 Stuart Gent	00:28:26
75 Heidi Baker	00:29:09
78 Emilie Cawthorn	00:29:31
89 Paul Brown	00:30:26
97 Erin Jones (J)	00:30:44
105 Ethan Jones (J)	00:31:37
107 Stuart Bowes	00:31:40
108 Zoe Ellis-Cornell	00:31:44
109 Pete Royal	00:31:50
110 Dave Pring	00:31:51
126 Kevin Sissons	00:34:05
127 L M E Choat (J)	00:34:10
128 Kirsten Porter	00:34:12
134 Florence Kirkpatrick (J)	00:34:33
135 Richard Kirkpatrick	00:34:33
144 Sam Adams	00:36:02
147 Mary Yates	00:36:29
148 Emma Choat	00:37:08
149 Janet Downes	00:37:09
155 Debbie Duffill	00:39:33
183 Linda Hall	00:59:21

Chevin Forest parkrun 5K - 18th February

94 Sandra Orlando	00:43:40
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Goole parkrun 5K - 18th February

130 Elizabeth Ingle	00:35:34
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Great Yarmouth parkrun 5K - 18th February

35 Patricia Bielby	00:38:13
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North Yorkshire Water Park parkrun 5K - 18th February

2 Dominic Bond	00:18:58 PB
126 Rob Calthorpe	00:40:19

The Cinder Track parkrun 5K - 18th February

82 Jane Probett	00:31:37
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Whitley Bay parkrun 5K - 18th February

231 Danielle Whitehouse	00:29:24
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Yarborough Leisure Centre parkrun 5K - 18th February

74 Amy Fowler	00:24:13
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Club Results 2023

BRR Christmas Handicap (Delayed due to bad weather) - 19th February

	Finish Time	H'cap	Actual	Pts
1 Kirsten Porter	01:17:13	00:23:00	00:54:13	50
2 Dave Pring	01:17:53	00:15:00	01:02:53	50
3 Bob Eyre	01:18:11	00:17:00	01:01:11	49
4 Les Thornton	01:19:10	00:20:30	00:58:40	48
5 Stella Milborrow	01:19:28	00:02:00	01:17:28	49
6 Joe Stenton	01:19:34	00:39:00	00:40:34	47
7 Pete Royal	01:20:40	00:21:30	00:59:10	46
8 Lyn Gent	01:20:53	00:22:00	00:58:53	48
9 Dave Bond	01:21:13	00:33:30	00:47:43	45
10 Zoe Ellis-Cornell	01:22:15	00:21:30	01:00:45	47
11 Diane Palmer	01:22:27	00:31:00	00:51:27	46
12 Richard Kirkpatrick	01:22:31	00:37:30	00:45:01	44
13 Simon Porter	01:22:44	00:30:00	00:52:44	43
14 Stuart Bowes	01:22:56	00:18:30	01:04:26	42
15 Sue Bond	01:23:13	00:25:00	00:58:13	45
16 Stuart Gent	01:23:16	00:33:00	00:50:16	41
17 Cat Moverley	01:23:18	00:34:00	00:49:18	44
18 Steve Wilson	01:23:19	00:40:30	00:42:49	40
19 Gillian Taylor	01:23:25	00:31:00	00:52:25	43
20 Graham Lonsdale	01:23:32	00:36:00	00:47:32	39
21 Anne Kelly	01:23:36	00:14:30	01:09:06	42
22 Adam Thomas	01:23:41	00:43:00	00:40:41	38
23 Martin Hutchinson	01:23:58	00:41:00	00:42:58	37
24 Luke Duffill	01:24:05	00:36:00	00:48:05	36
25 Dominic Bond	01:24:07	00:43:00	00:41:07	35
26 Pat Bielby	01:24:14	00:31:30	00:52:44	41
27 Lucinda Gibson	01:24:19	00:19:00	01:05:19	40
28 Simon Ellerker	01:24:22	00:39:30	00:44:52	34
29 Tina Calthorpe	01:24:27	00:00:00	01:24:27	39
30 Josh Taylor	01:24:39	00:39:30	00:45:09	33
31 Simon Walters	01:24:43	00:43:30	00:41:13	32
32 Adam Dyas	01:24:46	00:41:30	00:43:16	31
33 Damian Probett	01:24:49	00:35:30	00:49:19	30
34 Kelly Palmer	01:24:58	00:35:00	00:49:58	38
35 Nick Craggs	01:25:18	00:40:00	00:45:18	29
36 Kerry Whitehead	01:26:10	00:35:00	00:51:10	37
37 Janet Downes	01:27:21	00:14:30	01:12:51	36
38 Andy Long	01:27:55	00:39:30	00:48:25	28
39 Chris Johnson	01:28:33	00:23:30	01:05:03	27
40 Heidi Baker	01:32:36	00:31:00	01:01:36	35

BRR Junior Christmas Handicap - 19th February

	Start Time	Fin Time	Time	Hand'cap	Gen Pos	Time Pos
Lily Choat	00:00:00	00:21:13	00:21:13	1	1	6
Charlie Johnson	00:04:15	00:23:04	00:18:49	6	3	5
Tyler Choat	00:06:00	00:21:14	00:15:14	2	1	2
Rebecca Addison	00:06:00	00:21:29	00:15:29	3	2	4
Micah Gibson	00:06:15	00:21:38	00:15:23	4	2	3

Club Results 2023

Erin Gummerson 00:06:30 00:21:39 00:15:09 5 3 1

Racebest Leeds 5K Series - 22nd February

	Chip Time	Gun Time
66 Paul Good	00:19:35	00:19:37

Sewerby parkrun 5K - 25th February

1 Dan Cawthorn	00:20:01
2 Paul Good	00:21:00
3 Martin Hutchinson	00:21:13
8 Richard Kirkpatrick	00:22:11 PB
9 Ted Imeson (J)	00:23:00
10 Rebecca Miller (J)	00:23:10
11 Justin Choat	00:23:29
13 Chris Price	00:23:52
15 T J Choat (J)	00:24:04
21 Kerry Whitehead	00:24:50 PB
22 Jonathan Ogden	00:24:53
25 Annabelle Miller (J)	00:25:11
27 Alan Feldberg	00:25:47
28 Joshua Miller (J)	00:25:51
31 Greg Miller	00:25:55
32 Keren Miller	00:25:58
35 Luke Duffill	00:26:18
39 Gillian Taylor	00:26:43
42 Chris Humphries	00:27:02
43 Trish Watson	00:27:08
45 Stuart Gent	00:27:33
48 Maelys Price (J)	00:27:46 PB
50 Oceane Price (J)	00:27:59
51 Stephen Eblet	00:28:02
57 Ian Haywood	00:28:44
64 Christie Trower	00:29:18
69 Ethan Jones (J)	00:29:51
71 Zoe Ellis-Cornell	00:29:54
77 Pete Royal	00:31:22
84 Erin Jones (J)	00:32:10
85 Kyle Tibbett (J)	00:32:21
87 Dave Pring	00:32:52
95 Anne Kelly	00:34:20
96 Kevin Sissons	00:34:32
105 L M E Choat (J)	00:35:37
106 James Briggs	00:35:38
109 Emma Choat	00:36:24
123 Debbie Duffill	00:43:11
126 Dian Rewston	00:46:45
132 Cindy Baker	00:55:48
133 Linda Hall	00:55:48

Chevin Forest parkrun 5K - 25th February

Club Results 2023

145 Sandra Orlando 00:43:06

Hull parkrun 5K - 25th February

401 Paul Brown 00:34:56

North Yorkshire Water Park parkrun 5K - 25th February

25 Dominic Bond 00:22:52
 28 Dave Bond 00:22:58 PB
 149 Rob Calthorpe 00:37:38 PB
 185 Susan Bond 00:55:46

Pontefract parkrun 5K - 25th February

9 Ashley Porter 00:21:13
 75 Simon Porter 00:25:49
 146 Amanda Porter 00:30:10

Snake Lane 10 Mile, Pocklington - 26th February

	Chip Time	Gun Time	
16 Danny Brunton	00:56:56	00:56:58	
204 Simon Walters	01:09:09	01:09:32	
366 Simon Ellerker	01:15:55	01:16:01	
372 Clare Gummerson	01:15:32	01:16:16	
386 John Nolan	01:15:57	01:16:32	
389 Miriam Ireland	01:15:50	01:16:34	
457 Graham Lonsdale	01:17:49	01:18:27	
518 Kelly Palmer	01:19:12	01:19:58	
540 Damian Probett	01:19:52	01:20:49	
548 Rebecca Clifton	01:20:15	01:21:02	
579 Micah Gibson	01:21:20	01:21:58	
592 Amy Fowler	01:21:30	01:22:16	
664 Patricia Bielby	01:24:32	01:24:48	1st LV70
711 Andrew Gibson	01:24:27	01:26:02	
732 Diane Palmer	01:25:36	01:26:23	
743 Dominic Bond	01:25:46	01:26:43	
748 Kay Walters	01:25:55	01:26:50	
762 Simon Porter	01:26:46	01:27:26	
804 Kara Mainprize	01:27:43	01:28:38	
805 Stuart Gent	01:27:37	01:28:39	
807 Dominique Webster	01:27:48	01:28:44	
808 Jane Welbourn	01:27:50	01:28:45	
982 Heidi Baker	01:32:35	01:33:48	
1018 Nicola Fowler	01:33:56	01:35:04	
1055 Helena Smith	01:35:09	01:36:05	
1104 Robert Eyre	01:36:34	01:38:12	
1117 Susan Bond	01:36:53	01:38:35	
1142 Lynda Gent	01:37:57	01:39:39	
1221 David Pring	01:40:31	01:43:14	
1262 Sarah Marr	01:42:55	01:44:38	
1282 Jane Probett	01:43:00	01:45:42	
1393 Janet Downes	01:50:20	01:52:00	

Club Results 2023

1394 Amanda Porter	01:50:20	01:52:00
1395 Kirsten Porter	01:50:21	01:52:01
1401 Di Raper	01:50:08	01:52:35
1441 Lucinda Gibson	01:54:51	01:57:35
1442 Emma Choat	01:54:48	01:57:35
1458 Mary Yates	01:56:37	01:59:22
1520 Elizabeth Ingle	02:08:59	02:11:42
1534 Tina Calthorpe	02:20:12	02:21:51
Linda Hall	02:58:00	Watch

Sewerby parkrun 5K - 4th March

6 Richard Kirkpatrick	00:21:36	PB
7 Ted Imeson (J)	00:21:43	PB
8 Josh Taylor	00:21:51	
11 Justin Choat	00:22:24	
14 T J Choat (J)	00:23:03	
16 Chris Price	00:23:18	
17 Rebecca Miller (J)	00:23:35	3rd F
20 Jason Pointez	00:23:43	
21 Graham Lonsdale	00:23:47	
31 Micah Gibson (J)	00:25:24	
32 Gillian Taylor	00:25:29	
37 Trish Watson	00:25:54	
39 Simon Porter	00:26:10	
40 Damian Probett	00:26:16	
42 Stephen Eblet	00:26:27	
44 Oceane Price (J)	00:26:41	
51 Stuart Gent	00:27:28	
53 Les Thornton	00:28:25	PB
56 Tom Woodhouse	00:28:31	
58 Ethan Jones (J)	00:28:40	PB
65 Nicola Fowler	00:29:07	
70 Lynda Gent	00:30:07	
72 Mim Ireland	00:30:11	
83 Kyle Tibbett (J)	00:31:39	
84 Erin Jones (J)	00:31:40	
89 Zoe Ellis-Cornell	00:31:50	
94 Clare Gummerson	00:32:07	
100 Kevin Sissons	00:32:47	
107 Anne Kelly	00:33:17	
113 L M E Choat (J)	00:33:48	
118 Kirsten Porter	00:33:58	
122 Jane Probett	00:34:22	
124 Sam Adams	00:34:26	
125 Emma Choat	00:34:26	
129 Ellis Hodges	00:34:31	
137 Janet Downes	00:36:13	
138 Amanda Porter	00:36:13	
146 Debbie Duffill	00:38:52	
165 Dave Foster	00:44:43	

Club Results 2023

167 Dian Rewston	00:46:11
176 Linda Hall	00:55:49

Beverley Westwoods parkrun 5K - 4th March

28 Andy Baker	00:23:35
169 Cindy Baker	00:42:18

Hull parkrun 5K - 4th March

10 James Briggs	00:17:56
16 Adam Thomas	00:18:50
19 Paul Good	00:19:04
24 Steve Wilson	00:19:47 PB
262 Paul Brown	00:28:28

North Yorkshire Water Park parkrun 5K - 4th March

3 Dan Cawthorn	00:20:13
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Golden Fleece Circuit - 4th March

27 Mile Circuit

88 Jenny Chambers	07:24:38 Walker
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15 Mile Circuit

111 Amy Hall	03:03:05
112 Helena Smith	03:03:08
147 Sarah Marr	03:27:57
148 Andrew Marr	03:29:08

North Lincolnshire Half Marathon - 5th March

	Chip Time	Gun Time
31 Danny Brunton	01:15:33	01:15:34
1037 Gerard Ferre	02:04:46	02:06:00

North Lincolnshire 10K - 5th March

	Chip Time	Gun Time
19 Nick Jordan	00:37:25	00:37:27
39 Dominic Bond	00:39:42	00:39:47
112 Dave Bond	00:46:46	00:46:55
133 Simon Porter	00:47:51	00:48:06
320 Susan Bond	00:57:14	00:57:35
358 Kirsten Porter	00:59:11	00:59:38
359 Amanda Porter	00:59:11	00:59:38

EYXC League, Sewerby XC - 5th March

3 James Wilson	00:34:27
7 Phill Taylor	00:35:06
12 Tom Mullen	00:35:47
18 James Briggs	00:37:02
30 Alan Feldberg	00:39:06
34 Joe Stenton	00:39:27
41 Paul Good	00:40:52
45 Steve Wilson	00:41:32

Club Results 2023

	46 Adam Dyas	00:42:12
	48 Simon Ellerker	00:42:29
13	Mim Ireland	00:43:34
	57 Chris Price	00:43:39
	62 Micah Gibson	00:44:06
	64 Graham Lonsdale	00:44:19
19	Clare Gummerson	00:45:14
26	Becky Clifton	00:46:40
	84 Damian Probett	00:47:08
30	Kerry Whitehead	00:47:45
	91 Chris Yeomans	00:48:14
40	Patricia Bielby	00:50:10
	101 Stuart Gent	00:52:13
	106 Andrew Gibson	00:53:11
	113 Paul Brown	00:56:43
76	Jane Probett	01:05:52
	125 Rob Calthorpe	01:19:00
83	Tina Calthorpe	01:27:30

BRR Men at Sewerby - 2nd

BRR Women at Sewerby - 3rd

Overall Final League Positions

BRR Men 3rd

BRR Women 6th

Prize Winners

James Wilson 2nd Male & 1st MV40

Phill Taylor 4th Male & 2nd MV40

Chris Yeomans 1st MV70

Kerry Whitehead 2nd LV40

Pat Bielby 1st LV70

Sewerby parkrun 5K - 11th March

	3 Nick Jordan	00:19:19
	7 Paul Good	00:20:19
	10 Adam Dyas	00:21:11
	11 Ashley Porter	00:21:13
	12 Dean Hyde	00:21:13
	13 Martin Hutchinson	00:21:23
	14 Dominic Bond	00:21:40
	17 Micah Gibson (J)	00:22:05
	18 Justin Choat	00:22:20
	22 Josh Taylor	00:22:43
	31 Ted Imeson (J)	00:23:32
	32 T J Choat (J)	00:23:39
	33 Adam Thomas	00:23:40
	39 Jason Pointez	00:24:17
	42 Graham Lonsdale	00:25:00
	44 Damian Probett	00:25:06
	48 Amy Fowler	00:25:18
	50 Gillian Taylor	00:25:25

Club Results 2023

51 Trish Watson	00:25:26 PB
55 Simon Porter	00:26:22
56 Chris Humphries	00:26:29
57 Maelys Price (J)	00:26:37 PB
59 Dan Cawthorn	00:26:42
62 Oceane Price (J)	00:26:51
69 Angela Bailey	00:27:23
70 Ian Haywood	00:27:28
73 Tom Woodhouse	00:28:13
77 Stuart Gent	00:28:27
87 Zoe Ellis-Cornell	00:29:23
100 Lynda Gent	00:30:53
107 Kevin Sissons	00:32:40
109 L M E Choat (J)	00:32:59
110 Kirsten Porter	00:33:00
113 Lucinda Gibson	00:33:35
115 Sam Adams	00:33:38
117 Emma Choat	00:33:51
132 Amanda Porter	00:37:15
140 James Briggs	00:39:33
152 Janet Downes	00:44:31

Hull parkrun 5K - 11th March

17 Joanna Dagnan	00:19:53 PB
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Humber Bridge parkrun 5K - 11th March

8 Chris Price	00:23:57
38 Paul Brown	00:30:07
47 Anne Kelly	00:33:53

Virtual parkrun 5K - 11th March

Nicola Fowler	00:27:36
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Inter-Counties XC Champs - 12th March

Under 13 Girls

186 Annabelle Miller	00:15:28
209 Rebecca Miller	00:15:43

Yorkshire Vets XC Championships, Beverley - 12th March

14 Danny Brunton	00:37:08
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Sewerby parkrun 5K - 18th March

3 Joe Stenton	00:20:01
4 Phill Taylor	00:20:24
9 Dean Hyde	00:21:30
10 Steve Wilson	00:21:33 PB
11 Josh Taylor	00:21:50
16 Micah Gibson (J)	00:22:35
21 Chris Price	00:23:25
23 T J Choat (J)	00:23:31

Club Results 2023

24	Jason Pointez	00:23:31
26	Andy Baker	00:23:42
35	Luke Duffill	00:24:21
36	Graham Lonsdale	00:24:21
41	Gillian Taylor	00:25:10
42	Trish Watson	00:25:15 PB
44	Ted Imeson (J)	00:25:23
46	John Potter	00:25:33
51	Jonathan Ogden	00:26:12
56	Alan Feldberg	00:26:49
63	Hayley Spiers	00:27:34 PB
65	Tom Woodhouse	00:27:58
68	Les Thornton	00:28:07 PB
76	Louise Taylor	00:28:44
77	Stuart Gent	00:28:52
80	Nicola Fowler	00:29:09
85	Ethan Jones (J)	00:29:44
87	Zoe Ellis-Cornell	00:29:52
93	Lynda Gent	00:30:16
116	James Briggs	00:32:03
119	Anne Kelly	00:32:07
123	Lucinda Gibson	00:32:25
129	Pete Royal	00:33:00
135	Kevin Sissons	00:33:29
139	Sam Adams	00:34:05
143	Florence Kirkpatrick (J)	00:34:16
144	Richard Kirkpatrick	00:34:18
145	Ellis Hodges	00:35:17
148	Janet Downes	00:35:48
170	Debbie Duffill	00:41:40
171	Mary Yates	00:41:40
174	L M E Choat (J)	00:43:00
177	Emma Choat	00:43:07
180	Justin Choat	00:43:54
183	Dave Foster	00:45:47
192	Dian Rewston	00:49:40
196	Linda Hall	00:57:10
197	Cindy Baker	00:57:44

Ancholme Valley Way parkrun 5K - 18th March

153	Paul Brown	00:36:34
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Bushy Park parkrun 5K - 18th March

434	Angela Bailey	00:27:27
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North Yorkshire Water Park parkrun 5K - 18th March

1	Dominic Bond	00:18:29 PB
22	Simon Porter	00:24:43 PB
64	Kirsten Porter	00:29:06 PB
88	Amanda Porter	00:31:49 PB

Selby parkrun 5K - 18th March

109 Elizabeth Ingle 00:34:34

Sheffield Castle parkrun 5K - 18th March

5 Paul Good 00:21:08

Cleveland Survival Race 20 Mile - 18th March

Emma Richardson 04:42:18 Strava

SYRY - Mad March Hare, Penistone - 18th March

Di Raper 01:12:25 Strava

Sherwood Pines Half Marathon - 19th March

	Chip Time	Gun Time
89 Kerry Whitehead	01:55:33	01:56:32

Super Spurn 7 Mile - 19th March

54 Stuart Gent 01:00:33

102 Lyn Gent 01:10:06

RaceBest Leeds 5K Series - 22nd March

	Chip Time	Gun Time
38 Paul Good	00:19:20	00:19:21

Sewerby parkrun 5K - 25th March

3 Paul Good 00:20:49

5 Martin Hutchinson 00:21:21

7 Dean Hyde 00:21:26

10 Ashley Porter 00:22:13

11 Steve Wilson 00:22:26

12 Rebecca Miller (J) 00:22:56

19 Jason Pointez 00:23:54

23 Annabelle Miller (J) 00:24:17

30 Micah Gibson (J) 00:25:18

31 Trish Watson 00:25:19

33 Luke Duffill 00:25:29

39 Jonathan Ogden 00:25:50

42 Patricia Bielby 00:25:58

45 Keren Miller 00:26:31

47 Chris Humphries 00:26:34

48 Joshua Miller (J) 00:26:35

49 Greg Miller 00:26:37

51 Hayley Spiers 00:26:53 PB

54 Simon Porter 00:27:24

57 Dan Cawthorn 00:27:32

58 Stuart Gent 00:27:38

61 Justine Sutcliffe 00:28:16

66 Ethan Jones (J) 00:29:00

68 Ian Haywood 00:29:04

Club Results 2023

69 James Ellerker (J)	00:29:09 PB
70 Simon Ellerker	00:29:12
71 Heidi Baker	00:29:17
87 Lynda Gent	00:30:29
92 Emilie Cawthorn	00:30:35
108 Pete Royal	00:32:09
112 Lucinda Gibson	00:32:18
113 Erin Jones (J)	00:32:20
114 Kyle Tibbett (J)	00:32:20
116 Stuart Bowes	00:32:34
119 Kevin Sissons	00:32:52
139 Mary Yates	00:34:25
144 James Briggs	00:35:05
162 Sam Adams	00:38:22
173 Debbie Duffill	00:40:29
183 Louise Taylor	00:45:53
190 Linda Hall	00:49:49
195 Amanda Porter	00:58:23 Tail Walker
196 Kirsten Porter	00:58:23 Tail Walker

Hackworth parkrun 5K - 25th March

5 Evie Lakes (J)	00:22:27
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Heartlands parkrun 5K - 25th March

29 Damian Probett	00:23:03
102 Jane Probett	00:31:01

Hull parkrun 5K - 25th March

56 Chris Price	00:22:53
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North Yorkshire Water Park parkrun 5K - 25th March

3 Dominic Bond	00:18:32
21 Dave Bond	00:23:19
65 Susan Bond	00:28:34

Norwich parkrun 5K - 25th March

193 Angela Bailey	00:27:19
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Shipley Country parkrun 5K - 25th March

62 Paul Brown	00:29:33
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Virtual parkrun 5K - 25th March

Nicola Fowler	00:28:04
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Humber County AA Open Series 1, Grimsby - 25th March

Under 11 Girls Howler Throw

6 Lily Choat	4.12m
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Under 11 Girls 70m

3 Oceane Price	11.33secs
15 Lily Choat	16.75secs

Under 11 Girls 600m

2 Oceane Price	02:17.65
10 Lily Choat	02:35.40

Under 11 Girls Long Jump

3 Oceane Price	2.77m
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Under 13 Boys Long jump

Tyler Choat	2.68m
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Under 13 Boys 600m

8 Tyler Choat	02:14.59
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Great British Seaside Beach Marathon 27.3 miles - 25th March

	Chip Time	Gun Time
62 Helena Smith	05:09:56	05:10:14
Time at Marathon Distance		04:55:56

Hoth Mad Hatter Endurance Race - 25th March

	Miles	Laps
3 Andy Baker	32	8
Jane Welbourn	28	7
Karyn Hoggard	28	7
Janet Downes	20	5

Ali Clark Memorial 10K (Dalton Dash) - 26th March

	Chip Time	Gun Time
23 Paul Good	00:40:36	00:40:39
41 Graham Lonsdale	00:45:58	00:46:03
89 Simon Porter	00:53:04	00:53:16
154 Amanda Porter	01:00:15	01:00:34
155 Kirsten Porter	01:00:16	01:00:34
245 Janet Downes	01:23:57	01:24:30
246 Tina Calthorpe	01:25:08	01:25:24

Blubberhouse Moor Challenge 24 miles - 26th March

17 Joanna Dagnan	04:07:00
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CoH Champagne League, North Cave 4 mile - 28th March

140 Heidi Baker	00:36:03
179 Dave Foster	00:46:01

SYRY Spring 10K - 31st March

	Chip Time	Gun Time
54 Di Raper	01:02:08	01:02:16
67 Paul Raper	01:06:09	01:06:18

Sewerby parkrun 5K - 1st April

6 Phill Taylor	00:21:04
7 Martin Hutchinson	00:21:08
9 Richard Kirkpatrick	00:21:39
10 Ashley Porter	00:22:13
16 Micah Gibson (J)	00:22:49

Club Results 2023

21	Chris Price	00:23:30
23	Jason Pointez	00:24:02
28	Graham Lonsdale	00:24:24
29	Damian Probett	00:24:27
33	Amy Fowler	00:25:14
36	Oceane Price (J)	00:25:37 PB
38	Patricia Bielby	00:25:45
39	Trish Watson	00:25:52
43	Chris Humphries	00:26:18
44	Andrew Gibson	00:26:25
46	Maelys Price (J)	00:26:49
47	John Bowles	00:26:52
50	Alan Feldberg	00:27:03
51	Justine Sutcliffe	00:27:05
55	James Riley	00:27:22
58	Ian Haywood	00:27:42
62	Les Thornton	00:28:21
71	Paul Brown	00:29:03
81	Ethan Jones (J)	00:29:44
83	Kyle Tibbett (J)	00:30:02
84	Zoe Ellis-Cornell	00:30:17
90	Stuart Gent	00:31:02
91	Lynda Gent	00:31:03
95	Stuart Bowes	00:31:23
107	Pete Royal	00:32:15
110	Erin Jones (J)	00:32:27
116	Kevin Sissons	00:32:57
127	Jane Probett	00:34:04
131	Sam Adams	00:34:21
132	Kirsten Porter	00:34:22
133	Amanda Porter	00:34:25
134	Simon Porter	00:34:26
148	Becky Lawry	00:35:41
152	Catherine Brittan	00:36:55
153	Martin McPheat	00:36:56
154	Mary Yates	00:36:57
177	Debbie Duffill	00:43:10
180	Karen Ward	00:43:49
181	Dian Rewston	00:44:08
183	Linda Hall	00:49:28
190	Cindy Baker	00:53:58
192	Janet Downes	00:54:01

North Yorkshire Water Park parkrun 5K - 1st April

1	Dominic Bond	00:17:52 PB
3	James Briggs	00:17:59
5	Dan Cawthorn	00:19:15 PB
14	Steve Wilson	00:20:51 PB
69	Susan Bond	00:29:05

Club Results 2023

Southampton parkrun 5K - 1st April

83 T J Choat (J)	00:22:30 PB
314 L M E Choat (J)	00:29:18
315 Justin Choat	00:29:22
414 Emma Choat	00:32:19

Virtual parkrun 5K - 1st April

Nicola Fowler	00:27:39
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The Tunnel Ultra - 31st March/1st April

Kendra Wedgwood	50 Laps 100 miles
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Bramham Park Trail Half Marathon - 2nd April

Chip Time Gun Time

44 Kerry Whitehead	01:56:51	01:56:53	7th F - 1st LV40
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Withernsea Double Trouble 10K (Pairs Teams) - 2nd April

4th Porter Power

Combined Time

1 Ashley Porter	00:45:09	01:39:33
16 Simon Porter	00:54:23	

10th Brid RR

26 Micah Gibson	00:55:05	01:50:12
25 Andrew Gibson	00:55:07	

25th Porter Power Plus

49 Amanda Porter	01:09:00	02:18:01
50 Kirsten Porter	01:09:00	

CoH Champagne League, Beverley Westwood 3.3 mile - 4th April

139 Heidi Baker	00:32:05
173 Dave Foster	00:39:34

Bridlington Easter 5 Mile Dash - 7th April (BRR Summer League Race)

Chip Time Gun Time

Target Time

5 Phill Taylor	00:29:10	00:29:12	1st MV40	00:30:22
11 Dominic Bond	00:31:27	00:31:34		00:30:01
17 Paul Good	00:32:42	00:32:44		00:32:26
19 Alan Feldberg	00:33:01	00:33:07		00:34:26
25 Martin Hutchinson	00:33:57	00:33:58	1st MV55	00:34:48
37 Micah Gibson	00:35:32	00:35:46	2nd JM	00:36:46
47 Miriam Ireland	00:36:29	00:36:37	2nd LV35	00:36:19
54 Erin Gummerson	00:36:50	00:37:10	1st JF	-
56 Graham Lonsdale	00:37:17	00:37:22		00:38:29
69 Dave Bond	00:38:29	00:38:37		00:37:38
71 Becky Clifton	00:38:39	00:38:47	3rd LV50	00:38:10
86 Emma Richardson	00:40:57	00:41:10	3rd LV45	00:40:45
87 Andrew Gibson	00:40:56	00:41:20		00:42:08
103 Kara Mainprize	00:43:04	00:43:18		00:43:44
114 Diane Palmer	00:43:37	00:43:59		00:40:40
117 Helena Smith	00:44:03	00:44:16		00:45:26

Club Results 2023

128 Kevin Lewis	00:45:40	00:45:44	00:46:57
133 Susan Bond	00:46:03	00:46:16	3rd LV60 00:46:46
139 Nicola Fowler	00:47:19	00:47:33	00:46:38
140 Amy Fowler	00:47:19	00:47:34	00:40:28
179 Di Raper	00:51:33	00:51:58	00:52:12
191 Lucinda Gibson	00:54:00	00:54:21	00:52:09
192 Emma Choat	00:53:53	00:54:21	00:55:15
206 Becky Lawry	00:56:33	00:56:58	00:57:44
210 Elizabeth Ingle	00:57:51	00:58:16	00:58:16
234 Tina Calthorpe	01:06:53	01:07:09	3rd LV70 01:06:04
238 Janet Downes	01:11:54	01:12:24	00:55:51
244 Linda Hall	01:18:22	01:18:52	2nd LV75 01:20:26

1.5 Mile Fun run

1 Tyler Choat	00:10:06	00:10:06
2 Evie Lakes	00:10:09	00:10:09
7 Oceane Price	00:11:03	00:11:03
26 Lily Choat	00:14:01	00:14:01
27 Charlie Johnson	00:14:28	00:14:36

May be more - only one person down as Brid in results

Sewerby parkrun 5K - 8th April

2 James Wilson	00:18:24
3 James Briggs	00:18:28
9 Nick Jordan	00:19:47
12 Paul Good	00:20:00 PB
14 Phill Taylor	00:20:12
20 Dean Hyde	00:20:28 PB
24 Ashley Porter	00:21:18
26 Josh Taylor	00:21:25
39 Ted Imeson (J)	00:22:29
41 Damian Probett	00:22:31 PB
43 Andy Baker	00:22:42
47 Justin Choat	00:22:51
52 Chris Price	00:23:04 PB
53 Jason Pointez	00:23:07
55 T J Choat (J)	00:23:14
71 Luke Duffill	00:24:08
76 Graham Lonsdale	00:24:33
77 Micah Gibson (J)	00:24:34
79 Simon Porter	00:24:41
85 Gillian Taylor	00:25:06
87 Patricia Bielby	00:25:08
94 Trish Watson	00:25:27
95 Martin Hutchinson	00:25:32
96 Jonathan Ogden	00:25:33
101 Andrew Gibson	00:25:43 PB
104 Kara Mainprize	00:26:05
108 Chris Humphries	00:26:10
124 Christie Trower	00:27:00

Club Results 2023

127 Les Thornton	00:27:14 PB
134 Heidi Baker	00:27:50
142 Ian Haywood	00:28:15
148 Martin McPheat	00:28:38
155 Hannah Imeson (J)	00:28:51 PB
156 Joanna Dagnan	00:28:52
167 Pete Royal	00:29:43
180 Stuart Gent	00:30:41
181 Lynda Gent	00:30:43
182 Zoe Ellis-Cornell	00:30:43
227 Florence Kirkpatrick (J)	00:33:05
231 Anne Kelly	00:33:22
241 Sam Adams	00:33:54
242 Richard Kirkpatrick	00:33:55
248 Emma Choat	00:34:04
250 Ellis Hodges	00:34:10
251 Becky Lawry	00:34:12
264 Kevin Sissons	00:35:29
283 Catherine Brittan	00:37:21
285 L M E Choat (J)	00:37:51
286 Amanda Porter	00:37:57
297 Janet Downes	00:38:52
309 Stella Milborrow	00:39:51
310 Dave Foster	00:41:16
312 Debbie Duffill	00:41:46
319 Kirsten Porter	00:44:51
339 Cindy Baker	00:59:03
340 Dian Rewston	00:59:04
341 Linda Hall	00:59:05

Alice Holt parkrun 5K - 8th April

220 Jane Probett	00:36:16
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Druridge Bay parkrun 5K - 8th April

132 Ethan Jones (J)	00:29:57
161 Erin Jones (J)	00:32:42

Faelledparken 5k parkrun, Denmark - 8th April

4 Dan Cawthorn	00:19:04
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Fleetwood Promenade parkrun 5K - 8th April

30 Dave Bond	00:22:15 PB
86 Susan Bond	00:27:58 PB

Frickley Country parkrun 5K - 8th April

31 Paul Brown	00:28:28
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Geographe Bay parkrun 5K, Australia - 8th April

21 Annabelle Miller (J)	00:22:09
37 Rebecca Miller (J)	00:23:26

Club Results 2023

57 Joshua Miller (J)	00:24:34
61 Keren Miller	00:24:39
132 Greg Miller	00:32:50

North Yorkshire Water Park parkrun 5K - 8th April

5 Tom Mullen	00:19:03
28 Dominic Bond	00:22:22
256 Rob Calthorpe	00:45:33

Virtual parkrun 5K - 8th April

Nicola Fowler	00:27:36
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Helmsley 10K Multi-Terrain Challenge - 9th April

	Chip Time	Gun Time	
6 Scott Hargreaves	00:37:00	00:37:01	1st MV35
29 Paul Good	00:42:18	00:42:21	3rd MV40
117 Andrew Gibson	00:53:39	00:53:50	
129 Stuart Gent	00:54:40	00:54:52	
169 Heidi Baker	00:59:52	01:00:04	3rd LV45
187 Lyn Gent	01:02:54	01:03:08	
216 David Foster	01:14:57	01:15:11	

Sewerby parkrun 5K - 15th April

1 Phill Taylor	00:18:10	
2 James Wilson	00:18:12	
3 Tom Mullen	00:19:14	
4 Nick Jordan	00:19:54	
6 Paul Good	00:20:24	
12 Adam Dyas	00:21:25	
13 Richard Kirkpatrick	00:21:26	PB
14 Steve Wilson	00:21:32	PB
17 Micah Gibson (J)	00:22:16	
19 Damian Probett	00:22:22	PB
25 Simon Ellerker	00:22:57	
31 Chris Price	00:23:30	
34 T J Choat (J)	00:23:41	
37 Cat Moverley	00:23:53	2nd F
46 Luke Duffill	00:24:53	
51 Oceane Price (J)	00:25:26	PB
53 Trish Watson	00:25:35	
57 Graham Lonsdale	00:26:07	
58 Simon Porter	00:26:10	
74 Angela Bailey	00:27:25	
78 Louise Taylor	00:27:51	
80 Ian Haywood	00:27:53	
82 Heidi Baker	00:27:56	
86 Maelys Price (J)	00:28:14	
104 Stuart Gent	00:30:04	
105 Lynda Gent	00:30:05	
106 Ethan Jones (J)	00:30:06	

Club Results 2023

115 L M E Choat (J)	00:31:26 PB
116 Justin Choat	00:31:27
117 Kyle Tibbett (J)	00:31:28
119 Pete Royal	00:31:31
122 Lucinda Gibson	00:31:40
127 Anne Kelly	00:32:00
144 Kevin Sissons	00:33:10
145 Stuart Bowes	00:33:21
146 Zoe Ellis-Cornell	00:33:21
147 Sam Adams	00:33:48
160 Emma Choat	00:35:29
170 Dave Foster	00:37:00
173 Amanda Porter	00:37:08
180 Janet Downes	00:37:42
181 Kirsten Porter	00:37:43
191 Debbie Duffill	00:41:50
205 Linda Hall	00:57:46

Birkenhead parkrun 5K - 15th April

237 Paul Brown	00:28:03
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Hull parkrun 5K - 15th April

1 Danny Brunton	00:16:44
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North Yorkshire Water Park parkrun 5K - 15th April

4 Simon Walters	00:19:38 PB
19 Dave Bond	00:23:08
63 Dominic Bond	00:28:13
100 Faye McFarlane	00:32:41
147 Tina Calthorpe	00:44:46

Rising Sun parkrun 5K - 15th April

3 James Briggs	00:18:34
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Virtual parkrun 5K - 15th April

Mim Ireland	00:24:17
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Woldsman 50 Mile - 15th April

13 Andy Long	11:48:00
16 Andy Baker	12:01:00

Boston Marathon, Lincolnshire - 16th April

	Chip Time	Gun Time
91 Alan Feldberg	03:13:01	03:13:01
113 Jo Dagnan	03:23:06	03:23:06
200 Clare Gummerson	03:44:26	03:44:26

Boston Fun Run - 16th April

2 Erin Gummerson	00:22:50	00:22:50	1st F & 1st U20
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Adidas Manchester Marathon - 16th April

Emma Richardson	04:22:42
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RaceBest Vale of York 5 mile - 16th April

	Chip Time	Gun Time
44 Justin Choat	00:37:08	00:37:22

CoH Champagne League, Elloughton Dale 4.7 miles -18th April

155 Heidi Baker	00:50:55
161 Dave Foster	00:53:26

Sewerby parkrun 5K - 22nd April

2 James Wilson	00:18:01
3 Nick Jordan	00:19:34
5 Paul Good	00:20:04
6 Phill Taylor	00:20:23
7 Dean Hyde	00:20:58
12 Adam Dyas	00:21:32
13 Josh Taylor	00:21:55
15 Micah Gibson (J)	00:22:16
18 Damian Probett	00:22:21 PB
20 Alan Feldberg	00:22:49
28 Luke Duffill	00:24:06
39 Simon Porter	00:24:48
42 Andrew Gibson	00:25:21 PB
43 Graham Lonsdale	00:25:32
44 Gillian Taylor	00:25:39
45 Trish Watson	00:25:40
50 Diane Palmer	00:26:22
52 Patricia Bielby	00:26:26
54 Jonathan Ogden	00:26:32
60 Toby Tibbett (J)	00:27:35
63 Ian Haywood	00:27:50
64 Charlie Johnson (J)	00:27:53
65 Kerry Whitehead	00:27:54
67 Louise Taylor	00:28:03
75 Ethan Jones (J)	00:29:03
76 Heidi Baker	00:29:03
86 Michelle England	00:30:00 PB
88 Pete Royal	00:30:01
89 Zoe Ellis-Cornell	00:30:10
100 Anne Kelly	00:31:08
112 Jane Probett	00:32:28
114 Kevin Sissons	00:32:47
128 Kyle Tibbett (J)	00:34:08
129 Erin Jones (J)	00:34:09
133 Mary Yates	00:34:38
134 Dave Foster	00:34:56
158 Dave Pring	00:39:25
160 Catherine Brittan	00:40:22

Club Results 2023

162 Debbie Duffill	00:40:35
166 Janet Downes	00:42:55
167 Amanda Porter	00:42:56
168 Kirsten Porter	00:42:57
182 Linda Hall	00:50:06

Goole parkrun 5K - 22nd April

46 Paul Brown	00:27:56
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New Earswick parkrun 5K - 22nd April

53 James Briggs	00:33:02
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North Yorkshire Water Park parkrun 5K - 22nd April

1 Dominic Bond	00:18:19
17 Dave Bond	00:23:14

Kingston upon Hull Spring Open - 22nd April

75 U11 M

2 Alfie Verner	12.75
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75 U11 W

5 Oceane Price	12.87 PB
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100 U15 W

7 Rebecca Addison	15.43 PB
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150 U11 M

2 Alfie Verner	25.95
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150 U13 W

4 Hope Adams	28.77 PB
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150 U11 W 1

8 Brooke Adams	33.74
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150 U11 W 2

3 Oceane Price	25.73 PB
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200 U15 W 2

4 Rebecca Addison	32.12 PB
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600 U11 M

4 Alfie Verner	02:08.52
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600 U11 W 1

8 Lily Choat	02:44.98
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600 U11 W 2

2 Oceane Price	02:11.14 SB
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800 U13 W 2

4 Maelys Price	03:14.61
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1200 U13 X 1

6 Teddy Imeson	04:40.27 PB
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8 Tyler Choat	04:42.72 PB
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3000 SX

6 Erin Gummerson	12:11.76 PB
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70HU13W U13W

1 Kyra Leary	15.70 PB
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75HU13M U13M

4 Tyler Choat	26.23 PB
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Club Results 2023

80HU15M U15M

2 Daniel Imeson 19.05 SB

HJ U15X 1

6 Hope Adams 0.95 PB

LJ U18X 1

4 Teddy Imeson 3.26 SB

6 Tyler Choat 3.01 PB

LJ U18X 2

8 Kyra Leary 3.45 PB

LJ U18X 3

5= Daniel Imeson 3.58 SB

LJ U11W

1 Oceane Price 3.29 PB

12 Brooke Adams 1.55

13 Lily Choat 1.36 PB

SP2.72K U13W 3

5 Hope Adams 4.13 SB

DT0.75K U13W 2

2 Kyra Leary 13.82 PB

JT600 U15M 1

1 Daniel Imeson 16.36 SB

Longhorn 10K - 23rd April

182 Lyn Gent 01:07:41 **10K**

24 Stuart Gent/Jasper 00:56:06 **10K Canicross**

TCS London Marathon - 23rd April

Chip Time Gun Time

1025 Danny Brunton 02:45:40 02:46:10

3241 Tom Mullen 03:01:58 03:03:33

17390 Simon Ellerker 03:58:06 04:13:13

25567 Amy Hall 04:24:53 05:27:56

28896 Chris Price 04:36:14 05:40:14

32393 Greg Miller 04:48:57 05:43:27

Drifffield Sprint Triathlon - 23rd April

	Swim	Run	Bike	Total
15 Simon Walters	9:04	32:25	20:18	01:04:21
22 Adam Thomas	8:46	32:51	21:44	01:05:54
83 Becky Clifton	9:31	42:06	24:41	01:19:39

Sewerby parkrun 5K - 29th April

1 James Wilson 00:18:01

4 Dean Hyde 00:20:03 PB

8 Adam Dyas 00:21:18

9 Richard Kirkpatrick 00:21:20 PB

12 Annabelle Miller (J) 00:21:55 1st F

13 Greg Miller 00:21:56

17 Andy Baker 00:22:18

19 Justin Choat 00:22:38

Club Results 2023

24 Ted Imeson (J)	00:23:11	
31 Chris Price	00:23:37	
34 Joshua Miller (J)	00:23:45	
37 Graham Lonsdale	00:23:58	
39 Keren Miller	00:24:00	
46 Alan Feldberg	00:24:45	
48 Daniel Imeson (J)	00:25:01	
49 Oceane Price (J)	00:25:02	PB
50 Tyler Choat (J)	00:25:03	
51 Amy Fowler	00:25:07	
52 Diane Palmer	00:25:19	
53 Erin Gummerson (J)	00:25:39	
55 Kara Mainprize	00:25:52	
56 Clare Gummerson	00:25:57	
62 Kay Walters	00:26:08	
70 Simon Porter	00:26:54	
71 Jane Welbourn	00:26:57	
76 Trish Watson	00:27:09	
78 Damian Probett	00:27:16	
80 Louise Taylor	00:27:18	
82 Stuart Gent	00:27:28	
84 Les Thornton	00:27:30	
88 Heidi Baker	00:27:58	
89 Patricia Bielby	00:28:02	
90 Angela Bailey	00:28:04	
92 Tom Woodhouse	00:28:11	
104 Michelle England	00:28:50	PB **
116 Ethan Jones (J)	00:30:00	
122 Zoe Ellis-Cornell	00:30:20	
123 Lynda Gent	00:30:20	
131 Stuart Bowes	00:30:52	
132 Paul Brown	00:30:52	
147 Jane Probett	00:32:07	
150 Anne Kelly	00:32:26	
154 Karen Jackson	00:32:38	**
164 Mary Yates	00:33:20	
165 Charlotte Jallow	00:33:22	**
170 Lily Choat (J)	00:33:33	
171 Emma Choat	00:33:36	
175 Kevin Sissons	00:34:03	
184 Becky Lawry	00:34:31	
194 Dave Pring	00:35:34	
199 Yvonne Shawcross	00:35:59	
203 Janet Downes	00:37:13	
204 Amanda Porter	00:37:13	
218 Debbie Duffill	00:39:03	
226 Kirsten Porter	00:41:02	
238 Cindy Baker	00:45:36	
240 Dian Rewston	00:47:38	
241 Linda Hall	00:47:39	

** = no club name

Albert parkrun 5K - 29th April

10 Paul Good 00:19:23

Dalby Forest parkrun 5K - 29th April

1 James Briggs 00:18:41
 3 Dan Cawthorn 00:19:11
 8 Adam Thomas 00:20:34
 9 Steve Wilson 00:20:46 PB

North Yorkshire Water Park parkrun 5K - 29th April

1 Dominic Bond 00:18:30
 10 Martin Hutchinson 00:21:19
 18 Dave Bond 00:22:21 PB
 43 Justine Sutcliffe 00:25:29
 59 Emma Richardson 00:27:10
 70 Helena Smith 00:27:54
 88 Susan Bond 00:29:19
 141 Stella Milborrow 00:39:18
 144 Rob Calthorpe 00:39:47

Virtual parkrun 5K - 29th April

Mim Ireland 00:23:11
 Joe Shepherdson 00:24:12

Kirkbymoorside 10K - 30th April

20 Martin Hutchinson 00:42:23
 83 Micah Gibson 00:48:52
 111 Andrew Gibson 00:50:48
 136 Pat Bielby 00:52:42
 183 Paul Brown 00:56:26
 212 Lyn Gent 01:00:15
 291 Di Raper 01:05:27
 313 Lucinda Gibson 01:07:40
 313 Anne Kelly 01:09:02
 315 Paul Raper 01:09:08
 323 Dave Foster 01:10:54

CoH Champagne League, Brantingham to Raywell 3.6 miles -2nd May

137 Heidi Baker 00:36:19
 159 Dave Foster 00:40:41

BRR Naked 5K - 4th May (Overall Target - 50 minutes from the Gun)

	Predicted Time	Start Time	Finish Time	Actual Time	Deviation
1 Lucinda Gibson	00:31:44	00:18:16	00:50:01	0:31:45	0:01
2 Charlie Johnson	00:27:27	00:22:33	00:50:02	0:27:29	0:02
3 Kay Walters	00:27:27	00:22:33	00:50:03	0:27:30	0:03
4 Diane Palmer	00:27:00	00:23:00	00:49:52	0:26:52	0:08

Club Results 2023

5 Paul Brown	00:27:48	00:22:12	00:50:10	0:27:58	0:10
6 Simon Walters	00:20:10	00:29:50	00:50:11	0:20:21	0:11
7 Simon Ellerker	00:23:12	00:26:48	00:49:48	0:23:00	0:12
8 Clare Gummerson	00:26:30	00:23:30	00:49:45	0:26:15	0:15
9 Pete Royal	00:29:20	00:20:40	00:50:17	0:29:37	0:17
10 Kerry Whitehead	00:25:36	00:24:24	00:49:38	0:25:14	0:22
11 Cat Moverley	00:25:00	00:25:00	00:50:24	0:25:24	0:24
12 Chris Price	00:24:10	00:25:50	00:50:25	0:24:35	0:25
13 Adam Dyas	00:21:20	00:28:40	00:49:33	0:20:53	0:27
14 Graham Lonsdale	00:23:58	00:26:02	00:50:27	0:24:25	0:27
15 Stuart Gent	00:28:36	00:21:24	00:50:32	0:29:08	0:32
16 Lyn Gent	00:29:50	00:20:10	00:49:24	0:29:14	0:36
17 Pat Bielby	00:26:00	00:24:00	00:49:22	0:25:22	0:38
18 Andrew Gibson	00:25:50	00:24:10	00:49:21	0:25:11	0:39
19 Allan McFarlane	00:25:04	00:24:56	00:49:20	0:24:24	0:40
20 Micah Gibson	00:26:30	00:23:30	00:49:19	0:25:49	0:41
21 Greg Miller	00:25:34	00:24:26	00:49:17	0:24:51	0:43
22 Charlotte Jallow	00:34:50	00:15:10	00:49:17	0:34:07	0:43
23 Allan Clayton	00:26:30	00:23:30	00:50:43	0:27:13	0:43
24 David Foster	00:34:13	00:15:47	00:50:47	0:35:00	0:47
25 James Briggs	00:22:30	00:27:30	00:49:12	0:21:42	0:48
26 Zoe Ellis-Cornell	00:29:26	00:20:34	00:50:49	0:30:15	0:49
27 Annabelle Miller	00:22:26	00:27:34	00:49:06	0:21:32	0:54
28 Josh Taylor	00:21:55	00:28:05	00:49:06	0:21:01	0:54
29 Gillian Taylor	00:25:00	00:25:00	00:50:54	0:25:54	0:54
30 Dominique Webster	00:27:35	00:22:25	00:50:55	0:28:30	0:55
31 Nicola Fowler	00:29:44	00:20:16	00:50:57	0:30:41	0:57
32 Jennifer Kilburn	00:29:31	00:20:29	00:51:00	0:30:31	1:00
33 Tyler Choat	00:23:15	00:26:45	00:51:01	0:24:16	1:01
34 Emma Richardson	00:27:30	00:22:30	00:51:02	0:28:32	1:02
35 Martin Hutchinson	00:21:46	00:28:14	00:48:57	0:20:43	1:03
36 Kara Mainprize	00:26:34	00:23:26	00:48:54	0:25:28	1:06
37 Damian Probett	00:27:00	00:23:00	00:51:06	0:28:06	1:06
38 Rob Calthorpe	00:41:23	00:08:37	00:48:51	0:40:14	1:09
39 Tina Calthorpe	00:42:45	00:07:15	00:48:51	0:41:36	1:09
40 Mary Yates	00:33:33	00:16:27	00:51:11	0:34:44	1:11
41 Anne Kelly	00:34:08	00:15:52	00:48:44	0:32:52	1:16
42 Jane Welbourn	00:28:27	00:21:33	00:48:36	0:27:03	1:24
43 Jasmine Jallow	00:28:10	00:21:50	00:48:36	0:26:46	1:24
44 Bob Eyre	00:31:00	00:19:00	00:48:35	0:29:35	1:25
45 Caroline McFarlane	00:35:35	00:14:25	00:48:29	0:34:04	1:31
46 Justin Choat	00:31:00	00:19:00	00:48:28	0:29:28	1:32
47 Lily Choat	00:31:00	00:19:00	00:48:27	0:29:27	1:33
48 Ian Haywood	00:29:46	00:20:14	00:48:25	0:28:11	1:35
49 Faye McFarlane	00:32:50	00:17:10	00:48:23	0:31:13	1:37
50 Paul Raper	00:32:27	00:17:33	00:48:18	0:30:45	1:42
51 Jane Probett	00:33:15	00:16:45	00:48:16	0:31:31	1:44
52 Chris Johnson	00:29:00	00:21:00	00:51:45	0:30:45	1:45
53 Linda Hall	00:46:46	00:03:14	00:51:52	0:48:38	1:52
54 Stuart Bowes	00:31:40	00:18:20	00:48:01	0:29:41	1:59

Club Results 2023

55 Catherine Brittan	00:37:35	00:12:25	00:47:55	0:35:30	2:05
56 Heidi Baker	00:26:30	00:23:30	00:52:18	0:28:48	2:18
57 Di Raper	00:33:31	00:16:29	00:47:39	0:31:10	2:21
58 Amanda Porter	00:33:00	00:17:00	00:47:38	0:30:38	2:22
59 Andy Long	00:28:00	00:22:00	00:47:21	0:25:21	2:39
60 Ellie Binsley (Guest)	00:33:00	00:17:00	00:47:18	0:30:18	2:44
61 Kirsten Porter	00:33:00	00:17:00	00:47:14	0:30:14	2:46
62 Debbie Duffill	00:41:00	00:09:00	00:46:35	0:37:35	3:25
63 David Pring	00:37:45	00:12:15	00:46:00	0:33:45	4:00
64 Dian Rewston	00:48:23	00:01:37	00:45:47	0:44:10	4:13

Great Newsome 5 Mile Blast - 5th May

7 Paul Good	00:32:00
35 Andrew Gibson	00:39:50
83 Lucinda Gibson	00:51:47

Sewerby parkrun 5K - 6th May

10 Nick Jordan	00:19:34
11 Adam Thomas	00:19:38 PB
12 Dean Hyde	00:19:51 PB
14 Phill Taylor	00:20:04
16 Paul Good	00:20:23
26 Micah Gibson (J)	00:21:58
33 Martin Hutchinson	00:22:36
34 Ashley Porter	00:22:39
39 Rebecca Miller (J)	00:22:43 2nd F
44 Chris Price	00:23:04
45 Tyler Choat (J)	00:23:12
48 Graham Lonsdale	00:23:29
52 Annabelle Miller (J)	00:23:45
61 Gillian Taylor	00:25:00
63 Damian Probett	00:25:08
64 Andrew Gibson	00:25:09 PB
65 Diane Palmer	00:25:09
67 Simon Porter	00:25:14
70 Luke Duffill	00:25:27
71 Emma Richardson	00:25:46
72 Oceane Price (J)	00:25:59
79 Allan Clayton	00:26:47
80 Clare Gummerson	00:26:55
81 Dan Cawthorn	00:27:00
82 Alan Feldberg	00:27:01
83 Jonathan Ogden	00:27:02
84 Trish Watson	00:27:05
87 Ian Haywood	00:27:10
88 Christie Trower	00:27:18
89 Maelys Price (J)	00:27:21
94 Charlie Johnson (J)	00:27:33 PB
95 Kerry Whitehead	00:27:33
103 Angela Bailey	00:27:52

Club Results 2023

109	Ethan Jones (J)	00:28:07	PB
117	Greg Miller	00:28:29	
119	Heidi Baker	00:28:33	
120	Stuart Gent	00:28:36	
134	Stuart Bowes	00:29:22	
144	Pete Royal	00:30:17	
146	Lily Choat (J)	00:30:27	PB
148	Justin Choat	00:30:30	
166	Paul Brown	00:31:45	
170	James Briggs	00:31:58	
175	Anne Kelly	00:32:21	
179	Emma Choat	00:32:31	
194	Yvonne Shawcross	00:33:33	
206	Kevin Sissons	00:33:58	
207	Charlotte Jallow	00:34:03	**
214	Sam Adams	00:34:31	
220	Erin Jones (J)	00:34:55	
225	Catherine Brittan	00:35:11	
230	Janet Downes	00:35:44	
231	Graham Shawcross	00:35:45	**
232	Amanda Porter	00:35:46	
244	Gerrard Ferre	00:38:05	
257	Debbie Duffill	00:39:23	
293	Linda Hall	00:49:17	
294	Dian Rewston	00:49:18	

** = no club name

Beverley Westwood parkrun 5K - 6th May

1 James Wilson 00:18:11

Dalby Forest parkrun 5K - 6th May

2 Tom Mullen 00:18:38 PB

North Yorkshire Water Park parkrun 5K - 6th May

17 Andy Baker 00:21:39
 40 Dave Bond 00:23:44
 168 Susan Bond 00:38:20
 169 Stella Milborrow 00:38:54 PB
 180 Cindy Baker 00:44:51

Workington parkrun 5K - 6th May

126 Wendy Foster 00:37:03
 134 Dave Foster 00:40:09

Virtual parkrun 5K - 6th May

Nicola Fowler 00:30:30

Burton Constable 10K - 7th May

Chip Time Gun Time

11 Justin Choat 00:46:42 00:46:48 1st MV55

Club Results 2023

23 Patricia Bielby	00:50:47	00:50:52	1st F & 1st LV70
34 Les Thornton	00:55:07	00:55:12	2nd MV65
46 Paul Brown	00:57:20	00:57:47	1st MV70
83 Mary Yates	01:09:56	01:10:18	2nd LV65

Burton Constable Half Marathon - 7th May

	Chip Time	Gun Time	
28 Paul Good	01:30:04	01:30:05	3rd MV40
33 Dominic Bond	01:31:03	01:31:05	
103 Andy Long	01:47:19	01:48:10	2nd MV60
111 Keren Miller	01:48:53	01:49:12	
119 Greg Miller	01:50:57	01:51:17	
162 Stuart Gent	01:58:28	01:59:21	
163 Kay Walters	01:58:28	01:59:21	2nd LV50
179 Heidi Baker	02:03:01	02:03:34	
220 Lyn Gent	02:12:26	02:13:31	
278 Jennifer Kilburn	02:31:56	02:33:06	

Pontefract 10K - 7th May

	Chip Time	Gun Time
78 Adam Dyas	00:43:53	00:43:58

East Park 4 Mile, Hull - 9th May

	Actual Time	Target Time
7 Scott Hargreaves	00:21:20	00:22:30
25 Paul Good	00:25:10	00:25:30
29 Martin Hutchinson	00:26:30	00:27:18
33 Steve Wilson	00:26:57	00:27:14
37 Micah Gibson	00:27:47	00:28:34
40 Damian Probett	00:28:24	00:28:54
43 Simon Ellerker	00:28:49	00:28:54
45 Graham Lonsdale	00:29:27	00:30:56
13 Cat Moverley	00:29:57	00:31:13
58 Andrew Gibson	00:31:52	00:32:03
25 Heidi Baker	00:36:32	00:36:09
28 Amanda Porter	00:37:34	00:37:42
73 Simon Porter	00:37:34	00:33:02
Lucinda Gibson	00:41:28	00:40:48
36 Kirsten Porter	00:41:31	00:37:56
80 Dave Foster	00:41:41	00:43:24

East Park Fun Run, Hull - 9th May

32 James Ellerker	00:10:31
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Sewerby parkrun 5K - 13th May

5 Phill Taylor	00:20:53
8 Adam Dyas	00:21:22
10 Andy Baker	00:22:15
16 Ted Imeson (J)	00:22:46
19 Steve Wilson	00:23:49

Club Results 2023

32	Alan Feldberg	00:25:22	
34	Justine Sutcliffe	00:25:38	
37	Jonathan Ogden	00:25:49	
49	Louise Taylor	00:26:30	
53	Emma Richardson	00:26:47	
54	Ian Haywood	00:26:51	
55	Graham Lonsdale	00:26:55	
60	Simon Porter	00:27:34	
64	Angela Bailey	00:27:42	
67	Stuart Gent	00:27:51	
72	Heidi Baker	00:28:25	
77	Ethan Jones (J)	00:28:40	
80	Stuart Bowes	00:29:08	
85	Michelle England	00:29:23	**
88	Martin Hutchinson	00:29:35	
98	Lynda Gent	00:30:47	
103	Emilie Cawthorn	00:31:30	Strava
119	Karen Jackson	00:32:13	**
122	Charlotte Jallow	00:32:32	**
124	Erin Jones (J)	00:32:40	
131	Kevin Sissons	00:32:54	
159	Catherine Brittan	00:36:00	
164	Janet Downes	00:36:45	
165	Amanda Porter	00:36:46	
167	Kirsten Porter	00:36:48	
169	James Briggs	00:36:51	
178	Dave Pring	00:39:32	
184	Cindy Baker	00:42:15	
187	Debbie Duffill	00:44:50	
196	Dian Rewston	00:48:54	
199	Linda Hall	00:52:13	

** = no club name

Beverley Westwood parkrun 5K - 13th May

4 Paul Good 00:20:08 PB

North Yorkshire Water Park parkrun 5K - 13th May

1 Dominic Bond 00:18:52

Queen's parkrun 5K, Glasgow - 13th May

96 Paul Brown 00:28:45

Rheinpark parkrun 5K, Cologne, Germany - 13th May

3 Chris Price 00:23:39

Humberside Track Championship, Hull - 13th May

Alfie Verner - 80m - 4th in 12.82 seconds 150m - 4th in 24.63 600m - 7th in 2:10.24

Annabelle Miller - 1200m - 3rd in 4:14.02

Daniel Imeson - Discus - 1st with 11.99m 80m hurdles - 2nd in 17.99 Long jump - 5th with 3.45m

Hope Adams - Discus - 5th with 6.62m 70m hurdles - 12th in 17.49 Shotput - 6th with 4.83m

Club Results 2023

Josh Taylor - 1500m - 1st in 5:31.69

Josh Miller - long jump - 7th with 2.8m 150m - 8th in 25.43 600m - 8th in 2:14.05

Kyra Leary - Discus - 2nd with 14.78m 70m hurdles - 5th in 15.47

Lily Choat - long jump - 14th with 1.79m 600m - 14th with 2:35.01

Maëlys Price - Discus - 3rd with 13.22m 100m - 20th in 18.15

Océane Price - 80m - 5th in 13.21 Long jump - 2nd with 2.96m 600m - 3rd in 2:04.52

Becky Miller - 75m hurdles - 5th in 16.75 Long jump - 6th with 3.48m 300m - 11th in 50.66

Tyler Choat - 1500m - 11th in 5:47.50

The Lap 47 mile Trail Race, Windermere - 13th May

22 Danny Brunton	09:39:02 (Inc 16min Pen)
552 Helena Smith	18:17:09

Ravenscar 10K - 14th May

8 Clare Gummerson	00:53:02
40 Heidi Baker	01:06:21
81 Dave Foster	01:22:48

Rob Burrow Leeds Marathon - 14th May

	Chip Time	Gun Time	
429 Tom Woodhouse	03:27:01	03:32:49	
921 Dean Hyde	03:43:48	03:51:10	
1216 Martin Hutchinson	03:53:54	03:59:18	
3632 Patricia Bielby	04:28:46	04:51:13	1st LV70
3963 Dominique Webster	04:35:38	04:58:04	
4552 Amy Hall	04:47:34	05:10:01	
Gerard Ferre	04:56:04		faulty chip
6046 Tom Fynn	05:23:23	05:41:35	
6163 Bob Eyre	05:22:07	05:44:36	
7319 Di Raper	05:47:51	06:21:38	
7395 Ellis Hodges	05:52:15	06:24:30	
7396 Becky Lawry	05:52:15	06:24:31	

Pittaway Beverley 10K - 14th May

	Chip Time	Gun Time		Target Time
15 Scott Hargreaves	00:33:36	00:33:37		00:35:29
21 Phill Taylor	00:34:23	00:34:24	1st MV40	00:37:44
30 James Wilson	00:35:16	00:35:18	2nd MV40	00:37:41
77 Tom Mullen	00:37:46	00:37:49		00:39:41
86 Nick Jordan	00:38:03	00:38:06		00:40:46
130 Dominic Bond	00:40:05	00:40:13		00:39:02
143 Paul Good	00:40:57	00:41:05		00:41:07
178 Adam Dyas	00:42:21	00:42:33		00:44:20
188 Anthony Smith	00:42:31	00:42:51		00:42:31
197 Steve Wilson	00:42:58	00:43:10		00:44:09
213 Josh Taylor	00:43:26	00:43:42		00:44:58
223 Greg Miller	00:43:34	00:44:01		00:49:35
229 Simon Ellerker	00:43:53	00:44:10		00:46:22
240 Ashley Porter	00:44:07	00:44:34		00:46:09
258 Micah Gibson	00:44:43	00:44:59		00:45:52

Club Results 2023

259 Dave Bond	00:44:46	00:45:00	00:47:00
274 Damian Probett	00:44:49	00:45:11	00:46:34
282 Nick Craggs	00:44:49	00:45:17	00:44:33
304 Graham Lonsdale	00:45:25	00:45:49	00:48:12
311 Mim Ireland	00:45:33	00:45:57	00:47:14
438 Cat Moverley	00:48:09	00:48:48	00:50:44
444 Keren Miller	00:48:32	00:48:57	00:50:34
454 Andrew Gibson	00:48:29	00:49:09	00:50:50
526 Kerry Whitehead	00:49:41	00:50:22	00:51:55
575 Simon Porter	00:50:39	00:51:13	00:53:13
581 Diane Palmer	00:50:44	00:51:23	3rd LV55 00:52:37
584 Gillian Taylor	00:51:05	00:51:31	00:53:35
586 Stuart Gent	00:50:50	00:51:33	00:50:48
600 Kara Mainprize	00:51:12	00:51:54	00:54:12
876 Allan Clayton	00:55:21	00:56:30	00:56:48
972 Lynda Gent	00:57:09	00:58:15	01:00:28
1080 Susan Bond	00:58:54	01:00:01	00:59:27
1119 Amanda Porter	00:59:00	01:00:42	01:00:12
1121 Kirsten Porter	00:59:00	01:00:43	01:00:20
1282 Jane Probett	01:03:05	01:04:30	01:06:36
1367 Lucinda Gibson	01:05:40	01:07:23	01:06:56
1380 Anne Kelly	01:05:34	01:07:50	01:08:29
1413 Jennifer Kilburn	01:08:30	01:09:39	01:04:06
1419 Janet Downes	01:08:13	01:09:56	01:12:31
1552 Dave Pring	01:20:09	01:22:22	01:16:21
1559 Rob Calthorpe	01:22:30	01:23:22	01:23:24
1567 Tina Calthorpe	01:26:02	01:26:54	01:26:05
1576 Dian Rewston	01:29:06	01:31:21	01:33:01
1581 Linda Hall	01:39:02	01:41:18	3rd LV75 01:41:21

Beverley Fun Run - 14th May

34 Oceane Price	00:08:06	00:08:10
58 Maelys Price	00:08:58	00:09:01

Harrogate Sprint Triathlon - 14th May

	Swim	Run	Bike	Total
18 Simon Walters	00:09:10	00:45:20	00:20:05	01:17:36

CoH Champagne League, Waudby Green 3.8 miles -16th May

122 Heidi Baker	00:35:44
154 Dave Foster	00:43:39

Sewerby parkrun 5K - 20th May

4 Phill Taylor	00:19:56
6 Paul Good	00:20:11
7 Dean Hyde	00:20:24
10 Adam Dyas	00:20:46 PB
13 Josh Taylor	00:21:39
17 Andy Baker	00:21:57
18 Dan Cawthorn	00:22:21

Club Results 2023

21 Ted Imeson (J)	00:22:46
22 Tyler Choat (J)	00:22:51
25 Chris Price	00:23:05
29 Graham Lonsdale	00:23:33
33 Luke Duffill	00:23:51
42 Oceane Price (J)	00:24:45 PB
49 Patricia Bielby	00:25:02
51 Micah Gibson (J)	00:25:19
53 Gillian Taylor	00:25:22
58 Diane Palmer	00:25:29
61 Maelys Price (J)	00:25:44 PB
64 Kara Mainprize	00:26:00
69 Emma Richardson	00:26:09
70 Simon Porter	00:26:17
76 Jonathan Ogden	00:26:40
80 Alan Feldberg	00:27:01
88 Heidi Baker	00:27:33
93 Ian Haywood	00:27:44
106 Tom Woodhouse	00:28:30
117 Trish Watson	00:29:55
120 Pete Royal	00:29:59
128 Jane Welbourn	00:30:21
129 Zoe Ellis-Cornell	00:30:21
134 Anne Kelly	00:30:33
140 Lucinda Gibson	00:31:10
141 Charlotte Jallow	00:31:20 PB
144 Emma Choat	00:31:25
166 Kevin Sissons	00:32:55
170 Jane Probett	00:33:18
171 Damian Probett	00:33:19
182 Ellis Hodges	00:34:10
184 Becky Lawry	00:34:11
186 Catherine Brittan	00:34:16
190 Sam Adams	00:34:40
191 Dave Pring	00:34:41
192 Amanda Porter	00:34:41
201 Kirsten Porter	00:35:24
213 James Briggs	00:36:34
237 Cindy Baker	00:43:35
246 Janet Downes	00:44:50
250 Karen Creed	00:45:46

Dalby Forest parkrun 5K - 20th May

44 Stuart Gent	00:25:53
55 James Ellerker (J)	00:27:38
56 Simon Ellerker	00:27:39
63 Lynda Gent	00:28:08 PB
93 Dave Foster	00:32:32

Eden Project parkrun 5K - 20th May

Club Results 2023

96 Les Thornton 00:27:31

North Yorkshire Water Park parkrun 5K - 20th May

3 Tom Mullen 00:18:35
 4 Dominic Bond 00:19:01
 7 Richard Kirkpatrick 00:20:42 PB

Penrith parkrun 5K - 20th May

122 Kay Walters 00:25:39

Rother Valley parkrun 5K - 20th May

186 Paul Brown 00:27:45

Skipton parkrun 5K - 20th May

152 Rob Calthorpe 00:43:39
 153 Tina Calthorpe 00:43:39

Trelissick parkrun 5K - 20th May

48 Andrew Gibson 00:27:15 PB

Outlaw Half Triathlon, Nottingham - 21st May

	Swim	Bike	Run	Total
845 Adam Thomas (Got a puncture after hitting a pot hole)	00:44:00	03:33:02	01:50:06	06:16:52

Dalby Forest Duathlon - 21st May

4 Simon Walters 02:38:02 2nd Svet

Great West Half Marathon - 21st May

	Chip Time	Gun Time
1267 Kevin Lewis	02:13:48	02:18:46

Racebest Leeds 5K Series - 24th May

	Chip Time	Gun Time
33 Paul Good	00:19:35	00:19:37

Sewerby parkrun 5K - 27th May

1 Phill Taylor 00:17:52
 6 Nick Jordan 00:19:38
 7 Paul Good 00:19:56 PB
 12 Adam Dyas 00:20:42 PB
 18 Richard Kirkpatrick 00:21:24
 19 Steve Wilson 00:21:28 PB
 20 Micah Gibson (J) 00:21:39
 24 Ashley Porter 00:22:03
 36 Ted Imeson (J) 00:22:50
 37 Chris Price 00:22:51
 41 Alan Feldberg 00:23:09
 48 Tyler Choat (J) 00:23:27
 51 Luke Duffill 00:23:33

Club Results 2023

64	Oceane Price (J)	00:24:26
67	Amy Fowler	00:24:48
71	Graham Lonsdale	00:25:06
79	Gillian Taylor	00:25:47
80	Erin Gummerson (J)	00:25:48
81	Jason Pointez	00:25:51
82	Louise Taylor	00:25:52
86	Maelys Price (J)	00:25:59
91	Jonathan Ogden	00:26:05
100	Clare Gummerson	00:26:23
109	Patricia Bielby	00:26:45
118	Heidi Baker	00:27:08
123	Allan Clayton	00:27:18
124	Simon Porter	00:27:24
147	Stuart Gent	00:28:23
169	Lily Choat (J)	00:29:05 PB
170	Justin Choat	00:29:05
190	Lynda Gent	00:30:00
197	Emma Choat	00:30:38
203	Alexander Fynn (J)	00:31:14
204	Lucinda Gibson	00:31:21
218	Kevin Sissons	00:32:31
233	Dave Pring	00:33:18
251	Catherine Brittan	00:34:16
263	Mary Yates	00:35:14
283	Janet Potter	00:36:18
284	Janet Downes	00:36:18
285	Amanda Porter	00:36:19
290	Kirsten Porter	00:36:46
303	Debbie Duffill	00:39:42
311	James Briggs	00:41:38
327	Dian Rewston	00:45:29
339	Linda Hall	00:49:53
347	Anne Kelly	00:57:45 Tail Walker

Morcambe Prom parkrun 5K - 27th May

11	Tom Mullen	00:18:39
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North Yorkshire Water Park parkrun 5K - 27th May

4	Dominic Bond	00:19:14
12	Simon Walters	00:20:51
66	Ian Haywood	00:26:07 PB
86	Les Thornton	00:27:07
169	Paul Brown	00:34:38

The Cinder Track parkrun 5K - 27th May

124	Dave Foster	00:32:14
146	Wendy Foster	00:37:22

EMF Edinburgh 10K - 27th May

Club Results 2023

	Chip Time	Gun Time
1426 Paul Raper	01:08:14	01:10:34

EMF Edinburgh Half Marathon - 28th May

	Chip Time	Gun Time
8467 Di Raper	02:23:31	02:37:28

EMF Edinburgh Marathon - 28th May

	Chip Time	Gun Time
5786 Julie McPheat	05:03:30	05:06:46

Goole Riverbank Challenge 10K - 28th May

	Chip Time	Gun Time	
128 Damian Probett	00:50:10	00:50:20	
146 Patricia Bielby	00:51:42	00:51:49	1st FV70
169 Stuart Gent	00:53:20	00:53:53	
231 Paul Brown	00:57:38	00:59:32	3rd MV70
243 Lynda Gent	00:59:00	00:59:40	
295 Jane Probett	01:04:59	01:05:41	
320 Anne Kelly	01:08:28	01:09:09	

Cleethorpes Athletics Club Open Meeting - 29th May

80 U11W A1

2 Oceane Price	13.12
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80 U11W A2

8 Brooke Adams	15.36
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80 U11W B

4 Oceane Price	13.23
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100 U13W A1

6 Kyra Leary	16.85
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100 U13W A2

8 Hope Adams	17.82
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600 U11W

1 Oceane Price	2:04.72
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3000 SX

6 Joanna Dagnan	11:36.13
7 Josh Taylor	11:51.48

70HU13W U13W 1

5 Kyra Leary	16.29
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70HU13W U13W 2

6 Hope Adams	17.85
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75HU13M U13M 2

3 Teddy Imeson	16.93
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LJ SX 3

9 Oceane Price	2.89
21 Brooke Adams	1.71

LJ SX 4

13 Teddy Imeson	3.46
21 Kyra Leary	3.04

SP2.72K U13W

Club Results 2023

2 Hope Adams 5.01

CoH Champagne League, Brough 4 miles - 30th May

109 Heidi Baker 00:33:46
150 Dave Foster 00:42:29

BRR Kilham Twin Peaks Challenge - 1st June

	Uphill	Downhill	Combined	Ratio
Heidi Baker	9.01	9.51	18.52	47.79%
Lily Choat	10.02	8.22	18.24	54.53%
Tyler Choat	7.38	6.20	13.58	54.65%
Stuart Gent	8.25	6.50	15.15	55.19%
Michelle England	9.40	7.48	17.28	55.34%
Charlie Johnson	8.56	7.06	16.02	55.72%
Anne Kelly	10.59	8.42	19.41	55.80%
Pat Bielby	8.40	6.49	15.29	55.98%
Andrew Gibson	8.41	6.49	15.30	56.02%
Micah Gibson	7.27	5.50	13.17	56.09%
Kerry Whitehead	8.29	6.38	15.07	56.12%
Cat Moverley	8.16	6.23	14.39	56.31%
Mim Ireland	7.38	5.52	13.30	56.54%
Justin Choat	7.57	6.06	14.03	56.58%
Graham Lonsdale	8.00	6.08	14.08	56.61%
Lucinda Gibson	11.11	8.31	19.42	56.77%
Nicola Fowler	11.35	8.47	20.22	56.87%
Faye McFarlane	10.44	8.07	18.51	56.94%
Paul Brown	9.37	7.10	16.47	57.30%
Lyn Gent	10.23	7.43	18.06	57.37%
Emma Choat	11.46	8.39	20.25	57.63%
Linda Hall	16.36	12.10	28.46	57.71%
Martin Hutchinson	7.24	5.24	12.48	57.81%
Les Thornton	9.33	6.57	16.30	57.88%
Charlotte Jallow	11.39	8.25	20.04	58.06%
Catherine Brittan	11.30	8.16	19.46	58.30%
Dave Foster	13.46	8.22	22.08	62.20%

Sewerby parkrun 5K - 3rd June

2 Phill Taylor 00:18:12
5 Nick Jordan 00:19:24
7 Paul Good 00:19:58
8 Tom Mullen 00:20:02 Pacer
13 Dean Hyde 00:21:18
18 Andy Baker 00:22:00
21 Ashley Porter 00:22:23
23 Damian Probett 00:22:37
29 Alan Feldberg 00:22:59
30 Chris Price 00:22:37
32 Tyler Choat (J) 00:23:08
33 Luke Duffill 00:23:20
34 Justin Choat 00:23:30

Club Results 2023

47	Andrew Gibson	00:24:23	PB
48	Graham Lonsdale	00:24:24	
55	Patricia Bielby	00:24:52	
59	Martin Hutchinson	00:25:01	Pacer
64	Erin Gummerson (J)	00:25:13	
65	Oceane Price (J)	00:25:15	
68	Jason Pointez	00:25:19	
82	Les Thornton	00:26:10	PB
83	Maelys Price (J)	00:26:13	
94	Ian Haywood	00:26:40	
101	Simon Porter	00:26:59	
103	Angela Bailey	00:27:01	
105	Heidi Baker	00:27:07	
120	Chris Humphries	00:28:19	
126	Christie Trower	00:28:35	
135	Trish Watson	00:28:56	
145	Lynda Gent	00:29:56	
146	Stuart Gent	00:30:01	
147	Louise Taylor	00:30:02	Pacer
159	Zoe Ellis-Cornell	00:31:18	
160	Stuart Bowes	00:31:19	
162	Anne Kelly	00:31:35	
175	Jane Probett	00:32:15	
189	Dave Foster	00:33:03	
192	Lily Choat (J)	00:33:22	
193	Catherine Brittan	00:33:28	PB
196	Emma Choat	00:33:32	
207	Sam Adams	00:34:05	
207	Kirsten Porter	00:34:05	Pacer
221	Elizabeth Ingle	00:35:38	
238	Janet Downes	00:37:56	
245	Debbie Duffill	00:39:10	
248	James Briggs	00:39:15	
259	Amanda Porter	00:41:02	Pacer
263	Dian Rewston	00:42:59	Pacer
264	Kevin Sissons	00:43:00	
268	Linda Hall	00:47:19	
282	Pete Royal	00:56:25	Tail Walker

Blackpool parkrun 5K - 3rd June

7 Adam Dyas 00:20:15

Dalby Forest parkrun 5K - 3rd June

1 Adam Thomas 00:19:02 PB

Hull parkrun 5K - 3rd June

23 Joanna Dagnan 00:19:46 PB

Humber Bridge parkrun 5K - 3rd June

101 Paul Brown 00:34:35

North Yorkshire Water Park parkrun 5K - 3rd June

201 Tina Calthorpe 00:44:51

Virtual parkrun 5K - 3rd June

Nicola Fowler 00:28:49

Top of the Wolds 10K Challenge - 4th June

	Chip Time	Gun Time	
2 James Wilson	00:37:11	00:37:11	1st V40
12 Alan Feldberg	00:44:20	00:44:23	
36 Graham Lonsdale	00:49:09	00:49:12	
48 Micah Gibson	00:50:58	00:51:00	
95 Emma Richardson	00:55:46	00:55:53	
96 Stuart Gent	00:55:54	00:56:04	
140 Dominique Webster	00:59:46	00:59:54	
159 Lyn Gent	01:01:54	01:02:09	
173 Bob Eyre	01:03:38	01:03:48	
212 Lucinda Gibson	01:10:00	01:10:09	
223 David Pring	01:13:12	01:13:24	
225 Dave Foster	01:13:23	01:13:36	
241 Tina Calthorpe	01:41:46	01:41:56	3rd LV70
242 Linda Hall	01:49:21	01:49:36	

Humber Bridge 10K - 4th June

	Chip Time	Gun Time
119 Heidi Baker	00:55:44	00:55:50

Orsted Great Grimsby 10K - 4th June

	Chip Time	Gun Time
85 Dominic Bond	00:38:33	00:38:48
327 David Bond	00:44:57	00:45:40
611 Simon Porter	00:49:33	00:50:51
1228 Susan Bond	00:58:55	01:00:29
1350 Kirsten Porter	00:58:16	01:02:24
1352 Amanda Porter	00:58:16	01:02:24

Chocolate 10K, York - 4th June

	Chip Time	Gun Time
9 Andy Baker	00:50:09	00:50:13
190 Dian Rewston	01:41:39	01:42:13

Filey Lions 10K Beach Race - 4th June

38 Christie Trower 00:56:08

Bristol Sprint Triathlon - 4th June

	Swim	Bike	Run	Total
307 Mary Yates	00:33:37	01:05:13	00:31:25	02:17:24

Sledmere Sunset Trail 10K - 9th June

Club Results 2023

	Chip Time	Gun Time	
15 Dominic Bond	00:41:23	00:41:27	
20 Dan Cawthorn	00:42:38	00:42:38	
23 Paul Good	00:43:09	00:43:12	
35 Adam Dyas	00:44:17	00:44:17	
40 Martin Hutchinson	00:45:14	00:45:16	
54 Miriam Ireland	00:46:48	00:46:54	
62 Graham Lonsdale	00:48:09	00:48:14	
73 Micah Gibson	00:49:29	00:49:33	2nd U18
82 Andy Long	00:50:28	00:50:41	
86 Emma Artley	00:50:56	00:51:06	
91 Damian Probett	00:51:29	00:51:29	
93 Cat Moverley	00:51:36	00:51:59	
98 Andrew Gibson	00:51:58	00:52:22	
99 Amy Fowler	00:52:34	00:52:34	
102 Luke Duffill	00:52:21	00:52:52	
125 Diane Palmer	00:54:10	00:54:29	
131 Stuart Gent	00:54:38	00:54:38	
140 Jonathan Ogden	00:55:28	00:58:28	
147 Kelly Palmer	00:55:32	00:55:51	
153 Justine Sutcliffe	00:56:04	00:56:24	
162 Heidi Baker	00:56:41	00:57:05	
168 Tom Fynn	00:57:28	00:57:58	
178 Dominique Webster	00:58:21	00:58:51	
194 Paul Brown	00:58:47	00:59:47	3rd MV70
198 Emilie Cawthorn	00:59:53	01:00:03	
211 Stuart Bowes	01:01:21	01:02:01	
222 Lyn Gent	01:02:48	01:02:48	
284 Anne Kelly	01:06:57	01:07:40	
301 David Foster	01:08:49	01:09:34	
307 Lucinda Gibson	01:11:16	01:11:16	
314 Jane Probett	01:12:37	01:13:22	
338 Janet Downes	01:19:27	01:20:20	
344 Dian Rewston	01:40:13	01:41:07	

Sledmere Sunset Trail Taster - 9th June

11 Oceane Price	00:17:16
17 Charlie Johnson	00:18:17
24 Maelys Price	00:18:51
29 Alexander Fynn	00:20:13

SYRY York Summer 10K - 9th June

	Chip Time	Gun Time
50 Di Raper	01:05:00	01:05:09
55 Paul Raper	01:08:31	01:08:39

Sewerby parkrun 5K - 10th June

5 Adam Thomas	00:19:47
6 Paul Good	00:20:04

Club Results 2023

10 Dean Hyde	00:20:29	
11 Adam Dyas	00:21:01	
19 Andy Baker	00:22:07	
22 Steve Wilson	00:22:15	
25 Martin Hutchinson	00:22:29	
30 Ted Imeson (J)	00:22:57	
31 Tyler Choat (J)	00:22:59	
32 Rebecca Miller (J)	00:23:36	
34 Simon Bekker	00:24:09	
37 Annabelle Miller (J)	00:24:16	
38 Evie Lakes (J)	00:24:17	
43 Patricia Bielby	00:24:57	
45 Jason Pointez	00:25:07	
47 Oceane Price (J)	00:25:21	
48 Alan Feldberg	00:25:22	
52 Amy Fowler	00:25:29	
55 Graham Lonsdale	00:25:39	
56 Micah Gibson (J)	00:25:39	
59 Luke Duffill	00:25:51	
68 Christie Trower	00:26:33	
73 Trish Watson	00:26:47	
77 Heidi Baker	00:26:54	
79 Ian Haywood	00:26:56	
85 Daniel Imeson (J)	00:27:19	
88 Jonathan Ogden	00:27:27	
113 Lynda Gent	00:29:58	
114 Stuart Gent	00:30:02	
129 Lucinda Gibson	00:31:10	
130 Emma Choat	00:31:11	
133 Paul Brown	00:31:28	
138 Kevin Sissons	00:31:54	
140 Karen Jackson	00:32:12	**
142 Lily Choat (J)	00:32:21	
143 Justin Choat	00:32:23	
158 Pete Royal	00:33:41	
162 Anne Kelly	00:33:58	
166 Ellis Hodges	00:34:02	
167 Becky Lawry	00:34:04	
173 Sam Adams	00:35:00	
185 Dave Pring	00:36:06	
195 Janet Downes	00:38:17	
200 Debbie Duffill	00:39:42	
208 James Briggs	00:41:46	
224 Linda Hall	00:50:46	

** = no club name

Dalby Forest parkrun 5K - 10th June

30 Louise Taylor 00:24:42

North Yorkshire Water Park parkrun 5K - 10th June

Club Results 2023

1	Dominic Bond	00:18:30
2	Tom Mullen	00:18:35
6	Simon Walters	00:20:04
28	Dave Bond	00:23:02
68	Simon Porter	00:26:24
105	Susan Bond	00:30:32
144	Amanda Porter	00:35:12
174	Rob Calthorpe	00:43:48

Virtual parkrun 5K - 10th June

Nicola Fowler	00:28:20
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Dalby Inferno - 10th June

Allan McFarlane - 7 Laps

Run for All Hull 10K - 11th June

	Chip Time	Gun Time	
20	Nick Jordan	00:38:35	00:38:35
24	Joe Shepherdson	00:38:59	00:38:59
95	Steve Wilson	00:45:36	00:45:36
205	Andy Long	00:49:28	00:49:57
409	Kara Mainprize	00:55:14	00:55:37
486	Jane Welbourn	00:56:49	00:57:13

Hull County AA Open Series, Costello, Hull - 11th June

600 U11X 2

2	Alfie Verner	02:05.01
3	Oceane Price	02:05.49
9	Lily Choat	02:35.26

800 U13X 4

5	Tyler Choat	03:03.26
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1500 SX

4	James Wilson	04:36.1
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3000 SX

3	James Wilson	09:54.04
12	Erin Gummerson	12:15.90
15	Claire Gummerson	12:49.05

10000 SX

1	James Wilson	36:47.26
5	Jo Dagnan	40:42.79 1st Lady

75HU13M U13M

3	Teddy Imeson	16.53
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80HU15M U15M

2	Daniel Imeson	18.36
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U U11X 1

6	Alfie Verner	2.58
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U U11X 1

7	Lily Choat	1.73
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U U11X 2

1	Oceane Price	3.20
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Club Results 2023

U13X 2

6 Teddy Imeson	3.39
8 Tyler Choat	3.15

J U15M

3 Daniel Imeson	3.77
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DT0.75K U13W

3 Maelys Price	12.55
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JT600 U15M

2 Daniel Imeson	16.34
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Hardmoors White Horse Trail Marathon - 11th June

7 Danny Brunton	04:48:21
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Hardmoors White Horse Trail Half Marathon - 11th June

32 Richard Kirkpatrick	02:58:29
159 Di Raper	04:32:04

CoH Champagne League, Kiplingcotes Crossroads 5.5miles - 13th June

Handicap Race	Fin Time	H'cap	Actual Time
59 Dave Foster	01:18:51	00:24:00	00:54:51
129 Heidi Baker	01:23:16	00:35:45	00:47:31

Otley 10 Mile - 14th June

	Chip Time	Gun Time
56 Paul Good	01:10:18	01:10:21

Sewerby parkrun 5K - 17th June

1 James Wilson	00:17:30
3 Nick Jordan	00:19:09
4 Paul Good	00:19:28 PB
6 Phill Taylor	00:19:43
12 Dean Hyde	00:20:23
15 Adam Dyas	00:20:49
17 Josh Taylor	00:21:01
21 Martin Hutchinson	00:21:26
25 Simon Ellerker	00:21:49
26 Andy Baker	00:21:52
30 Rebecca Miller (J)	00:22:48
32 Damian Probett	00:22:51
39 Annabelle Miller (J)	00:23:36
41 Erin Gummerson (J)	00:23:41
42 Simon Bekker	00:23:44
43 Graham Lonsdale	00:23:46
44 Luke Duffill	00:23:48
50 Joshua Miller (J)	00:24:14
51 Ted Imeson (J)	00:24:14
53 Keren Miller	00:24:17
54 Jason Pointez	00:24:18
55 Tyler Choat (J)	00:24:18
58 Greg Miller	00:24:28

Club Results 2023

70	Oceane Price (J)	00:24:59
74	Adam Thomas	00:25:07
75	Gillian Taylor	00:25:11
76	Louise Taylor	00:25:13
82	Trish Watson	00:25:50
88	Allan Clayton	00:26:14
91	Jonathan Ogden	00:26:21
102	Heidi Baker	00:27:17
103	Angela Bailey	00:27:17
119	Paul Brown	00:28:08
141	Lynda Gent	00:29:42
146	Stuart Gent	00:29:51
147	Lily Choat (J)	00:29:54
148	Simon Porter	00:29:54
149	Justin Choat	00:29:55
151	Zoe Ellis-Cornell	00:30:07
153	Emma Choat	00:30:22
155	Chris Humphries	00:30:47
160	Kevin Sissons	00:31:32
173	Charlotte Jallow	00:32:28
186	Pete Royal	00:33:45
192	Dave Pring	00:34:09
195	Sam Adams	00:34:58
223	Amanda Porter	00:37:53
224	Janet Downes	00:37:57
230	James Briggs	00:38:39
232	Mary Yates	00:39:05
236	Rob Calthorpe	00:39:55
237	Debbie Duffill	00:39:56
248	Tina Calthorpe	00:43:47
262	Cindy Baker	01:02:14
265	Linda Hall	01:02:16

Dalby Forest parkrun 5K - 17th June

70	Stuart Bowes	00:29:11
119	Dan Cawthorn	00:36:42

Hull parkrun 5K - 17th June

40	Richard Kirkpatrick	00:20:42
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North Yorkshire Water Park parkrun 5K - 17th June

2	Tom Mullen	00:18:54
3	Dominic Bond	00:19:01
17	Micah Gibson (J)	00:21:26 PB
34	Dave Bond	00:23:14
54	Andrew Gibson	00:25:09 PB
68	Emma Richardson	00:25:57
130	Susan Bond	00:30:52
136	Lucinda Gibson	00:31:13

Club Results 2023

Virtual parkrun 5K - 17th June

James Briggs (1)	00:19:24
James Briggs (2)	00:23:26
Nicola Fowler	00:27:31

EHH 5k Race Series. Ennerdale - 20th June

5 James Wilson	00:16:58
22 Paul Good	00:19:13
26 Jo Dagnan	00:19:42
31 Steve Wilson	00:20:32

Sandal Beat 7K Trail Race - 21st June

	Chip Time	Gun Time
13 Paul Good	00:26:53	00:26:54

BRR Carnaby Canter 10K - 22nd June

	Actual Time	Target Time
1 Scott Hargreaves	00:35:23	00:35:06
2 Phill Taylor	00:39:15	00:36:54
3 James Briggs	00:40:31	00:40:06
4 Paul Good	00:40:44	00:42:19
5 Simon Walters	00:42:29	00:43:30
6 Adam Dyas	00:44:13	00:44:12
7 Martin Hutchinson	00:44:31	00:46:02
8 Micah Gibson (J)	00:45:46	00:45:37
9 Nick Craggs	00:47:42	00:45:12
10 Simon Ellerker	00:47:52	00:46:02
11 Dominic Bond	00:48:34	00:40:16
12 Dave Bond	00:48:38	00:48:17
13 Chris Price	00:49:12	00:48:31
14 Cat Moverley	00:50:04	00:49:50
15 Graham Lonsdale	00:50:12	00:48:50
16 Andrew Gibson	00:51:39	00:52:33
17 Kerry Whitehead	00:51:48	00:52:30
18 Kelly Palmer	00:51:49	00:49:54
19 Alan Feldberg	00:52:28	00:43:02
20 Gillian Taylor	00:53:27	00:54:14
21 Patricia Bielby	00:54:24	00:53:04
22 Diane Palmer	00:54:25	00:53:15
23 Stuart Gent	00:55:26	00:51:08
24 Allan Clayton	00:55:39	00:56:53
25 Paul Brown	00:56:29	00:59:25
26 Emma Richardson	00:56:54	00:55:21
27 Damian Probett	00:57:19	00:47:18
28 Andy Baker	00:59:20	00:46:40
29 Michelle England	01:01:01	01:03:01
30 Bob Eyre	01:01:44	01:02:04
31 Lynda Gent	01:01:50	01:03:30
32 Emma Artley	01:01:54	00:50:40
33 Stuart Bowes	01:03:49	01:03:49

Club Results 2023

34 Heidi Baker	01:04:46	00:57:23
35 Emma Choat	01:06:10	01:05:58
36 Becky Lawry	01:06:24	01:13:55
37 Nicola Fowler	01:07:49	01:00:55
38 Charlotte Jallow	01:09:01	01:09:04
39 Catherine Brittan	01:09:21	01:13:20
40 Faye McFarlane	01:09:53	01:09:42
41 Lucinda Gibson	01:10:40	01:07:38
42 Dave Foster	01:10:56	01:04:59
43 Tina Calthorpe	01:30:54	01:29:45

Sewerby parkrun 5K - 24th June

1 Phill Taylor	00:18:47	
3 Nick Jordan	00:19:42	
10 Dean Hyde	00:21:21	
13 Steve Wilson	00:21:54	
20 Tyler Choat (J)	00:22:35	
21 Richard Kirkpatrick	00:22:38	
31 Ted Imeson (J)	00:23:50	
33 Martin Hutchinson	00:23:59	Pacer
35 Simon Bekker	00:24:05	
37 Daniel Imeson (J)	00:24:15	PB
46 Damian Probett	00:24:30	
47 Jason Pointez	00:24:33	
48 Luke Duffill	00:24:43	
50 Oceane Price (J)	00:24:46	
54 Andrew Gibson	00:25:08	
58 Keren Miller	00:25:30	
60 Greg Miller	00:25:32	
61 Amy Fowler	00:25:34	
66 Maelys Price (J)	00:26:03	
87 Joshua Miller (J)	00:27:22	
88 Rebecca Miller (J)	00:27:23	
89 Evie Lakes (J)	00:27:23	
95 Jonathan Ogden	00:27:47	
102 Micah Gibson (J)	00:28:10	
106 Emilie Cawthorn	00:28:38	Strava - No Barcode
115 Chris Price	00:28:59	
124 Ian Haywood	00:29:59	
129 Lynda Gent	00:30:29	
130 Stuart Gent	00:30:30	
131 Zoe Ellis-Cornell	00:30:35	
136 Emma Choat	00:30:42	
156 Kevin Sissons	00:33:16	
157 Dave Foster	00:33:22	
174 Pete Royal	00:34:48	
177 Lily Choat (J)	00:35:14	
178 Sam Adams	00:35:15	
185 Justin Choat	00:35:33	
200 James Briggs	00:37:04	

Club Results 2023

225 Mary Yates 00:41:28
 226 Debbie Duffill 00:41:29

Beverley Westwood parkrun 5K - 24th June

201 Paul Brown 00:36:11

Lincoln parkrun 5K - 24th June

175 Danielle Whitehouse 00:31:11

North Yorkshire Water Park parkrun 5K - 24th June

1 James Wilson 00:17:30
 4 Dominic Bond 00:18:37
 5 Tom Mullen 00:19:21
 6 Paul Good 00:19:37 PB
 21 Simon Walters 00:21:35
 50 Dave Bond 00:24:12
 149 Susan Bond 00:31:16
 208 Rob Calthorpe 00:40:04

Virtual parkrun 5K - 24th June

Nicola Fowler 00:28:14
 Sandra Orlando 00:44:27

Kong Lakes Ultra Long - 24th June

22 Mike Hall 18:10:44 2nd MV50

Lakeland 5 Passes Ultra - 24th June

17 Danny Brunton 07:09:35

Endure 24 Bramham Park - 24/25th June

Solo		Laps
5 Andy Long	22:49:57	20
90 Janet Downes	23:54:03	10
91 Amanda Porter	23:59:58	10
92 Kirsten Porter	23:59:58	10
129 Simon Porter	23:59:59	10
130 Ashley Porter	24:00:05	10
Mixed Pair		
1 Snail & Pace	24:17:09	24
Andy Baker		
Karyn Hoggard		
Mixed Small Team		
6 Rock the Joints	24:00:54	31
Alan Feldberg		
Clare Gummerson		
Miriam Ireland		
Adam Dyas		
Mixed Large Team		
31 Wendy's Winners	23:48:28	25
Wendy Foster		

Club Results 2023

Heidi Baker
 Graham Lonsdale
 David Pring
 Kerry Whitehead
 Di Raper
 Paul Raper
 Linda Hall

CoH Champagne League, Wauldby Green 8.4miles - 27th June

Handicap Race	Fin Time	H'cap	Actual Time
102 Dave Foster	02:27:43	00:50:00	01:37:43
112 Heidi Baker	02:29:18	01:00:00	01:29:18

Sewerby parkrun 5K - 1st July

6 Paul Good	00:20:01	
9 Phill Taylor	00:20:56	
10 Simon Walters	00:20:59	
13 Adam Dyas	00:21:16	
15 Steve Wilson	00:21:25 PB	
17 Micah Gibson (J)	00:21:50	
26 Josh Taylor	00:22:50	
29 Ted Imeson (J)	00:23:01	
32 Chris Price	00:23:25	
35 Luke Duffill	00:23:35	
39 Tyler Choat (J)	00:24:01	
43 Jason Pointez	00:24:07	
55 Gillian Taylor	00:25:26	
58 Oceane Price (J)	00:25:30	
60 Patricia Bielby	00:25:43	
63 Graham Lonsdale	00:25:48	
67 Jonathan Ogden	00:26:01	
68 Allan Clayton	00:26:09	
73 Maelys Price (J)	00:26:29	
77 Alan Feldberg	00:26:48	
78 Trish Watson	00:26:52	
93 Jasmine Jallow (J)	00:27:51	**
94 Heidi Baker	00:27:55	
95 Simon Porter	00:27:59	
105 Stuart Gent	00:28:29	
125 Alexander Fynn (J)	00:29:14	
128 Zoe Ellis-Cornell	00:29:35	
129 Paul Brown	00:29:36	
140 Emma Choat	00:30:19	
144 Florence Kirkpatrick (J)	00:30:29	
145 Richard Kirkpatrick	00:30:29	
150 Lily Choat (J)	00:30:50	
152 Justin Choat	00:30:56	
155 Lucinda Gibson	00:31:04	
156 Stuart Bowes	00:31:11	
163 Charlotte Jallow	00:31:46	

Club Results 2023

169 Pete Royal	00:32:15
180 Catherine Brittan	00:32:46 PB
186 Anne Kelly	00:33:03
199 Mary Yates	00:33:51
207 Sam Adams	00:34:35
213 Dave Pring	00:35:02
230 James Briggs	00:38:08
251 Debbie Duffill	00:41:27
255 Janet Downes	00:43:50
264 Dave Foster	00:48:19
265 Linda Hall	00:48:46
266 Wendy Foster	00:48:47
280 Cindy Baker	01:01:55
282 Kevin Sissons	01:01:57 Tail Walker

** = no club name

North Yorkshire Water Park parkrun 5K - 1st July

4 Dominic Bond	00:18:08
10 Martin Hutchinson	00:20:26
37 Dave Bond	00:24:00

Sandringham parkrun 5K - 1st July

1 James Wilson	00:17:54
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Virtual parkrun 5K - 1st July

Miriam Ireland	00:24:35
Tom Fynn	00:28:30
Nicola Fowler	00:28:53

Withernsea 5 Mile - 2nd July

	Actual Tme	Target Time
9 Nick Jordan	00:30:44 1st MV40	00:31:51
14 Paul Good	00:31:52	00:32:43
16 Jo Dagnan	00:32:03 2nd F & 1st LV40	00:32:53
21 Steve Wilson	00:34:43	00:35:27
30 Graham Lonsdale	00:36:13 1st MV55	00:38:15
42 Kelly Palmer	00:37:46	00:39:03
63 Diane Palmer	00:40:33 1st LV55	00:42:18
76 Heidi Baker	00:42:52	00:44:42
132 Rob Calthorpe	01:03:30	01:06:20
134 Tina Calthorpe	01:08:14	01:09:06

EHH 5k Race Series, West Park - 4th July

4 James Wilson	00:16:50
14 Jo Dagnan	00:18:51 1st F & 1st LV35 to 45
16 Paul Good	00:18:55
22 Steve Wilson	00:19:43
24 Martin Hutchinson	00:19:59

Sewerby parkrun 5K - 8th July

Club Results 2023

4 James Briggs	00:18:56	
6 Nick Jordan	00:19:30	
7 Phill Taylor	00:20:26	
9 Adam Dyas	00:20:48	
12 Steve Wilson	00:20:57	PB
15 Josh Taylor	00:21:08	
21 Ted Imeson (J)	00:21:58	
24 Micah Gibson	00:22:42	
29 Chris Price	00:23:07	
30 Tyler Choat (J)	00:23:08	
35 Rebecca Miller (J)	00:23:13	
42 Jason Pointez	00:23:40	
44 Graham Lonsdale	00:23:48	
45 Cat Moverley	00:23:57	
49 Luke Duffill	00:24:15	
51 Greg Miller	00:24:22	
53 Oceane Price (J)	00:24:35	
62 Gillian Taylor	00:24:55	
67 Andy Baker	00:25:14	
69 Patricia Bielby	00:25:23	
70 Evie Lakes (J)	00:25:31	
75 Louise Taylor	00:26:03	
78 Amy Fowler	00:26:10	
79 Trish Watson	00:26:13	
81 Diane Palmer	00:26:19	
82 Maelys Price (J)	00:26:30	
89 Jonathan Ogden	00:26:42	
91 Ian Haywood	00:27:00	
93 Heidi Baker	00:27:12	
100 Michelle England	00:27:44	PB **
104 Martin Hutchinson	00:28:00	
109 Stuart Gent	00:28:28	
111 Alexander Fynn (J)	00:28:33	PB
143 Lucinda Gibson	00:31:10	
154 Catherine Brittan	00:32:45	PB
157 Kevin Sissons	00:33:07	
161 Lily Choat (J)	00:33:21	
162 Emma Choat	00:33:22	
180 Becky Lawry	00:34:21	
181 Dave Pring	00:34:28	
189 Dave Foster	00:35:32	
196 Hope Adams (J)	00:36:11	
197 Sam Adams	00:36:15	
212 Wendy Foster	00:38:08	
216 Rob Calthorpe	00:38:58	
225 Janet Downes	00:39:45	
226 Debbie Duffill	00:39:50	
236 Tina Calthorpe	00:44:05	
238 Kirsten Porter	00:44:30	
239 Carole Pickburn	00:46:22	

Club Results 2023

240 Lynda Gent	00:47:45
244 Cindy Baker	00:47:58
245 Linda Hall	00:47:59

**** = no club name in Results**

Beverley Westwood parkrun 5K - 8th July

10 Paul Good	00:20:32
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Goole parkrun 5K - 8th July

134 Paul Brown	00:32:59
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Hull parkrun 5K - 8th July

10 Adam Thomas	00:19:20
288 Amanda Porter	00:29:39
289 Simon Porter	00:29:40

North Yorkshire Water Park parkrun 5K - 8th July

5 Tom Mullen	00:19:00
6 Simon Walters	00:20:10
13 Dominic Bond	00:20:49
36 Dave Bond	00:23:55
109 Susan Bond	00:30:59

Yarborough Leisure Centre parkrun 5K - 8th July

5 Joanna Dagnan	00:19:18	2nd F
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Peace Valley parkrun 5K, USA - 8th July

2 Damian Probett	00:21:45
21 Jane Probett	00:31:51

Virtual parkrun 5K - 8th July

Miriam Ireland	00:25:35
Dominique Webster	00:31:16
Nicola Fowler	00:33:18
Caroline McFarlane	00:34:50
Sandra Orlando	00:45:45

Hollybank Eccup 10 Miles - 9th July

	Chip Time	Gun Time
44 Dominic Bond	01:04:13	01:04:22

See York Run York University Challenge - 9th July

Paul Raper	03:01:23	6 laps	13.2 miles
Di Raper	02:18:01	4 laps	8.8 miles

CoH Champagne League, Kiplingcotes 5.1 miles - 11th July

105 Heidi Baker	00:45:37
130 Dave Foster	00:52:06

Specsavers Walkington 10K - 14th July

Club Results 2023

	Chip Time	Gun Time	
23 Dominic Bond	00:38:16	00:38:22	
35 Paul Good	00:40:15	00:40:18	
75 Josh Taylor	00:43:56	00:44:03	
77 Adam Dyas	00:44:02	00:44:05	
120 Erin Gummerson	00:46:25	00:46:42	1st LU19
127 Clare Gummerson	00:46:46	00:47:03	2nd LV45
149 David Bond	00:47:31	00:47:51	
185 Andrew Gibson	00:49:17	00:49:35	
227 Gillian Taylor	00:51:29	00:51:39	3rd LV50
318 Dominique Webster	00:55:40	00:55:59	
355 Heidi Baker	00:57:18	00:57:46	
363 Paul Brown	00:57:00	00:58:11	3rd MV70
468 David Pring	01:05:45	01:06:03	

Sewerby parkrun 5K - 15th July

1 James Wilson	00:18:00	
4 Nick Jordan	00:19:57	
5 Phill Taylor	00:20:59	
6 Paul Good	00:21:00	
12 Adam Dyas	00:21:36	
22 Simon Ellerker	00:22:55	
25 Chris Price	00:23:08	
32 Jason Pointez	00:24:07	
34 Simon Bekker	00:24:29	
50 Andrew Gibson	00:25:31	
52 Greg Miller	00:25:32	
62 Trish Watson	00:26:19	
71 Patricia Bielby	00:26:45	
98 Michelle England	00:28:43	**
101 Ian Haywood	00:28:52	
112 Stuart Bowes	00:29:35	
118 Paul Brown	00:30:09	
119 Stuart Gent	00:30:16	
128 James Briggs	00:30:46	
140 Lucinda Gibson	00:31:46	
142 Kevin Sissons	00:32:03	
145 Anne Kelly	00:32:39	
149 Micah Gibson	00:32:46	
154 Ellis Hodges	00:33:24	
155 Dave Pring	00:33:25	
157 Pete Royal	00:33:35	
158 Sam Adams	00:33:38	
159 Becky Lawry	00:33:40	
172 Catherine Brittan	00:34:51	
191 Elizabeth Ingle	00:37:38	
207 Debbie Duffill	00:40:11	
227 Linda Hall	00:47:21	

**** = no club name in Results**

Beverley Westwood parkrun 5K - 15th July

16 Andy Baker	00:22:50	PB
189 Cindy Baker	00:57:11	

Dalby Forest parkrun 5K - 15th July

136 Tina Calthorpe	00:44:23	
137 Rob Calthorpe	00:44:23	

Exmouth parkrun 5K - 15th July

13 Dean Hyde	00:19:25	
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Lincoln parkrun 5K - 15th July

139 Danielle Whitehouse	00:29:45	
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North Yorkshire Water Park parkrun 5K - 15th July

9 Ashley Porter	00:21:00	
14 Dominic Bond	00:22:02	
19 Graham Lonsdale	00:22:21	
36 Tyler Choat (J)	00:23:26	
47 Dan Cawthorn	00:24:23	
76 Kirsten Porter	00:26:39	PB
77 Simon Porter	00:26:39	
91 Oceane Price (J)	00:27:43	
111 Lily Choat (J)	00:29:24	PB
112 Justin Choat	00:29:24	
113 Emma Choat	00:29:28	PB
122 Dave Bond	00:30:16	
124 Susan Bond	00:30:17	
156 Janet Downes	00:34:09	
157 Amanda Porter	00:34:10	

Virtual parkrun 5K - 15th July

Martin Hutchinson	00:22:31	
Miriam Ireland	00:25:20	
Nicola Fowler	00:28:43	

Bishop Wilton Beast 8.5 Mile Trail - 15th July

	Chip Time	Gun Time
43 Josh Taylor	01:20:18	01:20:19
104 Gillian Taylor	01:38:48	01:38:53

EHH 5k Race Series, East Park - 18th July

4 James Wilson	00:16:41	
14 Paul Good	00:19:09	
17 Jo Dagnan	00:19:16	1st F & 1st LV35-44
20 Steve Wilson	00:19:43	

Laxton 10K - 19th July

6 Scott Hargreaves	00:33:50	
44 Paul Good	00:39:14	

Club Results 2023

77 Martin Hutchinson 00:42:56

Sewerby parkrun 5K - 22nd July

5 Phill Taylor	00:20:26	
11 Adam Dyas	00:20:37	PB
14 Josh Taylor	00:20:50	
17 Steve Wilson	00:21:09	
31 Annabelle Miller (J)	00:22:29	3rd F
34 Graham Lonsdale	00:22:47	
35 Martin Hutchinson	00:22:56	
37 Chris Price	00:23:01	
38 Dan Cawthorn	00:23:04	
42 Jason Pointez	00:23:14	
46 Richard Kirkpatrick	00:23:24	
51 Luke Duffill	00:23:36	
56 Tyler Choat (J)	00:24:01	
64 Oceane Price (J)	00:24:46	
65 Keren Miller	00:24:54	
66 Greg Miller	00:24:55	
68 Gillian Taylor	00:25:00	
72 Andy Baker	00:25:28	
73 Simon Bekker	00:25:33	
77 Damian Probett	00:25:47	
85 Simon Porter	00:26:06	
92 Trish Watson	00:26:22	
97 Angela Bailey	00:26:51	
111 Stuart Gent	00:28:15	
115 Emilie Cawthorn	00:28:24	
117 Paul Brown	00:28:28	
122 Stuart Bowes	00:29:08	
138 Lily Choat (J)	00:30:24	
141 Justin Choat	00:30:26	
162 Kevin Sissons	00:31:34	
165 Lucinda Gibson	00:31:43	
167 Ellis Hodges	00:31:45	
184 Emma Choat	00:32:45	
190 Becky Lawry	00:33:05	
192 Mary Yates	00:33:12	
207 Catherine Brittan	00:34:18	
214 Kath Pike	00:35:13	PB **
228 Dave Pring	00:36:07	
230 Janet Downes	00:36:19	
231 Amanda Porter	00:36:20	
236 James Briggs	00:36:53	
247 Jane Probett	00:39:04	
253 Carole Pickburn	00:43:22	
254 Dian Rewston	00:44:18	
259 Linda Hall	00:48:47	
260 Cindy Baker	00:48:49	
263 Kirsten Porter	00:49:15	

** = no club name in Results

Rushcliffe parkrun 5K - 22nd July

142 Amy Hall 00:26:27

The Cinder Track parkrun 5K - 22nd July

2 Dominic Bond 00:17:51
 21 Dave Bond 00:22:49 PB
 66 Susan Bond 00:28:44

Wetherby parkrun 5K - 22nd July

4 Paul Good 00:20:47

Castle Howard 10K - 23rd July

38 Andrew Gibson 00:59:47
 147 Kirsten Porter 01:22:47
 148 Amanda Porter 01:22:47
 149 Simon Porter 01:22:47

Castle Howard Half Marathon - 23rd July

54 Micah Gibson 01:53:47 2nd M18-19

Castle Howard Triathlon - 23rd July (Cycling cancelled)

112 Adam Thomas 01:26:11
 126 Simon Walters 01:27:31

CoH Champagne League, Lockington 4.3 miles - 25th July

107 Heidi Baker 00:38:05
 115 Dave Foster 00:40:36

Racebest Leeds 5K - 26th July

	Chip Time	Gun Time
45 Paul Good	00:19:04	00:19:07

Sewerby parkrun 5K - 29th July

1 Phill Taylor 00:18:06
 5 Paul Good 00:20:04
 11 Adam Dyas 00:21:27
 20 Tyler Choat (J) 00:22:36
 22 Andy Baker 00:22:47
 23 Martin Hutchinson 00:22:52
 25 Annabelle Miller (J) 00:23:23 2nd F
 26 Chris Price 00:23:24
 28 Simon Bekker 00:23:32 PB
 36 Rebecca Miller (J) 00:23:54
 40 Luke Duffill 00:24:09
 46 Jason Pointez 00:24:32
 48 Damian Probett 00:24:37
 58 Oceane Price (J) 00:25:07

Club Results 2023

62 Simon Porter	00:25:24
65 Graham Lonsdale	00:25:36
69 Maelys Price (J)	00:26:16
73 Keren Miller	00:26:19
78 Allan Clayton	00:26:32
82 Joshua Miller (J)	00:26:57
86 Greg Miller	00:27:04
102 Alan Feldberg	00:27:41
103 Jonathan Ogden	00:27:42
111 Ian Haywood	00:28:03
112 Heidi Baker	00:28:07
114 Kara Mainprize	00:28:16
131 Chris Humphries	00:29:01
132 Jane Welbourn	00:29:02
133 Les Thornton	00:29:02
155 Alexander Fynn (J)	00:30:22
161 Louise Taylor	00:30:59
174 Trish Watson	00:32:09
181 Kevin Sissons	00:32:34
184 Dave Foster	00:32:47
193 Emma Choat	00:33:20
207 Anne Kelly	00:34:01
215 Dave Pring	00:34:26
224 Lily Choat (J)	00:35:16
225 Sam Adams	00:35:16
226 Justin Choat	00:35:22
249 Angela Bailey	00:37:50
254 Janet Downes	00:38:23
255 Elizabeth Ingle	00:38:25
256 Amanda Porter	00:38:26
276 Carole Pickburn	00:45:31
281 Kirsten Porter	00:46:38
288 Linda Hall	00:49:24
289 Cindy Baker	00:49:25
291 James Briggs	00:51:51

Beverley Westwood parkrun 5K - 29th July

70 Amy Hall	00:27:37 PB
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Druridge Bay parkrun 5K - 29th July

87 Stuart Gent	00:29:28
100 Lynda Gent	00:31:06

North Yorkshire Water Park parkrun 5K - 29th July

4 Dominic Bond	00:18:29
34 Dave Bond	00:23:13
101 Susan Bond	00:29:14
189 Rob Calthorpe	00:40:27

Scunthorpe parkrun 5K - 29th July

Club Results 2023

218 Paul Brown 00:34:29

Virtual parkrun 5K - 29th July

Nicola Fowler 00:29:10

Montane Lakeland 100 mile - 30th July

Danny Brunton 34:55:23

South Cave 10K - 30th July

	Chip Time	Gun Time	
18 Nick Jordan	00:38:44	00:38:45	3rd MV40
34 Jo Dagnan	00:40:11	00:40:13	1st LV40
126 Simon Ellerker	00:47:04	00:47:06	
257 Pat Bielby	00:52:44	00:53:03	1st LV70
318 Paul Brown	00:54:19	00:55:48	
530 Anne Kelly	01:05:23	01:05:42	
545 David Pring	01:06:26	01:06:44	

Cranswick 10K - 30th July

	Actual Time	Target Time
1 Scott Hargreaves	00:34:50	00:34:02
3 Joe Sheperdson	00:37:05	00:39:05
6 Adam Thomas	00:40:35	00:40:23
12 Steve Wilson	00:43:40	00:42:52
17 Graham Lonsdale	00:45:36	00:46:22
18 Justin Choat	00:45:50	00:47:25
22 Kelly Palmer	00:47:45	2nd L 00:47:54
32 Dianne Palmer	00:50:21	4th L 00:52:41
40 Heidi Baker	00:55:10	00:56:48
51 Michelle England	00:59:08	00:58:44
69 Emma Choat	01:04:08	01:02:44
74 Janet Downes	01:08:01	01:11:01
75 Catherine Brittan	01:08:13	01:08:57
80 Rob Calthorpe	01:14:26	01:20:20
85 Tina Calthorpe	01:25:34	01:25:18
87 Linda Hall	01:34:20	01:38:20

Howden Ashes 10K - 2nd August

	Chip Time	Gun Time
7 Paul Good	00:39:54	00:39:57
16 Martin Hutchinson	00:44:33	00:44:36

Sewerby parkrun 5K - 5th August

1 Scott Hargreaves	00:17:05	PB
2 Phill Taylor	00:18:46	
4 James Briggs	00:19:01	
6 Tom Mullen	00:19:18	
9 Steve Wilson	00:20:47	PB
12 Adam Dyas	00:21:16	
14 Andy Baker	00:22:10	

Club Results 2023

15 Richard Kirkpatrick	00:22:14
21 Annabelle Miller (J)	00:22:36 2nd F
30 Graham Lonsdale	00:22:52
31 Chris Price	00:22:52
33 Martin Hutchinson	00:23:00
38 Luke Duffill	00:23:59
42 Rebecca Miller (J)	00:24:15
49 Jason Pointez	00:24:40
56 Oceane Price (J)	00:25:19
58 Damian Probett	00:25:39
60 Patricia Bielby	00:25:44
68 Simon Porter	00:26:02
71 Joshua Miller (J)	00:26:09
72 Alan Feldberg	00:26:12
73 Maelys Price (J)	00:26:14
74 Keren Miller	00:26:14
77 Greg Miller	00:26:15
94 Ian Haywood	00:27:08
95 Jasmine Jallow (J)	00:27:19
99 Paul Brown	00:27:32
105 Les Thornton	00:28:07
109 Stuart Gent	00:28:35
114 Christie Trower	00:29:09
116 Trish Watson	00:29:14
129 Stuart Bowes	00:30:04
134 Jonathan Ogden	00:30:26
136 Charlotte Jallow	00:31:14 PB
137 Lynda Gent	00:31:22
138 Jane Welbourn	00:31:22
147 Kevin Sissons	00:31:56
160 Becky Lawry	00:33:19
162 Pete Royal	00:33:35
163 Dave Pring	00:33:43
174 Mary Yates	00:35:18
185 Janet Downes	00:37:15
186 Amanda Porter	00:37:15
190 Debbie Duffill	00:39:21
198 Kirsten Porter	00:45:05
203 Cindy Baker	00:47:20
204 Linda Hall	00:47:21
207 Simon Bekker	00:49:34

North Yorkshire Water Park parkrun 5K - 5th August

15 Dominic Bond 00:21:41

Northallerton parkrun 5K - 5th August

3 Paul Good 00:19:46

Worthing parkrun 5K - 5th August

114 Emma Richardson 00:25:11

Club Results 2023

205 Helena Smith 00:28:38

York parkrun 5K - 5th August

204 Amy Hall 00:25:58

Virtual parkrun 5K - 5th August

Mim Ireland 00:23:53

Nicola Fowler 00:30:32

Rob Calthorpe 00:41:10

Run for All York 10K - 6th August

Chip Time Gun Time

109 Jo Dagnan 00:38:55 00:39:00 1st LV40

3433 Charlotte Garbutt 01:18:31 01:26:50

Hardmoors Farndale 10K Trail Race - 6th August

17 Erin Gummerson 01:26:06 3rd Sen F

18 Clare Gummerson 01:26:07 1st LV40

Ravenscar Rumble Revisited 6.2 Miles - 9th August

49 Martin Hutchinson 00:55:38

57 Allan McFarlane 00:57:38

91 Dave Foster 01:24:37

Sewerby parkrun 5K - 12th August

	Actual Time	Target Time	Points
1 Phill Taylor	00:18:08	00:18:32	48
5 Dominic Bond	00:18:44 PB	00:18:12	34
12 Paul Good	00:20:10	00:19:40	35
13 Dean Hyde	00:20:23	00:20:23	43
20 Steve Wilson	00:21:09	00:20:57	39
22 Adam Dyas	00:21:13	00:21:07	41
27 Mark Abson	00:21:53 **	00:21:53	42
28 Martin Hutchinson	00:22:07	00:20:26	30
31 Micah Gibson	00:22:33	00:22:00	36
32 Graham Lonsdale	00:22:42	00:22:31	40
44 Tyler Choat (J)	00:23:24		
48 Justin Choat	00:23:52	00:22:38	32
49 Clare Gummerson	00:23:56 PB	00:22:33	33
50 Jason Pointez	00:23:57	00:24:07	45
57 Simon Bekker	00:24:25	00:24:29	44
58 Dave Bond	00:24:26	00:22:57	31
60 Erin Gummerson (J)	00:24:28		
61 Damian Probett	00:24:32	00:22:25	29
72 Diane Palmer	00:25:05	00:24:57	44
76 Annabelle Miller (J)	00:25:16		
79 Evie Lakes (J)	00:25:23		
80 Maelys Price (J)	00:25:25 PB		
81 Oceane Price (J)	00:25:27		
82 Amy Fowler	00:25:28	00:25:42	48

Club Results 2023

90 Patricia Bielby	00:25:44	00:25:49	46
96 Keren Miller	00:26:10	00:25:46	41
99 Jonathan Ogden	00:26:19	00:26:46	46
115 Jasmine Jallow (J)	00:27:05 **		
116 Heidi Baker	00:27:07	00:27:10	45
122 Trish Watson	00:27:23	00:26:16	36
129 Ian Haywood	00:27:49	00:27:21	37
131 Angela Bailey	00:27:56	00:27:01	37
132 Les Thornton	00:28:03	00:27:44	38
134 Joshua Miller (J)	00:28:11		
149 Chris Humphries	00:29:25	00:26:19	28
165 Susan Bond	00:30:17	00:29:39	38
167 Charlotte Jallow	00:30:22 PB	00:31:39	49
175 Dave Pring	00:31:08	00:32:50	50
177 Kevin Sissons	00:31:09	00:32:00	49
178 Stuart Gent	00:31:15	00:24:00	27
180 Lynda Gent	00:31:18	00:31:04	43
182 Catherine Brittan	00:31:23 PB	00:33:17	50
188 Lucinda Gibson	00:31:53	00:31:31	42
192 Pete Royal	00:32:25	00:33:06	47
204 Anne Kelly	00:33:02	00:31:31	35
226 Zoe Ellis-Cornell	00:34:40	00:30:04	30
227 Jane Probett	00:34:51	00:31:54	32
245 Elizabeth Ingle	00:36:50	00:36:07	39
249 Janet Downes	00:37:25	00:33:15	31
259 Rob Calthorpe	00:39:32	00:37:40	33
266 Tina Calthorpe	00:43:27	00:41:19	34
267 Dian Rewston	00:44:08	00:44:19	47
272 Carole Pickburn	00:45:46	00:45:03	40

**** = no club name in Results**

Handicap points awarded on a percentage basis - Under/Over Target

Huddersfield parkrun 5K - 12th August

150 Chris Price 00:24:49 PB

North Yorkshire Water Park parkrun 5K - 12th August

139 Paul Brown 00:33:13

Wallaceneuk parkrun 5K - 12th August

1 Scott Hargreaves 00:17:26

34 Dave Foster 00:33:19

York parkrun 5K - 12th August

177 Simon Porter 00:24:37

317 Kirsten Porter 00:28:15

396 Amanda Porter 00:30:27

Virtual parkrun 5K - 12th August

Nick Jordan 00:21:27

Miriam Ireland 00:26:08

Club Results 2023

Nicola Fowler 00:29:38

Sessay Swift 6K - 16th August

	Chip Time	Gun Time
32 Paul Good	00:22:36	00:22:38

Ken Bingley Memorial 10K - 17th August

3 Paul Good	00:40:01
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Sewerby parkrun 5K - 19th August

12 Adam Dyas	00:21:16
17 Steve Wilson	00:21:32
40 Tyler Choat (J)	00:23:27
44 Jason Pointez	00:23:41
47 Allan McFarlane	00:24:01
52 Simon Bekker	00:24:24
54 Justin Choat	00:24:41
58 Oceane Price (J)	00:24:53
67 Josh Taylor	00:25:23
78 Alan Feldberg	00:26:03
83 Allan Clayton	00:26:16
93 Maelys Price (J)	00:26:50
100 Heidi Baker	00:27:22
101 Damian Probett	00:27:23
103 Jasmine Jallow (J)	00:27:27 **
110 Les Thornton	00:27:40
118 Michelle England	00:27:57
130 Ian Haywood	00:28:27
135 Dan Cawthorn	00:28:43
146 Christie Trower	00:29:26
159 Charlotte Jallow	00:30:09 PB
179 Stuart Bowes	00:30:59
182 Stuart Gent	00:31:09
185 Alexander Fynn (J)	00:31:16
187 Catherine Brittan	00:31:23
193 Dave Pring	00:32:07
197 Faye McFarlane	00:32:14
199 Pete Royal	00:32:23
206 Kevin Sissons	00:32:48
207 Trish Watson	00:33:01
224 Caroline McFarlane	00:34:24
230 Lily Choat (J)	00:34:33
233 Emma Choat	00:34:36
236 Mary Yates	00:34:48
244 Anne Kelly	00:35:09
267 Elizabeth Ingle	00:37:11
297 Debbie Duffill	00:41:13
309 Carole Pickburn	00:46:15
304 Dian Rewston	00:48:57
327 Linda Hall	00:52:12

**** = no club name in Results**

Bolton parkrun 5K - 19th August

104 Emma Richardson 00:29:01

Conyngnam Hall parkrun 5K - 19th August

6 Paul Good 00:20:39

Fountains Abbey parkrun 5K - 19th August

283 Chris Humphries 00:31:16

Hull parkrun 5K - 19th August

36 Micah Gibson 00:21:35 PB

66 Chris Price 00:22:56

81 Andrew Gibson 00:24:04 PB

Lincoln parkrun 5K - 19th August

10 Dean Hyde 00:19:40

North Yorkshire Water Park parkrun 5K - 19th August

41 Dominic Bond 00:23:04

55 Dave Bond 00:23:58

197 Rob Calthorpe 00:39:27

208 Tina Calthorpe 00:43:57

Pontefract parkrun 5K - 19th August

135 Kirsten Porter 00:30:06

199 Amanda Porter 00:34:57

ShIPLEY Country parkrun 5K - 19th August

53 Amy Hall 00:28:19

Skipton parkrun 5K - 19th August

27 Simon Ellerker 00:22:56

Wallaceneuk parkrun 5K - 19th August

42 Paul Brown 00:36:47

Wetherby parkrun 5K - 19th August

39 Patricia Bielby 00:26:24

Virtual parkrun 5K - 19th August

James Briggs 00:19:41

Nick Jordan 00:23:04

Hell on the Humber - 19th August

Jane Welbourn 8 Laps 32 miles

Escrick 10K - 20th August

Chip Time Gun Time

Club Results 2023

24 Alan Feldberg	00:40:52	00:40:55
185 Heidi Baker	00:53:48	00:53:53
319 Stuart Gent	01:02:53	01:03:09
320 Lyn Gent	01:02:54	01:03:09

Racebest Leeds 5K - 23rd August

	Chip Time	Gun Time
30 Paul Good	00:19:04	00:19:06

Sewerby parkrun 5K - 26th August

4 James Briggs	00:18:59	
5 Paul Good	00:19:18	PB
6 Nick Jordan	00:19:34	
16 Martin Hutchinson	00:21:11	
19 Mark Abson	00:21:15	PB
30 Simon Ellerker	00:21:57	
38 Chris Price	00:22:41	PB
45 Jason Pointez	00:23:03	
46 Graham Lonsdale	00:23:06	
47 Simon Bekker	00:23:14	PB
53 Micah Gibson	00:23:59	
54 Luke Duffill	00:23:59	
70 Andrew Gibson	00:24:44	
71 Gillian Taylor	00:24:55	
76 Simon Porter	00:25:14	
94 Jasmine Jallow (J)	00:26:37	PB ***
96 Justine Sutcliffe	00:26:43	
97 Ian Haywood	00:26:45	
106 Les Thornton	00:26:57	
108 Heidi Baker	00:27:14	
111 Angela Bailey	00:27:19	
125 Christie Trower	00:28:21	
154 Stuart Bowes	00:29:59	
163 Lynda Gent	00:30:46	
165 Stuart Gent	00:30:48	
172 Kevin Sissons	00:31:07	
177 Karen Jackson	00:31:12	PB ***
180 Dave Pring	00:31:26	
184 Anne Kelly	00:31:44	
185 Paul Brown	00:31:45	
195 Catherine Brittan	00:32:00	
205 Dave Foster	00:32:18	
243 Sam Adams	00:35:12	
263 Janet Downes	00:38:14	
264 Amanda Porter	00:38:15	
275 Mary Yates	00:39:55	
281 Debbie Duffill	00:41:00	
298 Linda Hall	00:46:35	
301 Dian Rewston	00:50:04	
304 Kirsten Porter	00:50:18	

*** = no club name in Results

Blackpool parkrun 5K - 26th August

92 Patricia Bielby 00:25:47

Cleethorpes parkrun 5K - 26th August

3 Phill Taylor 00:17:11

Dalby Forest parkrun 5K - 26th August

26 Richard Kirkpatrick 00:21:43

37 Ted Imeson (J) 00:22:32

165 Rob Calthorpe 00:39:16

173 Tina Calthorpe 00:44:39

Great Yarmouth North Beach parkrun 5K - 26th August

6 Dean Hyde 00:25:03

Hull parkrun 5K - 26th August

51 Tyler Choat (J) 00:21:31

57 Justin Choat 00:21:44

315 Emma Choat 00:29:46 PB

338 Lily Choat (J) 00:31:03 PB

New Earswick parkrun 5K - 26th August

55 Amy Hall 00:25:11

North Yorkshire Water Park parkrun 5K - 26th August

36 Dominic Bond 00:22:24

42 Dave Bond 00:23:24

120 Susan Bond 00:28:45

Virtual parkrun 5K - 26th August

Steve Wilson 00:22:35

Mim Ireland 00:23:00

Tom Mullen 00:26:19

Bridlington RR Naked 5K - 31st August 2023**Target time = 50 mins**

Name	Start Time	Finish Time	Actual Time	Number
1 Lily Choat	33.00	46.28	29.28	79
2 Ellie Binsley	32.00	46.30	28.30	69
3 Kirsten Porter	32.00	46.30	28.30	55
4 Gillian Taylor	27.30	47.55	25.25	46
5 Martin Hutchinson	26.00	48.42	24.42	44
6 Alexander Fynn	29.30	49.00	28.30	53
7 Emilie Cawthorn	30.00	49.11	29.11	61
8 Bob Eyre	30.00	49.12	29.12	47
9 Michelle England	29.00	49.13	28.13	67

Club Results 2023

10	Aidy Stockton	29.00	49.16	28.16	92
11	Christie Trower	29.00	49.17	28.17	91
12	Debbie Duffill	41.00	49.18	40.18	84
13	Dave Pring	33.30	49.21	32.51	54
14	Charlotte Jallow	32.00	49.24	31.24	86
15	Andrew Gibson	28.00	49.24	27.24	59
16	Kay Walters	27.30	49.24	26.54	40
17	Jasmine Jallow	27.30	49.24	26.54	89
18	Mim Ireland	31.00	49.26	30.26	71
19	Lyn Gent	31.00	49.29	30.29	49
20	Pete Royal	32.30	49.35	32.05	52
21	Simon Walters	22.30	49.37	22.07	57
22	Simon Ellerker	30.00	49.46	29.46	38
23	Tyler Choat	25.00	49.48	24.48	80
24	Susan Bond	31.00	49.48	30.48	41
25	Dom Bond	27.30	49.50	27.20	50
26	Les Thornton	28.00	49.51	27.51	64
27	Justin Choat	25.00	49.51	24.51	81
28	Emma Choat	33.00	49.53	32.53	78 3rd lady
29	Adam Thomas	27.30	49.54	27.24	75 3rd man
30	Micah Gibson	27.00	49.57	26.57	60 2nd man
31	Graham Lonsdale	27.00	50.01	27.01	77 1st man
32	Erin Gummerson	26.00	50.02	26.02	73 1st lady
33	Stuart Gent	29.30	50.06	29.36	56
34	Carole Pickburn	45.00	50.06	45.06	48 2nd lady
35	Dave Bond	26.00	50.11	26.11	43
36	Andy Long	27.30	50.12	27.42	74
37	Pat Bielby	27.00	50.15	27.15	88
38	Diane Palmer	27.00	50.17	27.17	87
39	Nicola Fowler	29.30	50.19	29.49	42
40	Kelly Palmer	27.00	50.20	27.20	93
41	Catherine Brittan	32.00	50.22	32.22	68
42	Allan Clayton	28.00	50.24	28.24	65
43	Lucinda Gibson	32.00	50.25	32.25	58
44	Mary Yates	33.00	50.28	33.28	70
45	Ann Kelly	32.00	50.29	32.29	51
46	Clare Gummerson	26.00	50.30	26.30	72
47	Damien Probett	28.30	50.32	29.02	85
48	James Briggs	25.00	50.33	25.33	76
49	Dan Cawthorn	25.00	50.37	25.37	62
50	Helena Smith	29.00	51.07	30.07	39
51	Ian Haywood	35.00	51.12	36.12	63
52	Jane Welbourn	29.00	51.20	30.20	90
53	Emma Richardson	29.00	51.21	30.21	45
54	Linda Hall	46.00	51.37	47.37	83
55	David Foster	34.00	51.42	35.42	66
56	Charlie Johnson	28.00	52.00	30.00	82





=

within 15 seconds of target

28.6%

Club Results 2023

	=	within 60 seconds of target	78.6%
	=	within 120 seconds of target	92.9%

SYRY Autumn 10K - 1st September

	Chip Time	Gun Time
6 Micah Gibson	00:43:51	00:43:53
10 Andrew Gibson	00:49:34	00:49:38
48 Lucinda Gibson	01:05:22	01:05:26
56 Di Raper	01:09:17	01:09:25
57 Paul Raper	01:09:18	01:09:25

Sewerby parkrun 5K - 2nd September

7 Phill Taylor	00:20:10
8 Paul Good	00:20:32
22 Jason Pointez	00:23:07
33 Gillian Taylor	00:24:01 3rd F
35 Graham Lonsdale	00:24:22
36 Chris Price	00:24:26
38 Damian Probett	00:24:38
42 Andy Baker	00:25:05
51 Louise Taylor	00:25:37
52 Allan Clayton	00:25:44
56 Erin Gummerson (J)	00:25:52
65 Les Thornton	00:26:40
69 Ian Haywood	00:27:08
85 Stuart Bowes	00:28:33
87 Heidi Baker	00:28:53
101 Lynda Gent	00:30:02
102 Stuart Gent	00:30:03
114 Micah Gibson	00:31:01
116 Pete Royal	00:31:04
117 Kevin Sissons	00:31:17
122 Trish Watson	00:31:40
125 Anne Kelly	00:31:44
126 Dave Foster	00:31:48
134 Alexander Fynn (J)	00:32:40
144 Lucinda Gibson	00:33:47
149 Catherine Brittan	00:34:29
152 Becky Lawry	00:34:39
176 Janet Downes	00:37:53
184 Amy Hall	00:39:56
189 Debbie Duffill	00:40:18
203 Carole Pickburn	00:45:45
205 Simon Bekker	00:46:11
206 Linda Hall	00:47:20
207 Cindy Baker	00:47:21
209 James Briggs	00:47:23
224 Dian Rewston	00:56:35

Beverley Westwood parkrun 5K - 2nd September

15 Steve Wilson 00:20:54 PB

East Coast Park parkrun 5K, Singapore - 2nd September

18 Mark Abson 00:21:07

Epworth Equestrian parkrun 5K - 2nd September

38 Paul Brown 00:27:49

North Yorkshire Water Park parkrun 5K - 2nd September

6 Dominic Bond 00:20:02
28 Dave Bond 00:23:28
71 Susan Bond 00:28:20
73 Simon Porter 00:28:37
79 Kirsten Porter 00:29:26
100 Amanda Porter 00:31:02 PB

Trentham Gardens parkrun 5K - 2nd September

275 Danielle Whitehouse 00:31:35

Virtual parkrun 5K - 2nd September

Tom Woodhouse 00:20:42
Adam Thomas 00:22:36
Mim Ireland 00:23:41
Elizabeth Ingle 00:38:43

Express to Hornsea 5K - 2nd September

12 Tina Calthorpe 00:44:27

Express to Hornsea 10K - 2nd September

1 Nick Jordan 00:37:46
Rob Calthorpe 01:13:44

Express to Hornsea Half Marathon - 2nd September

2 James Wilson 01:26:48

Express to Hornsea Marathon - 2nd September

Alan Feldberg 03:56:58 Strava

Humber County AA Open Series 3, Scunthorpe - 2nd September

600 U11X 1

5 Lily Choat 02:43.93

600 U11X 2

2 Oceane Price 02:08.03

600 U11X 3

4 Alfie Verner 02:07.59

800 U13X 1

1 Evie Lakes 02:41.06

1200 U13X

4 Tyler Choat 04:37.16

Club Results 2023

5000 SX

5 Jo Dagnan 18:53.78 1st F

75HU13M U13M

3 Teddy Imeson 16.45

80HU15M U15M

2 Daniel Imeson 18.03

1500SCW SX

5 Rebecca Miller 06:41.98

LJ U15X

6 Daniel Imeson 3.64

LJ U13X 2

4 Teddy Imeson 3.47

7 Tyler Choat 2.89

LJ U11X 1

6 Alfie Verner 2.29

LJ U11X 2

1 Oceane Price 3.05

11 Lily Choat 1.56

SP2.72K U13W

3 Maelys Price 4.30

Tholthorpe 10K - 3rd September

	Chip Time	Gun Time
43 Paul Good	00:42:32	00:42:33
44 Martin Hutchinson	00:42:42	00:42:43

Big Half Marathon, London - 3rd September

14216 Nicola Fowler 02:47:29

Belvoir Castle Sprint Triathlon - 3rd September

	Swim	Cycle	Run	Total	
3 Adam Thomas	00:16:21	00:40:52	00:20:31	01:23:00	1st V30

BRR Eddie Knapp Challenge Race 1 - Carnaby Hill Race - 5th September

1 Phill Taylor	00:17:37	M40
2 James Briggs	00:18:12	SM
3 Paul Good	00:18:36	M40
4 Steve Wilson	00:19:51	M40
5 Tom Woodhouse	00:20:04	SM
6 Martin Hutchinson	00:20:45	M55
7 Adam Dyas	00:21:31	SM
8 Josh Taylor	00:21:46	SM
9 Clare Gummerson	00:21:58	L45
10 Mim Ireland	00:22:14	L40
11 Simon Bekker	00:22:42	M45
12 Allan McFarlane	00:23:03	M50
13 Graham Lonsdale	00:23:05	M55
14 Chris Price	00:23:11	M60
15 Kelly Palmer	00:24:12	L35
16 Kerry Whitehead	00:24:40	L40

Club Results 2023

17	Micah Gibson	00:24:56	SM
18	Diane Palmer	00:25:02	L55
19	Cat Moverley	00:25:18	L40
20	Pat Bielby	00:25:23	L70
21=	Ellie Binsley	00:26:32	SL
21=	Kirsten Porter	00:26:32	SL
23	Ellis Hodges	00:26:57	SL
24	Les Thornton	00:27:00	M65
25	Paul Brown	00:27:16	M70
26	Ian Haywood	00:27:37	M50
27=	Kara Mainprize	00:27:46	L35
27=	Michelle England	00:27:46	L55
29	Dom Webster	00:27:47	L45
30	Heidi Baker	00:28:06	L45
31	Dave Foster	00:30:31	M65
32	Bob Eyre	00:30:32	M75
33	Becky Lawry	00:30:42	L50
34=	Amanda Porter	00:30:45	L45
34=	Charlotte Jallow	00:30:45	L45
36	Faye McFarlane	00:31:48	SL
37	Mary Yates	00:33:36	L65
38	Catherine Brittan	00:33:38	L45
39	Lucinda Gibson	00:34:00	L55
40	Tina Calthorpe	00:44:33	L70

Course Records

Phil Taylor	16.50	2019
April Marie Exley	21.46	2019

BRR Eddie Knapp Challenge Race 2 - Beach Race - 6th September

Pos	Name	Time	Cat	
1	Phill Taylor	00:18:25	M40	**
2	James Briggs	00:18:34	SM	
3	Paul Good	00:19:25	M40	
4	Steve Wilson	00:20:10	M40	
5	Tom Woodhouse	00:20:39	SM	
6	Martin Hutchinson	00:21:27	M55	
7	Adam Dyas	00:22:17	SM	
8	Clare Gummerson	00:22:18	L45	**
9	Mim Ireland	00:22:19	L40	
10	Micah Gibson	00:22:31	SM	
11	Josh Taylor	00:22:32	SM	
12	Allan McFarlane	00:22:48	M50	
13	Graham Lonsdale	00:22:56	M55	
14	Chris Price	00:22:58	M60	
15	Simon Bekker	00:23:26	M45	
16	Kelly Palmer	00:24:12	L35	
17	Kerry Whitehead	00:24:38	L40	
18	Diane Palmer	00:24:47	L55	
19	Cat Moverley	00:25:22	L40	

Club Results 2023

20 Pat Bielby	00:26:14	L70
21 Ian Haywood	00:26:53	M50
22 Heidi Baker	00:26:56	L45
23 Ellie Binsley	00:27:00	SL
24 Kirsten Porter	00:27:28	SL
25 Paul Brown	00:27:41	M70
26 Michelle England	00:27:42	L55
27 Kara Mainprize	00:27:43	L35
28 Dom Webster	00:28:24	L45
29 Ellis Hodges	00:28:25	SL
30 Dave Foster	00:29:49	M65
31 Charlotte Jallow	00:30:12	L45
32= Bob Eyre	00:31:06	M75
32= Becky Lawry	00:31:06	L50
32= Amanda Porter	00:31:06	L45
35 Faye McFarlane	00:32:20	SL
36 Catherine Brittan	00:33:02	L45
37 Mary Yates	00:35:10	L65
38 Lucinda Gibson	00:35:16	L55
39 Tina Calthorpe	00:44:52	L70

Course Records

** Phil Taylor	18.25	2023
** Clare Gummerson	22.18	2023

BRR Eddie Knapp Challenge Race 3 - 1 Mile Race - 7th September

Race 4

1 James Briggs	00:05:28
2 Phill Taylor	00:05:40
3 Paul Good	00:05:41
4 Steve Wilson	00:05:44
5 Tom Woodhouse	00:05:50
6 Adam Dyas	00:06:05
7 Josh Taylor	00:06:37
8 Mim Ireland	00:06:44
9 Clare Gummerson	00:06:46

Race 3

1 Micah Gibson	00:06:33
2 Allan McFarlane	00:06:43
3 Graham Lonsdale	00:06:47
4 Chris Price	00:06:51
5 Kelly Palmer	00:06:59
6 Simon Bekker	00:07:00
7 Kerry Whitehead	00:07:22
8 Cat Moverley	00:07:24
9 Diane Palmer	00:07:33
10 Pat Bielby	00:07:45

Race 2

Club Results 2023

1 Kirsten Porter	00:07:22
2 Ellis Hodges	00:07:37
3 Ellie Binsley	00:07:43
4 Ian Haywood	00:07:45
5 Paul Brown	00:07:52
6 Michelle England	00:07:54
7 Kara Mainprize	00:07:55
8 Dom Webster	00:07:56
9 Heidi Baker	00:08:46
10 Dave Foster	00:08:55

Race 1

1 Amanda Porter	00:08:31
2 Faye McFarlane	00:08:37
3 Becky Lawry	00:08:40
4 Bob Eyre	00:08:49
5 Charlotte Jallow	00:09:04
6 Catherine Brittan	00:09:10
7 Lucinda Gibson	00:09:54
8 Mary Yates	00:09:56
9 Tina Calthorpe	00:12:46

Course Records

Phil Taylor	5.05	2019
Mim Ireland	6.37	2022

BRR Eddie Knapp Challenge Race 4 - Kilham 10K - 8th September

Also final race in BRR Summer League Handicap

	Actual		Target	Points
	Time		Time	
1 Phill Taylor	00:36:09	M40	00:38:08	47
2 Dominic Bond	00:36:31		00:38:18	46
3 James Briggs	00:37:22	SM	00:39:57	49
4 Paul Good	00:39:01	M40	00:40:43	44
5 Tom Woodhouse	00:40:33	SM	00:44:05	50
6 Steve Wilson	00:41:14	M40	00:42:37	40
7 Adam Dyas	00:44:17	SM	00:44:59	36
8 Micah Gibson	00:45:19	SM	00:47:14	43
9 Clare Gummerson	00:45:25	L45	00:47:20	43
10 Mim Ireland	00:45:40	L40	00:47:14	40
11 Chris Price	00:46:24	M60	00:48:27	45
12 Graham Lonsdale	00:46:42	M55	00:47:41	37
13 Allan McFarlane	00:46:47	M50	00:46:51	33
14 Dave Bond	00:48:08		00:49:55	41
15 Simon Bekker	00:48:12	M45	00:50:58	48
16 Gillian Taylor	00:49:12		00:51:54	45
17 Kelly Palmer	00:49:14	L35	00:48:34	32
18 Kerry Whitehead	00:50:07	L40	00:51:59	41
19 Diane Palmer	00:50:59	L55	00:52:09	38
20 Kirsten Porter	00:51:17	SL	00:58:54	50

Club Results 2023

21	Josh Taylor	00:51:47	SM	00:44:21	32
22	Pat Bielby	00:52:01	L70	00:54:12	42
23	Simon Porter	00:52:19		00:53:52	39
24	Cat Moverley	00:54:21	L40	00:50:39	28
25	Paul Brown	00:56:25	M70	00:57:41	38
26	Ellie Binsley	00:56:45	SL	01:01:14	49
27	Kara Mainprize	00:56:45	L35	00:55:46	29
28	Michelle England	00:57:07	L55	00:59:45	44
29	Dom Webster	00:57:18	L45	00:57:22	36
30	Ellis Hodges	00:57:18	SL	00:56:44	34
31	Heidi Baker	00:57:54	L45	00:56:58	30
32	Ian Haywood	00:57:57	M50	00:58:24	34
33	Bob Eyre	01:01:25	M75	01:02:00	35
34	Charlotte Jallow	01:01:41	L45	01:05:15	47
35	Dave Foster	01:02:03	M65	01:04:35	42
36	Faye McFarlane	01:05:18	SL	01:08:53	46
37	Amanda Porter	01:06:27	L45	01:05:24	31
38	Becky Lawry	01:06:27	L50	01:11:19	48
39	Catherine Brittan	01:08:47	L45	01:08:24	35
40	Lucinda Gibson	01:10:39	L55	01:09:56	33
41	Mary Yates	01:10:39	L65	01:12:36	39
42	Tina Calthorpe	01:27:14	L70	01:28:58	37

BRR Eddie Knapp Challenge Overall Results

	Beach		Kilham				
	Hill Race	Race	1 Mile	10k	Total	Cat	
1	Phill Taylor	00:17:37	00:18:25	00:05:40	00:36:09	01:17:51	M40
2	James Briggs	00:18:12	00:18:34	00:05:28	00:37:22	01:19:36	SM
3	Paul Good	00:18:36	00:19:25	00:05:41	00:39:01	01:22:43	M40
4	Steve Wilson	00:19:51	00:20:10	00:05:44	00:41:14	01:26:59	M40
5	Tom Woodhouse	00:20:04	00:20:39	00:05:50	00:40:33	01:27:06	SM
6	Martin Hutchinson	00:20:45	00:21:27	00:06:05	00:42:44	01:31:01	M55
7	Adam Dyas	00:21:31	00:22:17	00:06:05	00:44:17	01:34:10	SM
9	Clare Gummerson	00:21:58	00:22:18	00:06:46	00:45:25	01:36:27	L45
10	Mim Ireland	00:22:14	00:22:19	00:06:44	00:45:40	01:36:57	L40
15	Micah Gibson	00:24:56	00:22:31	00:06:33	00:45:19	01:39:19	SM
11	Allan McFarlane	00:23:03	00:22:48	00:06:43	00:46:47	01:39:21	M50
13	Chris Price	00:23:11	00:22:58	00:06:51	00:46:24	01:39:24	M60
12	Graham Lonsdale	00:23:05	00:22:56	00:06:47	00:46:42	01:39:30	M55
14	Simon Bekker	00:22:42	00:23:26	00:07:00	00:48:12	01:41:20	M45
8	Josh Taylor	00:21:46	00:22:32	00:06:37	00:51:47	01:42:42	SM
16	Kelly Palmer	00:24:12	00:24:12	00:06:59	00:49:14	01:44:37	L35
17	Kerry Whitehead	00:24:40	00:24:38	00:07:22	00:50:07	01:46:47	L40
18	Diane Palmer	00:25:02	00:24:47	00:07:33	00:50:59	01:48:21	L55
20	Pat Bielby	00:25:23	00:26:14	00:07:45	00:52:01	01:51:23	L70
22	Kirsten Porter	00:26:32	00:27:28	00:07:22	00:51:17	01:52:39	SL
19	Cat Moverley	00:25:18	00:25:52	00:07:24	00:54:21	01:52:55	L40
21	Ellie Binsley	00:26:32	00:27:00	00:07:43	00:56:45	01:58:00	SL
24	Paul Brown	00:27:16	00:27:41	00:07:52	00:56:25	01:59:14	M70
27	Kara Mainprize	00:27:46	00:27:43	00:07:55	00:56:45	02:00:09	L35

Club Results 2023

23	Ian Haywood	00:27:37	00:26:53	00:07:45	00:57:57	02:00:12	M50
25	Ellis Hodges	00:26:57	00:28:25	00:07:37	00:57:18	02:00:17	SL
26	Michelle England	00:27:46	00:27:42	00:07:54	00:57:07	02:00:29	L55
29	Dom Webster	00:27:47	00:28:24	00:07:56	00:57:18	02:01:25	L45
28	Heidi Baker	00:28:06	00:26:56	00:08:46	00:57:54	02:01:42	L45
30	Dave Foster	00:30:31	00:29:49	00:08:55	01:02:03	02:11:18	M65
31	Charlotte Jallow	00:30:45	00:30:12	00:09:04	01:01:41	02:11:42	L45
33	Bob Eyre	00:30:32	00:31:06	00:08:49	01:01:25	02:11:52	M75
32	Amanda Porter	00:30:45	00:31:06	00:08:31	01:06:27	02:16:49	L45
34	Becky Lawry	00:30:42	00:31:06	00:08:40	01:06:27	02:16:55	L50
35	Faye McFarlane	00:31:48	00:32:20	00:08:37	01:05:18	02:18:03	SL
36	Catherine Britten	00:33:38	00:33:02	00:09:10	01:08:47	02:24:37	L45
37	Mary Yates	00:33:36	00:35:10	00:09:56	01:10:39	02:29:21	L65
38	Lucinda Gibson	00:34:00	00:35:16	00:09:54	01:10:39	02:29:49	L55
39	Tina Calthorpe	00:44:33	00:44:52	00:12:46	01:27:14	03:09:25	L70

Sewerby parkrun 5K - 9th September

2	Phill Taylor	00:18:43	
6	Nick Jordan	00:19:17	
7	Paul Good	00:19:41	
9	James Briggs	00:20:50	
19	Justin Choat	00:22:40	
21	Adam Dyas	00:22:44	
25	Ted Imeson (J)	00:23:02	
26	Tyler Choat (J)	00:23:14	
30	Jason Pointez	00:23:41	
39	Chris Price	00:25:00	
40	Luke Duffill	00:25:01	
46	Allan Clayton	00:25:41	
58	Graham Lonsdale	00:26:27	
63	Jasmine Jallow (J)	00:26:50	No Club Name
66	Jonathan Ogden	00:27:00	
69	Alan Feldberg	00:27:22	
72	Simon Porter	00:27:26	
73	Les Thornton	00:27:27	
98	Heidi Baker	00:28:53	
101	Ian Haywood	00:29:02	
116	Micah Gibson	00:30:43	
118	Trish Watson	00:31:05	
124	Kevin Sissons	00:32:05	
128	Pete Royal	00:32:16	
145	Yvonne Shawcross	00:33:56	
151	Lucinda Gibson	00:34:25	
162	Martin McPheat	00:35:52	
176	Janet Downes	00:38:09	
177	Amanda Porter	00:38:10	
181	Debbie Duffill	00:39:28	
201	Simon Bekker	00:45:44	
207	Kirsten Porter	00:54:29	

East Coast Park parkrun 5K, Singapore - 9th September

10 Mark Abson 00:20:58 PB

Lincoln parkrun 5K - 9th September

180 Danielle Whitehouse 00:31:17

North Yorkshire Water Park parkrun 5K - 9th September

4 Simon Walters 00:20:34

24 Dave Bond 00:23:27

73 Susan Bond 00:28:32

Peter Pan parkrun 5K - 9th September

99 Paul Brown 00:28:07

Flamborough Fling - 9th September

Emma Richardson 05:23:48

Great North Run - 10th September

564 Dominic Bond 01:27:34

3233 Joe Stenton 01:44:10

4294 Josh Taylor 01:47:39

10506 Gillian Taylor 02:01:08

26441 Sarah Marr 02:28:39

32291 Andrew Marr 02:41:18

43326 Linda Hall 04:05:14

43327 Dian Rewston 04:05:16

Vale of York Half Marathon - 10th September

	Chip Time	Gun Time
25 Scott Hargreaves	01:16:07	01:16:08
119 Jo Dagnan	01:27:52	01:27:57 2nd LV40
307 Richard Kirkpatrick	01:44:37	01:44:59

Bridlington Beach Race 5K - 10th September

	Chip Time	Gun Time
2 Joe Shepherdson	00:19:52	00:19:52
8 Tom Woodhouse	00:21:48	00:21:48
15 Graham Lonsdale	00:24:05	00:24:07
17 Nick Craggs	00:24:16	00:24:20
20 Micah Gibson	00:24:48	00:24:50
33 Christie Trower	00:27:19	00:27:29
37 Patricia Bielby	00:27:59	00:28:03
61 Paul Brown	00:32:00	00:32:20
88 Janet Downes	00:37:26	00:37:38
100 Paul Brown (2)	00:39:22	00:39:43
117 Robert Calthorpe	00:47:10	00:47:23
118 Tina Calthorpe	00:47:11	00:47:23

Sewerby parkrun 5K - 16th September

Club Results 2023

1 James Briggs	00:18:50
2 Dan Cawthorn	00:19:34
3 Nick Jordan	00:19:49
5 Phill Taylor	00:20:22
8 Dean Hyde	00:20:31
10 Martin Hutchinson	00:21:20
12 Adam Dyas	00:21:30
21 Richard Kirkpatrick	00:22:37
25 Chris Price	00:22:56
29 Ted Imeson (J)	00:23:23
31 Jason Pointez	00:23:27
33 Gillian Taylor	00:23:56 PB
35 Luke Duffill	00:24:02
37 Rebecca Miller (J)	00:24:39
48 Damian Probett	00:25:37
50 Tom Fynn	00:25:44 PB
54 Allan Clayton	00:26:00
57 Simon Porter	00:26:13
58 Patricia Bielby	00:26:24
60 Joshua Miller (J)	00:26:28
65 Jonathan Ogden	00:26:37
67 Amy Fowler	00:26:46
70 Alan Feldberg	00:26:55
71 Les Thornton	00:26:56
86 Heidi Baker	00:28:32
90 Alexander Fynn (J)	00:28:50
95 Kirsten Porter	00:29:02
97 Greg Miller	00:29:05
104 Trish Watson	00:29:44
107 Lily Choat (J)	00:29:53
108 Tyler Choat (J)	00:29:54
109 Justin Choat	00:29:55
127 Lynda Gent	00:31:39
128 Emma Choat	00:31:40
129 Stuart Gent	00:31:41
132 Pete Royal	00:31:55
141 Kevin Sissons	00:32:44
144 Anne Kelly	00:33:03
145 Yvonne Shawcross	00:33:03
179 Mary Yates	00:38:01
180 Elizabeth Ingle	00:38:03
182 Janet Downes	00:38:33
183 Amanda Porter	00:38:34
186 Debbie Duffill	00:40:19
197 Carole Pickburn	00:43:51
199 Zoe Ellis-Cornell	00:43:59
201 Chris Humphries	00:44:23
204 Dian Rewston	00:45:17
206 Simon Bekker	00:45:22
218 Cindy Baker	00:54:18

Club Results 2023

219 Linda Hall	00:54:19
220 Andy Baker	00:54:22

Beverley Westwood parkrun 5K - 16th September

8 Paul Good	00:20:13
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Hull parkrun 5K - 16th September

106 Emma Richardson	00:24:23
223 Helena Smith	00:27:41

North Yorkshire Water Park parkrun 5K - 16th September

1 Dominic Bond	00:17:36	PB	**
14 Simon Walters	00:20:30		
37 Dave Bond	00:23:17		
158 Rob Calthorpe	00:41:38		

** Down as a different Club

Virtual parkrun 5K - 16th September

Mim Ireland	00:23:28
Nicola Fowler	00:30:42
Becky Lawry	00:34:23

Wold Top 10K - 16th September

11 Micah Gibson	00:52:13	
12 Clare Gummerson	00:52:42	1st LV45
14 Graham Lonsdale	00:53:44	
24 Andy Long	00:55:36	
38 Andrew Gibson	01:00:08	
67 Charlotte Jallow	01:05:53	
86 Dave Foster	01:13:24	
99 Catherine Brittan	01:18:48	
103 Janet Downes	01:25:04	

Burton Fleming 10K & 5K - 17th September

10K

2 Alan Feldberg	00:44:55
4 Josh Taylor	00:48:56
5 Miriam Ireland	00:50:14
6 Jason Pointez	00:50:14
8 Gillian Taylor	00:53:05
9 Martin Hutchinson	00:56:35
10 Emma Richardson	00:58:58
11 Heidi Baker	00:59:22
12 Micah Gibson	01:01:49
15 Stuart Gent	01:05:35
16 Sarah Marr	01:10:43

5K

2 Justine Sutcliffe	00:27:17
3 Charlie Johnson	00:30:06
4 Kerry Whitehead	00:30:07

Club Results 2023

6 Lyn Gent	00:32:03
7 Becky Lawry	00:33:37
16 Rob Calthorpe	00:42:55
21 Tina Calthorpe	00:51:47

Marathon du Malton 10K - 17th September (No Results Available)

Andrew Gibson	01:10:51	Strava
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Burton Pidsea Trail 10K - 17th September

25 Kirsten Porter	00:52:48
35 Simon Porter	00:54:19
60 Emma Choat	01:04:32
62 Amanda Porter	01:05:43

ABP Humber Coastal Classic 10K - 17th September

	Chip Time	Gun Time
76 Dave Bond	00:45:12	00:45:23
380 Susan Bond	00:58:47	00:59:23

Kingston September Open, Hull - 16th September

100 U13W 1

1 Abi Wallis	13.45
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150 U11W 1

3 Oceane Price	24.32
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600 U11W

1 Oceane Price	02:01.19
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800 U13W

5 Evie Lakes	02:44.05
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LJ U13W

6 Abi Wallis	3.81
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13 Maelys Price	2.78
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LJ U11W

5 Oceane Price	2.96
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DT0.75K U13W

4 Maelys Price	8.35
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Humber 3K and 5K Road Championships 2023 - 20th September

3000m · Girls · U15 · Final

9 Rebecca Miller	00:12:50
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3000m · Girls · U17 · Final

3 Erin Gummerson	00:12:15
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5K U20 Upwards 5000m · Women & Girls · Multiple · Final

4 Jo Dagnan	00:18:57	1st W40
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5K U20 Upwards 5000m · Men & Boys · Multiple · Final

5 Scott Hargreaves	00:15:57	2nd M35
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21 Paul Good	00:18:59	5th M40
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Sewerby parkrun 5K - 23rd September

3 James Briggs	00:19:15
5 Dean Hyde	00:19:28 PB
6 Phill Taylor	00:19:41
10 Adam Dyas	00:21:04
14 Richard Kirkpatrick	00:22:05
21 Tyler Choat (J)	00:22:37
23 Justin Choat	00:22:41
24 Chris Price	00:22:43
31 Jason Pointez	00:23:18
39 Oceane Price (J)	00:24:22 PB
47 Simon Porter	00:25:08
51 Allan Clayton	00:25:17
56 Jonathan Ogden	00:25:33
58 Maelys Price (J)	00:25:41
67 Dan Cawthorn	00:26:13
70 Greg Miller	00:26:16
71 Keren Miller	00:26:17
72 Damian Probett	00:26:19
77 Joshua Miller (J)	00:26:27
79 Rebecca Miller (J)	00:26:30
80 Kirsten Porter	00:26:34
100 Heidi Baker	00:27:56
104 Ian Haywood	00:28:16
124 Dave Foster	00:30:05
132 Pete Royal	00:30:50
134 Stuart Gent	00:31:06
137 Lynda Gent	00:31:13
152 Dave Pring	00:32:41
153 Anne Kelly	00:32:42
159 Catherine Brittan	00:33:28
174 Lily Choat (J)	00:34:52
175 Emma Choat	00:34:53
176 Amanda Porter	00:34:54
194 Becky Lawry	00:39:05
195 Elizabeth Ingle	00:39:06
200 Dian Rewston	00:40:33
201 Kevin Sissons	00:40:34
205 Carole Pickburn	00:43:34
207 Linda Hall	00:45:58

East Coast Park parkrun 5K, Singapore - 23rd September

9 Mark Abson	00:20:53 PB
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Elgin parkrun 5K - 23rd September

65 Patricia Bielby	00:25:08
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Fleetwood Promenade parkrun 5K - 23rd September

15 Dave Bond	00:21:52 PB
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Club Results 2023

60 Susan Bond 00:27:12 PB

North Yorkshire Water Park parkrun 5K - 23rd September

29 Dominic Bond 00:23:03

Yarborough Leisure Centre parkrun 5K - 23rd September

122 Yvonne Shawcross 00:31:34

123 Graham Shawcross 00:31:42

SYRY Hullabaloo 6 hour Challenge - 23rd September

25 Micah Gibson 02:10:59 22 Laps

32 Andrew Gibson 02:05:24 21 Laps

33 Lucinda Gibson 02:40:30 21 Laps

Sewerby parkrun 5K - 30th September

1 Phill Taylor 00:19:17 plus buggy
2 Nick Jordan 00:19:20
3 Adam Thomas 00:19:24 PB
4 Dean Hyde 00:19:26 PB
9 Adam Dyas 00:20:43
12 Steve Wilson 00:21:12
13 Josh Taylor 00:21:15
19 Richard Kirkpatrick 00:21:36
20 Micah Gibson 00:21:43
23 Ted Imeson (J) 00:21:51
25 Tyler Choat (J) 00:21:55 PB
32 Dan Cawthorn 00:22:57
33 Jason Pointez 00:22:57
34 Alfie Verner (J) 00:23:03
35 Simon Bekker 00:23:04 PB
36 Damian Probett 00:23:06
44 Graham Lonsdale 00:24:08
46 Oceane Price (J) 00:24:14 PB
51 Diane Palmer 00:24:26
55 Simon Porter 00:25:04
59 Jonathan Ogden 00:25:22
60 Kirsten Porter 00:25:25 PB
63 Martin Hutchinson 00:25:31
70 Maelys Price (J) 00:26:01
73 Les Thornton 00:26:18
74 Christie Trower 00:26:21
75 Patricia Bielby 00:26:22
81 John Bowles 00:26:43
84 Heidi Baker 00:27:05
92 Ian Haywood 00:27:31
114 Alexander Fynn (J) 00:29:26
118 Lynda Gent 00:29:36
119 Charlotte Jallow 00:29:40 PB
137 Pete Royal 00:30:26
140 Catherine Brittan 00:30:47 PB

Club Results 2023

141 Dave Foster	00:30:53
165 Anne Kelly	00:32:11
166 Yvonne Shawcross	00:32:11
172 Graham Shawcross	00:32:30 PB
175 Lucinda Gibson	00:32:53
177 Dave Pring	00:33:16
179 Di Raper	00:33:36
180 Paul Raper	00:33:37
201 Mary Yates	00:36:02
203 Lily Choat (J)	00:36:16
204 Emma Choat	00:36:16
209 Janet Downes	00:36:57
221 Dian Rewston	00:40:18
222 Kevin Sissons	00:40:19
231 Carole Pickburn	00:42:26 PB

East Coast Park parkrun 5K, Singapore - 30th September

7 Mark Abson	00:21:05
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Heaton Park parkrun 5K - 30th September

503 Elizabeth Ingle	00:36:57
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North Yorkshire Water Park parkrun 5K - 30th September

1 Dominic Bond	00:17:38
158 Rob Calthorpe	00:43:12

Sandall Park parkrun 5K - 30th September

105 James Briggs	00:27:40
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Tyne Green parkrun 5K - 30th September

32 Amy Hall	00:25:49
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Virtual parkrun 5K - 30th September

Nicola Fowler	00:29:01
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Bridlington Multi-Terrain Trail Race 13.5 miles - 1st October

	Chip Time	Gun Time
6 Joe Shepherdson	01:32:53	01:32:53

Sewerby 5K Sprint - 1st October

15 Charlie Smith	00:24:11
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Bridlington Fun Run - 1st October

1 Alfie Verner	00:07:39
2 Oceane Price	00:07:45
6 Maelys Price	00:08:24
12 Lily Choat	00:09:45

Sewerby parkrun 5K - 7th October

1 Phill Taylor	00:18:19
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Club Results 2023

3 Nick Jordan	00:19:46
10 Ted Imeson (J)	00:21:46
12 Simon Ellerker	00:21:48
15 Evie Lakes (J)	00:21:59 PB - 2nd F
26 Nick Craggs	00:22:53
27 Tyler Choat (J)	00:22:54
29 Jason Pointez	00:23:04
33 Chris Price	00:23:31
38 Andy Baker	00:23:59
40 Luke Duffill	00:24:10
54 Oceane Price (J)	00:24:47
57 Alan Feldberg	00:24:52
58 Andrew Gibson	00:25:01
65 Jonathan Ogden	00:25:14
67 Graham Lonsdale	00:25:27
72 Amy Fowler	00:25:44
73 Joshua Miller (J)	00:25:55
74 Greg Miller	00:25:55
80 Maelys Price (J)	00:26:15
81 Damian Probett	00:26:24
84 Patricia Bielby	00:26:35
98 Heidi Baker	00:27:41
108 Ian Haywood	00:28:25
117 James Briggs	00:29:07
118 Kirsten Porter	00:29:09
119 Stuart Gent	00:29:35
129 Lily Choat (J)	00:30:11
130 Simon Porter	00:30:13
140 Emma Choat	00:31:02
142 Lynda Gent	00:31:35
145 Anne Kelly	00:32:00
146 Jane Welbourn	00:32:20
159 Di Raper	00:33:02
163 Dave Pring	00:33:37
171 Mary Yates	00:34:58
179 Elizabeth Ingle	00:36:26
183 Janet Downes	00:37:44
195 Debbie Duffill	00:40:15
196 Dian Rewston	00:40:45
197 Kevin Sissons	00:40:46
206 Simon Bekker	00:46:26
208 Linda Hall	00:47:40
209 Cindy Baker	00:47:41

North Yorkshire Water Park parkrun 5K - 7th October

3 Dominic Bond	00:19:00
4 Tom Mullen	00:19:25
35 Dave Bond	00:23:33
75 Susan Bond	00:28:15

Virtual parkrun 5K - 7th October

Nicola Fowler 00:30:39

MBNA Chester Marathon - 8th October

	Chip Time	Gun Time
74 James Wilson	02:47:08	02:47:16
293 Joanna Dagnan	03:09:13	03:09:40

Kielder Marathon - 8th October

	Chip Time	Gun Time
469 Amy Hall	05:17:20	05:18:12

EYXC League, Bishop Wilton XC - 8th October

3 Danny Brunton	00:37:36
25 Phill Taylor	00:41:11
35 James Briggs	00:42:14
63 Joe Stenton	00:45:52
68 Dominic Bond	00:46:15
87 Simon Walters	00:48:17
92 Steve Wilson	00:48:36
14 Mim Ireland	00:50:26
106 Simon Ellerker	00:50:28
20 Clare Gummerson	00:51:22
135 Allan McFarlane	00:53:25
137 Josh Taylor	00:53:28
159 Simon Bekker	00:56:37
162 Graham Lonsdale	00:56:56
37 Kerry Whitehead	00:56:58
172 Dave Bond	00:58:14
175 Paul Good	00:59:29
188 Chris Yeomans	01:03:30
76 Pat Bielby	01:03:37
199 Les Thornton	01:04:53
113 Dominique Webster	01:13:25
114 Ellis Hodges	01:13:25
119 Yvonne Shawcross	01:15:40
216 Graham Shawcross	01:15:40
121 Faye McFarlane	01:16:35
217 Dave Foster	01:17:35
123 Heidi Baker	01:18:29
126 Anne Kelly	01:18:55
219 Robert Calthorpe	01:24:49
135 Becky Lawry	01:24:50
138 Charlotte Jallow	01:30:55
139 Catherine Brittan	01:30:55

Sewerby parkrun 5K - 14th October

9 Annabelle Miller (J)	00:21:36	2nd F
11 Ted Imeson (J)	00:21:40	PB
18 Tyler Choat (J)	00:22:22	

Club Results 2023

21 Nick Craggs	00:22:31
25 Chris Price	00:23:06
28 Steve Wilson	00:23:29
34 Clare Gummerson	00:24:13
36 Rebecca Miller (J)	00:24:20
41 Alfie Verner (J)	00:24:33
42 Oceane Price (J)	00:24:38
49 Simon Gummerson	00:25:07
59 Jonathan Ogden	00:25:34
62 Amy Fowler	00:26:00
65 Maelys Price (J)	00:26:07
66 Alan Feldberg	00:26:09
67 Luke Duffill	00:26:15
68 Jason Pointez	00:26:16
69 Graham Lonsdale	00:26:27
84 Damian Probett	00:27:20
85 Andy Baker	00:27:34
92 Heidi Baker	00:27:47
98 Ian Haywood	00:28:07
103 James Briggs	00:28:36
104 Greg Miller	00:28:37
130 Anne Kelly	00:31:36
134 Stuart Gent	00:31:49
137 Pete Royal	00:32:01
153 Alexander Fynn (J)	00:33:01
154 Mary Yates	00:33:03
159 Dave Pring	00:33:44
170 Lily Choat (J)	00:34:40
171 Emma Choat	00:34:41
175 Lynda Gent	00:34:57
183 Sam Adams	00:35:48
184 Janet Downes	00:35:48
192 Elizabeth Ingle	00:36:48
201 Jane Probett	00:38:33
209 Adam Thomas	00:39:25
211 Dian Rewston	00:40:15
212 Kevin Sissons	00:40:15
228 Cindy Baker	00:49:28
229 Linda Hall	00:49:29

Doddington Hall parkrun 5K - 14th October

128 Danielle Whitehouse	00:29:11 PB
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Fountains Abbey parkrun 5K - 14th October

332 Yvonne Shawcross	00:34:12
333 Graham Shawcross	00:34:13

Heslington parkrun 5K - 14th October

139 Simon Porter	00:24:13
341 Kirsten Porter	00:29:33

Club Results 2023

373 Amanda Porter 00:30:41

North Yorkshire Water Park parkrun 5K - 14th October

3 Tom Mullen 00:19:15

53 Dominic Bond 00:27:21

Oldham parkrun 5K - 14th October

80 Angela Bailey 00:27:30 PB

Peter Pan parkrun 5K - 14th October

6 Paul Good 00:20:51

Virtual parkrun 5K - 14th October

Mim Ireland 00:25:13

Bob Eyre 00:32:00

Palma 9K, Mallorca - 15th October

1037 Paul Raper 01:00:41

1170 Di Raper 01:02:43

Yorkshire Marathon - 15th October

	Chip Time	Gun Time
2742 Dominique Webster	04:25:08	04:30:43

McCains Yorkshire Coast 10K - 15th October

	Chip Time	Gun Time	
6 Phill Taylor	00:35:04	00:35:04	2nd MV40
18 Dominic Bond	00:36:27	00:36:32	
19 Joe Shepherdson	00:36:27	00:36:33	
22 James Briggs	00:36:39	00:36:42	
28 Paul Sutherns	00:37:31	00:37:34	
36 Dan Cawthorn	00:38:13	00:38:16	
37 Nick Jordan	00:38:14	00:38:17	
50 James Wilson	00:36:08	00:39:10	2nd MV45
51 Adam Thomas	00:39:11	00:39:14	
88 Steve Wilson	00:41:30	00:41:40	
173 Richard Kirkpatrick	00:44:10	00:44:28	
191 Micah Gibson	00:44:38	00:44:49	
203 Erin Gummerson (J)	00:44:49	00:45:08	2nd LU18
210 Jason Pointez	00:45:07	00:45:29	
219 Allan McFarlane	00:45:24	00:45:57	
220 Dave Bond	00:45:48	00:45:58	
244 Josh Taylor	00:46:30	00:46:34	
260 Graham Lonsdale	00:46:34	00:46:56	
291 Kelly Palmer	00:47:28	00:47:54	
316 Andrew Gibson	00:48:27	00:48:51	
344 Diane Palmer	00:49:09	00:49:36	
345 Luke Duffill	00:46:21	00:49:36	
355 Simon Porter	00:49:25	00:49:47	
373 Kirsten Porter	00:47:11	00:50:15	

Club Results 2023

399 Gillian Taylor	00:51:11	00:51:23
482 Christie Trower	00:49:53	00:53:31
518 Emma Richardson	00:51:30	00:54:43
537 Jonathan Ogden	00:51:53	00:55:08
567 Patricia Bielby	00:52:00	00:55:51 1st LV70
613 Kay Walters	00:53:32	00:56:44
627 Allan Clayton	00:52:43	00:56:55
628 Kara Mainprize	00:53:41	00:56:57
731 Stuart Gent	00:54:43	00:58:55
767 Jane Welbourn	00:56:24	00:59:41
771 Amanda Porter	00:56:14	00:59:44
775 Heidi Baker	00:56:30	00:59:47
786 Helena Smith	00:56:43	00:59:57
788 Aidy Stockton	00:56:22	00:59:59
820 Susan Bond	00:57:15	01:00:34
903 Michelle England	00:57:50	01:02:20
910 Nicola Fowler	00:59:12	01:02:33
999 Lynda Gent	00:59:55	01:04:13
1026 Charlotte Jallow	01:00:28	01:04:59
1138 Pete Royal	01:01:49	01:07:59
1193 Emilie Cawthorn	01:05:26	01:09:19
1210 Chris Johnson	01:03:31	01:09:56
1212 Anne Kelly	01:05:39	01:09:57
1231 Faye McFarlane	01:03:57	01:10:15
1238 Justine Sutcliffe	01:06:14	01:10:28
1259 Catherine Brittan	01:06:20	01:10:51
1264 Caroline McFarlane	01:04:37	01:10:55
1277 Lucinda Gibson	01:06:34	01:11:05
1303 Janet Downes	01:07:39	01:11:53
1356 Dave Pring	01:08:53	01:13:07
1457 Debbie Duffill	01:16:19	01:16:55
1608 Dian Rewston	01:24:31	01:24:45
1639 Rob Calthorpe	01:27:46	01:28:18
1640 Tina Calthorpe	01:27:48	01:28:19
1685 Linda Hall	01:39:50	01:40:26

A few Brid runners forgot to include their club name

McCains Yorkshire Coast 5K - 15th October

	Chip Time	Gun Time
19 Evie Lakes (J)	00:21:57	00:21:58
35 Maelys Price (J)	00:23:49	00:23:52

Amsterdam Half Marathon - 15th October

	Chip Time	Gun Time
45 Scott Hargreaves	01:12:19	01:12:25

Sewerby parkrun 5K - 21st October

6 Paul Good	00:21:18
9 Adam Dyas	00:21:58
16 Ted Imeson (J)	00:22:17

Club Results 2023

18 Adam Thomas	00:22:30
19 Dan Cawthorn	00:22:43
22 Josh Taylor	00:23:16
27 Tyler Choat (J)	00:23:38
28 Andy Baker	00:23:50
30 Luke Duffill	00:24:00
31 Simon Gummerson	00:24:03
33 Jason Pointez	00:24:16
34 Clare Gummerson	00:24:26
39 Richard Kirkpatrick	00:24:48
40 Gillian Taylor	00:25:01
46 Christie Trower	00:25:24 PB
48 Andrew Gibson	00:25:31
49 Jonathan Ogden	00:25:33
61 Amy Fowler	00:26:49
65 Martin Hutchinson	00:27:02
69 Damian Probett	00:27:29
74 Ian Haywood	00:27:57
76 Micah Gibson	00:28:03
78 Heidi Baker	00:28:05
79 Angela Bailey	00:28:08
81 James Briggs	00:28:15
82 Kirsten Porter	00:28:25
86 Simon Porter	00:28:31
97 Nicola Fowler	00:30:06
107 Anne Kelly	00:31:34
112 Stuart Bowes	00:32:17
115 Pete Royal	00:32:32
116 Lily Choat (J)	00:32:39
117 Justin Choat	00:32:42
142 Emma Choat	00:38:20
143 Amanda Porter	00:38:21
147 Dian Rewston	00:39:30
148 Kevin Sissons	00:39:31
151 Carole Pickburn	00:42:23 PB
155 Debbie Duffill	00:43:21
156 Cindy Baker	00:43:21
162 Linda Hall	00:52:09
166 Elizabeth Ingle	01:10:03 Tail Walker

Langdale Half Marathon - 21st October

	Chip Time	Gun Time
9 Danny Brunton	01:24:53	01:24:55
400 Colin Parcell	03:20:40	03:20:40

Kilham 10K - 22nd October

	Chip Time	Gun Time	
2 James Wilson	00:38:28	00:38:28	1st MV45
15 Dean Hyde	00:43:27	00:43:27	
24 Steve Wilson	00:45:31	00:45:33	

Club Results 2023

29 Micah Gibson	00:45:52	00:45:53	
35 Paul Good	00:46:53	00:46:54	
37 Miriam Ireland	00:47:17	00:47:22	1st LV40
67 Andrew Gibson	00:52:51	00:52:58	
80 Emma Richardson	00:55:48	00:55:56	1st FV45
81 Damian Probett	00:55:51	00:55:57	2nd MV60
102 Simon Porter	00:58:42	00:58:54	
121 Heidi Baker	01:01:43	01:01:53	
136 Stuart Gent	01:04:10	01:04:20	
137 Lynda Gent	01:04:10	01:04:20	
139 Emma Choat	01:04:49	01:05:03	
143 Graham Shawcross	01:06:14	01:06:27	
146 Yvonne Shawcross	01:06:43	01:06:56	2nd FV60
147 David Foster	01:07:21	01:07:36	
149 Kirsten Porter	01:07:26	01:07:41	
150 Sarah Marr	01:07:43	01:07:55	
152 Amanda Porter	01:09:19	01:09:35	
157 Anne Kelly	01:10:45	01:10:58	
163 Mary Yates	01:14:48	01:15:01	
164 Lucinda Gibson	01:14:50	01:15:04	
167 David Pring	01:15:05	01:15:18	

Meridian 10K - 22nd October

3 James Briggs	00:37:11	
5 Nick Jordan	00:38:24	1st MV40
9 Adam Thomas	00:39:58	

Leeds Abbey Dash 10K - 22nd October

	Chip Time
216 Dominic Bond	00:35:37
1087 David Bond	00:45:21
2934 Susan Bond	00:56:55

Cleethorpes Open XC - 22nd October

U13 Girls

2 Annabelle Miller	00:10:41
3 Evie Lakes	00:11:06

U13 Boys

9 Tyler Choat	00:11:22
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U15 Girls

7 Rebecca Miller	00:17:13
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Racebest Leeds 5K - 25th October

	Chip Time	Gun Time
22 Paul Good	00:19:38	00:19:39

Sewerby parkrun 5K - 28th October

1 Phill Taylor	00:17:48
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Club Results 2023

2 James Wilson	00:18:45
5 Adam Thomas	00:19:43
6 Paul Good	00:20:11
7 Dean Hyde	00:20:38
12 Steve Wilson	00:21:27
31 Simon Gummerson	00:23:13
35 Annabelle Miller (J)	00:23:33 2nd F
38 Jason Pointez	00:23:40
39 Chris Price	00:23:41
42 Martin Hutchinson	00:23:59
45 Gillian Taylor	00:24:33
49 Damian Probett	00:25:03
51 Andy Baker	00:25:31
52 Greg Miller	00:25:38
53 Rebecca Miller (J)	00:25:40
54 Joshua Miller (J)	00:25:42
57 Keren Miller	00:25:52
62 Amy Fowler	00:26:02
67 Patricia Bielby	00:26:09
70 Louise Taylor	00:26:20
80 Micah Gibson	00:27:42
81 Graham Lonsdale	00:27:44
82 Kay Walters	00:27:47
93 Heidi Baker	00:28:58
101 Stuart Gent	00:29:49
105 Lynda Gent	00:29:55
109 Emma Richardson	00:30:26
110 Helena Smith	00:30:31
119 Anne Kelly	00:31:17
121 Dave Foster	00:31:21
122 James Briggs	00:31:21
129 Dave Pring	00:32:18
136 Lucinda Gibson	00:32:35
137 Pete Royal	00:32:37
154 Yvonne Shawcross	00:34:31
164 Sam Adams	00:35:53
165 Janet Downes	00:35:53
170 Graham Shawcross	00:36:59
178 Mary Yates	00:39:02
180 Debbie Duffill	00:39:08
182 Dian Rewston	00:39:17
183 Kevin Sissons	00:39:17
187 Cindy Baker	00:41:12
189 Carole Pickburn	00:43:18
193 Linda Hall	00:49:33

Barnsley parkrun 5K - 28th October

55 Simon Porter	00:26:56
63 Kirsten Porter	00:28:16
94 Amanda Porter	00:31:04

Hull parkrun 5K - 28th October

89 Oceane Price (J)	00:23:19
90 Tyler Choat (J)	00:23:20
231 Lily Choat (J)	00:28:11 PB
232 Justin Choat	00:28:12
242 Emma Choat	00:28:22 PB

Kingdom parkrun 5K - 28th October

3 Tom Mullen	00:20:55
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Lincoln parkrun 5K - 28th October

223 Danielle Whitehouse	00:34:16
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North Yorkshire Water Park parkrun 5K - 28th October

1 Dominic Bond	00:17:49
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Virtual parkrun 5K - 28th October

Mim Ireland	00:24:33
Nicola Fowler	00:29:16
Dominique Webster	00:32:50
Rob Calthorpe	00:45:31
Tina Calthorpe	00:45:47

Wistow 10K - 29th October

	Chip Time	Gun Time
165 Les Thornton	00:54:05	00:54:14

Chalkland Way Ultra 40 Mile - 4th November

3 Danny Brunton	06:04:28
58 Alan Feldberg	08:54:06

Sewerby parkrun 5K - 4th November

1 Phill Taylor	00:17:48
5 Dean Hyde	00:20:03
6 Paul Good	00:20:09
12 Adam Dyas	00:21:29
18 Richard Kirkpatrick	00:22:09
24 Simon Bekker	00:22:48 PB
25 Ashley Porter	00:22:50
26 Chris Price	00:22:51
30 Martin Hutchinson	00:23:03
47 Luke Duffill	00:24:13
49 Gillian Taylor	00:24:19
51 Damian Probett	00:24:21
54 Jonathan Ogden	00:24:58
55 Evie Lakes (J)	00:25:01
56 Simon Gummerson	00:25:03
62 John Bowles	00:25:54
63 Patricia Bielby	00:25:57

Club Results 2023

64 Amy Fowler	00:25:59
74 Graham Lonsdale	00:26:43
79 Les Thornton	00:26:58
83 Simon Porter	00:27:31
86 Jasmine Jallow (J)	00:27:35 ** No Club Name
87 Angela Bailey	00:27:35
92 Simon Ellerker	00:27:58
93 James Ellerker (J)	00:28:04 PB
102 Ian Haywood	00:28:39
111 Stuart Gent	00:29:12
112 Heidi Baker	00:29:24
137 Dan Cawthorn	00:31:14
142 Stuart Bowes	00:31:47
146 Pete Royal	00:31:56
148 Dave Foster	00:32:01
160 Anne Kelly	00:32:30
165 Mary Yates	00:32:51
171 Dave Pring	00:33:17
174 Charlotte Jallow	00:33:23
175 Catherine Brittan	00:33:26
188 James Briggs	00:35:20
189 Kirsten Porter	00:35:20
210 Janet Downes	00:38:33
211 Amanda Porter	00:38:34
215 Debbie Duffill	00:39:10
216 Rob Calthorpe	00:39:11
217 Dian Rewston	00:39:35
218 Kevin Sissons	00:39:35
221 Jane Probett	00:39:41
231 Tina Calthorpe	00:43:38
238 Linda Hall	00:49:48
243 Jason Pointez	00:52:39 Tail Runner

Albert parkrun 5K - 4th November

23 Tyler Choat (J)	00:21:15 PB
51 Justin Choat	00:22:51
186 Lily Choat (J)	00:30:48
187 Emma Choat	00:30:50

Goole parkrun 5K - 4th November

20 Andy Baker	00:22:35
132 Cindy Baker	00:39:09

Lincoln parkrun 5K - 4th November

188 Danielle Whitehouse	00:29:49
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North Yorkshire Water Park parkrun 5K - 4th November

2 Dominic Bond	00:17:36
7 Simon Walters	00:20:16
44 Kay Walters	00:25:53

Club Results 2023

118 Di Raper 00:33:17

Virtual parkrun 5K - 4th November

Nicola Fowler 00:29:22

Meridian Half Marathon - 5th November

9 Jo Dagnan 01:31:37 2nd F /2nd LV35
37 Micah Gibson 01:54:36
57 Stuart Gent 02:15:09
58 Lynda Gent 02:15:09
66 Lucinda Gibson 02:31:32

Sewerby parkrun 5K - 11th November

4 Paul Good 00:20:40
5 Steve Wilson 00:21:13
6 Phill Taylor 00:21:25
7 Richard Kirkpatrick 00:21:46
16 Ted Imeson (J) 00:23:36
19 Simon Bekker 00:23:58
21 Justin Choat 00:24:07
24 Luke Duffill 00:24:28
25 Jason Pointez 00:24:35
27 Jonathan Ogden 00:24:41
29 Martin Hutchinson 00:24:58
32 Chris Price 00:25:20
33 Gillian Taylor 00:25:25 3rd F
34 Alan Feldberg 00:25:32
37 Damian Probett 00:25:45
38 Graham Lonsdale 00:25:53
41 Andrew Gibson 00:26:09
43 Les Thornton 00:26:10
50 Andy Baker 00:26:43
56 Simon Porter 00:27:05
60 Allan Clayton 00:27:11
68 Micah Gibson 00:28:12
69 Ian Haywood 00:28:18
72 Patricia Bielby 00:28:31
80 Stuart Gent 00:29:19
84 Heidi Baker 00:29:54
87 James Briggs 00:30:15
88 Kirsten Porter 00:30:15
95 Kevin Sissons 00:30:52
98 Stuart Bowes 00:31:12
102 Lily Choat (J) 00:31:41
103 Tyler Choat (J) 00:31:42
104 Emma Choat 00:31:42
109 Charlotte Jallow 00:32:41
119 Dave Pring 00:33:51
132 Catherine Brittan 00:35:10
137 Lucinda Gibson 00:35:47

Club Results 2023

138 Mary Yates	00:35:47
141 Lynda Gent	00:36:21
150 Sam Adams	00:40:57
151 Janet Downes	00:40:58
152 Amanda Porter	00:40:59
153 Dian Rewston	00:41:19
154 Carole Pickburn	00:41:27 PB
155 Dave Foster	00:41:42
163 Linda Hall	00:47:39

Colwick parkrun 5K - 11th November

152 Angela Bailey	00:27:25
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North Yorkshire Water Park parkrun 5K - 11th November

1 Dominic Bond	00:17:28 PB
43 Simon Walters	00:26:16

Virtual parkrun 5K - 11th November

James Wilson	00:23:22
Mim Ireland	00:24:00
Nicola Fowler	00:28:28

Hardmoors Trail Series - 11th November

Half Marathon

6 Dan Cawthorn	02:25:06
153 Di Raper	04:59:00

Dalby Dash 10K - 12th November

168 Amy Fowler	00:50:18
273 Lynda Gent	00:59:01
405 Robert Calthorpe	01:31:17
406 Tina Calthorpe	01:31:17

Brigantia Hogshead Challenge - 12th November

20 Andy Baker	02:36:21	25 km
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EYXC League, Welton XC - 12th November

7 James Wilson	00:41:35
8 Danny Brunton	00:41:50
9 Phill Taylor	00:42:30
27 James Briggs	00:44:12
31 Paul Sutherns	00:45:13
45 Adam Thomas	00:46:30
48 Dean Hyde	00:46:57
64 Alan Feldberg	00:48:29
74 Paul Good	00:49:17
87 Steve Wilson	00:50:22
97 Simon Ellerker	00:51:30
17 Mim Ireland	00:52:02

Club Results 2023

114	Martin Hutchinson	00:53:30
117	Chris Price	00:53:43
122	Simon Bekker	00:53:59
142	Micah Gibson	00:56:24
154	Damian Probett	00:57:53
75	Pat Bielby	01:02:49
181	Josh Taylor	01:02:58
187	Chris Yeomans	01:03:54
83	Heidi Baker	01:04:24
98	Justine Sutcliffe	01:07:00
119	Yvonne Shawcross	01:13:23
206	Dave Foster	01:17:13
131	Anne Kelly	01:18:23

Scunthorpe Open XC, Quibell Park - 12th November

U11Girls

3	Oceane Price	00:08:59
17	Lily Choat	00:11:53

U13Girls

4	Annabelle Miller	00:10:11
7	Evie Lakes	00:10:39
11	Maelys Price	00:11:37

U11Boys

7	Alfie Verner	00:08:58
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U15Girls

10	Rebecca Miller	00:20:58
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U13Boys

3	Tyler Choat	00:10:38
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Sewerby parkrun 5K - 18th November

2	James Briggs	00:19:03
7	Paul Good	00:20:45
8	Dean Hyde	00:21:26
9	Adam Dyas	00:21:37
10	Steve Wilson	00:22:03
14	Richard Kirkpatrick	00:22:18
19	Martin Hutchinson	00:22:58
20	Chris Price	00:23:03
24	Justin Choat	00:23:27
25	Damian Probett	00:23:34
32	Simon Gummerson	00:24:46
37	Tyler Choat (J)	00:26:00
39	Oceane Price (J)	00:26:01
41	Jason Pointez	00:26:21
43	Amy Fowler	00:26:31
48	Les Thornton	00:26:49
49	Maelys Price (J)	00:26:54
51	Alan Feldberg	00:27:03
54	Patricia Bielby	00:27:33
67	Chris Humphries	00:29:47

Club Results 2023

78 Kevin Sissons	00:31:11
79 Stuart Bowes	00:31:14
81 Stuart Gent	00:31:46
82 Emilie Cawthorn	00:32:03
86 Lynda Gent	00:32:33
90 Lily Choat (J)	00:33:14
91 Emma Choat	00:33:14
92 Amanda Porter	00:33:15
95 Heidi Baker	00:33:46
100 Dave Pring	00:36:05
109 Debbie Duffill	00:39:56
116 Kirsten Porter	00:44:45
121 Linda Hall	00:52:52

North Yorkshire Water Park parkrun 5K - 18th November

7 Tom Mullen	00:19:52
22 Dave Bond	00:24:32
87 Susan Bond	00:33:44

Tadcaster 10 mile - 19th November

	Chip Time	Gun Time
22 Dominic Bond	00:59:31	00:59:34

Gainsborough Morton 10K - 19th November

488 Kirsten Porter	00:50:38	00:51:09
498 Simon Porter	00:50:54	00:51:25
708 Amanda Porter	00:57:00	00:57:32

BRR Constable Handicap - 19th November

	Finish Time	Start Time	Actual	Points
1 Rachel Pitchforth	01:22:26	00:31:00	0:51:26	50
2 Mary Yates	01:25:50	00:17:00	1:08:50	49
3 Robert Calthorpe	01:25:56	00:07:00	1:18:56	50
4 David Foster	01:27:56	00:23:30	1:04:26	49
5 Lyn Gent	01:28:16	00:25:30	1:02:46	48
6 Damian Probett	01:28:27	00:38:00	0:50:27	48
7 Steve Wilson	01:28:36	00:45:00	0:43:36	47
8 Mim Ireland	01:28:56	00:42:00	0:46:56	47
9 Simon Ellerker	01:28:56	00:42:00	0:46:56	46
10 Paul Good	01:28:57	00:46:00	0:42:57	45
11 Emma Choat	01:29:11	00:24:00	1:05:11	46
12 Simon Bekker	01:29:41	00:40:30	0:49:11	44
13 Anne Kelly	01:29:50	00:21:00	1:08:50	45
14 Adam Dyas	01:29:58	00:44:00	0:45:58	43
15 Adam Thomas	01:30:03	00:48:30	0:41:33	42
16 Pat Bielby	01:30:22	00:34:30	0:55:52	44
17 Alan Feldberg	01:30:24	00:46:30	0:43:54	41
18 Kerry Whitehead	01:30:53	00:38:30	0:52:23	43
19 Micah Gibson	01:31:08	00:43:30	0:47:38	40
20 Andrew Gibson	01:31:30	00:37:30	0:54:00	39

Club Results 2023

21 Nick Craggs	01:31:59	00:42:30	0:49:29	38
22 James Briggs	01:32:06	00:51:00	0:41:06	37
23 Gillian Taylor	01:32:16	00:36:30	0:55:46	42
24 Dave Bond	01:32:41	00:42:30	0:50:11	36
25 Stuart Bowes	01:33:12	00:25:30	1:07:42	35
26 Jane Welbourn	01:33:33	00:31:00	1:02:33	41
27 Kelly Palmer	01:34:10	00:40:30	0:53:40	40
28 Catherine Brittan	01:34:16	00:21:30	1:12:46	39
29 Susan Bond	01:34:51	00:30:00	1:04:51	38
30 Stuart Gent	01:35:00	00:35:30	0:59:30	34
31 Charlotte Jallow	01:35:15	00:27:00	1:08:15	37
32 Josh Taylor	01:36:20	00:43:30	0:52:50	33
33 Heidi Baker	01:38:27	00:30:00	1:08:27	36
34 Tina Calthorpe	01:39:05	00:00:00	1:39:05	35
35 Kevin Lewis	01:39:33	00:38:30	1:01:03	32

Racebest Leeds 5K Series - 22nd November

	Chip Time	Gun Time
29 Paul Good	00:19:15	00:19:17

Sewerby parkrun 5K - 25th November

3 Paul Good	00:19:54
4 Nick Jordan	00:20:00
8 Dean Hyde	00:20:31
9 Steve Wilson	00:20:36 PB
11 Phill Taylor	00:21:25
13 Ted Imeson (J)	00:22:06
21 Chris Price	00:23:03
27 Tyler Choat (J)	00:23:56
33 Josh Taylor	00:24:34
34 Jason Pointez	00:24:35
40 Gillian Taylor	00:25:33
47 Les Thornton	00:26:32
48 Clare Gummerson	00:26:37
52 Graham Lonsdale	00:26:52
62 Alan Feldberg	00:27:48
64 Patricia Bielby	00:28:18
86 Emma Choat	00:30:52
88 Stuart Gent	00:31:07
90 Micah Gibson	00:31:10
91 Lynda Gent	00:31:15
98 Kevin Sissons	00:31:54
103 Lily Choat (J)	00:32:32
104 Justin Choat	00:32:33
110 Graham Shawcross	00:33:02
115 Lucinda Gibson	00:33:42
146 Janet Downes	00:38:35
147 Dave Foster	00:38:39
148 Debbie Duffill	00:38:46
150 Dave Pring	00:39:50

Club Results 2023

164 Linda Hall	00:50:57
165 Cindy Baker	00:53:48
166 Andy Baker	00:53:51 Tail Runner

Fountains Abbey parkrun 5K - 25th November

66 Damian Probett	00:23:07
358 Jane Probett	00:35:08

Hull parkrun 5K - 25th November

50 Oceane Price (J)	00:22:48 PB
118 Maelys Price (J)	00:25:08

Lincoln parkrun 5K - 25th November

70 Simon Porter	00:25:00
197 Danielle Whitehouse	00:31:37
198 Kirsten Porter	00:31:37
199 Amanda Porter	00:31:38

North Yorkshire Water Park parkrun 5K - 25th November

24 Dave Bond	00:23:53
69 Susan Bond	00:30:03

Rother Valley parkrun 5K - 25th November

3 James Briggs	00:17:39
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Virtual parkrun 5K - 25th November

Mim Ireland	00:25:01
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Benidorm 10K - 25th November

	Chip Time	Gun Time
1805 Heidi Baker	01:12:58	01:13:53

Hardwolds 80 - 25th November

9 Danny Brunton	16:52:38
42 Tony Smith	22:34:18

Doncaster 10K - 26th November

237 Andrew Yeomans	00:38:55
430 Martin Hutchinson	00:42:37
2443 Charlotte Garbutt	01:16:00

Sewerby parkrun 5K - 2nd December

1 Phill Taylor	00:19:19
4 Paul Good	00:20:34
6 Dean Hyde	00:20:57
7 Steve Wilson	00:21:18
9 Adam Dyas	00:21:57
10 Simon Ellerker	00:22:55
21 Justin Choat	00:24:46
26 Tyler Choat (J)	00:25:38

Club Results 2023

33 James Ellerker (J)	00:26:22 PB
34 Jason Pointez	00:26:23
35 Graham Lonsdale	00:26:27
36 Chris Price	00:26:27
38 Alan Feldberg	00:27:03
40 Simon Porter	00:27:12
50 Amy Fowler	00:28:50
54 Dan Cawthorn	00:29:21
62 Chris Humphries	00:30:05
63 Jane Welbourn	00:30:57
64 Alfie Briggs (J)	00:31:01
65 Stuart Bowes	00:31:01
68 James Briggs	00:31:04
80 Stuart Gent	00:33:13
82 Kevin Sissons	00:33:39
85 Emilie Cawthorn	00:34:22
87 Anne Kelly	00:35:38
91 Lily Choat (J)	00:36:36
92 Emma Choat	00:36:37
93 Kirsten Porter	00:36:38
118 Janet Downes	00:45:01
119 Amanda Porter	00:45:03
123 Carole Pickburn	00:52:10

Lincoln parkrun 5K - 2nd December

180 Danielle Whitehouse	00:30:43
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SYRY Winter 10K - 8th December

	Chip Time	Gun Time
7 Martin Hutchinson	00:43:08	00:43:09
11 Micah Gibson	00:45:40	00:45:41
18 Andrew Gibson	00:50:26	00:50:30
47 Paul Raper	01:05:27	01:05:33
49 Lucinda Gibson	01:06:24	01:06:29
54 Di Raper	01:10:33	01:10:38

Sewerby parkrun 5K - 9th December

2 Paul Good	00:19:55
4 Steve Wilson	00:21:25
7 Adam Dyas	00:21:40
8 Tom Mullen	00:21:54
9 Richard Kirkpatrick	00:21:58
11 Ted Imeson (J)	00:22:23
12 Martin Hutchinson	00:22:33
16 Chris Price	00:23:33
27 Jason Pointez	00:25:02
30 Alan Feldberg	00:25:29
34 Jonathan Ogden	00:26:02
36 Damian Probett	00:26:34
37 Les Thornton	00:26:53

Club Results 2023

41 Jasmine Jallow (J)	00:27:07	** No Club Name
44 Graham Lonsdale	00:27:20	
45 Andrew Gibson	00:27:29	
57 Micah Gibson	00:28:45	
59 Simon Porter	00:28:51	
60 Angela Bailey	00:29:01	
66 Ian Haywood	00:30:15	
68 Stuart Bowes	00:30:19	
72 Alfie Briggs (J)	00:30:31	
73 James Briggs	00:30:32	
79 Lynda Gent	00:31:25	
80 Stuart Gent	00:31:27	
81 Lily Choat (J)	00:31:32	
82 Tyler Choat (J)	00:31:33	
83 Justin Choat	00:31:33	
89 Anne Kelly	00:32:32	
95 Kevin Sissons	00:34:26	
96 Lucinda Gibson	00:34:33	
109 Pete Royal	00:36:02	
111 Janet Downes	00:36:43	
121 Jane Probett	00:39:17	
124 Mary Yates	00:40:17	
129 Carole Pickburn	00:43:19	
137 Linda Hall	00:50:08	

Barnsley parkrun 5K - 9th December

81 Amanda Porter	00:36:16
82 Kirsten Porter	00:36:18

North Yorkshire Water Park parkrun 5K - 9th December

32 Emma Richardson	00:25:18
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York parkrun 5K - 9th December

3 Dominic Bond	00:17:31
86 Dave Bond	00:22:23
267 Susan Bond	00:28:25

Virtual parkrun 5K - 9th December

Mim Ireland	00:23:50
John Potter	00:30:28
Danielle Whitehouse	00:32:15

EYXC League, Ravenscar XC - 10th December

10 Phill Taylor	00:35:58
21 Paul Sutherns	00:37:48
50 Alan Feldberg	00:40:55
51 Paul Good	00:40:57
58 Andrew Yeomans	00:41:19
73 Simon Ellerker	00:43:18
79 Steve Wilson	00:44:03

Club Results 2023

	88 Martin Hutchinson	00:45:38
13	Mim Ireland	00:46:33
	105 Chris Price	00:47:33
17	Clare Gummerson	00:48:22
	136 Josh Taylor	00:50:26
	145 Dave Bond	00:51:52
	153 Chris Yeomans	00:53:52
50	Justine Sucliffe	00:55:58
61	Emma Richardson	00:58:36
62	Helena Smith	00:58:37
	172 Stuart Bowes	01:03:52
87	Susan Bond	01:04:59
	175 Dave Foster	01:05:44
97	Anne Kelly	01:11:52

Sewerby parkrun 5K - 16th December

	1 Phill Taylor	00:19:09
	2 Nick Jordan	00:19:38
	3 Paul Good	00:19:45
	12 Annabelle Miller (J)	00:23:06 2nd F
	13 Chris Price	00:23:13
	24 Martin Hutchinson	00:24:56
	26 Rebecca Miller (J)	00:25:03
	28 Maelys Price (J)	00:25:10 PB
	29 Jason Pointez	00:25:12
	30 Oceane Price (J)	00:25:15
	31 Andy Baker	00:25:21
	33 Greg Miller	00:25:38
	34 Keren Miller	00:25:39
	36 Damian Probett	00:25:57
	41 Micah Gibson	00:26:33
	45 Jasmine Jallow (J)	00:26:52 ** No Club Name
	59 Simon Porter	00:27:46
	61 Angela Bailey	00:28:05
	62 Heidi Baker	00:28:09
	63 Joshua Miller (J)	00:28:11
	67 Graham Lonsdale	00:28:45
	71 Chris Humphries	00:29:05
	73 Helena Smith	00:29:16
	81 Lily Choat (J)	00:29:47
	82 Tyler Choat (J)	00:29:48
	83 Justin Choat	00:29:49
	85 Stuart Bowes	00:29:54
	90 Ian Haywood	00:30:27
	91 Anne Kelly	00:30:32
	92 Lynda Gent	00:30:33
	93 Stuart Gent	00:30:34
	103 Mary Yates	00:32:41
	104 Lucinda Gibson	00:32:42
	113 Alfie Briggs (J)	00:34:08

Club Results 2023

114 Kirsten Porter	00:34:09
115 James Briggs	00:34:11
116 Dave Pring	00:34:16
117 Pete Royal	00:34:18
122 Kevin Sissons	00:34:59
131 Janet Downes	00:38:47
141 Linda Hall	00:50:14
142 Cindy Baker	00:50:15
148 Amanda Porter	00:54:49 Tail Runner

Goole parkrun 5K - 16th December

111 Elizabeth Ingle	00:38:44
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North Yorkshire Water Park parkrun 5K - 16th December

1 Dominic Bond	00:17:49
15 Dave Bond	00:23:47
61 Susan Bond	00:30:48

Virtual parkrun 5K - 16th December

Mim Ireland	00:24:08
Dominique Webster	00:32:33

BRR Christmas Handicap - 17th December

	Finish Time	Start Time	Actual	Points
1 Linda Hall	01:35:16	00:00:00	1:35:16	50
2 Carole Pickburn	01:36:52	00:09:00	1:27:52	49
3 Lyn Gent	01:37:39	00:38:00	0:59:39	48
4 Catherine Lamb (Gst)	01:38:17	00:34:00	1:04:17	-
5 Rob Calthorpe	01:38:51	00:21:30	1:17:21	50
6 Les Thornton	01:39:01	00:44:00	0:55:01	49
7 Steve Wilson	01:39:24	00:57:30	0:41:54	48
8 Simon Gummerson	01:39:43	00:50:00	0:49:43	47
9 David Pring	01:39:46	00:30:00	1:09:46	46
10 Simon Ellerker	01:39:57	00:55:00	0:44:57	45
11 Joe Stenton	01:40:02	00:58:30	0:41:32	44
12 Alan Feldberg	01:40:17	00:58:30	0:41:47	43
13 Andrew Gibson	01:40:22	00:48:30	0:51:52	42
14 Amanda Porter	01:40:37	00:40:30	1:00:07	47
15 Martin Hutchinson	01:40:44	00:57:00	0:43:44	41
16 Andy Long	01:40:51	00:51:00	0:49:51	40
17 Dave Foster	01:40:54	00:36:30	1:04:24	39
18 Tina Calthorpe	01:41:08	00:12:00	1:29:08	46
19 Scott Hargreaves	01:41:29	01:05:30	0:35:59	38
20 Kerry Whitehead	01:41:48	00:50:00	0:51:48	45
21 Heidi Baker	01:42:10	00:42:00	1:00:10	44
22 Charlotte Jallow	01:42:24	00:39:00	1:03:24	43
23 Gillian Taylor	01:42:50	00:48:30	0:54:20	42
24 Clare Gummerson	01:43:02	00:55:00	0:48:02	41
25 Justine Sutcliffe	01:43:09	00:44:30	0:58:39	40
26 Janet Downes	01:44:13	00:30:00	1:14:13	39

Club Results 2023

27 Michelle England	01:44:17	00:42:30	1:01:47	38
28 Dominique Webster	01:44:24	00:44:00	1:00:24	37
29 Damian Probett	01:44:29	00:51:30	0:52:59	37
30 Kirsten Porter	01:44:48	00:49:30	0:55:18	36
31 Catherine Brittan	01:45:36	00:33:30	1:12:06	35
32 Micah Gibson	01:45:44	00:54:30	0:51:14	36
33 Robert Eyre	01:48:26	00:39:00	1:09:26	35
34 Graham Lonsdale	01:48:27	00:53:30	0:54:57	34
35 Chris Johnson	01:49:03	00:35:30	1:13:33	33

BRR Juniors Christmas Handicap - 17th December

	Finish Time	Target Time	Time Pos	Gen Pos
1 Alfie Briggs	00:16:34	00:20:15	4	1
2 Alfie Verner	00:15:40	00:19:00	3	2
3 Erin Gummerson	00:15:32	00:16:45	2	1
4 Evie Lakes	00:14:54	00:16:00	1	2
5 Oceane Price	00:16:55	00:16:45	5	3
6 Maelys Price	00:17:01	00:16:45	6	4
7 Rebecca Addison	00:17:35	00:16:30	7	5
8 Riley Marsh	00:22:10	00:21:00	8	3
9 Lily Choat	00:22:17	00:21:00	9	6

Sewerby parkrun 5K - 23rd December

5 Phill Taylor	00:18:47
10 Paul Good	00:19:48
11 Nick Jordan	00:20:06
13 Dean Hyde	00:20:27
16 Steve Wilson	00:20:58
20 Micah Gibson	00:22:21
26 Justin Choat	00:22:58
27 Chris Price	00:23:04
37 Erin Gummerson (J)	00:23:56
40 Tyler Choat (J)	00:24:11
48 Gillian Taylor	00:24:57
55 Rebecca Miller (J)	00:25:32
59 Jonathan Ogden	00:25:39
61 Jasmine Jallow (J)	00:25:55 PB
69 Annabelle Miller (J)	00:26:23
70 Evie Lakes (J)	00:26:23
71 Patricia Bielby	00:26:25
72 Graham Lonsdale	00:26:27
75 Heidi Baker	00:26:48
78 Les Thornton	00:26:55
79 Simon Porter	00:27:09
81 Clare Gummerson	00:27:14
86 Alan Feldberg	00:27:38
87 Dan Cawthorn	00:27:56
88 James Briggs	00:27:56
94 Stuart Bowes	00:28:42
98 Chris Humphries	00:28:51

Club Results 2023

108 Lynda Gent	00:30:07
109 Stuart Gent	00:30:08
117 Charlotte Jallow	00:31:10
123 Joshua Miller (J)	00:31:48
129 Keren Miller	00:31:59
130 Greg Miller	00:32:00
135 Alexander Fynn (J)	00:32:56
142 Lucinda Gibson	00:33:24
144 Pete Royal	00:33:44
145 Kevin Sissons	00:33:50
150 Emilie Cawthorn	00:34:45
152 Lily Choat (J)	00:34:52
168 Janet Downes	00:39:02
169 Amanda Porter	00:39:02
171 Alfie Briggs (J)	00:40:19
172 Kirsten Porter	00:40:20
173 Rob Calthorpe	00:40:54
178 Carole Pickburn	00:42:03
182 Tina Calthorpe	00:45:47
185 Linda Hall	00:51:10

Heartlands parkrun 5K - 23rd December

33 Damian Probett	00:24:18
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Lincoln parkrun 5K - 23rd December

173 Danielle Whitehouse	00:30:13
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North Yorkshire Water Park parkrun 5K - 23rd December

1 Dominic Bond	00:17:49
3 Tom Mullen	00:19:45
31 Dave Bond	00:23:43
93 Susan Bond	00:29:31

Virtual parkrun 5K - 23rd December

Mim Ireland	00:23:53
Andy Baker	00:27:14
Elizabeth Ingle	00:37:29

Dalby Forest parkrun 5K - 25th December

3 Dominic Bond	00:17:30 PB
82 Andrew Gibson	00:24:57 PB
121 Dave Bond	00:27:38
131 Stuart Bowes	00:27:59
140 Micah Gibson	00:28:18
146 Lynda Gent	00:28:47
147 Stuart Gent	00:28:47
180 Sarah Marr	00:30:26
181 Susan Bond	00:30:27
184 Simon Walters	00:30:29
198 Dave Foster	00:31:20

Club Results 2023

276 Rob Calthorpe	00:39:45
292 Tina Calthorpe	00:45:37

Hull parkrun 5K - 25th December

134 Ashley Porter	00:24:40
275 Simon Porter	00:27:41
484 Amanda Porter	00:37:03
485 Kirsten Porter	00:37:03

EHH Boxing Day 10K - 26th December

31 Phill Taylor	00:38:41	
42 Joanna Dagnan	00:40:13	1st LV40 - 2nd F
51 Paul Good	00:41:31	
72 Micah Gibson	00:44:39	
124 Gillian Taylor	00:48:58	
130 Andrew Gibson	00:49:24	
200 Kirsten Porter	00:59:08	
201 Simon Porter	00:59:08	
202 Amanda Porter	00:59:08	
218 Lucinda Gibson	01:05:00	

Filey 5K Beach Race - 28th December

1 Dominic Bond	00:19:11
2 Tom Mullen	00:20:13
4 Simon Walters	00:21:08
Justin Choat	00:23:33
Tyler Choat (J)	00:24:14
Ted Imeson (J)	00:24:46
Dave Bond	00:25:16
Simon Gummerson	00:25:28
Emma Richardson	00:26:52
Patricia Bielby	00:27:34
Micah Gibson	00:28:04
Clare Gummerson	00:28:15
Susan Bond	00:29:54
Helena Smith	00:31:02
Lily Choat (J)	00:32:26
Dave Foster	00:33:20
Mary Yates	00:35:40
Amy Hall	00:47:16
Rob Calthorpe	00:44:03
Tina Calthorpe	00:47:56
Alfie Briggs (J)	00:49:36
James Briggs	00:49:36

No positions given in published results

Sewerby parkrun 5K - 30th December

1 Scott Hargreaves	00:17:20
6 Nick Jordan	00:19:43

Club Results 2023

7 Paul Good	00:19:54
13 Steve Wilson	00:20:31 PB
16 Adam Dyas	00:21:02
18 Richard Kirkpatrick	00:21:15 PB
21 Phill Taylor	00:21:52
27 Micah Gibson	00:22:23
29 Ted Imeson (J)	00:22:41
30 Chris Price	00:22:42
33 Martin Hutchinson	00:23:00
35 Simon Gummerson	00:23:12
36 Simon Ellerker	00:23:22
39 Mim Ireland	00:23:32
41 Simon Bekker	00:23:50
45 Evie Lakes (J)	00:24:16
48 Gillian Taylor	00:24:36
50 Alan Feldberg	00:24:44
57 Oceane Price (J)	00:25:01
63 Jasmine Jallow (J)	00:25:43 PB
64 Jonathan Ogden	00:25:44
68 Andrew Gibson	00:25:51
77 Patricia Bielby	00:26:21
79 Amy Fowler	00:26:24
82 Christie Trower	00:26:27
83 Maelys Price (J)	00:26:30
84 Graham Lonsdale	00:26:31
99 Heidi Baker	00:27:49
101 Andy Baker	00:27:56
110 Simon Porter	00:28:41
113 Stuart Bowes	00:28:55
132 Lily Choat (J)	00:30:14
133 Tyler Choat (J)	00:30:14
135 Justin Choat	00:30:18
153 Charlotte Jallow	00:31:43
160 Dave Foster	00:32:25
166 Lucinda Gibson	00:33:11
182 Kevin Sissons	00:34:10
183 Pete Royal	00:34:23
195 Alfie Briggs (J)	00:37:04
196 Kirsten Porter	00:37:05
203 Janet Downes	00:38:31
204 Amanda Porter	00:38:32
217 Carole Pickburn	00:42:06
224 Linda Hall	00:49:57
225 Cindy Baker	00:49:58

Durham parkrun 5K - 30th December

260 Yvonne Shawcross	00:31:54
290 Graham Shawcross	00:32:59

Lincoln parkrun 5K - 30th December

Club Results 2023

164 Danielle Whitehouse 00:30:47

Millom parkrun 5K - 30th December

22 Stuart Gent 00:24:54

40 Lynda Gent 00:28:53

North Yorkshire Water Park parkrun 5K - 30th December

1 Dominic Bond 00:17:25 PB

26 Dave Bond 00:23:04

64 Susan Bond 00:27:52

159 Rob Calthorpe 00:38:52

173 Tina Calthorpe 00:45:23

Peter Pan parkrun 5K - 30th December

83 Emma Richardson 00:27:10

Virtual parkrun 5K - 30th December

Sarah Marr 00:31:56