| Alternative parkrun 5K-1st Jan |  |
| :---: | :---: |
| 2 Phill Taylor | 00:19:20 |
| 3 Nick Jordan | 00:19:45 |
| 6 Mollie Holehouse | 00:21:44 |
| 8 Micah Gibson (J) | 00:22:34 |
| 12 Graham Lonsdale | 00:23:18 |
| 13 Annabelle Miller (J) | 00:23:41 |
| 14 Rebecca Miller (J) | 00:23:48 |
| 15 Alan Feldberg | 00:23:50 |
| 16 Joshua Miller (J) | 00:24:01 |
| 17 Ben Edwards (J) | 00:24:13 |
| 23 Simon Ellerker | 00:24:50 |
| 26 Emma Richardson | 00:24:59 |
| 33 Jason Pointez | 00:25:23 |
| 34 Greg Miller | 00:25:24 |
| 36 Dominique Webster | 00:25:57 |
| 37 Patricia Bielby | 00:26:00 |
| 39 Heidi Baker | 00:26:03 |
| 40 Sharon Watts | 00:26:06 |
| 48 Helena Bennett | 00:27:39 |
| 51 Joanna Dagnan | 00:27:45 |
| 52 T J Choat (J) | 00:27:47 |
| 53 Keren Miller | 00:27:56 |
| 56 Jane Welbourn | 00:28:08 |
| 57 Lynda Gent | 00:28:11 |
| 59 Angela Bailey | 00:28:15 |
| 63 Pete Royal | 00:28:59 |
| 68 Yvonne Shawcross | 00:29:44 |
| 72 Dave Pring | 00:31:09 |
| 74 Mim Ireland | 00:31:16 |
| 75 Bob Eyre | 00:32:02 |
| 83 Janet Downes | 00:33:35 |
| 84 John Edwards | 00:33:42 |
| 86 Kevin Sissons | 00:34:14 |
| 89 David Duffill | 00:35:04 |
| 92 Debbie Duffill | 00:36:40 |
| 93 Linda Hall | 00:36:58 |
| 98 L M E Choat (J) | 00:39:12 |
| 104 Tina Calthorpe | 00:41:52 |
| 105 Rob Calthorpe | 00:41:53 |
| 106 Dian Rewston | 00:48:05 |
| Hull parkrun 5K-1st January |  |
| 103 Simon Porter | 00:25:59 |
| 157 Nicola Fowler | 00:28:10 |
| 158 Amy Fowler | 00:28:11 |
| 304 Kirsten Porter | 00:35:09 |


| Peter Pan parkrun 5K-1st January |  |
| :---: | :---: |
| 1 James Wilson | 00:17:59 |
| Dalby Forest parkrun-1st January |  |
| 13 Martin Hutchinson | 00:20:33 |
| York parkrun 5K-1st January |  |
| 16 Josh Taylor | 00:18:55 PB |
| 137 Gillian Taylor | 00:23:27 |
| Glossop parkrun 5K-1st January |  |
| 105 Lyndon Spivey | 00:40:43 |
| Hardmoors 30-1st January |  |
| 20 Kendra Wedgwood | 06:06:28 4th Lady |
| Sewerby parkrun 5K-8th January |  |
| 1 Scott Hargreaves | 00:17:32 |
| 5 Martin Hutchinson | 00:21:32 |
| 9 Jonathan Ogden | 00:23:09 |
| 15 Mollie Holehouse | 00:24:10 Strava |
| 19 Graham Lonsdale | 00:24:26 |
| 20 James Briggs | 00:24:28 |
| 21 Adam Dyas | 00:25:24 |
| 24 Jason Pointez | 00:25:47 |
| 30 Alan Feldberg | 00:26:11 |
| 31 Sharon Watts | 00:26:13 |
| 32 Gillian Taylor | 00:26:19 |
| 37 Stuart Gent | 00:26:34 |
| 40 Emma Richardson | 00:26:51 |
| 41 Janet Potter | 00:26:57 |
| 42 Chris Humphries | 00:26:58 |
| 43 Amy Fowler | 00:27:02 |
| 62 Angela Bailey | 00:29:33 |
| 77 Kara Mainprize | 00:31:27 |
| 78 Lynda Gent | 00:31:27 |
| 79 Anne Kelly | 00:31:44 |
| 80 Ethan Jones (J) | 00:31:53 |
| 85 Pete Royal | 00:33:29 |
| 88 Andy Baker | 00:33:46 |
| 93 Kevin Sissons | 00:34:43 |
| 101 Stuart Bowes | 00:36:37 |
| 104 Erin Jones (J) | 00:37:46 |
| 106 David Duffill | 00:39:24 |
| 107 Janet Downes | 00:39:58 |
| 111 Cindy Baker | 00:44:11 |
| 113 Linda Hall | 00:44:12 |
| 114 Dian Rewston | 00:46:44 |

## Beverley Westwood parkrun 5K - 8th January <br> 75 Chloe Whitehouse <br> 00:32:16

78 Danielle Whitehouse 00:33:28

## Hull parkrun 5K - 8th January

| 3 James Wilson | $00: 16: 53$ PB |
| :--- | :--- |
| 7 Tom Mullen | $00: 18: 34$ |
| 12 Ruben Syrett | $00: 19: 03$ |
| 45 April-Marie Exley | $00: 22: 31$ |

## Peter Pan parkrun 5K, Hull - 8th January

37 Patricia Bielby 00:26:24

52 Paul Brown 00:27:46

## Virtual parkrun 5K - 8th January

| Miriam Ireland | $00: 24: 33$ |
| :--- | :--- |
| Nicola Fowler | $00: 28: 30$ |
| Kirsten Porter | $00: 35: 47$ |
| Simon Porter | $00: 35: 50$ |
| Amanda Tindall | $00: 38: 14$ |

## Harewood House Trail Half Marathon - 8th January

## Chip Time Gun Time

95 Kerry Whitehead
02:02:14 02:03:09

## Humberside XC Championships - 8th January <br> U11F 2000m

2 Annabelle Miller 00:09:17
7 Oceane Price 00:11:11
15 Hope Adams 00:14:25
17 Lily Choat 00:17:25
BRR-2nd Team

## U11M 2000m

6 Isaac McNulty 00:09:33

9 Teddy Imeson 00:09:54
10 Josh Miller 00:09:56
12 Tyler Choat 00:10:05
BRR - 1st Team
U13F 3000m
4 Becky Miller 00:14:05
25 Kyra Leary 00:19:22
U13M 3000m
11 Alija Balleza 00:14:35
16 William McNulty 00:16:49
20 Jacob Price 00:18:58
22 Alexander Fynn
BRR - 3rd Team
U15F 4500m
6 Erin Gummerson 00:27:38

## U17M 6500 m

| 12 Ben Edwards | 00:34:53 |
| :---: | :---: |
| 14 Micah Gibson | 00:38:59 |
| Senior \& Masters Women 10000m |  |
| 7 Joanna Dagnan | 00:49:51 |
| Senior \& Masters Men 12000m |  |
| 21 Josh Taylor | 00:54:34 |
| Montane Spine Challenge - 8/10th January |  |
| Edale to Hawes - approx 108 miles |  |
| 10 Kendra Wedgwood | 46:09:30 1st Lady !!!! |
| Sewerby parkrun 5K-15th January |  |
| 1 Phill Taylor | 00:18:41 |
| 4 Nick Jordan | 00:20:29 |
| 5 James Briggs | 00:20:32 |
| 11 Martin Hutchinson | 00:21:17 |
| 17 Josh Taylor | 00:22:09 |
| 18 Micah Gibson (J) | 00:22:12 PB |
| 20 Ben Edwards (J) | 00:22:23 |
| 22 Mollie Holehouse | 00:23:04 |
| 23 Allan McFarlane | 00:23:05 |
| 25 Adam Dyas | 00:23:23 |
| 31 Keren Miller | 00:24:09 |
| 36 Jason Pointez | 00:24:20 |
| 39 James Riley | 00:24:29 |
| 41 Graham Lonsdale | 00:24:41 |
| 45 T J Choat (J) | 00:25:04 |
| 48 Laura Nurse | 00:25:16 PB |
| 49 Gillian Taylor | 00:25:23 |
| 50 Alan Feldberg | 00:25:23 |
| 52 Patricia Bielby | 00:25:39 |
| 57 Andy Baker | 00:26:05 |
| 65 Amy Fowler | 00:26:29 |
| 69 Stuart Gent | 00:26:40 |
| 73 Simon Porter | 00:27:11 |
| 77 Dominique Webster | 00:27:33 |
| 96 Tom Woodhouse | 00:28:48 |
| 99 Chris Price | 00:28:57 |
| 100 Pete Royal | 00:29:14 |
| 119 Anne Kelly | 00:31:37 |
| 122 Ethan Jones (J) | 00:32:05 |
| 123 Dave Pring | 00:32:13 |
| 129 Lucinda Gibson | 00:32:31 PB |
| 142 Kevin Sissons | 00:34:28 |
| 145 Erin Jones (J) | 00:34:30 |
| 146 Stuart Bowes | 00:34:36 |
| 151 L M E Choat (J) | 00:35:37 |
| 153 Kirsten Porter | 00:35:39 |
| 155 Janet Downes | 00:35:46 |


| 156 Amanda Tindall | $00: 35: 46$ |
| :--- | :--- |
| 157 Mary Yates | $00: 35: 47$ |
| 169 Cindy Baker | $00: 37: 49$ |
| 177 Sam Adams | $00: 40: 18$ |
| 178 Linda Hall | $00: 40: 19$ |

Virtual parkrun 5K-15th January

| Nicola Fowler | $00: 28: 03$ |
| :--- | :--- |
| Mim Ireland | $00: 28: 14$ |
| Kara Mainprize | $00: 28: 16$ |
| Tina Calthorpe | $00: 40: 42$ |

EYXC League Sledmere XC - 16th January

2 Scott Hargreaves 00:41:08
4 James Wilson 00:42:33
8 Phill Taylor 00:44:14
21 Tom Mullen 00:47:15
30 Josh Taylor 00:48:54
31 Dan Cawthorn 00:49:00
45 Alan Feldberg 00:51:10
4 Jo Dagnan 00:51:36
52 Adam Thomas 00:52:22
10 Lisa Cockcroft 00:54:57
15 Mim Ireland 00:55:40
74 Allan McFarlane 00:55:43
82 Graham Lonsdale 00:57:27
23 Kerry Whitehead 00:59:46
104 Simon Ellerker 01:00:59
38 Janet Potter 01:03:20
123 Tom Fynn 01:05:16
55 Dominique Webster 01:07:09
62 Heidi Baker 01:09:57
149 David Pring 01:17:23
83 Janet Downes 01:20:35
84 Vickie Ellerker 01:21:31

BRR Men-2nd Team
BRR Women - 3rd Team

Sewerby parkrun 5K - 22nd January
3 James Briggs
00:20:52
11 Micah Gibson (J) 00:22:35
12 Allan McFarlane 00:22:38
13 Annabelle Miller (J) 00:22:41 2nd F
19 Rebecca Miller (J) 00:23:12
22 Adam Dyas 00:23:23
25 James Riley 00:23:41
28 Keren Miller 00:24:14
29 Greg Miller 00:24:15
30 Jason Pointez 00:24:21

| 33 Alan Feldberg | $00: 24: 34$ |
| :--- | :--- |
| 40 Ben Edwards (J) | $00: 25: 15$ |
| 49 Graham Lonsdale | $00: 26: 23$ |
| 50 Simon Porter | $00: 26: 29$ |
| 58 Amy Fowler | $00: 27: 12$ |
| 73 Tom Woodhouse | $00: 28: 45$ |
| 74 Emily Cawthorn | $00: 28: 46$ PB |
| 80 Dominique Webster | $00: 28: 56$ |
| 81 Paul Brown | $00: 28: 57$ |
| 89 Pete Royal | $00: 29: 25$ |
| 90 Angela Bailey | $00: 29: 29$ |
| 96 Nicola Fowler | $00: 30: 29$ |
| 100 Laura Nurse | $00: 31: 04$ |
| 104 Anne Kelly | $00: 31: 11$ |
| 110 Dave Pring | $00: 31: 37$ |
| 113 Di Raper | $00: 31: 57$ |
| 114 Lucinda Gibson | $00: 31: 58$ PB |
| 120 Ethan Jones (J) | $00: 32: 29$ |
| 121 Oliver Stevenson (J) | $00: 32: 42$ |
| 123 Kyle Tibbett (J) | $00: 32: 54$ |
| 124 Erin Jones (J) | $00: 33: 00$ |
| 128 Stuart Bowes | $00: 33: 17$ |
| 129 Kevin Sissons | $00: 33: 40$ |
| 137 Janet Downes | $00: 34: 28$ |
| 162 Amanda Tindall | $00: 38: 35$ |
| 164 Kirsten Porter | $00: 38: 37$ |
| 165 David Duffill | $00: 38: 43$ |
| 167 Debbie Duffill | $00: 39: 01$ |
| 171 Linda Hall | $00: 41: 32$ |
| 172 Sam Adams | $00: 41: 32$ |

## Hull parkrun 5K - 22nd January

9 Josh Taylor 00:18:14
10 Phill Taylor 00:18:16
22 Adam Thomas 00:19:07
29 Martin Hutchinson 00:19:59
53 Mollie Holehouse 00:21:48
96 Gillian Taylor 00:23:58
Rothwell parkrun 5K-22nd January
158 Yvonne Shawcross
00:30:44 PB
Lincoln parkrun 5K-22nd January
281 Danielle Whitehouse 00:34:55
Virtual parkrun 5K-22nd January

| Mim Ireland | $00: 25: 39$ |
| :--- | :--- |
| Rob Calthorpe | $00: 45: 46$ |
| Tina Calthorpe | $00: 46: 20$ |

## BRR Juniors - Danes Dyke 3 miles - 23rd January

| 1 Ben Edwards | $00: 24: 16$ 1st Boy |
| :--- | :--- |
| 2 Becky Miller | $00: 24: 55$ 1st Girl |
| 3 Micah Gibson | $00: 25: 43$ 2nd Boy |
| 4 Rebecca Addison | $00: 26: 08$ 2nd Girl |
| 5 Teddy Imeson | $00: 26: 40$ 3rd Boy |
| 6 Tyler Choat | $00: 27: 02$ |
| 7 Josh Miller | $00: 28: 21$ |
| 8 Erin Gummerson | $00: 29: 01$ 3rd Girl |
| 9 Louie Dixon | $00: 31: 12$ |
| 10 Alfie Turnbull | $00: 33: 41$ |
| 11 Hannah Imeson | $00: 34: 09$ |
| 12 Kyra Leary | $00: 34: 11$ |
| 13 Oceane Price | $00: 34: 55$ |
| 14 Charlie Johnson | $00: 43: 05$ |
| $15=$ Hope Adams | $00: 45: 55$ |
| $15=$ Maelys Price | $00: 45: 55$ |
| 17 Lily Choat | $00: 46: 23$ |
| 18 Brooke Adams | $00: 47: 31$ |
| 19 Alexander Fynn | $00: 49: 54$ |

## Sewerby parkrun 5K - 29th January

1 Phill Taylor 00:18:42

4 Dan Cawthorn 00:20:42
5 Josh Taylor 00:20:50
7 James Briggs 00:20:59
9 Mollie Holehouse 00:22:24 1st F
15 Annabelle Miller (J) 00:23:13 3rd F
17 Allan McFarlane 00:23:24
18 Rebecca Miller (J) 00:23:32
20 Adam Dyas 00:23:40
21 Micah Gibson (J) 00:23:58
23 Joanna Dagnan 00:24:03
26 Keren Miller 00:24:29
27 Gillian Taylor 00:24:46
29 Chris Price 00:24:53
30 T J Choat (J) 00:24:58
34 Jason Pointez 00:25:34
41 Alan Feldberg 00:25:58
44 Amy Fowler 00:26:08
47 Simon Porter 00:26:25
52 Jonathan Ogden 00:27:25
53 Luke Duffill 00:27:30
59 Kara Mainprize 00:27:54
77 Andy Baker 00:29:53
78 Pete Royal 00:29:55
80 Oliver Stevenson (J) 00:31:10
88 Dave Pring 00:31:54
94 Lucinda Gibson 00:32:59
95 Dominique Webster 00:33:00

| 98 Kevin Sissons | $00: 33: 09$ |
| :--- | :--- |
| 115 Glenn Walker | $00: 35: 33$ |
| 116 Stuart Bowes | $00: 36: 37$ |
| 118 Sharon Bowes | $00: 36: 50$ |
| 122 Mary Yates | $00: 37: 09$ |
| 123 Sam Adams | $00: 37: 37$ |
| 124 L M E Choat (J) | $00: 37: 55$ |
| 125 Kirsten Porter | $00: 37: 55$ |
| 126 Amanda Tindall | $00: 37: 56$ |
| 129 David Duffill | $00: 38: 27$ |
| 133 Cindy Baker | $00: 41: 07$ |
| 134 Linda Hall | $00: 41: 07$ |
| 136 Dave Foster | $00: 44: 05$ |
| 137 Dian Rewston | $00: 45: 38$ |

116 Stuart Bowes 00:36:37
118 Sharon Bowes 00:36:50
122 Mary Yates 00:37:09
123 Sam Adams 00:37:37
124 L M E Choat (J) 00:37:55
125 Kirsten Porter 00:37:55
126 Amanda Tindall 00:37:56
129 David Duffill 00:38:27
133 Cindy Baker 00:41:07
134 Linda Hall 00:41:07
137 Dian Rewston 00:45:38

## The Cinder Track parkrun 5K, Whitby - 29th January

67 Elizabeth Ingle
00:35:23

## Windy Nook parkrun 5K, Gateshead - 29th January

16 Paul Brown 00:28:45

Virtual parkrun 5K-29th January

| Mim Ireland | $00: 24: 23$ |
| :--- | :--- |
| Nicola Fowler | $00: 28: 41$ |
| Rob Calthorpe | $00: 40: 35$ |
| Tina Calthorpe | $00: 41: 48$ |

No Ego Torch Challenge, Dalby Forest - 29th January
Chip Time Gun Time

| 33 Martin Hutchinson | $00: 43: 05$ | $00: 43: 05$ |
| :--- | :--- | :--- |
| 44 Greg Miller | $00: 44: 15$ | $00: 44: 16$ |
| 49 Allan McFarlane | $00: 44: 29$ | $00: 44: 36$ |
| 58 James Riley | $00: 45: 50$ | $00: 46: 15$ |
| 101 Emma Richardson | $00: 50: 33$ | $00: 50: 39$ |
| 105 Justine Sutcliffe | $00: 50: 52$ | $00: 51: 11$ |
| 106 Daniel Rudd | $00: 51: 03$ | $00: 51: 30$ |
| 143 Helena Bennett | $00: 52: 56$ | $00: 53: 14$ |
| 288 Paul Raper | $01: 08: 54$ | $01: 09: 11$ |
| 289 Di Raper | $01: 08: 54$ | $01: 09: 11$ |

Ferriby 10 Mile - 30th January

|  | Chip Time | Gun Time |
| :--- | ---: | :--- |
| 4 Scott Hargreaves | $00: 53: 50$ | $00: 53: 51$ |
| 2nd MV35 |  |  |
| 19 James Wilson | $00: 57: 38$ | $00: 57: 40$ |
| 1st MV40 |  |  |
| 242 Graham Lonsdale | $01: 16: 45$ | $01: 16: 57$ |
| 433 Dominiques Webster | $01: 27: 08$ | $01: 27: 44$ |
| 645 Gerard Ferre | $01: 41: 50$ | $01: 42: 40$ |
| 665 Janet Downes | $01: 44: 56$ | $01: 45: 52$ |
| 666 Amanda Tindall | $01: 44: 58$ | $01: 45: 52$ |
| 667 Simon Porter | $01: 44: 59$ | $01: 45: 53$ |

736 Linda Hall 02:08:39 02:09:36 1st LV75

## Sewerby parkrun 5K - 5th February <br> 2 Phill Taylor 00:19:08 <br> 6 Nick Jordan 00:19:52 <br> 8 James Briggs 00:20:53 <br> 17 Allan McFarlane 00:22:50 <br> 25 Adam Dyas 00:23:18 <br> 29 Ben Edwards (J) 00:23:49 <br> 30 Jonathan Ogden 00:23:53 <br> 32 Graham Lonsdale 00:24:24 <br> 33 Jason Pointez 00:24:48 <br> 34 Chris Price 00:24:52 <br> 45 Amy Fowler 00:25:57 <br> 48 Andy Baker 00:26:12 <br> 65 Heidi Baker 00:27:19 <br> 66 Toby Tibbett (J) 00:27:28 <br> 71 Luke Duffill 00:27:41 <br> 85 Angela Bailey 00:28:51 <br> 94 Nicola Fowler 00:29:44 <br> 99 Pete Royal 00:30:38 <br> 102 Ethan Jones (J) 00:30:51 <br> 113 Anne Kelly 00:32:02 <br> 114 Dave Pring 00:32:04 <br> 115 Lucinda Gibson 00:32:18 <br> 119 Kevin Sissons 00:32:53 <br> 121 Erin Jones (J) 00:33:02 <br> 122 Kyle Tibbett (J) 00:33:23 <br> 129 Janet Downes 00:34:06 <br> 146 Debbie Duffill 00:37:57 <br> 149 David Duffill 00:38:14 <br> 157 L M E Choat (J) 00:40:51 <br> 160 Linda Hall 00:41:13 <br> 161 Cindy Baker 00:41:14 <br> 167 Dave Foster 00:45:18

## Huddersfield parkrun 5K - 5th February

| 159 Simon Porter | $00: 26: 47$ |
| :--- | :--- |
| 327 Amanda Tindall | $00: 31: 45$ |
| 328 Kirsten Porter | $00: 31: 46$ |

Sandall parkrun 5K - 5th February
84 Paul Brown 00:28:21

Virtual parkrun 5K - 5th February
Mim Ireland
00:24:15

Quibell Park XC, Scunthorpe - 5th February
U11 Girls
1 Annabelle Miller 00:08:20 1st Team

| 4 Evie Lakes | 00:09:28 |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 5 Oceane Price | 00:10:06 |  |  |  |
| 15 Hope Adams | 00:12:26 |  |  |  |
| U11 Boys |  |  |  |  |
| 7 Josh Miller | 00:09:02 1st Team |  |  |  |
| 8 Teddy Imeson | 00:09:05 |  |  |  |
| 9 Tyler Choat | 00:09:06 |  |  |  |
| 11 Alfie Turnbull | 00:10:08 |  |  |  |
| U13 Girls |  |  |  |  |
| 2 Becky Miller | 00:10:37 2nd Team |  |  |  |
| 9 Rebecca Addison | 00:11:25 |  |  |  |
| 20 Kyra Leary | 00:14:26 |  |  |  |
| 21 Maelys Price | 00:15:11 |  |  |  |
| U13 Boys |  |  |  |  |
| 14 Daniel Imeson | 00:11:24 |  |  |  |
| U15 Girls |  |  |  |  |
| 6 Erin Gummerson | 00:17:52 |  |  |  |
| Senior/Vet Women |  |  |  |  |
| 2 Joanna Dagnan | 00:33:29 1st Team |  |  |  |
| 8 Clare Gummerson | 00:38:27 |  |  |  |
| 9 Keren Miller | 00:38:47 |  |  |  |
| Senior/Vet Men |  |  |  |  |
| 4 James Wilson | 00:34:58 2nd Team |  |  |  |
| 10 Tom Mullen | 00:38:25 |  |  |  |
| 14 Josh Taylor | 00:40:40 |  |  |  |
| 21 Greg Miller | 00:43:45 |  |  |  |
| Dewsbury 10K - 6th February |  |  |  |  |
|  | Chip Time Gun Time |  |  |  |
| 348 Martin Hutchinson | 00:40:04 00:40:17 |  |  |  |
| BRR Anniversary 3 Mile - 6th February |  |  |  |  |
|  |  | Target | Actual | Pts |
| 1 Phill Taylor | 00:17:28 1st MV40 | 00:17:59 | 00:17:28 | 44 |
| 2 Josh Taylor | 00:18:35 | 00:17:53 | 00:18:35 | 35 |
| 3 Nick Jordan | 00:18:45 | 00:19:16 | 00:18:45 | 43 |
| 4 Alan Feldberg | 00:19:12 1st MV45 | 00:19:23 | 00:19:12 | 42 |
| 5 Tom Woodhouse | 00:20:11 | 00:20:09 | 00:20:11 | 39 |
| 6 Simon Ellerker | 00:20:22 | 00:21:06 | 00:20:22 | 46 |
| 7 Mollie Holehouse | 00:21:20 1st F | 00:21:33 | 00:21:20 | 44 |
| 8 Allan McFarlane | 00:21:23 MV55 | 00:22:01 | 00:21:23 | 45 |
| 9 Adam Dyas | 00:21:25 | 00:22:30 | 00:21:25 | 49 |
| 10 Clare Gummerson | 00:22:40 2nd F 1st/LV45 | 00:22:15 | 00:22:40 | 39 |
| 11 Gillian Taylor | 00:23:05 3rd F | 00:23:46 | 00:23:05 | 49 |
| 12 Kerry Whitehead | 00:23:35 1st LV40 | 00:22:06 | 00:23:35 | 33 |
| 13 Emma Richardson | 00:23:50 | 00:24:20 | 00:23:50 | 47 |
| 14 Kelly Palmer | 00:24:01 | 00:22:47 | 00:24:01 | 35 |
| 15 Diane Palmer | 00:24:11 1st LV55 | 00:23:31 | 00:24:11 | 37 |
| 16 Dominique Webster | 00:25:29 | 00:25:09 | 00:25:29 | 40 |
| 17 Kevin Lewis | 00:26:10 | 00:25:24 | 00:26:10 | 37 |


| 18 Paul Brown | 00:26:30 1st MV70 |
| :---: | :---: |
| 19 Jane Welbourn | 00:26:47 1st LV50 |
| 20 Pete Royal | 00:27:15 |
| 21 Nicola Fowler | 00:27:57 1st LV35 |
| 22 Jennifer Kilburn | 00:28:56 |
| 23 Chris Johnson | 00:29:07 |
| 24 Anne Kelly | 00:29:50 |
| 25 Stuart Bowes | 00:29:56 |
| 26 Lucinda Gibson | 00:30:15 |
| 27 David Pring | 00:30:17 |
| 28 Janet Downes | 00:31:38 |
| 29 Mary Yates | 00:31:39 1st LV60 |
| 30 Linda Hall | 00:35:21 1st LV75 |
| 31 Debbie Duffill | 00:35:32 |
| 32 David Foster | 00:37:50 1st MV65 |
| 33 Tina Calthorpe | 00:39:16 |
| 34 Rob Calthorpe | 00:39:16 |

## BRR Juniors Anniversary Handicap - 6th February

|  | Start Time | Fin. Time |
| :--- | ---: | ---: |
| Lily Choat | $00: 00$ | $19: 04$ |
| Brooke Adams | $00: 30$ | $20: 46$ |
| Hope Adams | $00: 45$ | $19: 24$ |
| Maelys Price | $01: 15$ | $18: 30$ |
| Kyra Leary | $02: 15$ | $18: 24$ |
| Ocean Price | $02: 45$ | $17: 00$ |
| Hannah Imeson | $02: 45$ | $16: 25$ |
| Alfie Turnbull | $03: 00$ | $18: 03$ |
| Louie Dixon | $03: 00$ | $16: 23$ |
| Teddy Imeson | $03: 30$ | $16: 24$ |
| Josh Miller | $03: 30$ | $16: 27$ |
| Erin Gummerson | $03: 30$ | $16: 30$ |
| Tyler Choat | $04: 30$ | $17: 00$ |
| Rebecca Addison | $04: 30$ | $16: 51$ |
| Micah Gibson | $04: 45$ | $16: 32$ |
| Becky Miller | $05: 00$ | $17: 14$ |
| Ben Edwards | $06: 00$ | $17: 29$ |

BRR Winter League 2021/2022 Final Points Table Women

Constable

| 1 Lucinda Gibson | 41 |
| :--- | :--- |
| $2=$ Anne Kelly | 44 |
| $2=$ Gillian Taylor | 40 |
| 3 Clare Gummerson | 45 |
| 4 Nicola Fowler | 31 |
| 5 Diane Palmer | 43 |
| 6 Dominique Webster | 38 |
| 7 Kelly Palmer | 42 |
| 8 Tina Calthorpe | 32 |
| 9 Janet Downes |  |


| Xmas | Anniv 3 | Total |
| ---: | ---: | ---: |
| 48 | 48 | $\mathbf{1 3 7}$ |
| 42 | 46 | $\mathbf{1 3 2}$ |
| 43 | 49 | $\mathbf{1 3 2}$ |
| 39 | 39 | $\mathbf{1 2 3}$ |
| 47 | 41 | 119 |
| 36 | 37 | 116 |
| 37 | 40 | 115 |
| 34 | 35 | 111 |
| 38 | 36 | 106 |
| 50 | 42 | 92 |

## Club Results 2022

10= Linda Hall 49 ..... 38 ..... 87
10= Emma Richardson ..... 40 ..... 47 ..... 87
11 Jennifer Kilburn ..... 47 ..... 34 ..... 81
12= Jane Welbourn ..... 36 ..... 43 ..... 79
12= Patricia Bielby ..... 35 ..... 44 ..... 79
13 Elizabeth Ingle 37
14 Kerry Whitehead ..... 34
15 Emma Artley ..... 33
35 ..... 72
16= Mary Yates ..... 5050
17 Becky Lawry 49
67
33 ..... 6716= Janet Potter50
18 Jo Dagnan ..... 48 ..... 48
19= Miriam Ireland ..... 46 ..... 46
19= Justine Sutcliffe ..... 46 ..... 46
20= Debbie Duffill ..... 45 ..... 45
20= Lynda Gent ..... 45 ..... 45
21 Mollie Holehouse ..... 44 ..... 44
22 Amanda Tindall 41 ..... 41
23 Zoe Ellis-Cornell ..... 39 ..... 39
24 Yvonne Shawcross ..... 32 ..... 32
Men

| 1 Phill Taylor | 44 | 45 | 44 | 133 |
| :---: | :---: | :---: | :---: | :---: |
| 2 Dave Pring | 49 | 42 | 41 | 132 |
| 3 Josh Taylor | 50 | 44 | 35 | 129 |
| 4 Pete Royal |  | 50 | 47 | 97 |
| 5= Allan McFarlane | 46 |  | 45 | 91 |
| 5= Stuart Gent | 45 | 46 |  | 91 |
| 6 Adam Dyas |  | 41 | 49 | 90 |
| 7 Simon Ellerker | 43 |  | 46 | 89 |
| 8 Kevin Lewis | - | 49 | 37 | 86 |
| 9 Alan Feldberg |  | 43 | 42 | 85 |
| 10 Chris Johnson | 48 |  | 36 | 84 |
| 11 Stuart Bowes |  |  | 50 | 50 |
| 12= Paul Brown |  |  | 48 | 48 |
| 12= Graham Lonsdale |  | 48 |  | 48 |
| 13= Martin Hutchinson |  | 47 |  | 47 |
| 13= Dan Cawthorn | 47 |  |  | 47 |
| 14 Nick Jordan |  |  | 43 | 43 |
| 15 Robert Calthorpe |  |  | 40 | 40 |
| 16 Tom Woodhouse |  |  | 39 | 39 |
| 17 David Foster |  |  | 38 | 38 |

## Sewerby parkrun 5K-12th February

| 1 Phill Taylor | $00: 19: 41$ |
| :--- | :--- |
| 2 Nick Jordan | $00: 20: 16$ |
| 6 Josh Taylor | $00: 21: 46$ |
| 8 James Briggs | $00: 21: 52$ |
| 9 Martin Hutchinson | $00: 22: 29$ |
| 10 Jonathan Ogden | $00: 22: 34$ |


| 13 Rebecca Miller (J) | 00:22:55 1st F |
| :---: | :---: |
| 17 Isaac McNulty (J) | 00:23:05 |
| 18 Annabelle Miller (J) | 00:23:06 3rd F |
| 20 Adam Dyas | 00:23:34 |
| 23 Jason Pointez | 00:23:54 |
| 26 Micah Gibson (J) | 00:24:20 |
| 33 Alan Feldberg | 00:24:51 |
| 34 Graham Lonsdale | 00:25:01 |
| 36 Chris Price | 00:25:15 |
| 41 Ben Edwards (J) | 00:25:35 |
| 42 T J Choat (J) | 00:25:38 |
| 44 Ted Imeson (J) | 00:25:40 |
| 49 Gillian Taylor | 00:25:56 |
| 54 Joshua Miller (J) | 00:26:10 |
| 57 Emma Richardson | 00:26:19 |
| 60 Dominique Webster | 00:26:52 |
| 67 Janet Potter | 00:27:13 |
| 68 Simon Porter | 00:27:20 |
| 75 Paul Brown | 00:28:04 |
| 76 Angela Bailey | 00:28:08 |
| 94 Greg Miller | 00:29:32 |
| 95 Gerrard Ferre | 00:29:35 |
| 103 Heidi Baker | 00:29:56 |
| 105 Dave Pring | 00:30:19 |
| 115 Pete Royal | 00:31:20 |
| 117 Ethan Jones (J) | 00:31:26 |
| 120 Anne Kelly | 00:31:38 |
| 123 Paul Raper | 00:31:44 |
| 127 Di Raper | 00:32:14 |
| 128 Kevin Sissons | 00:32:21 |
| 135 Oliver Stevenson (J) | 00:32:41 |
| 136 Lucinda Gibson | 00:32:42 |
| 148 Alexander Fynn (J) | 00:33:56 |
| 155 Janet Downes | 00:36:35 |
| 156 L M E Choat (J) | 00:36:48 |
| 157 Kirsten Porter | 00:36:49 |
| 159 Amanda Tindall | 00:36:52 |
| 161 Cindy Baker | 00:37:43 |
| 162 David Duffill | 00:38:09 |
| 165 Linda Hall | 00:39:33 |
| 174 Dave Foster | 00:42:21 |
| 175 Dian Rewston | 00:45:47 |

Hull parkrun 5K - 12th February
28 Mollie Holehouse
00:21:03 3rd F PB

## Lincoln parkrun 5K - 12th February

61 Amy Fowler 00:25:01
99 Danielle Whitehouse 00:26:53


Teams: BRR Men 2nd on Day - 2nd Overall
BRR Women 5th on Day - 4th Overall

Run Your Heart Out 10K - 13th February
Chip Time Gun Time
953 Case Reece 01:13:25 01:14:51

## Sewerby parkrun 5K - 19th February

| 5 Adam Thomas | $00: 20: 46$ |
| :--- | :--- |
| 8 Martin Hutchinson | $00: 21: 03$ |
| 10 Phill Taylor | $00: 21: 14$ |
| 14 Micah Gibson (J) | $00: 21: 48 ~ P B$ |
| 16 Ben Edwards (J) | $00: 21: 54$ |
| 17 James Briggs | $00: 21: 55$ |
| 18 Alan Feldberg | $00: 22: 24$ |
| 20 Jonathan Ogden | $00: 22: 43$ |
| 23 Adam Dyas | $00: 23: 00$ |
| 29 T J Choat (J) | $00: 23: 52$ PB |
| 32 Rebecca Addison (J) | $00: 23: 59$ |
| 34 Ted Imeson (J) | $00: 24: 01 ~ P B$ |
| 36 Joanna Dagnan | $00: 24: 03$ | ..... 00:24:11

44 Chris Price
44 Chris Price47 Gillian Taylor00:24:57
48 Andy Baker ..... 00:24:58
51 Laura Nurse ..... 00:25:17
56 Louise Taylor ..... 00:25:54
61 Amy Fowler ..... 00:26:06
65 Heidi Baker ..... 00:26:38
66 Patricia Bielby ..... 00:26:38
72 Dominique Webster ..... 00:27:10
79 Stuart Gent ..... 00:27:40
81 Simon Porter ..... 00:27:48
97 Pete Royal ..... 00:29:35
101 Dave Pring ..... 00:30:11
105 Stuart Bowes ..... 00:30:44
107 Anne Kelly ..... 00:31:00
108 Paul Brown ..... 00:31:01
112 Erin Jones (J) ..... 00:31:27
120 Lucinda Gibson ..... 00:32:39
125 Kevin Sissons ..... 00:33:26
139 Janet Downes ..... 00:36:17
140 Amanda Tindall ..... 00:36:18
141 Kirsten Porter ..... 00:36:18
145 David Duffill ..... 00:37:06
146 L M E Choat (J) ..... 00:37:30
148 Debbie Duffill ..... 00:37:45
151 Linda Hall ..... 00:40:14
152 Cindy Baker ..... 00:40:15
153 Sam Adams 00:40:15
Lincoln parkrun 5K-19th February
161 Chloe Whitehouse ..... 00:28:23 PB
Virtual parkrun 5K - 19th February
Mim Ireland ..... 00:24:00
Wykeham Virtual parkrun 5K - 19th February
Tina Calthorpe ..... 00:44:24
Rob Calthorpe ..... 00:44:35
Sewerby parkrun 5K - 26th February
1 Phill Taylor ..... 00:18:55
2 Nick Jordan ..... 00:19:35
3 Dan Cawthorn ..... 00:20:12
5 Martin Hutchinson ..... 00:21:12
13 Allan McFarlane ..... 00:23:08
14 Alan Feldberg ..... 00:23:29
15 Ben Edwards (J) ..... 00:23:31
16 Isaac McNulty (J) ..... 00:23:36
17 Erin Gummerson (J) ..... 00:23:43 1st F - PB

| 21 Adam Dyas | $00: 24: 12$ |
| :--- | :--- |
| 22 Andy Baker | $00: 24: 19$ |

25 Chris Price 00:24:44

| 26 Gillian Taylor | $00: 24: 55$ 2nd F |
| :--- | :--- |
| 28 Laura Nurse | $00: 25: 03$ 3rd F - PB |

29 James Briggs $\quad 00: 25: 06$
31 Louise Taylor 00:25:22
34 Patricia Bielby 00:25:42
38 James Riley 00:25:53
45 Jason Pointez 00:26:19
48 Micah Gibson (J) 00:26:49
51 Simon Porter 00:27:11
58 Amy Fowler 00:28:06
68 Pete Royal 00:29:05
70 Nicola Fowler 00:29:16
71 Emily Cawthorn 00:29:22
79 Anne Kelly 00:30:43
85 Dave Pring 00:31:35
87 Ethan Jones (J) 00:31:48
88 William McNulty ( J ) 00:32:00
94 Lucinda Gibson 00:32:30
97 Kevin Sissons 00:32:52
104 Erin Jones (J) 00:33:50
107 Mary Yates 00:34:27 PB
111 Sam Adams 00:36:23
112 Amanda Tindall 00:36:27
113 Kirsten Porter 00:36:27
118 James Ellerker (J) 00:38:04
120 Vickie Ellerker 00:38:09
125 Debbie Duffill 00:39:24
126 Linda Hall 00:39:33
127 Cindy Baker 00:39:33
129 Dave Foster 00:39:45
136 Dian Rewston 00:44:33

## North Yorkshire Water parkrun 5K - 26th February

| 1 James Wilson | $00: 17: 25$ |
| :--- | :--- |
| 6 Tom Mullen | $00: 18: 51$ |
| 48 Emma Richardson | $00: 24: 46$ |
| 85 Stuart Gent | $00: 28: 02$ |
| 86 Paul Brown | $00: 28: 11$ |
| 121 Paul Raper | $00: 30: 23$ |
| 138 Di Raper | $00: 32: 24$ |
| 189 Tina Calthorpe | $00: 41: 30$ |

Lincoln parkrun 5K-26th February
140 Chloe Whitehouse
00:28:11 PB

## Albert parkrun 5K, Middlesbrough - 26th February

50 T J Choat (J)
00:23:07 PB

```
183 L M E Choat (J)
00:32:28
```


## Virtual parkrun 5K - 26th February

$$
\text { Mim Ireland } \quad 00: 25: 40
$$

## Snake Lane 10 mile, Pocklington - 27th February

Chip Time ** Gun Time

| 67 Nick Jordan | $01: 02: 46$ | $01: 02: 46$ |
| :--- | :--- | :--- |
| 223 Lisa Cockcroft | $01: 12: 10$ | $01: 12: 10$ |
| 282 Allan McFarlane | $01: 14: 42$ | $01: 14: 42$ |
| 301 Simon Ellerker | $01: 14: 57$ | $01: 15: 15$ |
| 405 Graham Lonsdale | $01: 18: 33$ | $01: 18: 33$ |
| 573 Amy Fowler | $01: 23: 54$ | $01: 23: 54$ |
| 623 Dominique Webster | $01: 24: 33$ | $01: 25: 19$ |
| 717 Simon Porter | $01: 27: 46$ | $01: 27: 46$ |
| 771 Stuart Gent | $01: 28: 14$ | $01: 29: 31$ |
| 818 Tom Fynn | $01: 30: 47$ | $01: 30: 47$ |
| 824 Verona Petty | $01: 30: 52$ | $01: 30: 52$ |
| 910 Jane Welbourn | $01: 34: 21$ | $01: 34: 21$ |
| 947 Nicola Fowler | $01: 35: 43$ | $01: 35: 43$ |
| 1166 Janet Downes | $01: 47: 38$ | $01: 47: 38$ |
| 1167 Amanda Tindall | $01: 47: 38$ | $01: 47: 38$ |
| 1195 Di Raper | $01: 50: 56$ | $01: 50: 56$ |
| 1239 Elizabeth Ingle | $01: 55: 22$ | $01: 56: 40$ |

** There was a problem at Start when Chip Timing
Cable was kicked out by somebody

## Sewerby parkrun 5K - 5th March

| 1 James Wilson | $00: 17: 59$ |
| :--- | :--- |
| 2 Phill Taylor | $00: 19: 14$ |
| 6 Dan Cawthorn | $00: 20: 38$ |
| 9 Martin Hutchinson | $00: 21: 03$ |
| 15 James Briggs | $00: 21: 40$ |
| 20 Mollie Holehouse | $00: 22: 36$ 2nd F |
| 21 Annabelle Miller (J) | $00: 22: 37$ 3rd F |
| 22 Micah Gibson (J) | $00: 23: 15$ |
| 23 Adam Dyas | $00: 23: 22$ |
| 27 Rebecca Miller (J) | $00: 24: 07$ |
| 29 Andy Baker | $00: 24: 34$ |
| 30 T J Choat (J) | $00: 24: 36$ |
| 31 Ben Edwards (J) | $00: 24: 37$ |
| 35 Joshua Miller (J) | $00: 24: 53$ |
| 37 Alan Feldberg | $00: 24: 56$ |
| 38 Jonathan Ogden | $00: 24: 59$ |
| 39 Gillian Taylor | $00: 25: 02$ |
| 40 Keren Miller | $00: 25: 03$ |
| 41 Ted Imeson (J) | $00: 25: 17$ |
| 43 Jason Pointez | $00: 25: 24$ |
| 45 Graham Lonsdale | $00: 25: 32$ |
| 47 Louise Taylor | $00: 25: 51$ |

```
49 Patricia Bielby \(\quad 00: 25: 54\)
60 Luke Duffill 00:27:03
65 Stuart Gent 00:27:27
74 Kara Mainprize 00:28:19
75 Paul Brown 00:28:21
82 Chris Price 00:28:42
97 Dave Pring 00:31:02
98 Zoe Ellis-Cornell 00:31:04
99 Pete Royal 00:31:06
104 Lucinda Gibson 00:31:41 PB
116 Kyle Tibbett (J) 00:33:26
119 Oliver Stevenson (J) 00:33:43
127 Mary Yates 00:34:28
134 Martin McPheat 00:35:37
138 Sam Adams 00:37:12
139 Janet Downes 00:37:13
140 Dave Foster 00:37:23
143 David Duffill 00:38:22
145 Debbie Duffill 00:39:08
146 Linda Hall 00:39:38
147 Cindy Baker 00:39:39
165 Kevin Sissons
00:50:47 Tailwalker
```


## Heaton parkrun 5K - 5th March

```
124 Emma Richardson
00:24:14 PB
Lincoln parkrun 5K - 5th March
281 Danielle Whitehouse 01:03:37 Tailwalker
```


## North Yorkshire Water Park parkrun 5K - 5th March

```
\begin{tabular}{ll}
44 Simon Porter & \(00: 26: 20\) \\
91 Amanda Tindall & \(00: 32: 49\) \\
92 Kirsten Porter & \(00: 33: 01\) \\
121 Tina Calthorpe & \(00: 42: 08\) \\
123 Rob Calthorpe & \(00: 43: 27\)
\end{tabular}
```


## Virtual parkrun 5K - 5th March

```
Mim Ireland 00:24:20
Nicola Fowler 00:28:52
```


## Benidorm 10K - 5th March

376 Heidi Baker
$\begin{array}{rr}\text { Chip Time } & \text { Gun Time } \\ 00.51 .31 & 00: 52.26\end{array}$

BRR Boynton 2.3mile Junior XC - 6th March

| 1 Ben Edwards | $00: 16: 44$ |
| :--- | :--- |
| 2 Micah Gibson | $00: 17: 17$ |
| 3 Annabelle Miller | $00: 17: 19$ |
| 4 Rebecca Addison | $00: 17: 32$ |


| 5 Becky Miller | $00: 17: 33$ |
| :--- | :--- |
| 6 Evie Lakes | $00: 18: 27$ |
| 7 Teddy Imeson | $00: 18: 49$ |
| 8 Erin Gummerson | $00: 18: 55$ |
| 9 Daniel Imeson | $00: 21: 04$ |
| 10 Oceane Price | $00: 21: 13$ |
| 11 Kyra Leary | $00: 22: 59$ |
| 12 Charlie Johnson | $00: 23: 01$ |
| 13 Maelys Price | $00: 25: 03$ |
| 14 Hope Edams | $00: 30: 20$ |
| 15 Lily Choat | $00: 32: 15$ |

## Sewerby parkrun 5K - 12th March

2 Nick Jordan
00:19:40
8 Ben Edwards (J) 00:21:28
9 Phill Taylor 00:21:37
13 James Briggs
15 Mollie Holehouse
16 Adam Dyas
20 Annabelle Miller (J)
21 Greg Miller
25 Joshua Miller (J)
26 Jonathan Ogden
28 Micah Gibson (J)
29 T J Choat (J)
32 Ted Imeson (J)
33 Joanna Dagnan
35 Jason Pointez
36 Chris Price
38 Louise Taylor
41 James Riley
42 Laura Nurse
44 Alan Feldberg
48 Amy Fowler
49 Patricia Bielby
54 Graham Lonsdale
57 Janet Potter
64 Chris Humphries
72 Luke Duffill
84 Angela Bailey
92 Evie Lakes (J)
94 Stuart Gent
104 William McNulty (J)
110 Ethan Jones (J)
119 Dave Pring
122 Lucinda Gibson
123 Anne Kelly
124 Stuart Bowes
135 Alexander Fynn (J)
141 Erin Jones (J)

00:22:10
00:22:19 1st F
00:22:27
00:23:15 3rd F
00:23:16
00:23:57
00:24:02
00:24:07
00:24:08
00:24:14
00:24:15
00:24:27
00:24:28
00:24:36
00:24:53
00:24:55 РB
00:25:04
00:25:34
00:25:50
00:26:18
00:26:40
00:27:01
00:27:23
00:28:20
00:28:42
00:29:02
00:30:08
00:30:51
00:31:31
00:31:37 PB
00:31:38
00:31:45
00:32:31
00:33:07

| 148 Vickie Ellerker | $00: 33: 44$ |
| :--- | :--- |
| 152 Kevin Sissons | $00: 33: 50$ |
| 155 Oliver Stevenson (J) | $00: 34: 12$ |
| 167 Dave Foster | $00: 36: 20$ |
| 170 L M E Choat (J) | $00: 36: 50$ |
| 177 Mary Yates | $00: 37: 33$ |
| 179 David Duffill | $00: 37: 45$ |
| 183 Debbie Duffill | $00: 38: 39$ |
| 185 James Ellerker (J) | $00: 38: 53$ |
| 186 Simon Ellerker | $00: 38: 55$ |
| 187 Linda Hall | $00: 39: 00$ |

## Ancholme Valley Way parkrun 5K - 12th March

67 Paul Brown
00:27:27

Barnsley parkrun 5K-12th March
91 Simon Porter 00:29:35
147 Amanda Tindall 00:37:57
148 Kirsten Porter 00:37:58

Millfield parkrun 5K-12th March
23 Andy Baker 00:23:30
114 Cindy Baker 00:35:10

## North Yorkshire Water Park parkrun 5K - 12th March

| 83 Paul Raper | $00: 31: 05$ |
| :--- | :--- |
| 102 Di Raper | $00: 33: 03$ |

Lincoln parkrun 5K-12th March
144 Chloe Whitehouse 00:29:02
145 Dominique Webster 00:29:02
320 Danielle Whitehouse 00:59:49 Tailwalker

## Virtual parkrun 5K - 12th March

| Mim Ireland | $00: 23: 32$ |
| :--- | :--- |
| Mike Hall | $00: 27: 38$ |
| Nicola Fowler | $00: 28: 48$ |

Inter Counties XC Championships, Loughborough - 12th March
U 13 Girls
265 Rebecca Miller 00:15:38
U 15 Girls
280 Erin Gummerson 00:20:32

EYXC League, Sewerby XC - 13th March
3 James Wilson 00:33:07
9 Phill Taylor 00:35:46
10 Tom Mullen 00:35:48
17 Dan Cawthorn 00:36:45
21 James Briggs 00:37:40
27 Adam Thomas ..... 00:38:23
29 Alan Feldberg ..... 00:38:36
33 Tom Woodhouse ..... 00:39:07
53 Simon Ellerker ..... 00:41:42
62 Allan McFarlane ..... 00:42:38
00:43:0100:44:28
00:44:41 21 Kerry Whitehead
00:44:50
83 Chris Price ..... 00:45:09
00:47:18
00:48:04 35 Laura Nurse
00:49:35
41 Ellis Hodges ..... 00:51:00
60 Heidi Baker ..... 00:53:43
120 Dave Pring ..... 00:58:37
83 Tina Calthorpe ..... 01:21:35
EYXC League 2021/2022 -Prize List
BRR Men - 2nd Team
BRR Women - 4th Team
Overall Men ..... Pts
3 Scott Hargreaves ..... 17
4 James Wilson ..... 21
7 Phill Taylor ..... 47
1st M40 James Wilson ..... 21
2nd M40 Phill Taylor ..... 47
Overall Women 3 Jo Dagnan ..... 26
1st LV35 Jo Dagnan ..... 26
1st LV40 Kerry Whitehead ..... 110
1st LV65 Janet Potter ..... 197
York Spring 10K - 18th March
Chip Time Gun Time

| 26 Heidi Baker | $00: 52: 04$ | $00: 52: 11$ |
| :--- | :--- | :--- |
| 30 Josh Taylor | $00: 52: 52$ | $00: 52: 58$ |
| 63 Di Raper | $01: 05: 01$ | $01: 05: 09$ |

## Sewerby parkrun 5K - 19th March

| 1 Phill Taylor | $00: 18: 00$ |
| :--- | :--- |
| 3 Nick Jordan | $00: 19: 05$ |
| 5 Ben Edwards (J) | $00: 20: 48$ PB |
| 6 James Briggs | $00: 20: 49$ |
| 14 Alan Feldberg | $00: 21: 54$ |
| 15 Adam Dyas | $00: 21: 59$ |
| 17 Annabelle Miller (J) | $00: 22: 07$ 2nd F |
| 21 Rebecca Miller (J) | $00: 22: 57$ |
| 22 Micah Gibson (J) | $00: 23: 01$ |
| 23 Evie Lakes (J) | $00: 23: 03$ PB |


| 26 Jason Pointez | $00: 23: 22$ |
| :--- | :--- |
| 27 Jonathan Ogden | $00: 23: 27$ |
| 28 Ted Imeson (J) | $00: 23: 35$ PB |
| 29 T J Choat (J) | $00: 23: 41$ PB |
| 30 Joanna Dagnan | $00: 23: 41$ |
| 31 Andy Baker | $00: 23: 44$ |
| 32 Gillian Taylor | $00: 23: 58$ PB |
| 35 Louise Taylor | $00: 24: 16$ |
| 39 Joshua Miller (J) | $00: 24: 54$ |
| 41 Keren Miller | $00: 25: 03$ |
| 42 Amy Fowler | $00: 25: 06$ |
| 44 Luke Duffill | $00: 25: 29$ |
| 47 Graham Lonsdale | $00: 25: 48$ |
| 62 Heidi Baker | $00: 27: 08$ |
| 65 Simon Porter | $00: 27: 22$ |
| 74 Stuart Gent | $00: 28: 33$ |
| 75 Oliver Stevenson (J) | $00: 28: 39 ~ P B \#$ |
| 76 Pete Royal | $00: 28: 40$ |
| 86 Zoe Ellis-Cornell | $00: 29: 24$ |
| 87 Stuart Bowes | $00: 29: 25$ |
| 95 Anne Kelly | $00: 30: 29$ |
| 97 Dave Pring | $00: 30: 44$ |
| 98 Lucinda Gibson | $00: 30: 53$ PB |
| 104 Ethan Jones (J) | $00: 31: 32$ |
| 114 Kyle Tibbett (J) | $00: 32: 17$ |
| 120 L M E Choat (J) | $00: 33: 08$ |
| 121 Amanda Tindall | $00: 33: 08$ |
| 122 Kirsten Porter | $00: 33: 09$ |
| 123 Kevin Sissons | $00: 33: 11$ |
| 132 Erin Jones (J) | $00: 34: 20$ |
| 136 William McNulty (J) | $00: 34: 49$ |
| 141 Janet Downes | $00: 35: 39$ |
| 154 David Duffill | $00: 37: 04$ |
| 160 Debbie Duffill | $00: 39: 14$ |
| 161 Cindy Baker | $00: 39: 46$ |
| 20 |  |

Lincoln parkrun 5K - 19th March
122 Danielle Whitehouse ..... 00:28:04
North Yorkshire Water Park parkrun 5K - 19th March
35 Patricia Bielby ..... 00:24:53
53 Paul Brown ..... 00:27:01 PB
72 Paul Raper ..... 00:29:55 PB
103 Rob Calthorpe ..... 00:41:44 PB
108 Tina Calthorpe 00:42:57
Virtual parkrun 5K-19th March
Tom Woodhouse ..... 00:20:28
Mim Ireland
Mim Ireland ..... 00:24:34 ..... 00:24:34
North Yorks LDWA The Kettlewell - $\mathbf{2 2}$ miles - 19th march
Martin Hutchinson
Justine Sutcliffe

05:27:05
Montane Cheviot Goat Winter Ultra 55 miles Run - 19th March
Mike Hall
16:01:19
Cleveland Survival 18.5 miles - 19th March
Emma Richardson
03:35:45
Ali Clark Memorial 10K (Dalton Dash) - 20th March

Chip Time
3 James Wilson Time
8 Tom Mullen
52 Graham Lonsdale
336 Janet Downes
354 Tina Calthorpe

## York 5K Series - 25th March

|  | Chip Time | Gun Time |
| :--- | ---: | ---: |
| 13 Phill Taylor | $00: 16: 44$ | $00: 16: 45$ |
| 56 Mollie Holehouse | $00: 21: 27$ | $00: 21: 28$ |

## Sewerby parkrun 5K - 26th March

| 2 James Briggs | $00: 19: 53$ |
| :--- | :--- |
| 7 Simon Ellerker | $00: 20: 51$ |
| 9 Martin Hutchinson | $00: 21: 14$ |
| 11 Ben Edwards (J) | $00: 21: 48$ |
| 13 Adam Dyas | $00: 21: 58$ |
| 18 Jonathan Ogden | $00: 23: 01$ |
| 20 Rebecca Miller (J) | $00: 23: 06$ 3rd F |
| 25 Ted Imeson (J) | $00: 23: 41$ |
| 26 Jason Pointez | $00: 23: 42$ |
| 28 Chris Price | $00: 23: 49 ~ P B$ |
| 30 T J Choat (J) | $00: 23: 56$ |
| 33 Keren Miller | $00: 24: 03$ |
| 34 Micah Gibson (J) | $00: 24: 06$ |
| 37 Erin Gummerson (J) | $00: 24: 13$ |
| 38 Alan Feldberg | $00: 24: 29$ |
| 42 Luke Duffill | $00: 24: 56$ |
| 47 Laura Nurse | $00: 25: 05$ |
| 51 Patricia Bielby | $00: 25: 18$ |
| 68 Stuart Gent | $00: 27: 29$ |
| 72 Angela Bailey | $00: 27: 57$ |
| 73 Pete Royal | $00: 28: 07$ |
| 83 Dominique Webster | $00: 29: 27$ |
| 84 Andy Baker | $00: 29: 43$ |
| 95 Zoe Ellis-Cornell | $00: 30: 24$ |

97 Paul Brown ..... 00:30:26
98 Heidi Baker ..... 00:30:44
99 Ethan Jones (J) ..... 00:30:46
104 Lucinda Gibson ..... 00:31:17
111 Anne Kelly ..... 00:32:08
122 Dave Pring ..... 00:33:16
125 Mary Yates ..... 00:34:05 PB
127 William McNulty (J) ..... 00:34:08
128 Kevin Sissons ..... 00:34:09
130 L M E Choat (J) ..... 00:34:12
134 Dave Foster ..... 00:34:31
143 David Duffill ..... 00:36:12
145 Erin Jones (J) ..... 00:36:17
150 Vickie Ellerker ..... 00:36:50
152 Debbie Duffill ..... 00:37:11
153 James Ellerker (J) ..... 00:37:14
157 Sam Adams ..... 00:38:47
158 Cindy Baker ..... 00:38:48
159 Linda Hall ..... 00:38:49
Harrogate parkrun 5K-26th March
130 Janet Potter ..... 00:26:03
Heslington parkrun 5K-26th March
58 Simon Porter ..... 00:24:15
136 Amanda Tindall ..... 00:30:02
137 Kirsten Porter ..... 00:30:02
Lincoln parkrun 5K-26th March
134 Danielle Whitehouse ..... 00:28:40
136 Chloe Whitehouse ..... 00:28:41
North Yorkshire Water Park parkrun 5K - 26th March
1 James Wilson 00:17:08 РB
3 Tom Mullen ..... 00:19:04
7 Phill Taylor ..... 00:20:18
32 Gillian Taylor ..... 00:23:04 2nd F
83 Paul Raper 00:28:07 PB
107 Di Raper 00:31:23 PB
Skipton parkrun 5K-26th March
46 Amy Fowler ..... 00:25:05
80 Nicola Fowler ..... 00:28:36
Hardmoors 55 mile - 26th March30 Kendra Wedgwood11:00:08 3rd Lady - 2nd LV40
CoH Champagne League, North Cave 4 mile - 29th March
17 Joe Shepherdson ..... 00:25:03
27 Simon Ellerker 00:26:22

| 31 Martin Hutchinson | $00: 26: 46$ |
| :---: | :---: |
| 64 Andy Baker | $00: 30: 28$ |
| 160 Dave Foster | $00: 42: 46$ |

## Sewerby parkrun 5K-2nd April

| 1 James Wilson | $00: 17: 43$ |
| :--- | :--- |
| 2 Phill Taylor | $00: 18: 42$ |
| 4 Nick Jordan | $00: 19: 17$ |
| 5 James Briggs | $00: 20: 10$ |
| 8 Nick Craggs | $00: 21: 17$ |
| 13 Adam Dyas | $00: 21: 59$ |

17 Annabelle Miller (J) 00:22:41 3rd F
18 Ben Edwards (J) 00:22:53

22 Rebecca Miller (J) 00:23:07
24 Jonathan Ogden 00:23:17
28 Ted Imeson (J) 00:23:51
30 T J Choat (J) 00:23:57
31 Evie Lakes (J) 00:24:00
32 Justin Choat 00:24:02
34 Chris Price 00:24:18
35 Erin Gummerson (J) 00:24:25
36 Graham Lonsdale 00:24:55
39 Patricia Bielby 00:25:16
40 Luke Duffill 00:25:19
42 Keren Miller 00:25:25
44 Chris Humphries 00:25:50
46 Kara Mainprize 00:26:07
48 Joshua Miller (J) 00:26:24
49 Greg Miller 00:26:24
53 Dominique Webster 00:26:54
55 Oliver Stevenson (J) 00:27:00 PB
71 Simon Porter 00:28:35
73 Stuart Gent 00:28:46
78 Louise Taylor 00:29:02
86 Isaac McNulty (J) 00:29:22
101 Anne Kelly 00:30:58
102 Paul Brown 00:30:59
103 Ethan Jones (J) 00:31:00
105 Dave Pring 00:31:22
106 William McNulty (J) 00:31:40
117 Erin Jones (J) 00:32:27
122 Kevin Sissons 00:32:49
125 Dave Foster 00:33:15
129 L M E Choat (J) 00:34:07
130 Kirsten Porter 00:34:09
132 Emma Choat 00:34:20
148 Janet Downes 00:37:14 Watch
149 Sam Adams
00:37:15
159 Hope Adams (J) 00:38:55
161 Linda Hall 00:39:13
162 Debbie Duffill
00:39:20
176 Amanda Tindall
00:58:18 Tailwalker

| Lincoln parkrun 5K-2nd April |  |
| :---: | :---: |
| 92 Chloe Whitehouse | 00:26:57 PB |
| North Yorkshire Water Park parkrun 5K - 2nd April |  |
| 18 Micah Gibson (J) | 00:22:36 |
| 78 Lucinda Gibson | 00:31:00 |
| 115 Tina Calthorpe | 00:43:54 |
| 116 Rob Calthorpe | 00:43:55 |
| Virtual parkrun 5K-2nd April |  |
| Mim Ireland | 00:25:00 |
| Gillian Taylor | 00:25:07 |
| Nicola Fowler | 00:27:15 |
| Hornsea Third Marathon - 3rd April |  |
|  | Chip Time Gun Time |
| 28 Martin Hutchinson | 00:59:56 00:59:57 3rd V50 |
| 55 Mollie Holehouse | 01:05:03 01:05:05 |
| 262 Amanda Tindall | 01:26:25 01:26:34 |
| 263 Simon Porter | 01:26:26 01:26:34 |
| Bramham Park Half Marathon Trail Run - 3rd April |  |
|  | Chip Time Gun Time |
| 29 Kerry Whitehead | 01:52:20 01:52:29 1st LV40-5th Lady |
| Theme Manchester Marathon - 3rd April |  |
| 3169 Alan Feldberg | 03:26:37 |
| 9730 Stuart Gent | 04:28:41 |
| London Landmarks Half Marathon - 3rd April |  |
| 8042 Di Raper | 02:25:54 |
| CoH Champagne League, Beverley Westwood 3.25 miles -5th April |  |
| 26 Simon Ellerker | 00:22:36 |
| 30 Martin Hutchinson | 00:22:54 |
| 153 Dave Foster | 00:38:02 |
| Sewerby parkrun 5K-9th April |  |
| 7 Martin Hutchinson | 00:20:32 |
| 8 Phill Taylor | 00:20:44 |
| 17 Adam Dyas | 00:21:54 |
| 18 Ben Edwards (J) | 00:22:05 |
| 23 Mollie Holehouse | 00:22:30 3rd F |
| 25 Jonathan Ogden | 00:23:15 |
| 28 Louise Taylor | 00:23:44 |
| 31 Alan Feldberg | 00:24:12 |


| 33 Micah Gibson (J) | $00: 24: 20$ |
| :--- | :--- |
| 35 Chris Price | $00: 24: 24$ |


| 35 Chris Price | $00: 24: 24$ |
| :--- | :--- |
| 41 Patricia Bielby | $00: 25: 36$ |

42 Laura Nurse 00:25:38
44 Jason Pointez 00:25:42
54 Simon Porter 00:26:24
68 Stuart Gent 00:27:52
89 Paul Brown 00:29:15
100 Pete Royal 00:29:46
106 Zoe Ellis-Cornell 00:30:22
117 Dave Pring 00:30:51
119 Anne Kelly 00:30:54
122 Ethan Jones (J) 00:31:17
153 Erin Jones (J) 00:34:07
154 Heidi Baker 00:34:18
158 L M E Choat (J) 00:34:44
159 Kirsten Porter 00:34:44
161 Janet Downes 00:34:45
160 Amanda Tindall 00:34:45
162 Emma Choat 00:34:46
164 Emily Cawthorn 00:35:08
175 Linda Hall 00:38:13
192 Dominique Webster 00:48:42 Tail Walker

## Fountains Abbey parkrun 5K - 9th April

108 Chris Humphries 00:25:24

## Humber Bridge parkrun 5K - 9th April

74 Elizabeth Ingle 00:38:58
North Yorkshire Water Park parkrun 5K - 9th April

| 99 Di Raper | $00: 33: 09$ |
| ---: | :--- |
| 120 Tina Calthorpe | $00: 42: 36$ |

## Virtual parkrun 5K - 9th April

Mim Ireland $\quad 00: 24: 24$
Nicola Fowler 00:27:15
Danielle Whitehouse 00:34:32 France

## Kingston upon Hull Spring Open Meet, Costello - 9th April

 U13 Boys Long Jump (Heat)3 Teddy Imeson 2.96m 6th overall
U15 Boys Long Jump (Heat)
1 Daniel Imeson 3.46 m 2nd overall
Girls 75m (Heat)
5 Kyra Leary 13.44 12th overall
6 Hope Adams 14.69 13th overall

## U13 Boys 1200m

1 Isaac McNulty 4:30.02
3 Teddy Imeson 4:46.46

## U13 Girls 1200m

| 2 Evie Lakes | $4: 44.31$ |
| :--- | :--- |
| 4 Kyra Leary | $5: 50.22$ |
| Hope Adams | $6: 05.77$ |

U11 Girls Long Jump (Heat)
9 Oceane Price
U15 Boys Javelin (Heat)
1 Daniel Imeson
U13 Girls 150m (Heat)
6 Kyra Leary
7 Hope Adams

## U11 Girls 600m

9 Oceane Price
2:25.06
U13 Boys 75m Hurdles
2 Teddy Imeson 17.65

## Woldsman 50 mile - 9th April

| 5 Lisa Cockcroft | $08: 53: 06$ |
| :---: | :---: |
| Andy Long Lady |  |
| Julie McPheat | $11: 25: 41$ |
| Julie Madden | $12: 44: 00$ |
| Donna Etchell | $13: 20: 00$ |
|  | $13: 20: 00$ |

Brighton Marathon - 10th April
5830 Emma Richardson
04:48:25
5840 Helena Bennett
04:48:29

EHH Summer League, New Ellerby 5 Mile - 12th April

4 James Wilson
27 Martin Hutchinson
64 Micah Gibson
65 Graham Lonsdale
Amy Fowler
Kelly Palmer
Verona Petty
Dominique Webster
Jane Welbourn
Heidi Baker
Nicola Fowler
Amanda Tindall
Kirsten Porter

00:27:58 1st M40
00:32:20
00:37:16
00:37:18
00:39:59 1st F35
00:40:56
00:41:25
00:42:26
00:43:52
00:44:16
00:45:58
00:48:25
00:48:26

Bridlington 5 mile Dash - 15th April

|  | Chip Time | Gun Time |
| :--- | :---: | :--- |
| 9 Tom Mullen | $00: 30: 24$ | $00: 30: 24 ~ 1 s t ~ M V 35 ~$ |
| 12 Daniel Cawthorn | $00: 31: 37$ | $00: 31: 37$ |
| 17 Martin Hutchinson | $00: 32: 46$ | $00: 32: 47$ |
| 24 Ben Edwards | $00: 34: 01$ | $00: 34: 01$ |
| 28 Joanna Dagnan | $00: 34: 20$ | $00: 34: 21 ~ 1 s t ~ L a d y ~$ |
| 38 Allan McFarlane | $00: 36: 11$ | $00: 36: 14$ |


| 40 Mollie Holehouse | 00:36:27 | 00:36:32 |
| :---: | :---: | :---: |
| 43 Graham Lonsdale | 00:36:38 | 00:36:42 |
| 47 Miriam Ireland | 00:36:56 | 00:37:01 1st LV35 |
| 48 Micah Gibson | 00:37:06 | 00:37:08 |
| 54 Rebecca Clifton | 00:38:25 | 00:38:30 |
| 57 Justine Sutcliffe | 00:38:38 | 00:38:43 |
| 60 Stuart Gent | 00:39:09 | 00:39:23 |
| 67 Amy Fowler | 00:40:06 | 00:40:15 |
| 72 Emma Richardson | 00:41:01 | 00:41:13 |
| 79 Kara Mainprize | 00:41:26 | 00:41:38 |
| 83 Tom Fynn | 00:41:42 | 00:41:57 |
| 96 Kevin Lewis | 00:42:59 | 00:43:01 |
| 118 Pete Royal | 00:45:19 | 00:45:25 |
| 125 Nicola Fowler | 00:46:02 | 00:46:10 |
| 147 Becky Lawry | 00:48:15 | 00:48:30 |
| 165 Anne Kelly | 00:50:18 | 00:50:26 |
| 177 Di Raper | 00:51:30 | 00:51:36 |
| 189 Janet Downes | 00:51:57 | 00:52:25 |
| 196 Lucinda Gibson | 00:52:46 | 00:52:54 |
| 200 Emma Choat | 00:52:58 | 00:53:24 |
| 202 Tracey Holehouse | 00:53:22 | 00:53:45 |
| 223 Elizabeth Ingle | 00:55:54 | 00:56:10 |
| 237 Linda Hall | 00:58:10 | 00:58:17 |
| 269 Robert Calthorpe | 01:07:21 | 01:07:45 |
| 272 Tina Calthorpe | 01:07:43 | 01:08:04 |

BRR - 1st Men's Team
BRR - 1st Women's Team

## Fun Run

| 1 Erin Gummerson | $00: 10: 27$ | $00: 10: 28$ |
| :--- | :--- | :--- |
| 2 Tyler Choat | $00: 10: 36$ | $00: 10: 36$ |
| 5 Teddy Imeson | $00: 11: 16$ | $00: 11: 16$ |
| 9 Oceane Price | $00: 11: 47$ | $00: 11: 47$ |
| 10 Hannah Imeson | $00: 12: 21$ | $00: 12: 22$ |
| 16 Daniel Imeson | $00: 13: 34$ | $00: 13: 36$ |
| 22 Lily Choat | $00: 14: 26$ | $00: 14: 26$ |
| 33 Hope Adams | $00: 18: 33$ | $00: 18: 33$ |
| 34 Brooke Adams | $00: 18: 37$ | $00: 18: 37$ |

BRR Summer League - Brid 5 Mile Dash Handicap Points

| Women | Target <br> Time | Actual <br> Time | Pts |
| :--- | :--- | :--- | :--- |
| 1 Kara Mainprize | $00: 44: 57$ | $00: 41: 26$ | 50 |
| 2 Miriam Ireland | $00: 39: 34$ | $00: 36: 56$ | 49 |
| 3 Linda Hall | $01: 00: 45$ | $00: 58: 10$ | 48 |
| 4 Jo Dagnan | $00: 35: 23$ | $00: 34: 20$ | 47 |
| 5 Emma Choat | $00: 54: 19$ | $00: 52: 58$ | 46 |
| 6 Di Raper | $00: 52: 47$ | $00: 51: 30$ | 45 |
| 7 Janet Downes | $00: 53: 12$ | $00: 51: 57$ | 44 |


|  | 8 Anne Kelly | 00:51:25 | 00:50:18 | 43 |
| :---: | :---: | :---: | :---: | :---: |
|  | 9 Justine Sutcliffe | 00:39:26 | 00:38:38 | 42 |
|  | 10 Becky Lawry | 00:48:43 | 00:48:15 | 41 |
|  | 11 Tina Calthorpe | 01:08:12 | 01:07:43 | 40 |
|  | 12 Emma Richardson | 00:41:11 | 00:41:01 | 39 |
|  | 13 Amy Fowler | 00:40:13 | 00:40:06 | 38 |
|  | 14 Becky Clifton | 00:38:02 | 00:38:25 | 37 |
|  | 15 Mollie Holehouse | 00:35:56 | 00:36:27 | 36 |
|  | 16 Nicola Fowler | 00:45:02 | 00:46:02 | 35 |
|  | 17 Lucinda Gibson | 00:50:56 | 00:52:46 | 34 |
|  | 18 Liz ingle | 00:53:50 | 00:55:54 | 33 |
|  | 19 Tracey Holehouse | 00:49:51 | 00:53:22 | 32 |
| Men |  | Target | Actual | Pts |
|  |  | Time | Time |  |
|  | 1 Ben Edwards | 00:36:22 | 00:34:01 | 50 |
|  | 2 Dan Cawthorn | 00:33:29 | 00:31:37 | 49 |
|  | 3 Pete Royal | 00:46:55 | 00:45:19 | 48 |
|  | 4 Graham Lonsdale | 00:37:48 | 00:36:38 | 47 |
|  | 5 Tom Fynn | 00:42:55 | 00:41:42 | 46 |
|  | 6 Rob Calthorpe | 01:09:15 | 01:07:21 | 45 |
|  | 7 Micah Gibson | 00:37:54 | 00:37:06 | 44 |
|  | 8 Kevin Lewis | 00:43:40 | 00:42:59 | 43 |
|  | 9 Stuart Gent | 00:39:42 | 00:39:09 | 42 |
|  | 10 Allan McFarlane | 00:36:28 | 00:36:11 | 41 |
|  | 11 Tom Mullen | 00:30:27 | 00:30:24 | 40 |
|  | 12 Martin Hutchinson | 00:31:24 | 00:32:46 | 39 |

Points awarded on percentage difference between Target Time and Actual Time

## Sewerby parkrun 5K - 16th April

| 1 Phill Taylor | $00: 17: 47$ |
| :--- | :---: |
| 5 Nick Jordan | $00: 18: 52$ |
| 8 James Briggs | $00: 19: 54$ |
| 18 Adam Dyas | $00: 21: 08$ PB |
| 39 Micah Gibson (J) | $00: 23: 08$ |
| 41 Dan Cawthorn | $00: 23: 10$ |
| 42 Joanna Dagnan | $00: 23: 10$ |
| 43 Martin Hutchinson | $00: 23: 11$ |
| 47 Graham Lonsdale | $00: 23: 15$ |
| 57 Louise Taylor | $00: 23: 50$ |
| 58 Alan Feldberg | $00: 23: 58$ |
| 61 Jonathan Ogden | $00: 24: 06$ |
| 65 Gillian Taylor | $00: 24: 14$ |
| 69 T J Choat (J) | $00: 24: 25$ |
| 70 Justin Choat | $00: 24: 26$ |
| 71 Luke Duffill | $00: 24: 28$ |
| 76 Chris Price | $00: 24: 40$ |
| 78 Andy Baker | $00: 24: 48$ |
| 88 Patricia Bielby | $00: 25: 20$ |
| 89 Emma Richardson | $00: 25: 28$ |

```
    93 Amy Fowler 00:25:38
    96 Martin McPheat 00:25:48
109 Kara Mainprize 00:26:34
114 Janet Potter 00:26:42
132 Stuart Gent 00:27:26
141 Simon Porter 00:27:59
159 Pete Royal 00:28:46
193 Ethan Jones (J) 00:30:30
1 9 9 ~ D a v e ~ P r i n g ~ 0 0 : 3 0 : 4 2 ~
207 Di Raper 00:31:16
209 Stuart Bowes 00:31:25
216 Kirsten Porter 00:31:52
231 L M E Choat (J) 00:33:11
232 Amanda Tindall 00:33:11
233 Mary Yates 00:33:24 PB
234 Lucinda Gibson 00:33:25
235 Dave Foster 00:33:27
244 Kevin Sissons 00:34:06
245 Emma Choat 00:34:11
253 John Edwards 00:34:35
254 Ben Edwards (J) 00:34:36
261 Erin Jones (J) 00:35:14
263 Janet Downes 00:35:16
2 8 6 \text { Debbie Duffill 00:37:40}
290 Cindy Baker 00:37:53
291 Elizabeth Ingle 00:37:53
300 Sam Adams 00:39:30
301 Linda Hall 00:39:39
310 Dian Rewston 00:43:23
3 1 2 \text { David Duffill 00:44:06}
```


## Fountains Abbey parkrun 5K - 16th April

175 Chris Humphries 00:25:04 PB

## North Yorkshire Water Park parkrun 5K - 16th April

111 Paul Brown
149 Anne Kelly
226 Tina Calthorpe

Virtual parkrun 5K-16th April
Nicola Fowler
00:27:47

Helmsley 10K - 17th April
46 Allan McFarlane 00:47:21
128 Heidi Baker 00:57:50

CoH Champagne League, Elloughton Dale 4.7 miles - 19th April

| 28 Simon Ellerker | $00: 33: 04$ |
| :--- | :--- |
| 33 Martin Hutchinson | $00: 33: 32$ |

108 Heidi Baker 00:43:41
140 Dave Foster
00:51:51

York 5K Series - 22nd April

|  | Chip Time | Gun Time |
| :---: | :---: | :---: |
| 8 Phill Taylor | $00: 17: 08$ | $00: 17: 08$ |
| 61 Mollie Holehouse | $00: 22: 16$ | $00: 22: 17$ |

Sewerby parkrun 5K-23rd April
2 Nick Jordan
00:19:19
3 Dan Cawthorn 00:19:49
5 James Briggs 00:20:23
6 Phill Taylor 00:20:47
26 Jason Pointez 00:23:26
27 Jonathan Ogden 00:23:31
29 Louise Taylor 00:23:58
33 Ted Imeson (J) 00:24:12
34 T J Choat (J) 00:24:13
36 Chris Price 00:24:17
37 Justin Choat 00:24:25
38 Gillian Taylor 00:24:37
43 Martin Hutchinson 00:25:01
46 Justine Sutcliffe 00:25:07
51 Luke Duffill 00:25:28
54 Chris Humphries 00:25:34
56 Amy Fowler 00:25:57
62 Kara Mainprize 00:26:27
68 Stuart Gent 00:27:18
94 Stuart Bowes 00:30:26
100 Ethan Jones (J) 00:31:08
111 Kevin Sissons 00:33:06
131 Sam Adams 00:35:46
135 L M E Choat (J) 00:36:00
136 Emma Choat 00:36:00
138 David Duffill 00:36:18
156 Lyndon Spivey 00:40:51

Delta parkrun 5K, South Africa - 23rd April
11 Greg Miller 00:23:50
41 Rebecca Miller (J) 00:27:33
42 Annabelle Miller (J) 00:27:34
61 Joshua Miller (J) 00:29:28
62 Keren Miller 00:29:29

Edinburgh parkrun 5K-23rd April
32 Simon Ellerker 00:20:31

Goole parkrun 5K - 23rd April
25 Simon Porter 00:24:43
92 Amanda Tindall 00:32:23
93 Kirsten Porter 00:32:24

```
Hull parkrun 5K - 23rd April
    124 Patricia Bielby 00:24:31
    199 Paul Brown 00:27:22
    282 Anne Kelly 00:29:47
Lincoln parkrun 5K - 23rd April
    28 Joanna Dagnan
    00:21:51 3rd F
North Yorkshire Water Park parkrun 5K - 23rd April
    3 Tom Mullen 00:18:51
    153 Rob Calthorpe 00:42:26
    155 Tina Calthorpe 00:43:04
York parkrun 5K - 23rd April
    104 Micah Gibson (J) 00:22:42
    387 Lucinda Gibson 00:31:27
Virtual parkrun 5K - 23rd April
    Nicola Fowler
    00:28:47
BRR Three Peaks Weekend - 23rd April
Name
Danny Brunton
Lisa Cockcroft
Alan Feldberg
Adam Dyas
Andy Long
Andy Baker
Julie McPheat
```

```
Ellis Hodges
Becky Lawry . 48Tom Woodhouse 48
```

```Laura Nurse11.22
```

Dom Webster ..... 11.22
James Webster ..... 11.22
Chloe Whitehouse ..... 11.22
Danielle Whitehouse ..... 11.22
Allan Clayton ..... 11.25
Di Raper ..... 11.27
Paul Raper ..... 11.27
Janet Downes ..... 11.29
Graham Lonsdale ..... 11.29
Pete Royal ..... 11.32
Dave Foster ..... 11.35 approx

```Louise Foster
```

11.35 approx
Wendy Foster ..... 11.35 approx
Zoe Ellis ..... 11.57
Bob Eyre ..... 11.57

98 Yvonne Shawcross ..... 00:28:54
110 Dave Pring ..... 00:30:33
113 Stuart Bowes ..... 00:30:49
121 Lucinda Gibson ..... 00:32:08
126 Kevin Sissons ..... 00:32:44
143 L M E Choat (J) ..... 00:34:13
151 Emma Choat ..... 00:34:40
159 Sam Adams ..... 00:35:47
160 Janet Downes ..... 00:35:51
165 David Duffill ..... 00:36:05
171 Debbie Duffill ..... 00:37:04
176 Linda Hall 00:37:59
Barnsley parkrun 5K - 30th April
49 Simon Porter ..... 00:26:24
106 Amanda Tindall ..... 00:35:25
107 Kirsten Porter ..... 00:35:26
Dalby Forest parkrun 5K - 30th April
67 Ethan Jones (J) ..... 00:30:22
88 Erin Jones (J) ..... 00:32:57
Durham parkrun 5K - 30th April
183 Janet Potter ..... 00:26:21
Hull parkrun 5K - 30th April
3 Scott Hargreaves 00:16:21 PB
North Yorkshire Water Park parkrun 5K - 30th April
56 Patricia Bielby ..... 00:25:12
57 Kara Mainprize ..... 00:25:15
102 Paul Brown ..... 00:29:01
108 Anne Kelly ..... 00:29:28 PB
133 Jenny Chambers ..... 00:33:59
157 Rob Calthorpe ..... 00:40:49 PB
163 Tina Calthorpe ..... 00:43:45
Whinlatter Forest parkrun 5K - 30th April

24 Andy Baker
00:28:20
72 Cindy Baker
00:44:35

Virtual parkrun 5K - 30th April

| Miriam Ireland | $00: 24: 50$ |
| :--- | :--- |
| Nicola Fowler | $00: 28: 07$ |

## Wolds 20-30th April

Jo Dagnan
03:42:00

Fellsman 61 miles - 30th April
Kendra Wedgwood
17:39:00 6th Lady

| CoH Champagne League, Brantingham to Raywell 3.6 miles - 3rd May |  |
| :---: | :---: |
| 26 Simon Ellerker | 00:25:20 |
| 34 Martin Hutchinson | 00:26:09 |
| 106 Heidi Baker | 00:33:50 |
| 141 Dave Foster | 00:39:20 |
| Great Newsome 5 mile Blast - 4th May |  |
| 9 Martin Hutchinson | 00:32:36 |
| 20 Mollie Holehouse | 00:37:31 |
| Sewerby parkrun 5K-7th May |  |
| 3 James Briggs | 00:19:32 |
| 7 Adam Thomas | 00:20:44 |
| 9 Adam Dyas | 00:20:58 PB |
| 14 Annabelle Miller (J) | 00:21:26 PB |
| 15 Tom Mullen | 00:21:27 |
| 23 Justin Choat | 00:22:34 |
| 27 Ted Imeson (J) | 00:22:43 PB |
| 29 TJ Choat (J) | 00:23:07 |
| 30 Rebecca Miller (J) | 00:23:11 |
| 33 Joshua Miller (J) | 00:23:25 |
| 34 Jason Pointez | 00:23:28 |
| 44 Ben Edwards (J) | 00:24:00 |
| 45 Evie Lakes (J) | 00:24:03 |
| 46 Keren Miller | 00:24:05 |
| 47 Greg Miller | 00:24:05 |
| 48 Damian Probett | 00:24:12 |
| 50 Gillian Taylor | 00:24:45 |
| 56 Martin McPheat | 00:25:23 |
| 62 Andy Baker | 00:25:51 |
| 74 Simon Porter | 00:26:39 |
| 79 Heidi Baker | 00:27:00 |
| 86 Angela Bailey | 00:27:51 |
| 89 Amy Fowler | 00:28:44 |
| 93 Stuart Gent | 00:29:12 |
| 95 Oliver Stevenson (J) | 00:29:33 |
| 100 Zoe Ellis-Cornell | 00:29:48 |
| 106 Micah Gibson (J) | 00:30:51 |
| 110 Ethan Jones (J) | 00:31:27 |
| 114 Richard Kirkpatrick | 00:31:52 |
| 118 L M E Choat (J) | 00:32:09 PB |
| 119 Amanda Tindall | 00:32:09 |
| 120 Emma Choat | 00:32:14 |
| 122 Kirsten Porter | 00:32:27 |
| 123 William McNulty (J) | 00:32:30 |
| 130 Kyle Tibbett (J) | 00:32:56 |
| 141 Mary Yates | 00:33:53 |
| 145 Kevin Sissons | 00:34:28 |
| 146 David Duffill | 00:34:29 |


| 149 Janet Downes | 00:35:08 |  |
| :---: | :---: | :---: |
| 154 Sam Adams | 00:36:01 |  |
| 174 Debbie Duffill | 00:38:55 |  |
| 175 Cindy Baker | 00:38:56 |  |
| 181 Linda Hall | 00:40:04 |  |
| 203 Susan Reece | 00:53:27 |  |
| 204 Lynda Gent | 00:53:28 |  |
| 205 Kara Mainprize | 00:53:32 Tail Walker |  |
| Hull parkrun 5K-7th May |  |  |
| 4 James Wilson | 00:16:57 |  |
| Humber Bridge 5K-7th May |  |  |
| 30 Paul Brown | 00:27:50 |  |
| North Yorkshire Water Park parkrun 5K-7th May |  |  |
| 64 Paul Raper | 00:29:43 |  |
| 73 Sarah Marr | 00:30:50 |  |
| 80 Di Raper | 00:31:33 |  |
| 90 Dave Foster | 00:32:59 |  |
| York parkrun 5K-7th May |  |  |
| 107 Laura Nurse | 00:23:13 |  |
| Virtual parkrun 5K-7th May |  |  |
| Miriam Ireland | 00:23:14 |  |
| Nicola Fowler | 00:27:12 |  |
| Chloe Whitehouse | 00:33:24 |  |
| Dominique Webster | 00:33:37 |  |
| Mandathon, Whitby to Filey 32 miles - 7th May |  |  |
| Justine Sutcliffe | 06:01:18 Watch |  |
| Ratrace Dirty Weekend, $\mathbf{2 0}$ miles - 200 obstacles - 7th May |  |  |
| Kerry Whitehead | 06:04:27 Strava |  |
| Leeds Half Marathon-8th May |  |  |
|  | Chip Time Gun Time |  |
| 2835 Tom Fynn | 02:08:21 02:32:56 |  |
| Hardmoors Wainstones Half Marathon Trail - 8th May |  |  |
| 89 Helena Bennett | 04:19:30 |  |
| Beverley 10k - 8th May |  |  |
|  | Chip Time Gun Time |  |
| 14 Scott Hargreaves | 00:34:08 00:34:09 |  |
| 17 Phill Taylor | 00:35:13 00:35:13 1st V40 |  |
| 52 Tom Mullen | 00:37:34 00:37:36 |  |
| 129 Tom Woodhouse | 00:40:52 00:41:03 |  |
| 143 Simon Ellerker | 00:41:38 00:41:47 |  |

169 Anthony Smith 00:42:28 00:42:47

177 Adam Dyas226 Nick Hayden-Craggs236 Jason Pointez285 Graham Lonsdale
303 Micah Gibson (J)311 Mollie Holehouse
354 Clare Gummerson
372 Gillian Taylor
376 Becky Clifton
418 Stuart Gent
473 Kelly Palmer
526 Simon Porter551 Kara Mainprize
556 Amy Fowler
577 Verona Petty
622 Patricia Bielby660 Emma Richardson
686 Heidi Baker721 Diane Palmer
722 Ellis Hodges
892 Jane Welbourn
897 Gerrard Ferre
984 Nicola Fowler
1026 Becky Lawry
1037 Pete Royal
1050 Bob Eyre1140 Yvonne Shawcross
1193 Amanda Tindall
1218 Jennifer Kilburn
1233 Dave Pring
1277 Janet Downes
1281 Sarah Marr
1287 Paul Raper
1319 Di Raper
1378 Lucinda Gibson
1432 Anne Kelly
1507 Elizabeth Ingle1560 Linda Hall1584 Tina Calthorpe
Beverley Fun Run - 8th May
45 Maelys Price

08:30 08:34
08:59 09:01
BRR Summer League Handicap Points, Beverley 10K
Men
1 Bob Eyre ..... 50
2 Jason Pointez ..... 49
3 Gerrard Ferre ..... 48

## Club Results 2022

4 Simon Porter ..... 47
5 Phill Taylor ..... 46
6 Tom Woodhouse ..... 45
7 Graham Lonsdale ..... 44
8 Dave Pring ..... 43
9 Tom Mullen ..... 42
10 Anthony Smith ..... 41
11 Simon Ellerker ..... 40
12 Stuart Gent ..... 39
13 Adam Dyas ..... 38
14 Micah Gibson (J) ..... 37
15 Scott Hargreaves ..... 36
16 Pete Royal ..... 35
17 Nick Hayden-Craggs ..... 34
18 Paul Raper ..... 33
Women
1 Kara Mainprize ..... 50
2 Gillian Taylor ..... 49
3 Janet Downes ..... 48
4 Verona Petty ..... 47
5 Yvonne Shawcross ..... 46
6 Becky Lawry ..... 45
7 Heidi Baker ..... 44
8 Kelly Palmer ..... 43
9 Amy Fowler ..... 42
10 Clare Gummerson ..... 41
11 Tina Calthorpe ..... 40
12 Lucinda Gibson ..... 39
13 Di Raper ..... 38
14 Jane Welbourn ..... 37
15 Nicola Fowler ..... 36
16 Becky Clifton ..... 35
17 Amanda Tindall ..... 34
18 Linda Hall ..... 33
19 Mollie Holehouse ..... 32
20 Patricia Bielby ..... 31
21 Ellis Hodges ..... 30
22 Sarah Marr ..... 29
23 Emma Richardson ..... 28
24 Elizabeth Ingle ..... 27
25 Jennifer Kilburn ..... 26
26 Diane Palmer ..... 25
27 Anne Kelly ..... 24
EHH Summer League, East Park 4 Mile - 10th May48 Simon Ellerker00:26:51
59 Ashley Porter ..... 00:28:03
73 Micah Gibson ..... 00:28:40
78 Graham Lonsdale ..... 00:28:59
13Gillian Taylor00:31:05

| 15 | Kelly Palmer | $00: 31: 49$ |
| :--- | :--- | :--- |
| 16 | Kara Mainprize | $00: 31: 55$ |
| 18 | Amy Fowler F35 |  |
| 22 | Diane Palmer | $00: 31: 58$ |
| 25 | Heidi Baker | $00: 33: 09$ |
| 27 | Dominique Webster | $00: 33: 18$ |
| 117 |  | Josh Taylor |
| 28 | Verona Petty | $00: 33: 22$ |
| 120 |  | Simon Porter |
| 130 |  | Bob Eyre |
| 40 | Jane Welbourn | $00: 33: 23$ |
| 42 | Nicola Fowler | $00: 33: 53$ |
| 136 |  | Pete Royal |
| 46 | Amanda Tindall | $00: 35: 35$ |
| 47 | Kirsten Porter | $00: 36: 19$ |
| 141 |  | Dave Foster |
| 52 | Anne Kelly | $00: 36: 41$ |
| 53 | Lucinda Gibson | $00: 37: 49$ |

East Park Fun Run - 10th May
81 James Ellerker
00:13:15

BRR Summer League - EHH East Park 4 Mile, Hull Handicap Points

| Women | Target <br> Time | Actual <br> Time | Pts |
| :--- | :--- | :--- | :--- |
| 1 Kirsten Porter | $00: 39: 17$ | $00: 37: 55$ | 50 |
| 2 Kara Mainprize | $00: 32: 34$ | $00: 31: 55$ | 49 |
| 3 Heidi Baker | $00: 33: 58$ | $00: 33: 18$ | 48 |
| 4 Lucinda Gibson | $00: 40: 53$ | $00: 40: 32$ | 47 |
| 5 Gillian Taylor | $00: 31: 00$ | $00: 31: 05$ | 46 |
| 6 Dominique Webster | $00: 33: 08$ | $00: 33: 22$ | 45 |
| 7 Amanda Tindall | $00: 37: 38$ | $00: 37: 54$ | 44 |
| 8 Amy Fowler | $00: 31: 35$ | $00: 31: 58$ | 43 |
| 9 Kelly Palmer | $00: 31: 10$ | $00: 31: 49$ | 42 |
| 10 Diane Palmer | $00: 32: 22$ | $00: 33: 09$ | 41 |
| 11 Nicola Fowler | $00: 35: 36$ | $00: 36: 41$ | 40 |
| 12 Anne Kelly | $00: 38: 28$ | $00: 39: 57$ | 39 |
| 13 Verona Petty | $00: 32: 19$ | $00: 33: 43$ | 38 |
| 14 Jane Welbourn | $00: 34: 28$ | $00: 36: 19$ | 37 |
|  | Target | Actual | Pts |
| Men | Time | Time |  |
| 1 Dave Foster | $00: 41: 11$ | $00: 39: 37$ | 50 |
| 2 Bob Eyre | $00: 36: 28$ | $00: 35: 35$ | 49 |
| 3 Graham Lonsdale | $00: 29: 04$ | $00: 28: 59$ | 48 |
| 4 Ashley Porter | $00: 28: 05$ | $00: 28: 03$ | 47 |
| 5 Micah Gibson | $00: 28: 37$ | $00: 28: 40$ | 46 |
| 6 Simon Ellerker | $00: 26: 24$ | $00: 26: 51$ | 45 |
| 7 Pete Royal | $00: 36: 12$ | $00: 37: 49$ | 44 |
| 8 Simon Porter | $00: 32: 12$ | $00: 33: 59$ | 43 |
| 9 Josh Taylor | $00: 27: 09$ | $00: 33: 23$ | 42 |

Points awarded on percentage difference between Target Time and Actual Time

```
Chase the Sun Roundhay Park 10K - 11th May
    Chip Time Gun Time
    1 1 \text { Martin Hutchinson 00:44:53 00:44:54 1st V50}
```

Sewerby parkrun 5K-14th May
1 James Wilson 00:17:33
12 Tom Woodhouse 00:20:23
14 Martin Hutchinson 00:20:31
17 Isaac McNulty (J) 00:20:55 PB
18 Phill Taylor 00:20:57
19 Adam Dyas 00:21:16
24 Micah Gibson (J) 00:21:55
30 Jason Pointez 00:22:31
31 Justin Choat 00:22:34
33 T J Choat (J) 00:22:47
34 Alan Feldberg 00:23:19
36 Rebecca Miller (J) 00:23:25
39 Damian Probett 00:23:33
43 Jonathan Ogden 00:24:03
44 Gillian Taylor 00:24:11
49 Ben Edwards (J) 00:24:37
53 Annabelle Miller (J) 00:25:00
55 Greg Miller 00:25:01
57 Joshua Miller (J) 00:25:05
59 Chris Humphries 00:25:12
60 Louise Taylor 00:25:12
77 Simon Porter 00:26:03
88 Andy Baker 00:26:48
90 Dominique Webster 00:26:55
96 Janet Potter 00:27:11
98 Angela Bailey 00:27:21
99 Chris Price 00:27:22
111 Oliver Stevenson (J) 00:28:34
114 William McNulty (J) 00:29:01
115 Stuart Gent 00:29:03
126 Zoe Ellis-Cornell 00:29:48
135 Mim Ireland 00:30:26
137 Dave Pring 00:30:45
143 Ethan Jones (J) 00:30:58
146 Pete Royal 00:31:17
150 Kyle Tibbett (J) 00:31:43
151 Erin Jones (J) 00:31:52
160 Lucinda Gibson 00:33:16
161 L M E Choat (J) 00:33:17
163 Amanda Tindall 00:33:27
164 Jane Probett 00:33:32

| 175 Emma Choat | $00: 34: 34$ |
| :--- | :--- |
| 177 Kirsten Porter | $00: 34: 35$ |
| 179 Janet Downes | $00: 34: 49$ |
| 184 Elizabeth Ingle | $00: 35: 16$ |
| 191 David Duffill | $00: 36: 27$ |
| 198 Linda Hall | $00: 38: 18$ |
| 203 Cindy Baker | $00: 39: 06$ |
| 202 Debbie Duffill | $00: 39: 06$ |
| 206 Mary Yates | $00: 40: 10$ |

## Belvoir Castle parkrun 5K-14th May

$$
24 \text { Amy Fowler 00:26:43 }
$$

## Gadebridge parkrun 5K-14th May

51 Kay Walters 00:26:58

## Goole parkrun 5K-14th May

35 Patricia Bielby 00:24:16
62 Paul Brown 00:26:59
86 Anne Kelly 00:29:16

## North Yorkshire Water Park parkrun 5K - 14th May

| 5 Simon Walters | $00: 20: 34$ |
| :--- | :--- |
| 103 Dave Foster | $00: 32: 40$ PB |
| 128 Rob Calthorpe | $00: 40: 30$ PB |
| 134 Tina Calthorpe | $00: 43: 14$ |

Virtual parkrun 5K - 14th May
Nicola Fowler 00:27:31
The Lap, Windemere - 14th May

| Danny Brunton | $08: 37: 58$ |
| :--- | :--- |
| Lisa Cockcroft | $11: 34: 06$ |

## Ravenscar Half Marathon - 15th May

5 Dan Cawthorn
01:46:19
12 Alan Feldberg 01:51:29
14 Joanna Dagnan 01:53:03 1st Lady
25 Allan McFarlane 01:59:03
121 Heidi Baker 02:42:15
150 Janet Downes 03:10:49
151 Graham Lonsdale 03:10:49
Ravenscar 10K - 15th May
20 Emma Richardson 00:57:39 3rd Lady
33 Helena Bennett 01:04:09
62 David Foster 01:14:22
Humberside Track Championships, Hull \& Boston
Full Results awaited

| Evie Lakes | bronze in the 100m |
| :---: | :---: |
| Teddy Imeson | silver in the long jump |
| Josh Miller | bronze in the 150 m |
| Becky Miller | bronze in the $1,500 \mathrm{~m}$ |
| Becky Miller | silver long jump |
| Daniel Imeson | silver in the 100 m |
|  | bronze in the javelin bronze in the long jump gold in the 80 m hurdles |
|  | gold in the high jump |
| Louie Dixon | silver in the High Jump |
| Teddy Imeson | silver in the 75 m hurdles |
| Rebecca Addison | bronze long jump |
|  | bronze 200m |
| Isaac McNulty | bronze in the 200 m |

## CoH Champagne League, Wauldby Green 3.8 miles - 17th May

| 30 Simon Ellerker | $00: 26: 54$ |
| :--- | :--- |
| 36 Martin Hutchinson | $00: 27: 08$ |
| 95 Heidi Baker | $00: 35: 05$ |
| 142 Dave Foster | $00: 46: 10$ |

York 5K Series - 20th May

| 20 Phill Taylor | $00: 16: 51$ | $00: 16: 51$ |
| :--- | :--- | :--- |
| 24 James Wilson | $00: 17: 06$ | $00: 17: 06$ |
| 86 Mollie Holehouse | $00: 23: 29$ | $00: 23: 32$ |

Sewerby parkrun 5K-21st May
4 Phill Taylor 00:18:42
7 Nick Jordan 00:19:33
10 James Briggs 00:20:08
16 Adam Dyas 00:21:19
22 Jason Pointez 00:22:35
23 Micah Gibson (J) 00:22:37
28 Damian Probett 00:22:59 PB
29 Evie Lakes (J) 00:23:01 PB
33 Rebecca Miller (J) 00:23:04
34 Annabelle Miller (J) 00:23:06
37 Graham Lonsdale 00:23:12
40 Andy Baker 00:23:23
43 Jonathan Ogden 00:23:47
46 Chris Price 00:24:22
47 Gillian Taylor 00:24:25
57 Ben Edwards (J) 00:25:14
58 Keren Miller 00:25:16
64 T J Choat (J) 00:25:28
66 Amy Fowler 00:26:02
75 Joshua Miller (J) 00:26:47
80 Janet Potter 00:27:01

| 89 Stuart Gent | $00: 27: 40$ |
| :--- | :--- |
| 93 Heidi Baker | $00 \cdot 27 \cdot 53$ |93 Heidi Baker

00:27:53

$$
97 \text { Luke Duffill 00:28:05 }
$$

$$
113 \text { Erin Jones (J) 00:29:22 PB }
$$

$$
116 \text { Ethan Jones (J) 00:29:39 }
$$

$$
117 \text { Pete Royal 00:29:42 }
$$

$$
124 \text { Bob Eyre 00:30:23 }
$$

$$
127 \text { Zoe Ellis-Cornell 00:30:27 }
$$

$$
128 \text { Dominique Webster 00:30:28 }
$$

$$
131 \text { Dave Pring 00:30:48 }
$$

$$
132 \text { Greg Miller 00:30:53 }
$$

$$
141 \text { Oliver Stevenson (J) 00:31:28 }
$$

$$
160 \text { Lucinda Gibson 00:33:14 }
$$

$$
164 \text { Kevin Sissons 00:33:41 }
$$

$$
165 \text { L M E Choat (J) 00:33:51 }
$$

$$
168 \text { James Ellerker (J) 00:34:02 }
$$

$$
169 \text { Simon Ellerker 00:34:03 }
$$

$$
174 \text { Emma Choat 00:34:07 }
$$

$$
182 \text { Richard Kirkpatrick 00:34:29 }
$$

$$
183 \text { Janet Downes 00:34:32 }
$$

$$
202 \text { Debbie Duffill 00:36:48 }
$$

$$
210 \text { Linda Hall 00:37:37 }
$$

$$
215 \text { David Duffill } \quad 00: 38: 13
$$

$$
216 \text { Cindy Baker 00:38:25 }
$$

## Beverley parkrun 5K-21st May

| 42 Patricia Bielby | $00: 25: 29$ |
| :--- | :--- |
| 73 Paul Brown | $00: 28: 06$ |

North Yorkshire Water Park parkrun 5K - 14th May
34 Kay Walters 00:25:22 PB
39 Simon Porter 00:26:02 PB
100 Amanda Tindall 00:34:20
101 Kirsten Porter 00:34:21
121 Tina Calthorpe 00:42:33
Riverside parkrun 5K, Chester-le-Street - 21st May
205 Jenny Chambers 00:33:55

## Lincoln parkrun 5K-21st May

273 Danielle Whitehouse 00:47:00
274 Chloe Whitehouse 00:47:02
Virtual parkrun 5K-21st May
Nicola Fowler
00:28:36

## EHH Summer League, Leven 10K - 24th May

5 Scott Hargreaves
00:34:02
37 Tom Mullen
00:39:31

|  | Martin Hutchinson | 00:41:58 |
| :---: | :---: | :---: |
|  | Micah Gibson | 00:45:25 |
| 80 | Graham Lonsdale | 00:45:56 |
| 25 | Amy Fowler | 00:49:33 |
| 104 | Simon Porter | 00:49:43 |
| 30 | Kelly Palmer | 00:51:42 |
| 31 | Diane Palmer | 00:51:51 |
| 33 | Dominique Webster | 00:52:34 |
| 42 | Heidi Baker | 00:54:48 |
| 45 | Nicola Fowler | 00:56:43 |
| 51 | Amanda Tindall | 01:00:07 |
| 52 | Kirsten Porter | 01:00:08 |
| Dalby Sprint Duathlon-22nd May |  |  |
| 32 | James Riley | 01:41:06 |
| Sewerby parkrun 5K-28th May |  |  |
|  | Nick Jordan | 00:19:10 |
|  | Tom Woodhouse | 00:20:30 |
|  | Phill Taylor | 00:21:01 |
|  | Adam Dyas | 00:21:11 |
|  | Jason Pointez | 00:22:01 |
|  | Ben Edwards (J) | 00:22:36 |
|  | T J Choat (J) | 00:22:38 |
|  | Justin Choat | 00:22:47 |
|  | Damian Probett | 00:22:48 PB |
|  | Graham Lonsdale | 00:22:54 |
|  | Andy Baker | 00:23:06 |
|  | Jonathan Ogden | 00:23:21 |
|  | Gillian Taylor | 00:24:35 |
|  | Chris Price | 00:24:37 |
|  | Alan Feldberg | 00:24:48 |
|  | Micah Gibson (J) | 00:25:03 |
|  | Evie Lakes (J) | 00:25:04 |
|  | Luke Duffill | 00:25:31 |
|  | Emma Richardson | 00:25:35 |
|  | Simon Porter | 00:26:40 |
|  | Angela Bailey | 00:28:26 |
| 115 | Patricia Bielby | 00:29:06 |
|  | Anne Kelly | 00:29:29 PB |
| 120 | Zoe Ellis-Cornell | 00:29:44 |
|  | Bob Eyre | 00:30:10 |
|  | Ethan Jones (J) | 00:30:22 |
| 134 | Dave Pring | 00:30:41 |
| 137 | Stuart Bowes | 00:31:25 |
| 140 | Heidi Baker | 00:31:52 |
| 143 | Jane Probett | 00:32:20 |
| 144 | Mary Yates | 00:32:27 PB |
|  | Erin Jones (J) | 00:32:31 |
| 148 | Lucinda Gibson | 00:32:34 |


| 151 Oliver Stevenson (J) | $00: 32: 45$ |
| :--- | :--- |
| 156 Kevin Sissons | $00: 33: 29$ |
| 160 Alexander Fynn (J) | $00: 34: 01$ |
| 172 L M E Choat (J) | $00: 34: 40$ |
| 173 Amanda Tindall | $00: 34: 40$ |
| 174 Janet Downes | $00: 34: 42$ |
| 175 Kirsten Porter | $00: 34: 42$ |
| 186 Sam Adams | $00: 37: 09$ |
| 188 Debbie Duffill | $00: 37: 34$ |
| 193 Linda Hall | $00: 38: 32$ |
| 194 Cindy Baker | $00: 38: 33$ |
| 210 David Duffill | $00: 51: 28$ Tail Walker |

## Ancholme parkrun 5K-28th May

32 Amy Fowler
00:24:56

## Dalby Forest parkrun 5K - 28th May

33 Kara Mainprize
00:25:32
97 Jenny Chambers
00:33:06

## Lincoln parkrun 5K-28th May

139 Danielle Whitehouse 00:28:07
142 Chloe Whitehouse 00:28:15

## North Yorkshire Water Park parkrun 5K - 28th May

6 Tom Mullen 00:18:48 PB
61 Paul Brown
00:27:23
119 Tina Calthorpe
00:42:19

## Rothay Park parkrun 5K-28th May

2 James Briggs 00:19:18

## Sandringham parkrun 5K-28th May

10 Martin Hutchinson 00:20:40
48 Justine Sutcliffe 00:24:10
Virtual parkrun 5K-28th May

| Miriam Ireland | $00: 24: 36$ |
| :--- | :--- |
| Nicola Fowler | $00: 27: 16$ |
| Dominique Webster | $00: 33: 15$ |

## Humber Athletics Open Series,Grimsby - 28th May

U11 Girls Howler Throw
4 Océane Price
9.70 m
5 Hannah Imeson
9.05m
U11 Girls Long Jump
3 Hannah Imeson 2.78 m
5 Océane Price $\quad 2.62 \mathrm{~m} \quad$ PB

## U11 Girls 600m

4 Océane Price
2:16.2 PB
6 Hannah Imeson
2:24.4
PB

## U13 Boys Hurdles

2 Teddy Imeson 00:17.6 PB

## U13 Boys Long Jump

7 Teddy Imeson 3.09m

## U13 Boys 800 m

5 Teddy Imeson 02:59.8 PB

## 10000m Senior Women

5 Jo Dagnan
00:42:50 1st VW

## Edinburgh Half Marathon - 29th May

Chip Time Gun Time
7013 Di Raper
02:14:48 02:27:45

Edinburgh Marathon - 29th May

| 4340 Verona Petty | $04: 16: 02$ | $04: 32: 18$ |
| :--- | :--- | :--- |
| 5294 Gerard Ferre | $04: 30: 03$ | $04: 46: 19$ |
| 6148 Jane Welbourn | $04: 45: 48$ | $05: 02: 02$ |

Hardmoors 110-29th May
Mike Hall 30:46:11

Hardmoors 200-29th May
Kendra Wedgwood 59:29:07 1st Lady

CoH Champagne League, Brough/Welton 4 miles - 31st May
14 Simon Ellerker 00:26:39
87 Heidi Baker 00:34:44
128 Dave Foster 00:42:28

Sewerby parkrun 5K - 4th June
3 Phill Taylor 00:18:12

5 James Briggs 00:19:10
13 Martin Hutchinson 00:20:27
19 Adam Dyas 00:21:07
37 Andy Baker 00:22:44
40 Ted Imeson (J) 00:22:57
45 T J Choat (J) 00:23:30
48 Justin Choat 00:23:46
55 Ben Edwards (J) 00:24:06
58 Richard Kirkpatrick 00:24:14 PB
64 Jason Pointez 00:24:28
65 Chris Price 00:24:32

| 67 Alan Feldberg | $00: 24: 39$ |
| :--- | :--- |
| 71 Gillian Taylor | $00: 24: 53$ |

73 Jonathan Ogden ..... 00:25:00
76 Patricia Bielby ..... 00:25:13
79 Emma Richardson ..... 00:25:20
80 Luke Duffill ..... 00:25:22
86 Amy Fowler ..... 00:25:38
98 Stuart Gent ..... 00:26:32
106 Evie Lakes (J) ..... 00:26:56
111 Heidi Baker ..... 00:27:15
120 Gerrard Ferre ..... 00:27:57
122 Angela Bailey ..... 00:28:02
129 Oliver Stevenson (J) ..... 00:28:26
134 Simon Porter ..... 00:28:39
139 Mim Ireland ..... 00:28:44
145 Anne Kelly ..... 00:29:11 PB
156 Pete Royal ..... 00:30:09
157 Dave Pring ..... 00:30:34
160 Ethan Jones (J) ..... 00:30:53
173 Lucinda Gibson ..... 00:31:58
177 Erin Jones (J) ..... 00:32:34
187 Charlie Johnson (J) ..... 00:33:18
188 Chris Johnson ..... 00:33:19
213 L M E Choat (J) 00:35:28
214 Emma Choat ..... 00:35:35
221 David Duffill ..... 00:36:41
222 Sam Adams ..... 00:36:43
232 Debbie Duffill ..... 00:37:34
245 Linda Hall ..... 00:39:56
246 Cindy Baker ..... 00:39:57
259 Amanda Tindall 00:58:51 Tail Walker
260 Kirsten Porter00:58:51 Tail Walker261 Karen Creed

## North Yorkshire Water Park parkrun 5K - 4th June

55 Kay Walters
159 Tina Calthorpe

00:24:55 PB
00:41:55

## Norwich parkrun 5K - 4th June

55 Damian Probett 00:22:21

262 Jane Probett
00:31:25

## Peter Pan parkrun 5K - 4th June

140 Paul Brown
00:31:28

Virtual parkrun 5K - 4th May
Nicola Fowler
00:27:05

5 Danny Brunton 03:02:03 03:02:04 1st V40

## Top of the Wolds 10K - 5th June

|  | Chip Time | Gun Time |
| :--- | :---: | :--- |
| 56 Emma Richardson | $00: 54: 06$ | $00: 54: 19$ |
| 3rd LV40 |  |  |
| 58 Dominique Webster | $00: 55: 07$ | $00: 55: 18$ |
| 82 Heidi Baker | $00: 58: 18$ | $00: 58: 32$ |
| 85 Paul Brown | $00: 58: 26$ | $00: 58: 47$ 3rd V70 |
| 120 Robert Eyre | $01: 03: 07$ | $01: 03: 20$ |
| 145 Kirsten Porter | $01: 09: 46$ | $01: 10: 00$ |
| 146 Amanda Tindall | $01: 09: 46$ | $01: 10: 00$ |
| 159 Linda Hall | $01: 24: 45$ | $01: 25: 01$ |
| 1 1st LV70 |  |  |
| 160 Tina Calthorpe | $01: 26: 21$ | $01: 26: 38$ |
| 163 Dian Rewston | $01: 34: 56$ | $01: 35: 09$ |

Orsted Great Grimsby 10K - 5th June
66 Nick Jordan
00:38:08

EHH Summer League, Sproatley 7 Mile - 7th June

33 Martin Hutchinson 00:47:25
59 Graham Lonsdale 00:53:04
60 Micah Gibson 00:53:08
13 Heidi Baker 00:59:38
14 Laura Nurse 00:59:41
17 Dominique Webster 01:01:16 1st F45
88 Bob Eyre 01:03:45
26 Kirsten Porter 01:12:42
27 Amanda Tindall 01:12:43

## Sledmere Sunset Trail - 10th June

|  | Chip Time | Gun Time |
| :--- | :---: | :--- |
| 2 Scott Hargreaves | $00: 37: 23$ | $00: 37: 23$ |
| 2nd SNR |  |  |
| 7 Joe Shepherdson | $00: 47: 42$ | $00: 47: 44$ |
| 16 Alan Feldberg | $00: 50: 03$ | $00: 50: 13$ |
| 17 Dan Cawthorn | $00: 50: 47$ | $00: 50: 49$ |
| 26 Martin Hutchinson | $00: 52: 24$ | $00: 52: 25$ 3rd V50 |
| 33 Stuart Gent | $00: 53: 03$ | $00: 53: 18$ |
| 39 Mim Ireland | $00: 53: 43$ | $00: 53: 52$ |
| 40 Allan McFarlane | $00: 54: 40$ | $00: 54: 48$ |
| 64 Adam Dyas | $00: 55: 49$ | $00: 55: 59$ |
| 66 Graham Lonsdale | $00: 55: 56$ | $00: 56: 06$ |
| 84 Becky Clifton | $00: 56: 56$ | $00: 57: 04$ |
| 89 Justine Sutcliffe | $00: 57: 19$ | $00: 57: 31$ |
| 94 Ellis Hodges | $00: 57: 28$ | $00: 57: 48$ |
| 106 Jonathan Ogden | $00: 58: 26$ | $00: 58: 39$ |
| 121 Emma Richardson | $00: 59: 15$ | $00: 59: 28$ |
| 125 Tom Fynn | $00: 59: 34$ | $00: 59: 57$ |
| 134 Emily Cawthorn | $01: 00: 31$ | $01: 00: 46$ |
| 153 Heidi Baker | $01: 01: 40$ | $01: 01: 50$ |


| 164 Dominique Webster | $01: 02: 01$ | $01: 02: 22$ |
| :--- | :--- | :--- |
| 178 Bob Eyre | $01: 02: 41$ | $01: 03: 03$ |
| 1 st V70 |  |  |
| 179 Simon Ellerker | $01: 03: 02$ | $01: 03: 03$ |
| 194 Becky Lawry | $01: 04: 11$ | $01: 04: 32$ |
| 258 Di Raper | $01: 11: 50$ | $01: 12: 11$ |
| 272 Paul Raper | $01: 14: 29$ | $01: 14: 51$ |
| 273 Dave Foster | $01: 13: 53$ | $01: 14: 56$ |
| 291 Janet Downes | $01: 18: 58$ | $01: 19: 43$ |
| 319 Linda Hall | $01: 26: 36$ | $01: 27: 23$ 3rd LV70 |
| 323 Tina Calthorpe | $01: 31: 42$ | $01: 32: 07$ |

## Sledmere Sunset Trail Taster 3.6K - 10th June

| 7 Evie Lakes (J) | $00: 16: 59$ 2nd F |
| :--- | :--- |
| 17 Alexander Fynn (J) | $00: 20: 35$ |
| 35 Rob Calthorpe | $00: 28: 18$ |

## See York Run York Summer 10K - 10th June

Chip Time Gun Time
9 Josh Taylor 00:48:37 00:48:38

## Sewerby parkrun 5K (Alternative Course) - 11th June

5 Phill Taylor 00:21:24
8 James Briggs 00:21:43
13 Martin Hutchinson 00:22:38
19 Adam Dyas 00:23:59
26 Micah Gibson (J) 00:25:11
28 Ben Edwards (J) 00:25:18
33 Graham Lonsdale 00:25:34
37 Chris Price 00:26:08
42 Damian Probett 00:26:39
45 Luke Duffill 00:26:51
49 Jonathan Ogden 00:27:13
50 Patricia Bielby 00:27:18
52 Chris Humphries 00:27:24
58 Alan Feldberg 00:28:07
80 Pete Royal 00:31:45
90 Zoe Ellis-Cornell 00:32:26
103 Charlie Johnson (J) 00:33:47
104 Chris Johnson 00:33:48
109 Lucinda Gibson 00:34:19
112 Jane Probett 00:34:43
119 L M E Choat (J) 00:35:21
122 Justin Choat 00:35:28
134 Kevin Sissons 00:37:37
140 Debbie Duffill 00:40:03
155 Cindy Baker 00:49:28

156 Linda Hall 00:49:31

North Yorkshire Water Park parkrun 5K - 11th June
6 Simon Walters 00:20:58

| 85 Stuart Gent | $00: 29: 10$ |
| :--- | :--- |
| 92 Ethan Jones (J) | $00: 30: 26$ |
| 120 Lynda Gent | $00: 34: 14$ |
| 139 Erin Jones (J) | $00: 37: 45$ |

## Sandringham parkrun 5K-11th June

$$
58 \text { Janet Potter 00:26:01 }
$$

91 John Potter 00:29:27

Pontefract parkrun 5K-11th June

| 73 Simon Porter | $00: 25: 58$ |
| :--- | :--- |
| 174 Kirsten Porter | $00: 32: 33$ |

## Dalby Inferno-11th June

10th Lap (having also completed 9 previous laps in less than 1 hour each)
Chip Time Gun Time
83 Jane Welbourn 00:40:36 00:41:29
89 Andy Baker 00:41:34 00:42:22

## Humber Athletics Open Series - 11th June

Annabelle Miller - PB of 3.15 m with 12th place in U13 long jump, 3.33 m in 6th place for U13 shotput \& 2:49.83 in 4th place for U13 800m.

Becky Miller - matched PB of 3.49 m in 7th place for U13 long jump, 15.66s in 5th place for U13 70m hurdles \& 2:42.29 in 1st place for U13 800m.

Teddy Imeson - PB of 3.32 m in 5th for U13 long jump,
18.57 in 2nd place for U13 75m hurdles \& 1.05m in 1st place for U13 High jump.

Hope Adams - 2.52 m in 15th for U13 long jump, 41.37 in 17th for U13 200m \& 3.95m in 5th for U13 shotput.

Kyra Leary - 3.21 m in 11th for U13 long jump, 16.97 in 7th for U13 70m hurdles \& 39.06 in 16th for U13 200m.

Océane Price - 10.19m in 3rd for U11 howler throw,
2:13.33 in 2nd for U11 600m \& 2.64m in 4th in U11 long jump.
Tyler Choat - 2:15.83 in 4th in U11 600m \& 2.26m in 4th in U11 long jump.
Maëlys Price - 19.81 in 10th for U13 70m hurdles,
42.85 in 18th for U13 200m \& 3.15 m in 7th for the U13 shotput.

Evie Lakes - 37.43 in 15th for the U13 200m \& 3:06.29 in 11th for the U13 800m.
Rebecca Addison - 32.62 in 8th for U15 200m,
52.49 in 4th for U15 300m \& 2:48.16 in 4th for U15 800m.

Josh Miller - 17.00m in 3rd for U11 howler throw,
29.19 in 5th for U11 150m \& 2.70m in 4th for U11 long jump.

Daniel Imeson - PB of 1.25 m in 1st place for U15 high jump, 3.51m in 4th for U15 long jump \& PB of 17.70 m in 4th for U15 javelin.

Louie Dixon - 1.00m in 2nd for U13 High jump \& 16.63 in 4th for U13 100m.
Erin Gummerson - 53.98 in 5th for U15 300m \& 2:50.39 in 5th for U15 800m.

## Senior 3000m

| 3 Jo Dagnan | $11: 49.23$ | 1st Lady |
| :--- | :--- | :--- |
| 4 Josh Taylor | $11: 56.15$ | 1st SM |

## Hull Half Marathon - 12th June

| 3 Danny Brunton | $01: 18: 21$ | $01: 18: 21$ |
| :---: | :---: | :---: |
| 29 Nick Jordan | $01: 25: 00$ | $01: 25: 03$ |
| 78 Jo Dagnan | $01: 35: 39$ | $01: 35: 42$ |
| 342 Gerard Ferre | $01: 56: 21$ | $01: 57: 12$ |

Hull 10K - 12th June

86 Nick Craggs
358 Emma Richardson
1363 Glen Walker
1364 Hayley Croft

00:44:21 00:44:27
00:51:31 00:52:49
01:12:41 01:16:46
01:12:41 01:16:46

Doncaster Half Marathon - 12th june

| 22 James Wilson | $01: 22: 16$ | $01: 22: 18$ |
| :--- | :--- | :--- |
| 399 Laura Nurse | $01: 58: 42$ | $01: 59: 29$ |
| 709 Di Raper | $02: 29: 11$ | $02: 30: 05$ |

Hardmoors 26.2 White Horse trail Marathon - 12th June
71 Helena Bennett 06:03:27

## Scalby Fair Multi-Terrain 5K - 12th June

35 Tina Calthorpe 00:42:03
36 Rob Calthorpe 00:42:04

AJ Bell WorldTriathlon Championship Series Leeds, Sprint - 12th June
69 Becky Clifton 01:38:25 2nd F50-54

CoH Champagne League, Kiplingcotes 5.5 miles (Handicap) - 14th June
15 Martin Hutchinson 00:35:01
22 Simon Ellerker 00:34:43
125 Dave Foster 00:59:58

BRR Carnaby Canter - 16th June

| 1 Phill Taylor | $00: 38: 10$ |
| :--- | :--- |
| 2 Simon Ellerker | $00: 43: 11$ |
| 3 Martin Hutchinson | $00: 43: 38$ |
| 4 Nick Craggs | $00: 45: 16$ |
| 1st V40 |  |
| 5 James Briggs | $00: 46: 13$ |
| 1 st V35 |  |
| 6 Adam Dyas | $00: 46: 17$ |
| 7 Andy Long | $00: 46: 19$ |
| 1st V60 |  |
| 8 Allan McFarlane | $00: 47: 22$ 1st V50 |
| 9 Graham Lonsdale | $00: 48: 24 ~ 1 s t ~ V 55 ~$ |
| 10 Clare Gummerson | $00: 49: 20$ |
| 1 st Lady |  |
| 11 Chris Price | $00: 49: 22$ |
| 12 Andy Baker | $00: 50: 00$ |
| 13 Kerry Whitehead | $00: 50: 47$ |
| 14 Stuart Gent Lady |  |
| 15 Damian Probett | $00: 50: 48$ |
| 16 Amy Fowler | $00: 52: 21$ |
| 17 Gillian Taylor | $00: 52: 56$ 3rd Lady |


| 18 John Bowles | 00:53:50 |
| :---: | :---: |
| 19 Heidi Baker | 00:55:04 1st LV40 |
| 20 Ellis Hodges | 00:55:05 |
| 21 Kelly Palmer | 00:55:32 1st LV35 |
| 22 Diane Palmer | 00:55:34 1st LV55 |
| 23 Andrew Marr | 00:56:19 1st V45 |
| 24 Paul Brown | 00:56:33 1st V70 |
| 25 Verona Petty | 00:57:21 |
| 26 Jane Welbourn | 00:57:33 |
| 27 Becky Lawry | 01:03:17 |
| 28 Dominique Webster | 01:03:17 1st LV45 |
| 29 Bob Eyre | 01:03:56 1st V75 |
| 30 Dave Pring | 01:04:01 |
| 31 Yvonne Shawcross | 01:06:14 |
| 32 Anne Kelly | 01:06:14 1st LV65 |
| 33 Lucinda Gibson | 01:06:55 |
| 34 Janet Downes | 01:18:15 |
| 35 Dave Foster | 01:19:26 1st V65 |
| 36 Linda Hall | 01:22:54 1st LV75 |
| 37 Tina Calthorpe | 01:26:02 |


| Women | Target | Actual | Pts |
| :---: | :---: | :---: | :---: |
|  | Time | Time |  |
| 1 Lucinda Gibson | 01:09:15 | 01:06:55 | 50 |
| 2 Heidi Baker | 00:56:31 | 00:55:04 | 49 |
| 3 Linda Hall | 01:24:18 | 01:22:54 | 48 |
| 4 Tina Calthorpe | 01:26:48 | 01:26:02 | 47 |
| 5 Jane Welbourn | 00:58:00 | 00:57:33 | 46 |
| 6 Kerry Whitehead | 00:50:50 | 00:50:47 | 45 |
| 7 Amy Fowler | 00:52:58 | 00:52:56 | 44 |
| 8 Ellis Hodges | 00:54:49 | 00:55:05 | 43 |
| 9 Clare Gummerson | 00:49:00 | 00:49:20 | 42 |
| 10 Gillian Taylor | 00:52:25 | 00:53:42 | 41 |
| 11 Diane Palmer | 00:53:52 | 00:55:34 | 40 |
| 12 Becky Lawry | 01:00:53 | 01:03:17 | 39 |
| 13 Yvonne Shawcross | 01:02:53 | 01:06:14 | 38 |
| 14 Anne Kelly | 01:02:51 | 01:06:14 | 37 |
| 15 Kelly Palmer | 00:51:56 | 00:55:32 | 36 |
| 16 Verona Petty | 00:53:37 | 00:57:21 | 35 |
| 17 Dominique Webster | 00:54:34 | 01:03:17 | 34 |
| 18 Janet Downes | 01:06:20 | 01:18:15 | 33 |
| Men | Target | Actual | Pts |
|  | Time | Time |  |
| 1 Chris Price | 00:52:12 | 00:49:22 | 50 |
| 2 Paul Brown | 00:58:18 | 00:56:33 | 49 |
| 3 David Pring | 01:05:53 | 01:04:01 | 48 |


| 4 Graham Lonsdale | $00: 49: 13$ | $00: 48: 24$ | 47 |
| :--- | :--- | :--- | :--- |
| 5 Simon Ellerker | $00: 43: 28$ | $00: 43: 11$ | 46 |
| 6 Stuart Gent | $00: 51: 01$ | $00: 50: 48$ | 45 |
| 7 Martin Hutchinson | $00: 43: 40$ | $00: 43: 38$ | 44 |
| 8 Andy Long | $00: 46: 19$ | $00: 46: 19$ | $43 * *$ |
| 9 John Bowles | $00: 53: 50$ | $00: 53: 50$ | $43 * *$ |
| 10 Nick Craggs | $00: 45: 09$ | $00: 45: 16$ | 42 |
| 11 Phill Taylor | $00: 37: 51$ | $00: 38: 10$ | 41 |
| 12 Adam Dyas | $00: 45: 45$ | $00: 46: 17$ | 40 |
| 13 Allan McFarlane | $00: 46: 34$ | $00: 47: 22$ | 39 |
| 14 Andy Baker | $00: 49: 00$ | $00: 50: 00$ | 38 |
| 15 Andrew Marr | $00: 55: 10$ | $00: 56: 19$ | 37 |
| 16 Bob Eyre | $00: 59: 40$ | $01: 03: 56$ | 36 |
| 17 Damian Probert | $00: 48: 20$ | $00: 52: 21$ | 35 |
| 18 James Briggs | $00: 41: 31$ | $00: 46: 13$ | 34 |
| 19 Dave Foster | $01: 09: 05$ | $01: 19: 26$ | 33 |

Points awarded on percentage difference between Target Time and Actual Time ** Insufficient Recent Race Data - So Actual Time set as "Target Time".

## York 5K Series - 17th June

|  | Chip Time | Gun Time |
| :---: | :---: | :---: |
| 9/36 James Wilson | 00:16:42 | $00: 16: 44$ |
| 10/16 Mollie Holehouse | $00: 24: 55$ | $00: 24: 57$ |

Burton Constable 10K Trail Race - 17th June

| 11 Simon Walters | $00: 42: 35$ 2nd V50 |
| :--- | :--- |
| 48 Micah Gibson | $00: 51: 32$ 3rd U21 |
| 77 Kay Walters | $00: 54: 49$ 2nd LV45 |
| 84 Richard Kirkpatrick | $00: 55: 33$ |
| 159 Lucinda Gibson | $01: 09: 46$ |

Burton Constable Fun Run - 17th June

| 16 Teddy Imeson | $00: 12: 47$ |
| :--- | :--- |
| 19 Daniel Imeson | $00: 13: 38$ |
| 20 Oceane Price | $00: 13: 39$ |
| 21 Joanna Dagnan | $00: 13: 42$ |
| 26 Maelys Price | $00: 15: 03$ |
| 27 Hannah Imeson | $00: 15: 05$ |

Sewerby parkrun 5K (Alternative Course) - 18th June
1 Phill Taylor 00:18:53
5 James Briggs 00:22:28
9 Martin Hutchinson 00:22:44
11 T J Choat (J) 00:24:05
13 Justin Choat 00:24:16
16 Rebecca Miller (J) 00:24:35
20 Keren Miller 00:25:04
21 Damian Probett 00:25:08
25 Micah Gibson (J) 00:25:25
26 Graham Lonsdale ..... 00:25:27
27 Evie Lakes (J) ..... 00:25:32
30 Jonathan Ogden ..... 00:25:47
36 Martin McPheat ..... 00:26:19
37 Luke Duffill ..... 00:26:22
38 Alan Feldberg ..... 00:26:23
40 Mim Ireland ..... 00:26:28
42 Patricia Bielby ..... 00:26:49
47 Chris Humphries ..... 00:27:35
48 Simon Porter ..... 00:27:47
53 Andy Baker ..... 00:28:20
62 Heidi Baker ..... 00:29:33
66 Paul Brown ..... 00:30:18
72 Anne Kelly ..... 00:31:02
76 Pete Royal ..... 00:31:41
84 Dave Pring ..... 00:32:06
106 Kevin Sissons ..... 00:35:51
110 Amy Fowler ..... 00:36:15
111 L M E Choat (J) ..... 00:36:23
112 Emma Choat ..... 00:36:24
113 Amanda Tindall ..... 00:36:24
114 Kirsten Porter ..... 00:36:26
116 Janet Downes ..... 00:37:07
121 Sam Adams ..... 00:38:31
122 Debbie Duffill ..... 00:38:34
134 Cindy Baker ..... 00:42:03
135 Linda Hall ..... 00:42:04
Alice Holt parkrun 5K - 18th June
176 Jane Probett ..... 00:35:39
Cannock Chase parkrun 5K - 18th June
160 Ethan Jones (J) ..... 00:30:53
Mile End parkrun 5K - 18th June
150 Danielle Whitehouse ..... 00:28:57
152 Chloe Whitehouse ..... 00:29:03
North Yorkshire Water Park parkrun 5K - 18th June

9 Simon Walters
46 Kay Walters
102 Jenny Chambers
108 Stuart Bowes 00:20:19 PB
00:25:35
00:31:41 PB
00:33:08
130 Rob Calthorpe
00:40:49
136 Tina Calthorpe
00:42:52

## Peter Pan parkrun 5K - 18th June

138 Elizabeth Ingle
00:35:26

## Sherwood Pines parkrun 5K - 18th June

| 54 Janet Potter | $00: 25: 55$ |
| :--- | :--- |
| 62 John Potter | $00: 26: 23$ |

Virtual parkrun 5 K - 18th June
Nicola Fowler 00:27:28

Humber Bridge 10K - 19th June

| 118 Heid Baker | $00: 54: 52$ | $00: 55: 03$ |
| :--- | ---: | :--- |
| 2nd LV40 |  |  |
| 156 Yvonne Shawcross | $01: 01: 13$ | $01: 01: 23$ |
| 168 Jane Probert | $01: 05: 02$ | $01: 05: 13$ |
| 171 Lucinda Gibson | 01:05:33 | $01: 05: 44$ |
| Mollie Holehouse | No Time |  |

EHH Coniston 10K - 21st June
47 Martin Hutchinson 00:44:34
57 Graham Lonsdale 00:46:06
73 Micah Gibson 00:48:35
82 Damian Probett 00:50:03
12 Amy Fowler 00:50:42
13 Kelly Palmer 00:52:05
15 Diane Palmer 00:52:27
16 Verona Petty 00:53:10
17 Dominique Webster 00:53:11
19 Heidi Baker 00:53:59
22 Jane Welbourn 00:55:46
25 Nicola Fowler 01:00:39

Leeds 5K Series - 22nd June
74 Martin Hutchinson 00:20:48 00:20:50

Elstead Village Marathon ( 5.3 miles) - 24th June
124 Damian Probett 00:44:06

Sewerby parkrun 5K (Alternative Course) - 25th June

| 1 James Wilson | $00: 18: 48$ |
| :--- | :--- |
| 2 Phill Taylor | $00: 19: 22$ |
| 4 Tom Mullen | $00: 20: 26$ |
| 9 Josh Taylor | $00: 22: 10$ |
| 15 Adam Dyas | $00: 22: 57$ |
| 23 Justin Choat | $00: 23: 58$ |
| 29 T J Choat (J) | $00: 24: 33$ |
| 32 Rebecca Miller (J) | $00: 24: 43$ |
| 38 Isaac McNulty (J) | $00: 25: 12$ |
| 39 Stuart Gent | $00: 25: 22$ |
| 41 Chris Price | $00: 25: 27$ |
| 45 Evie Lakes (J) | $00: 25: 43$ |
| 46 Annabelle Miller (J) | $00: 25: 54$ |
| 48 Keren Miller | $00: 25: 58$ |


| 50 Jonathan Ogden | $00: 26: 03$ |
| :--- | :--- |
| 54 Jason Pointez | $00: 26: 48$ |
| 55 Graham Lonsdale | $00: 26: 49$ |
| 65 Micah Gibson (J) | $00: 27: 29$ |
| 70 Joshua Miller (J) | $00: 27: 50$ |
| 71 Greg Miller | $00: 27: 54$ |
| 72 Laura Nurse | $00: 28: 15$ |
| 77 Simon Porter | $00: 28: 37$ |
| 80 Janet Potter | $00: 28: 56$ |
| 85 Heidi Baker | $00: 29: 14$ |
| 89 Alan Feldberg | $00: 29: 35$ |
| 103 Pete Royal | $00: 31: 13$ |
| 106 William McNulty (J) | $00: 31: 35$ |
| 115 Dave Pring | $00: 33: 19$ |
| 120 Lucinda Gibson | $00: 33: 53$ |
| 149 Kevin Sissons | $00: 38: 54$ |
| 160 Elizabeth Ingle | $00: 41: 15$ |
| 161 Janet Downes | $00: 41: 15$ |
| 163 L M E Choat (J) | $00: 41: 49$ |
| 164 Amanda Tindall | $00: 41: 50$ |
| 165 Kirsten Porter | $00: 41: 50$ |
| 166 Emma Choat | $00: 41: 53$ |
| 177 Cindy Baker | $00: 45: 51$ |
| 178 Linda Hall | $00: 45: 51$ |

## Alice Holt parkrun 5K - 25th June

63 Damian Probett 00:25:52

## Doddington Hall parkrun 5K - 25th June

52 Amy Fowler 00:24:29 PB
New Earswick parkrun 5K - 25th June
29 Patricia Bielby 00:25:44
42 Paul Brown 00:27:21
60 Anne Kelly 00:29:39
North Yorkshire Water Park parkrun 5K-25th June

| 5 Simon Walters | $00: 20: 03 ~ P B$ |
| :--- | :--- |
| 14 Martin Hutchinson | $00: 21: 07$ |
| 36 Justine Sutcliffe | $00: 24: 03$ |
| 57 Kara Mainprize | $00: 26: 30$ |
| 89 Stuart Bowes | $00: 29: 53$ PB |
| 105 Jenny Chambers | $00: 31: 45$ |
| 116 Dave Foster | $00: 34: 02$ |
| 134 Tina Calthorpe | $00: 40: 05 \mathrm{~PB}$ |

Oldham parkrun 5K-25th June
95 Angela Bailey
00:28:14

73 Yvonne Shawcross 00:28:52

Virtual parkrun 5K - 25th June
Nicola Fowler
00:27:52

Lakeland 5 Passes 31 miles - 25th June
10 Danny Brunton
06:44:33

Normanby Hall 10K - 26th June

| 135 Simon Porter | $00: 49: 48$ |
| :--- | :--- |
| 371 Amanda Tindall | $01: 05: 46$ |
| 372 Kirsten Porter | $01: 05: 46$ |

Thirlmere Trot 24 miles - 26th June
7 Danny Brunton
07:09:45

CoH Champagne League, Wauldby Green 8.4 miles (Handicap) - 29th June

7 Dave Foster
01:41:22
27 Simon Ellerker 01:02:29
71 Martin Hutchinson
01:06:20
87 Heidi Baker
01:23:11

Sewerby parkrun 5K (Alternative Course) - 2nd July

8 James Briggs
00:22:20
12 Justin Choat
00:23:37
16 Ted Imeson (J)
19 Isaac McNulty (J)
00:24:08

24 Damian Probett
00:24:24
24 Damian Probett 00:24:46
26 T J Choat (J) 00:24:59
27 Rebecca Miller (J) 00:24:59 3rd F
29 Jason Pointez 00:25:12
36 Jonathan Ogden 00:26:00
37 Annabelle Miller (J) 00:26:08
38 Evie Lakes (J) 00:26:12
40 Keren Miller 00:26:16
47 Luke Duffill 00:27:59
54 Amy Fowler 00:28:27
59 James Riley 00:29:29
60 Joshua Miller (J) 00:29:33
61 Greg Miller 00:29:33
62 William McNulty (J) 00:30:14
64 Hannah Imeson (J) 00:30:20
65 Pete Royal 00:30:27
77 Richard Kirkpatrick 00:31:39
79 Daniel Imeson (J) 00:31:46
85 Ethan Jones (J) 00:32:52
92 Jane Probett 00:33:43
99 Erin Jones (J) 00:35:11
115 Paul Brown 00:38:27
118 L M E Choat (J) 00:39:38

```
125 Hope Adams (J) 00:43:52
126 Emma Choat
00:44:10
Beverley Westwood parkrun 5K - 2nd July
    1 James Wilson
                                    00:17:28
North Yorkshire Water Park parkrun 5K - 2nd July
    6 \text { Simon Walters 00:20:03}
    81 Stuart Bowes 00:30:05
Virtual parkrun 5K - 2nd July
Nicola Fowler
00:27:52
Withernsea 5 Mile - 3rd July
    6 \text { Tom Mullen}
    00:29:13
    6 8 \text { Pat Bielby 00:41:36}
    74 Kara Mainprize 00:42:29
    77 Paul Brown 00:43:08
    97 Yvonne Shawcross 00:45:58
    112 Anne Kelly 00:48:41
    125 Jenny Chambers 00:51:11
    144 Tina Calthorpe 01:05:30
    145 Robert Calthorpe 01:05:30
Sewerby Ship Inn Shuffle Trail Half Marathon - 3rd July
    7 Becky Clifton 01:58:00 3rd Female
Endure 24, Bramham Park - 2nd/3rd July
Solo Runner
Laps
    6 \text { Andy Long 22}
    1 7 \text { Janet Potter 16}
    33 Jane Welbourn 14
    4 0 ~ V e r o n a ~ P e t t y ~ 1 3 ~
    102 Chloe Whitehouse 10
    1 5 5 \text { Bob Eyre 10}
    1 6 1 \text { Tom Fynn 10}
```



```
    1 8 7 \text { Alan Feldberg 8}
    204 Zoe Ellis-Cornell 6
Pairs
        The Defectionists 18 4th Male Pair
        Graham Lonsdale
        Bill Pike
        Frank n Further 16 5th Male Pair
        Josh Taylor
        Phill Taylor
```

Large Team


Points awarded on percentage difference between Target Time and Actual Time

| EHH Skirlaugh 7.5 Mile - 5th July |  |  |  |
| :---: | :---: | :---: | :---: |
| 22 Martin Hutchinson | 00:50:51 |  |  |
| 9 Amy Fowler | 01:02:25 | 1st FV35 |  |
| 12 Kelly Palmer | 01:03:53 |  |  |
| 13 Diane Palmer | 01:03:53 |  |  |
| 15 Heidi Baker | 01:04:51 |  |  |
| 16 Dominique Webster | 01:05:28 |  |  |
| 21 Nicola Fowler | 01:08:47 |  |  |
| Walkington 10K - 8th July |  |  |  |
|  | Chip Time | Gun Time |  |
| 9 James Wilson | 00:34:58 | 00:35:00 1st V40 |  |
| 15 Tom Mullen | 00:38:05 | 00:38:07 |  |
| 42 Daniel Cawthorn | 00:42:00 | 00:42:01 |  |
| 128 Rebecca Clifton | 00:48:12 | 00:48:26 |  |
| 231 Amy Fowler | 00:51:38 | 00:51:57 |  |
| 251 Kelly Palmer | 00:52:58 | 00:53:18 |  |
| 258 Diane Palmer | 00:53:06 | 00:53:26 2nd LV55 |  |
| 261 Heidi Baker | 00:53:14 | 00:53:34 |  |
| 264 Kara Mainprize | 00:53:23 | 00:53:41 |  |
| 265 Dominique Webster | 00:53:23 | 00:53:42 |  |
| 345 Bob Eyre | 00:57:44 | 00:58:05 2nd V75 |  |
| 350 Nicola Fowler | 00:57:54 | 00:58:16 |  |
| 363 Emilie Cawthorn | 00:58:40 | 00:58:49 |  |
| 416 David Pring | 01:01:45 | 01:02:07 |  |
| 463 Jane Probett | 01:06:30 | 01:06:53 |  |
| 471 Jenny Chambers | 01:07:18 | 01:07:46 |  |
| BRR Summer League - Walkington 10K Handicap Points |  |  |  |
| Women | Target | Actual | Pts |
|  | Time | Time |  |
| 1 Amy Fowler | 00:53:10 | 00:51:38 | 50 |
| 2 Heidi Baker | 00:54:41 | 00:53:14 | 49 |
| 3 Emilie Cawthorn | 00:59:45 | 00:58:40 | 48 |
| 4 Nicola Fowler | 00:58:52 | 00:57:54 | 47 |
| 5 Becky Clifton | 00:48:58 | 00:48:12 | 46 |
| 6 Dominique Webster | 00:54:14 | 00:53:23 | 45 |
| 7 Kara Mainprize | 00:54:01 | 00:53:23 | 44 |
| 8 Diane Palmer | 00:53:35 | 00:53:06 | 43 |
| 9 Jane Probett | 01:06:41 | 01:06:30 | 42 |
| 10 Kelly Palmer | 00:52:27 | 00:52:58 | 41 |
| 11 Jenny Chambers | 01:06:20 | 01:07:18 | 40 |
| Men | Target | Actual | Pts |
|  | Time | Time |  |
| 1 James Wilson | 00:36:11 | 00:34:58 | 50 |


| 2 David Pring | $01: 03: 40$ | $01: 01: 45$ | 49 |
| :--- | :--- | :--- | :--- |
| 3 Bob Eyre | $00: 58: 53$ | $00: 57: 44$ | 48 |
| 4 Tom Mullen | $00: 38: 50$ | $00: 38: 05$ | 47 |
| 5 Daniel Cawthorn | $01: 41: 54$ | $00: 42: 00$ | 46 |

Points awarded on percentage difference between Target Time and Actual Time


Dalby Forest parkrun 5K - 9th July
67 Jane Probett
00:31:59

North Yorkshire Water Park parkrun 5K - 9th July

9 Simon Walters
51 Kay Walters
00:19:41 PB

84 Paul Brown
00:25:20
84 Paul Brown
111 Ethan Jones (J)

00:30:30

| 149 Erin Jones (J) | 00:35:03 P |
| :---: | :---: |
| 169 Tina Calthorpe | 00:40:07 |
| Hull parkrun 5K-9th July |  |
| 33 Joanna Dagnan | 00:20:22 |
| 159 Daniel Imeson (J) | 00:26:14 |
| CoH Kiplingcotes Crossroad 5.1 miles - 12th July |  |
| 16 Simon Ellerker | 00:34:54 |
| 17 Martin Hutchinson | 00:35:01 |
| 68 Heidi Baker | 00:46:09 |
| Doncaster Town Centre 5K-13th July |  |
|  | Chip Time |
| 20 Scott Hargreaves | 00:15:52 |
| Yorkshire Wolds Half marathon, Bishop Wilton - |  |
| 3 James Wilson | 01:21:49 |
| 5 Phill Taylor | 01:25:16 |
| 15 Joe Shepherdson | 01:34:59 |
| 22 Joanna Dagnan | 01:41:27 |
| 72 Heidi Baker | 02:10:16 |
| 121 Colin Parcell | 02:49:12 |
| BRR 1st Men's Team |  |
| Sewerby parkrun 5K-16th July |  |
| 4 Dan Cawthorn | 00:19:13 |
| 6 James Briggs | 00:19:35 |
| 12 Martin Hutchinson | 00:20:57 |
| 19 Adam Dyas | 00:22:17 |
| 23 Justin Choat | 00:22:44 |
| 29 T J Choat (J) | 00:23:09 |
| 35 Graham Lonsdale | 00:23:43 |
| 38 Alan Feldberg | 00:23:52 |
| 40 Micah Gibson (J) | 00:24:14 |
| 43 Andy Baker | 00:24:47 |
| 44 Jonathan Ogden | 00:24:56 |
| 45 Luke Duffill | 00:25:25 |
| 51 Simon Porter | 00:25:57 |
| 53 Patricia Bielby | 00:26:07 |
| 70 Paul Brown | 00:27:38 |
| 74 Jane Welbourn | 00:28:19 |
| 95 Anne Kelly | 00:29:49 |
| 100 Emilie Cawthorn | 00:30:20 |
| 101 Pete Royal | 00:30:23 |
| 111 Dave Pring | 00:31:08 |
| 114 Erin Jones (J) | 00:31:14 |
| 116 Ethan Jones (J) | 00:31:45 |
| 119 Lucinda Gibson | 00:32:00 |

```
            130 Kevin Sissons 00:33:43
            132 Stuart Bowes 00:34:18
            164 L M E Choat (J) 00:38:59
            165 Janet Downes 00:39:00
            166 Kirsten Porter 00:39:01
            167 Amanda Tindall 00:39:01
            168 Emma Choat 00:39:03
            1 6 9 \text { Debbie Duffill 00:39:41}
            173 David Duffill 00:40:11
            175 Cindy Baker 00:41:37
            176 Linda Hall 00:41:38
Ancholme Valley Way parkrun 5K - 16th July
    109 Amy Fowler 00:36:41
Dalby Forest parkrun 5K - 16th July
\begin{tabular}{ll}
10 Simon Ellerker & \(00: 20: 41\) \\
34 Annabelle Miller (J) & \(00: 23: 45\) \\
35 Rebecca Miller (J) & \(00: 23: 45\) \\
36 Keren Miller & \(00: 23: 45\) \\
55 Joshua Miller (J) & \(00: 26: 21\) \\
56 Greg Miller & \(00: 26: 21\) \\
100 Stuart Gent & \(00: 31: 40\) \\
113 Lynda Gent & \(00: 33: 42\)
\end{tabular}
Heslington parkrun 5K - 16th July
    91 Jane Probett 00:30:20
North Yorkshire Water Park parkrun 5K - 16th July
```

44 Kay Walters
50 Kara Mainprize
99 Yvonne Shawcross
127 Jenny Chambers
171 Tina Calthorpe
172 Rob Calthorpe

Virtual parkrun 5K-16th July
Nicola Fowler

00:24:34 PB
00:24:56 РВ
00:28:52
00:31:35 PB
00:41:54
00:41:54

00:28:29

```
Humber Athletics Open Series, Scunthorpe - 16th July Incomplete Results
Daniel Imeson - 6th in U15 boys Pentathlon
Kyra Leary - 10th in U13 girls Pentathlon
Hope Adams - 2nd in U13 70m hurdles in 21.8s \& 9th in U13 200 in 40.8s
Louie Dixon - 6th in U13 long jump with \(3.22 \mathrm{~m} \& 7\) th in the U13 boys 100 with 15.9s
Océane Price - 8th in the U11 long jump with 2.68 m ,
9th in U11 600 with 2:19.00 \& 9th in U11 150 with 26.7s.
EHH Summer League, Hedon 4 Mile - 19th July
23 Martin Hutchinson 00:26:45
```



```
134 Florence Kirkpatrick (J) 00:30:57 PB
135 Joanna Dagnan 00:30:57
136 Josh Taylor 00:30:57
139 Erin Jones (J) 00:31:06
142 Stuart Bowes 00:31:16
146 Ethan Jones (J) 00:31:40
149 Lucinda Gibson 00:32:05
165 Kevin Sissons 00:34:07
184 Dave Foster 00:35:25
188 Dave Pring 00:35:49
200 Janet Downes 00:37:25
202 David Duffill 00:38:30
2 0 3 \text { Debbie Duffill 00:38:43}
204 Emma Choat 00:39:12
205 L M E Choat (J) 00:39:15
209 Mary Yates 00:40:26
213 Cindy Baker 00:40:54
214 Linda Hall 00:40:54
227 Dian Rewston 00:45:05
Dalby Forest parkrun 5K - 23rd July
    7 7 \text { Jane Probett}
00:31:28
Hull parkrun 5K - 23rd July
    2 8 5 \text { Jenny Chambers}
    00:30:26
North Yorkshire Water Park parkrun 5K - 16th July
    4 7 \text { Simon Porter 00:25:54 PB}
    122 Amanda Tindall 00:35:49
    123 Kirsten Porter 00:35:49
    146 Tina Calthorpe 00:41:48
The Pastures parkrun 5K - 23rd July
    4 5 ~ P a u l ~ B r o w n ~ 0 0 : 2 7 : 5 4 ~
Castle Howard Sprint Duathlon - 23rd July
    5K Run 23K Bike 2.5K Run
1 9 ~ B e c k y ~ C l i f t o n ~ 0 1 : 3 3 : 0 1 ~ 2 n d ~ L V 5 0 ~
```


## Castle Howard Half Marathon - 24th July

```
49 Micah Gibson
02:03:47 1st in 18-19 Cat
CoH Lockington 4.3 miles - 26th July
17 Simon Ellerker 00:27:43
21 Martin Hutchinson 00:28:07
57 Heidi Baker 00:34:02
114 David Foster 00:45:04
Montane Lakeland 105 mile, Coniston - 29th July
Danny Brunton
31:06:41
```

| Sewerby parkrun 5K - 30th July |  |
| :--- | :--- |
| 4 James Briggs | $00: 19: 55$ |
| 5 Phill Taylor | $00: 20: 02$ Buggy PB |
| 13 Martin Hutchinson | $00: 20: 41$ |
| 18 Josh Taylor | $00: 21: 41$ |
| 26 Adam Dyas | $00: 22: 50$ |
| 27 Mim Ireland | $00: 22: 53$ PB - 2nd F |
| 35 Evie Lakes (J) | $00: 23: 37$ 3rd F |
| 38 Chris Price | $00: 23: 47$ |
| 48 Graham Lonsdale | $00: 24: 00$ |
| 53 Andy Baker | $00: 25: 22$ |
| 57 Simon Porter | $00: 25: 49$ |
| 61 Alan Feldberg | $00: 26: 19$ |
| 69 Emilie Cawthorn | $00: 27: 02$ PB |
| 70 Dan Cawthorn | $00: 27: 03$ |
| 72 Stuart Gent | $00: 27: 29$ |
| 77 Angela Bailey | $00: 27: 47$ |
| 82 Micah Gibson (J) | $00: 28: 25$ |
| 96 Pete Royal | $00: 29: 26$ |
| 105 Ethan Jones (J) | $00: 31: 07$ |
| 111 Paul Brown | $00: 31: 32$ |
| 112 Lucinda Gibson | $00: 31: 53$ |
| 125 Kirsten Porter | $00: 32: 29$ |
| 127 Amanda Tindall | $00: 32: 33$ |
| 128 Dave Pring | $00: 32: 34$ |
| 132 Kevin Sissons | $00: 33: 17$ |
| 140 Lynda Gent | $00: 34: 06$ |
| 147 Elizabeth Ingle | $00: 35: 23$ |
| 150 Erin Jones (J) | $00: 35: 38$ |
| 165 Janet Downes | $00: 41: 35$ |

North Yorkshire Water Park parkrun 5K - 30th July
3 Tom Mullen 00:18:46 PB

9 Simon Walters 00:19:46
19 Justin Choat 00:22:08
24 Ted Imeson (J) 00:22:42
25 T J Choat (J) 00:22:57
28 Richard Kirkpatrick 00:23:01
37 Rebecca Miller (J) 00:23:31 3rd F
38 Annabelle Miller (J) 00:24:12
54 Keren Miller 00:25:24
55 Greg Miller 00:25:25
76 Joshua Miller (J) 00:26:52
81 Gerrard Ferre 00:27:43
98 Sarah Marr 00:30:12
103 Toby Tibbett (J) 00:31:27
109 Dave Foster 00:32:30 PB
117 Kyle Tibbett (J) 00:33:44
126 L M E Choat (J) 00:36:30

127 Emma Choat
00:36:31

Lincoln parkrun 5K - 30th July

| 148 Daniel Imeson (J) 00:29:50 |  |
| :--- | :--- |
| 254 Danielle Whitehouse | $00: 37: 00$ |

## South Cave 10K - 31st July

2 James Wilson

## See York Run York Chocolate 10K - 31st July

Chip Time Gun Time

| 6 Simon Walters | $00: 42: 09$ | $00: 42: 12$ |
| :--- | :--- | :--- |
| 11 Jo Dagnan | $00: 44: 23$ | $00: 44: 24 ~ 1 s t ~ L a d y ~$ |
| 34 Ben Edwards | $00: 51: 46$ | $00: 51: 48$ |
| 37 Kay Walters | $00: 52: 33$ | $00: 52: 35$ |
| 41 Heidi Baker | $00: 53: 18$ | $00: 53: 21$ |
| 44 Gillian Taylor | $00: 54: 25$ | $00: 54: 27$ |
| 45 Kara Mainprize | $00: 54: 35$ | $00: 54: 40$ |
| 113 Yvonne Shawcross | $01: 02: 11$ | $01: 02: 16$ |
| 166 Di Raper | $01: 08: 34$ | $01: 08: 41$ |
| 202 Mary Yates | $01: 16: 36$ | $01: 16: 58$ |
| 219 Linda Hall | $01: 21: 37$ | $01: 21: 59$ |
| 233 Dian Rewston LV70 |  |  |
|  | $01: 30: 46$ | $01: 30: 47$ |

Hutton Cranswick 10K - 31st July
6 Micah Gibson 00:45:13

14 Simon Porter 00:48:48
20 Dominique Webster 00:50:40 1st Lady
25 Pat Bielby 00:52:18
30 Amy Fowler 00:53:34
31 Paul Brown 00:54:30
36 Nicola Fowler 00:57:32
40 Bob Eyre 00:58:51
48 Anne Kelly 01:02:15
53 Kirsten Porter 01:04:01
54 Amanda Tindall 01:04:01
55 Lucinda Gibson 01:04:29
59 Emma Choat 01:06:18
69 Rob Calthorpe 01:26:14
70 Tina Calthorpe 01:26:14

## Positions Estimated From Time Sheet

## Sewerby parkrun 5K - 6th August

2 James Wilson 00:17:08 PB

7 Phill Taylor 00:20:01
17 Josh Taylor 00:21:54
18 Adam Dyas 00:21:57
23 Micah Gibson (J) 00:22:18
25 Justin Choat 00:22:27

| 27 Ted Imeson (J) | 00:22:33 PB |
| :---: | :---: |
| 30 Evie Lakes (J) | 00:22:38 PB |
| 38 T J Choat (J) | 00:23:18 |
| 42 Graham Lonsdale | 00:23:38 |
| 42 Chris Price | 00:23:43 |
| 46 Erin Gummerson (J) | 00:24:14 |
| 50 Jonathan Ogden | 00:24:35 |
| 52 Simon Porter | 00:24:42 |
| 53 Rebecca Miller (J) | 00:24:43 |
| 55 Clare Gummerson | 00:25:10 |
| 57 Annabelle Miller (J) | 00:25:20 |
| 58 Keren Miller | 00:25:22 |
| 63 Joshua Miller (J) | 00:25:35 |
| 66 Chris Humphries | 00:25:39 |
| 68 Greg Miller | 00:25:40 |
| 73 Stuart Gent | 00:26:24 |
| 78 Angela Bailey | 00:27:01 |
| 97 Jason Pointez | 00:28:29 |
| 108 Pete Royal | 00:29:24 |
| 111 Zoe Ellis-Cornell | 00:29:58 |
| 112 Dominique Webster | 00:30:00 |
| 115 Jane Probett | 00:30:18 PB |
| 128 Dave Pring | 00:31:23 |
| 130 Janet Potter | 00:31:28 |
| 134 Sharon Watts | 00:31:41 |
| 140 Lucinda Gibson | 00:31:56 |
| 145 Kevin Sissons | 00:32:50 |
| 153 Mary Yates | 00:33:25 |
| 154 Lynda Gent | 00:33:30 |
| 166 Alan Feldberg | 00:34:54 |
| 173 Kirsten Porter | 00:35:19 |
| 174 Dave Foster | 00:35:22 |
| 176 Alexander Fynn (J) | 00:35:28 |
| 185 L M E Choat (J) | 00:37:10 |
| 186 Amanda Tindall | 00:37:11 |
| 187 Emma Choat | 00:37:15 |
| 192 Linda Hall | 00:39:24 |
| 198 Cindy Baker | 00:40:34 |
| 199 Janet Downes | 00:40:35 |
| 200 Andy Baker | 00:40:38 |
| 203 Tina Calthorpe | 00:41:51 |
| 223 Amy Fowler | 01:04:33 |

## Conwy parkrun 5K - 6th August

149 Sarah Marr 00:29:32

Dalby Forest parkrun 5K-6th August
49 Patricia Bielby 00:24:58
84 Paul Brown 00:28:50
91 Anne Kelly 00:29:37

| North Yorkshire Water Park park | n 5K-6th August |
| :---: | :---: |
| 5 Tom Mullen | 00:18:31 PB |
| 14 Adam Thomas | 00:20:06 |
| 69 April-Marie Exley | 00:26:31 |
| Virtual parkrun 5K-6th August |  |
| Nicola Fowler | 00:28:04 |
| Run for All York 10K - 7th August |  |
|  | Chip Time Gun Time |
| 484 Kerry Whitehead | 00:48:27 00:49:13 |
| 1420 Yvonne Shawcross | 00:59:47 01:01:32 |
| Hardmoors Farndale 10K-7th Au |  |
| 23 Richard Kirkpatrick | 01:30:24 |
| Hardmoors Farndale Full Marath | - 7th August |
| 12 Jo Dagnan | 05:23:15 |
| Sewerby parkrun 5K-13th Augus |  |
| 1 James Wilson | 00:17:25 |
| 9 Martin Hutchinson | 00:21:20 |
| 13 Greg Miller | 00:21:35 |
| 14 Josh Taylor | 00:21:48 |
| 21 Adam Dyas | 00:22:46 |
| 24 Annabelle Miller (J) | 00:23:10 3rd F |
| 29 Ben Edwards (J) | 00:23:28 |
| 30 Micah Gibson (J) | 00:23:34 |
| 33 Chris Price | 00:23:40 |
| 43 Rebecca Miller (J) | 00:24:26 |
| 49 Gillian Taylor | 00:25:19 |
| 51 Andy Baker | 00:25:23 |
| 52 Chris Humphries | 00:25:35 |
| 59 Patricia Bielby | 00:26:02 |
| 66 Keren Miller | 00:26:24 |
| 67 Joshua Miller (J) | 00:26:26 |
| 70 Jason Pointez | 00:26:30 |
| 79 Graham Lonsdale | 00:27:03 |
| 100 Jonathan Ogden | 00:28:30 |
| 104 Paul Brown | 00:28:45 |
| 109 Amy Fowler | 00:28:58 |
| 134 Zoe Ellis-Cornell | 00:32:05 |
| 135 Dominique Webster | 00:32:05 |
| 142 Dave Pring | 00:32:27 |
| 148 Ethan Jones (J) | 00:32:45 |
| 151 Lucinda Gibson | 00:32:58 |
| 152 Emma Richardson | 00:32:59 |
| 154 Alexander Fynn (J) | 00:33:18 |
| 162 Kevin Sissons | 00:34:02 |


| 197 Erin Jones (J) | $00: 39: 16$ |
| :--- | :--- |
| 201 David Duffill | $00: 40: 19$ |
| 216 Cindy Baker | $00: 46: 12$ |
| 217 Linda Hall | $00: 46: 14$ |
| 237 Dian Rewston | $01: 04: 59$ |

## Chevin Forest parkrun 5K-13th August

132 Sandra Orlando
00:47:53

## Dalby Forest parkrun 5K-13th August

| 37 Kara Mainprize | $00: 25: 09$ PB |
| :--- | :--- |
| 58 Helena Smith | $00: 27: 48$ PB |
| 59 Yvonne Shawcross | $00: 28: 39$ |
| 92 Jenny Chambers | $00: 30: 51$ |

Hampstead Heath parkrun 5K-13th August
61 Allan McFarlane 00:24:01

Hull parkrun 5K-13th August
45 Joanna Dagnan 00:21:11

48 T J Choat (J) 00:21:19
51 Justin Choat 00:21:44 PB
142 Ted Imeson (J) 00:25:53
361 L M E Choat (J) 00:33:16
364 Emma Choat 00:33:26

North Yorkshire Water Park parkrun 5K - 13th August
7 Simon Walters 00:19:50
24 Adam Thomas 00:22:45
41 Kay Walters 00:24:39
49 April-Marie Exley 00:25:27 PB
133 Rob Calthorpe 00:38:22 PB
140 Tina Calthorpe 00:42:15

York parkrun 5K-13th August
92 Simon Porter 00:23:28
340 Kirsten Porter 00:31:25
443 Amanda Tindall 00:37:51

Virtual parkrun 5K-13th August
Nicola Fowler
00:29:00

Ravenscar Rumble 10K-11th August
78 Dave Foster
01:28:21

Sewerby parkrun 5K-20th August

| 12 Simon Ellerker | $00: 21: 05$ |
| :--- | :--- |
| 16 Dan Cawthorn | $00: 21: 51$ |
| 19 Ashley Porter | $00: 22: 38$ |
| 21 T J Choat (J) | $00: 22: 46$ |

22 Ashley Parcell 00:22:56
28 Graham Lonsdale ..... 00:23:16
29 Justin Choat ..... 00:23:23
36 Chris Price 00:24:00
37 Ben Edwards (J) ..... 00:24:04
42 Andy Baker ..... 00:24:22
47 Jason Pointez ..... 00:24:33
54 Diane Palmer ..... 00:25:07
60 Jonathan Ogden 00:25:38
67 Gillian Taylor ..... 00:26:12
69 Simon Porter ..... 00:26:17
94 Paul Brown ..... 00:28:53
110 Florence Kirkpatrick (J) ..... 00:30:27 PB
112 Richard Kirkpatrick 00:30:31
113 Pete Royal ..... 00:30:31
119 Dave Pring ..... 00:31:03
121 Ethan Jones (J) 00:31:16
143 Kevin Sissons ..... 00:33:10
146 Lynda Gent ..... 00:33:20
147 Stuart Gent ..... 00:33:23
152 Jane Probett ..... 00:33:34
165 Dave Foster 00:34:29
173 Elizabeth Ingle ..... 00:34:51
198 Julie McPheat ..... 00:37:50
200 Emma Choat 00:38:03
201 Amanda Tindall ..... 00:38:04
204 Alan Feldberg ..... 00:38:27
206 David Duffill ..... 00:38:59
208 L M E Choat (J) 00:39:48
209 Kirsten Porter ..... 00:39:50
210 Janet Downes ..... 00:39:52
219 Linda Hall ..... 00:41:47
220 Cindy Baker 00:41:49
Beverley Westwood parkrun 5K - 20th August

20 Micah Gibson (J)
00:22:49 PB
130 Lucinda Gibson

## Doddington Hall parkrun 5K - 20th August

114 Chloe Whitehouse 00:27:55 PB
Fountains Abbey parkrun 5K - 20th August
106 Chris Humphries
00:25:37
Huddersfield parkrun 5K-20th August
110 Kara Mainprize
00:25:04
113 Patricia Bielby
00:25:12

North Yorkshire Water Park parkrun 5K - 20th August
1 James Wilson 00:17:06 PB

| 3 Tom Mullen | $00: 18: 25$ PB |
| :--- | :--- |
| 12 Simon Walters | $00: 20: 54$ |
| 34 Emma Richardson | $00: 24: 31$ PB |
| 43 April-Marie Exley | $00: 25: 07$ PB |
| 157 Tina Calthorpe | $00: 42: 17$ |

## Virtual parkrun 5K - 20th August

Nicola Fowler
00:29:15

Hell on the Humber - 20th August

Jane Welbourn 5 Laps = 20 Miles

## Helmsley Triathlon 21st August

|  | Swim | Bike | Run | Total |
| :--- | :---: | :--- | :--- | :--- |
| 11 Adam Thomas | $00: 14: 38$ | $01: 27: 34$ | $00: 45: 12$ | $02: 29: 41$ |

Othnesberys Revenge MMXXII (10 mile) - 21st August
Kay Walters No Time
Simon Walters No Time

## Sewerby parkrun 5K - 27th August

14 Martin Hutchinson
19 Micah Gibson (J)
22 Josh Taylor
23 Adam Dyas
26 Allan McFarlane
31 Chris Price
33 Erin Gummerson (J)
41 Jason Pointez
44 Graham Lonsdale
49 Gillian Taylor
51 Ted Imeson (J)
58 Kara Mainprize
59 Kay Walters
61 Jonathan Ogden
72 Patricia Bielby
77 Luke Duffill
89 Daniel Imeson (J)
95 Amy Fowler
132 Paul Brown
136 Zoe Ellis-Cornell
137 Dominique Webster
149 Pete Royal
156 Dave Pring
173 Jane Welbourn
174 Lucinda Gibson
185 Ethan Jones (J)
192 Caroline McFarlane
194 Kirsten Porter

00:21:09
00:21:29 PB
00:21:59
00:22:07
00:22:27
00:23:07 PB
00:23:21 PB 3rd F
00:24:32
00:24:37
00:24:45
00:24:52
00:25:21 PB
00:25:27
00:25:29
00:26:08
00:26:21
00:27:20 PB
00:27:39
00:29:24
00:29:42
00:29:44
00:30:22
00:30:43
00:31:43
00:31:55
00:32:38
00:33:19
00:33:28
195 Amanda Tindall ..... 00:33:30
203 Kevin Sissons ..... 00:34:08
215 Dave Foster ..... 00:35:01
221 Janet Downes ..... 00:35:53
232 Simon Porter ..... 00:36:53
236 Stuart Bowes ..... 00:37:29
243 Becky Lawry ..... 00:38:36
249 David Duffill ..... 00:39:26
257 Debbie Duffill 00:41:42
260 Linda Hall ..... 00:42:20
261 Cindy Baker ..... 00:42:21
272 Dian Rewston ..... 00:44:31
279 Ashley Parcell 00:49:28
Fountains Abbey parkrun 5K-27th August
90 Chris Humphries ..... 00:24:50 PB
Heaton Park parkrun 5K - 27th August
215 Helena Smith ..... 00:27:16
216 Emma Richardson ..... 00:27:16
Humber Bridge parkrun 5K-27th August
92 Jane Probett ..... 00:49:45
North Yorkshire Water Park parkrun 5K - 27th August
38 April-Marie Exley ..... 00:24:19 PB
39 Tom Mullen ..... 00:24:20
151 Rob Calthorpe ..... 00:38:09 PB
158 Tina Calthorpe ..... 00:40:34
Workington Park parkrun 5K - 27th August
88 Lynda Gent ..... 00:31:15
89 Stuart Gent ..... 00:31:21
Virtual parkrun 5K - 27th AugustNicola Fowler00:27:42
LDWA Smugglers Trod 25 miles - 27th August

7 Jo Dagnan
05:02:00
17 Justine Sutcliffe
2 Thumbs Survivor - 27th August
5 Kendra Wedgwood 48.5 Miles 1st Lady
Gilberdyke 10 Mile - 28th August

## Chip Time Gun Time

10 Scott Hargreaves
00:55:14 00:55:14
16 James Wilson
00:57:03 00:57:04
64 Tom Mullen
01:04:29 01:04:31

## Stanhope 10 Mile - 28th August

Kevin Lewis 01:46:53

Skelly Trail 10K - 2nd September
Chip Time Gun Time
91 Danielle Whitehouse 00:57:23 00:57:32

See York Run York Autumn 10K - 2nd September
Chip Time Gun Time
2 Martin Hutchinson 00:43:05 00:43:06

Sewerby parkrun 5K - 3rd September
1 Phill Taylor 00:18:36
12 James Briggs 00:21:31
15 Graham Lonsdale 00:22:26
17 Micah Gibson (J) 00:22:35
19 Martin Hutchinson 00:22:52
27 Chris Price 00:23:42
33 Evie Lakes (J) 00:24:32 3rd F
34 Gillian Taylor 00:24:56
35 Chris Humphries 00:25:00
39 Jason Pointez 00:25:08
43 Simon Porter 00:25:47
46 Jonathan Ogden 00:25:51
47 Luke Duffill 00:25:53
83 Dominique Webster 00:29:37
84 Zoe Ellis-Cornell 00:29:38
87 Patricia Bielby 00:29:55
90 Pete Royal 00:30:07
93 Bob Eyre 00:30:40
95 Amy Fowler 00:30:47
96 Paul Brown 00:30:47
103 Ethan Jones (J) 00:31:19
104 Lucinda Gibson 00:31:20
113 Kevin Sissons 00:32:58
139 Kirsten Porter 00:36:33
140 Amanda Tindall 00:36:34
142 Janet Downes 00:36:58
143 David Duffill 00:37:21
145 Erin Jones (J) 00:37:57
150 Debbie Duffill 00:38:53
151 Linda Hall 00:39:10
156 Tina Calthorpe 00:41:04

## Arrow Valley parkrun 5K - 3rd September

182 Dave Foster
00:32:00

Beverley Westwood parkrun 5K - 3rd September
38 Stuart Gent
00:24:07 PB

## North Yorkshire Water Park parkrun 5K - 3rd September

3 Tom Mullen 00:18:42
5 Simon Walters 00:19:42
13 Allan McFarlane 00:21:33
36 April-Marie Exley 00:24:15 PB - 3rd F

Nostell parkrun 5K - 3rd September

19 Andy Baker
114 Cindy Baker

00:23:48
00:38:30

Woodgate Valley Country Park parkrun 5K - 3rd September
95 Mary Yates
00:33:31

## Virtual parkrun 5K - 3rd September

Nicola Fowler 00:27:10

## Bridlington Beach 5K - 4th September

Chip Time Gun Time
11 Graham Lonsdale 00:25:00 00:25:02
13 Micah Gibson 00:25:29 00:25:29
41 Patricia Bielby $\quad 00: 29: 02 \quad 00: 29: 04$
49 Dominique Webster 00:30:34 00:30:39
66 Kevin Lewis 00:32:12 00:32:15
69 Bob Eyre 00:32:37 00:32:40
72 Paul Brown 00:32:23 00:32:49
76 Yvonne Shawcross 00:32:55 00:32:55
91 Lynda Gent
00:34:35 00:34:42
94 David Pring 00:34:26 00:34:46
105 Lucinda Gibson 00:36:13 00:36:13
112 Anne Kelly 00:37:10 00:37:15
113 Janet Downes 00:37:00 00:37:17
114 Mary Yates 00:37:01 00:37:21
154 Linda Hall 00:43:55 00:44:18
160 Tina Calthorpe 00:45:46 00:45:53

Major Stone Half Marathon, Lockington - 4th September Chip Time Gun Time
103 Richard Kirkpatrick 01:58:01 01:58:11
104 Jo Dagnan 01:58:03 01:58:11 2nd LV35
110 Heidi Baker 02:02:20 02:02:30

Tholthorpe 10K - 4th September
Chip Time Gun Time
3 James Wilson 00:34:57 00:34:58

## Wetherby 10K - 4th September

| 123 Simon Porter | $00: 49: 27$ | $00: 49: 42$ |
| :--- | :--- | :--- |
| 350 Amanda Tindall | $01: 07: 34$ | $01: 07: 51$ |

BRR Summer League - Kilham 10K Handicap Points

| Women | Target Time | Actual Time | Pts |
| :---: | :---: | :---: | :---: |
| 1 Janet Downes | 01:20:56 | 01:15:01 | 50 |
| 2 Linda Hall | 01:20:41 | 01:15:10 | 49 |
| 3 Nicola Fowler | 00:59:01 | 00:55:21 | 48 |
| 4 Amy Fowler | 00:52:32 | 00:49:56 | 47 |
| 5 Sarah Marr | 00:58:31 | 00:56:19 | 46 |
| 6 Lucinda Gibson | 01:05:56 | 01:03:30 | 45 |
| 7 Kara Mainprize | 00:52:03 | 00:50:17 | 44 |
| 8 Tina Calthorpe | 01:24:41 | 01:22:02 | 43 |
| 9 Heidi Baker | 00:54:47 | 00:53:14 | 42 |
| 10 Kelly Palmer | 00:51:06 | 00:49:41 | 41 |
| 11 Dominique Webster | 00:54:08 | 00:52:47 | 40 |
| 12 Miriam Ireland | 00:46:11 | 00:45:14 | 39 |
| 13 Patricia Bielby | 00:53:10 | 00:52:35 | 38 |
| 14 Yvonne Shawcross | 00:58:52 | 58:18:00 | 37 |
| 15 Diane Palmer | 00:51:54 | 00:51:44 | 36 |
| 16 Kerry Whitehead | 00:49:36 | 00:49:27 | 35 |
| 17 Judy Allison | 00:55:59 | 00:55:59 | 34 |
| 18 Amy Hall | 00:51:48 | 00:51:55 | 33 |
| 19 Emma Richardson | 00:50:37 | 00:51:28 | 32 |
| 20 Ellis Hodges | 00:54:53 | 00:56:34 | 31 |
| 21 Laura Nurse | 00:54:56 | 00:56:39 | 30 |
| 22 Anne Kelly | 01:04:39 | 01:08:26 | 29 |
| Men | Target | Actual | Pts |
|  | Time | Time |  |
| 1 Graham Lonsdale | 00:47:07 | 00:44:33 | 50 |
| 2 Paul Brown | 00:57:44 | 00:54:37 | 49 |
| 3 Chris Price | 00:47:22 | 00:45:35 | 48 |
| 4 James Briggs | 00:40:11 | 00:39:28 | 47 |
| 5 Chris Johnson | 01:03:05 | 01:02:07 | 46 |
| 6 Josh Taylor | 00:41:26 | 00:40:51 | 45 |
| 7 Martin Hutchinson | 00:42:26 | 00:42:25 | 44 |
| 8 Adam Dyas | 00:44:06 | 00:44:17 | 43 |
| 9 Andrew Marr | 01:04:39 | 01:08:26 | 42 |

## BRR Summer League 2022 Final Points Table (Top 20)

## Men

| 1 Graham | Lonsdale | 286 |
| :--- | :--- | :--- |
| 2 Bob | Eyre | 218 |
| 3 Paul | Brown | 186 |
| 4 Tom | Mullen | 179 |
| 5 Pete | Royal | 170 |
| 6 Micah | Gibson | 168 |
| 7 Martin | Hutchinson | 163 |
| 8= Chris | Price | 140 |
| 8= Dave | Pring | 140 |
| 10 Phill | Taylor | 136 |
| 11 Simon | Ellerker | 131 |

12 Simon Porter ..... 128
13 Stuart Gent ..... 126
14 Adam Dyas ..... 121
15 James Briggs ..... 118
16 Daniel Cawthorn ..... 95
17= Robert Calthorpe ..... 93
17= Jason Pointez ..... 93
19 Josh Taylor ..... 87
20 Dave Foster ..... 83
Women
1 Kara Mainprize ..... 282
2 Amy Fowler ..... 267
3= Tina Calthorpe ..... 265
3= Lucinda Gibson ..... 265
5 Heidi Baker ..... 232
6 Linda Hall ..... 224
7=Anne Kelly ..... 219
7= Janet Downes ..... 219
9= Dominique Webster ..... 206
9= Nicola Fowler ..... 206
11 Kelly Palmer ..... 203
12 Diane Palmer ..... 185
13 Gillian Taylor ..... 184
14 Yvonne Shawcross ..... 171
15 Pat Bielby ..... 160
16 Becky Lawry ..... 125
17= Verona Petty ..... 120
17= Jane Welbourn ..... 120
19= Becky Clifton ..... 118
19= Amanda Tindall ..... 118

Eddie Knapp Challenge Race 1, Carnaby 2.9 Mile Hill Race - 6th September

| 1 Josh Taylor | $00: 18: 56$ | SM |
| :--- | :---: | :---: |
| 2 James Briggs | $00: 19: 07$ | SM |
| 3 Martin Hutchinson | $00: 20: 20$ | M50 |
| 4 Adam Dyas | $00: 21: 30$ | SM |
| 5 Mim Ireland | $00: 22: 03$ | L35 |
| 6 Graham Lonsdale | $00: 22: 32$ | M55 |
| 7 Chris Price | $00: 22: 33$ | M55 |
| 8 Kerry Whitehead | $00: 24: 02$ | L40 |
| 9 Kelly Palmer | $00: 24: 43$ | L35 |
| 10 Emma Richardson | $00: 24: 54$ | L45 |
| 11= Amy Fowler | $00: 25: 06$ | L35 |
| 11= Diane Palmer | $00: 25: 06$ | L55 |
| 13 Kara Mainprize | $00: 25: 25$ | L35 |
| 14 Amy Hall | $00: 25: 33$ | SL |
| 15 Pat Bielby | $00: 26: 02$ | L70 |
| 16 Laura Nurse | $00: 26: 11$ | SL |
| 17 Heidi Baker | $00: 27: 28$ | L45 |
| 18 Dom Webster | $00: 27: 33$ | L45 |


| 19 Ellis Hodges | $00: 27: 39$ | SL |
| :--- | :---: | :---: |
| 20 Paul Brown | $00: 27: 51$ | M70 |
| 21 Sarah Marr | $00: 27: 55$ | L50 |
| 22 Yvonne Shawcross | $00: 28: 34$ | L60 |
| 23 Nicola Fowler | $00: 29: 09$ | L35 |
| 24 Bob Eyre | $00: 30: 04$ | M75 |
| 25 Chris Johnson | $00: 30: 14$ | M45 |
| 26 Lucinda Gibson | $00: 32: 01$ | L55 |
| 27 Anne Kelly | $00: 32: 43$ | L65 |
| 28 Linda Hall | $00: 39: 19$ | L75 |
| 29= Janet Downes | $00: 40: 40$ | L50 |
| 29= Tina Calthorpe | $00: 40: 40$ | L65 |

## Course Records

| Phil Taylor | 16.50 | 2019 |
| :--- | :--- | :--- |
| April Marie Exley | 21.46 | 2019 |

Eddie Knapp Challenge Race 2, Beach 3 Mile Race*** 7th September
1 James Briggs 00:26:25 SM

2 Josh Taylor 00:27:51 SM
3 Martin Hutchinson 00:29:16 M50
4 Adam Dyas 00:30:26 SM
5 Mim Ireland 00:30:33 L35
6 Graham Lonsdale 00:31:07 M55
7 Chris Price 00:31:10 M55
8 Kerry Whitehead 00:33:37 L40
9 Amy Fowler 00:34:11 L35
10 Kara Mainprize 00:34:20 L35
11 Pat Bielby 00:34:51 L70
12 Kelly Palmer 00:35:07 L35
13 Diane Palmer 00:35:08 L55
14 Laura Nurse 00:35:26 SL
15 Emma Richardson 00:35:51 L45
16 Heidi Baker 00:36:17 L45
17 Amy Hall
00:36:06 SL
18 Dom Webster 00:37:33 L45
19 Paul Brown
00:37:36 M70
20 Ellis Hodges 00:38:06 SL
21 Sarah Marr $\quad 00: 38: 14 \quad$ L50
22 Yvonne Shawcross 00:38:49 L60
23 Nicola Fowler 00:40:38 L35
24 Chris Johnson 00:41:55 M45
25 Anne Kelly 00:45:07 L65
26 Lucinda Gibson 00:46:29 L55
27 Janet Downes 00:51:28 L50
28 Linda Hall 00:54:34 L75
29 Tina Calthorpe 00:55:45 L65
*** Wrong Course - actually about 3.9 miles

## Course Records

Phil Taylor
$18.37 \quad 2019$

## Eddie Knapp Challenge Race 3, 1 mile race - 8th September

## Race 1

Pos
Name
1 Sarah Marr
2 Yvonne Shawcross
3 Nicola Fowler
4 Chris Johnson
5 Anne Kelly
6 Lucinda Gibson
7 Bob Eyre
8 Linda Hall
9 Janet Downes
10 Tina Calthorpe
11 Rob Calthorpe

Race 2
Pos

## Name

1 Kelly Palmer
2 Emma Richardson
3 Amy Hall
4 Kara Mainprize
5 Diane Palmer
6 Pat Bielby
7 Heidi Baker
8 Ellis Hodges
9 Dom Webster
10 Paul Brown
11 Laura Nurse

## Race 3

Pos

## Name

1 James Briggs
2 Josh Taylor
3 Adam Dyas
4 Martin Hutchinson
5 Mim Ireland
6 Graham Lonsdale
7 Chris Price
8 Kerry Whitehead
9 Amy Fowler

Time
00:08:05
00:08:19
00:08:41
00:08:49
00:09:17
00:09:25
00:11:09
00:11:18
00:12:07
00:12:25
00:12:25

Time
00:05:48
00:05:49
00:06:06
00:06:08
00:06:37
00:06:45
00:06:55
00:07:20
00:07:31

## Course Records

Phil Taylor
$5.05 \quad 2019$
Mim Ireland
6.37

2022

Eddie Knapp Challenge Race 4, Kilham 10K - 9th September

| 1 | James Briggs | $00: 39: 28$ | SM |
| :--- | :--- | :--- | :--- |
| 2 | Josh Taylor | $00: 40: 51$ | SM |


| 3 | Martin Hutchinson | $00: 42: 25$ | M50 |
| :---: | :--- | :---: | :---: |
| 4 | Adam Dyas | $00: 44: 17$ | SM |
| 5 | Graham Lonsdale | $00: 44: 33$ | M55 |
| 6 | Mim Ireland | $00: 45: 14$ | L35 |
| 7 | Chris Price | $00: 45: 35$ | M55 |
| 8 | Kerry Whitehead | $00: 49: 27$ | L40 |
| 9 | Kelly Palmer | $00: 49: 41$ | L35 |
| 10 | Amy Fowler | $00: 49: 56$ | L35 |
| 11 | Kara Mainprize | $00: 50: 17$ | L35 |
| 12 | Emma Richardson | $00: 51: 28$ | L45 |
| 13 | Diane Palmer | $00: 51: 44$ | L55 |
| 14 | Amy Hall | $00: 51: 55$ | SL |
| 15 | Pat Bielby | $00: 52: 35$ | L70 |
| 16 | Dom Webster | $00: 52: 47$ | L45 |
| 17 | Heidi Baker | $00: 53: 14$ | L45 |
| 18 | Paul Brown | $00: 54: 37$ | M70 |
| 19 | Nicola Fowler | $00: 55: 21$ | L35 |
| 20 | Judy Allison | $00: 55: 59$ |  |
| 21 | Andrew Marrr | $00: 56: 04$ | M45 |
| 22 | Sarah Marr | $00: 56: 19$ | L50 |
| 23 | Ellis Hodges | $00: 56: 34$ | SL |
| 24 | Laura Nurse | $00: 56: 39$ | SL |
| 25 | Yvonne Shawcross | $00: 58: 18$ | L60 |
| 26 | Chris Johnson | $01: 02: 07$ | M45 |
| 27 | Lucinda Gibson | $01: 03: 30$ | L55 |
| 28 | Anne Kelly | $01: 08: 26$ | L65 |
| 29 | Janet Downes | $01: 15: 01$ | L50 |
| 30 | Linda Hall | $01: 15: 10$ | L75 |
| 31 | Tina Calthorpe | $01: 22: 02$ | L65 |

## Eddie Knapp Challenge - Overall Times

| Pos | Name Cat | Beach |  | Kilham |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Hill Race | Race | 1 Mile | 10k | Total |  |
|  | 1 James Briggs | 00:19:07 | 00:26:25 | 00:05:48 | 00:39:28 | 01:30:48 | SM |
|  | 2 Josh Taylor | 00:18:56 | 00:27:51 | 00:05:49 | 00:40:51 | 01:33:27 | SM |
|  | 3 Martin Hutchinson | 00:20:20 | 00:29:16 | 00:06:08 | 00:42:25 | 01:38:09 | M50 |
|  | 4 Adam Dyas | 00:21:30 | 00:30:26 | 00:06:06 | 00:44:17 | 01:42:19 | SM |
|  | 5 Mim Ireland | 00:22:03 | 00:30:33 | 00:06:37 | 00:45:14 | 01:44:27 | L35 |
|  | 6 Graham Lonsdale | 00:22:32 | 00:31:07 | 00:06:45 | 00:44:33 | 01:44:57 | M55 |
|  | 7 Chris Price | 00:22:33 | 00:31:10 | 00:06:55 | 00:45:35 | 01:46:13 | M55 |
|  | 8 Kerry Whitehead | 00:24:02 | 00:33:37 | 00:07:20 | 00:49:27 | 01:54:26 | L40 |
|  | 9 Kelly Palmer | 00:24:43 | 00:35:07 | 00:07:05 | 00:49:41 | 01:56:36 | L35 |
|  | 10 Amy Fowler | 00:25:06 | 00:34:11 | 00:07:31 | 00:49:56 | 01:56:44 | L35 |
|  | 11 Kara Mainprize | 00:25:25 | 00:34:20 | 00:07:23 | 00:50:17 | 01:57:25 | L35 |
|  | 12 Emma Richardson | 00:24:54 | 00:35:51 | 00:07:11 | 00:51:28 | 01:59:24 | L45 |
|  | 13 Diane Palmer | 00:25:06 | 00:35:08 | 00:07:29 | 00:51:44 | 01:59:27 | L55 |
|  | 14 Amy Hall | 00:25:33 | 00:36:06 | 00:07:20 | 00:51:55 | 02:00:54 | SL |
|  | 15 Pat Bielby | 00:26:02 | 00:34:51 | 00:07:41 | 00:52:35 | 02:01:09 | L70 |
|  | 16 Heidi Baker | 00:27:28 | 00:36:17 | 00:07:44 | 00:53:14 | 02:04:43 | L45 |
|  | 17 Dom Webster | 00:27:33 | 00:37:33 | 00:07:55 | 00:52:47 | 02:05:48 | L45 |


| 18 Laura Nurse | $00: 26: 11$ | $00: 35: 26$ | $00: 08: 06$ | $00: 56: 39$ | $02: 06: 22$ | SL |
| :--- | :---: | :--- | :--- | :--- | :--- | :---: |
| 19 Paul Brown | $00: 27: 51$ | $00: 37: 36$ | $00: 08: 03$ | $00: 54: 37$ | $02: 08: 07$ | M70 |
| 20 Ellis Hodges | $00: 27: 39$ | $00: 38: 06$ | $00: 07: 48$ | $00: 56: 34$ | $02: 10: 07$ | SL |
| 21 Sarah Marr | $00: 27: 55$ | $00: 38: 14$ | $00: 08: 05$ | $00: 56: 19$ | $02: 10: 33$ | L50 |
| 22 Nicola Fowler | $00: 29: 09$ | $00: 40: 38$ | $00: 08: 41$ | $00: 55: 21$ | $02: 13: 49$ | L35 |
| 23 Yvonne Shawcross | $00: 28: 34$ | $00: 38: 49$ | $00: 08: 19$ | $00: 58: 18$ | $02: 14: 00$ | L60 |
| 24 Chris Johnson | $00: 30: 14$ | $00: 41: 55$ | $00: 08: 49$ | $01: 02: 07$ | $02: 23: 05$ | M45 |
| 25 Lucinda Gibson | $00: 32: 01$ | $00: 46: 29$ | $00: 09: 25$ | $01: 03: 30$ | $02: 31: 25$ | L55 |
| 26 Anne Kelly | $00: 32: 43$ | $00: 45: 07$ | $00: 09: 17$ | $01: 08: 26$ | $02: 35: 33$ | L65 |
| 27 Janet Downes | $00: 40: 40$ | $00: 51: 28$ | $00: 12: 07$ | $01: 15: 01$ | $02: 59: 16$ | L50 |
| 28 Linda Hall | $00: 39: 19$ | $00: 54: 34$ | $00: 11: 18$ | $01: 15: 10$ | $03: 00: 21$ | L75 |
| 29 Tina Calthorpe | $00: 40: 40$ | $00: 55: 45$ | $00: 12: 25$ | $01: 22: 02$ | $03: 10: 52$ | L65 |


| Sewerby parkrun 5K-10th Sep |  |
| :---: | :---: |
| 1 Phill Taylor | 00:18:31 |
| 3 James Briggs | 00:19:52 |
| 7 Paul Good | 00:20:55 |
| 8 Simon Ellerker | 00:21:09 |
| 12 Martin Hutchinson | 00:22:06 |
| 13 T J Choat (J) | 00:22:08 PB |
| 19 Steve Wilson | 00:23:29 |
| 24 Annabelle Miller (J) | 00:24:23 3rd F |
| 26 Jonathan Ogden | 00:24:29 |
| 27 Ted Imeson (J) | 00:24:30 |
| 28 Joshua Miller (J) | 00:24:31 |
| 29 Keren Miller | 00:24:43 |
| 30 Gillian Taylor | 00:24:56 |
| 34 Luke Duffill | 00:25:21 |
| 35 Ben Edwards (J) | 00:25:22 |
| 36 Simon Porter | 00:25:23 |
| 46 Chris Price | 00:26:18 |
| 47 Graham Lonsdale | 00:26:18 |
| 49 Andrew Gibson | 00:26:29 |
| 69 Amy Fowler | 00:28:24 |
| 76 Pete Royal | 00:28:58 |
| 80 Patricia Bielby | 00:29:54 |
| 82 Dominique Webster | 00:29:55 |
| 83 Zoe Ellis-Cornell | 00:29:56 |
| 98 Toby Tibbett (J) | 00:31:33 |
| 99 Justin Choat | 00:31:33 |
| 100 L M E Choat (J) | 00:31:42 |
| 101 Kirsten Porter | 00:31:48 |
| 104 Ethan Jones (J) | 00:31:57 |
| 105 Lucinda Gibson | 00:31:59 |
| 107 Paul Brown | 00:32:12 |
| 110 Jenny Chambers | 00:32:27 |
| 119 Emma Choat | 00:33:39 |
| 120 Kevin Sissons | 00:33:48 |
| 124 Erin Jones (J) | 00:34:32 |
| 139 David Duffill | 00:37:28 |


| 141 Janet Downes | $00: 37: 49$ |
| :--- | :--- |
| 142 Amanda Tindall | $00: 37: 50$ |
| 157 Linda Hall | $00: 41: 17$ |
| 158 Cindy Baker | $00: 41: 17$ |

## Dalby Forest parkrun 5K - 10th September

61 Stuart Gent
00:27:05
97 Lynda Gent
00:30:56

North Yorkshire Water Park parkrun 5K - 10th September

| 5 Tom Mullen | $00: 18: 48$ |
| :--- | :--- |
| 33 April-Marie Exley | $00: 24: 01$ PB -3 rd F |
| 98 Tina Calthorpe | $00: 43: 08$ |

Virtual parkrun 5K-10th September
Nicola Fowler 00:28:19

## Vale of York Half Marathon - 11th September

## Chip Time Gun Time

| 399 Stuart Gent | $01: 52: 28$ | $01: 53: 07$ |
| :--- | :--- | :--- |
| 499 Micah Gibson | $02: 02: 57$ | $02: 03: 35$ |

Great North Run - 11th September

| 4730 Adam Dyas | $01: 46: 18$ |
| :--- | :--- |
| 10398 Chris Humphries | $01: 59: 16$ |
| 12602 Andrew Marr | $02: 03: 40$ |
| 18233 Sarah Marr | $02: 14: 38$ |
| 20548 Helena Smith | $02: 19: 14$ |
| 24721 Jane Probett | $02: 28: 04$ |
| 30341 Jennifer Kilburn | $02: 42: 08$ |

## BRR Juniors Eddie Knapp Challenge 2022

|  | Hill Race | Flat Race | Beach | Downhill | Total |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Ben Edwards | $09: 53$ | $05: 53$ | $09: 10$ | $05: 08$ | $30: 04$ |
| Micah Gibson | $10: 10$ | $06: 02$ | $09: 53$ | $05: 33$ | $31: 38$ |
| Annabelle Miller | $10: 29$ | $06: 26$ | $09: 36$ | $05: 28$ | $31: 59$ |
| Evie lakes | $10: 26$ | $06: 34$ | $09: 39$ | $05: 45$ | $32: 24$ |
| Erin Gummerson | $10: 50$ | $06: 30$ | $09: 41$ | $05: 58$ | $32: 59$ |
| Becky Miller | $11: 17$ | $06: 23$ | $09: 35$ | $05: 47$ | $33: 02$ |
| Teddy Imeson | $10: 58$ | $07: 16$ | $10: 12$ | $06: 01$ | $34: 27$ |
| Rebecca Addison | $12: 37$ | $06: 49$ | $09: 39$ | $05: 58$ | $35: 03$ |
| Tyler Choat | $12: 16$ | $06: 51$ | $10: 19$ | $06: 03$ | $35: 29$ |
| Louie Dixon | $12: 56$ | $06: 58$ | $10: 36$ | $06: 25$ | $36: 55$ |
| Josh Miller | $12: 22$ | $07: 25$ | $10: 35$ | $06: 41$ | $37: 03$ |
| Charlie Johnson | $12: 51$ | $07: 33$ | $11: 14$ | $06: 39$ | $38: 17$ |
| Océane Price | $12: 58$ | $07: 13$ | $10: 57$ | $07: 28$ | $38: 36$ |
| Alexander Fynn | $13: 17$ | $07: 55$ | $11: 18$ | $06: 50$ | $39: 10$ |
| Maëlys Price | $14: 32$ | $08: 20$ | $11: 57$ | $07: 39$ | $42: 28$ |
| Kyra Leary | $14: 16$ | $09: 31$ | $11: 48$ | $06: 55$ | $42: 30$ |

Club Results 2022

| Ralphie Denham | $15: 50$ | $09: 57$ | $12: 49$ | $07: 27$ | $46: 03$ |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Florence Kirkpatrick | $15: 15$ | $08: 45$ | $12: 51$ | $09: 21$ | $46: 12$ |
| Lily Choat | $17: 59$ | $09: 23$ | $14: 32$ | $08: 21$ | $50: 15$ |
| Hope Adams | $18: 05$ | $10: 41$ | $17: 43$ | $07: 48$ | $54: 17$ |
| Brooke Adams | $19: 15$ | $12: 32$ | $15: 15$ | $10: 21$ | $57: 23$ |
| Declan Fox | $14: 34$ | $13: 05$ | $24: 01$ | $17: 20$ | $69: 00$ |
| Billy Pudsey |  | $08: 51$ | $25: 38$ |  |  |
| Isaac McNulty | $10: 43$ | $06: 09$ |  |  |  |
| William McNulty | $12: 19$ | $06: 57$ |  |  |  |
| willow Crisp | $13: 58$ | $12: 31$ |  |  |  |

## Kingston Open, Costello Stadium, Hull - 11th September

Daniel Imeson
Evie Lakes
Hannah Imeson
Hope Adams
Jo Dagnan
Oceane Price
Rebecca Addison

Erin Gummerson $\quad 9$ th 300 m U15 Mixed 52:25PB, 7th 300m U15 Mixed Final 52:25, 11th 3rd U15 Mixed Long Jump 3.71, 3rd 80m U15 U17 Mixed Hurdles 19 6th 800m U13 Mixed 2:50.28, 15th 80 m U11 Mixed Final B 14.38, 9th U11 Girls Long Jump 2.79, 17 7th 100m U13 Mixed 18.89, 4th 70m Hurdles U13 Girls 20.53, 2nd U1 6th 3000m U17/J/S/ M\&W 11:43.71 PB 4th U11 Girls Long Jump 3.26, 3rd U11 Mixed 600m 2:05.89, 14th U1 5th U15 Mixed Final A 300m 51.00, 10th U15 Mixed 200m 32.34

## Inter-County Track \& Field Championships - 10th September

## Representing Humberside

Daniel Imeson 8th Hurdles, 8th 100m

## York 5K Series - 16th September

## Chip Time Gun Time

| 11 James Wilson | $00: 16: 19$ | $00: 16: 20$ |
| :--- | :--- | :--- |
| 25 Tom Mullen | $00: 17: 39$ | $00: 17: 41$ |
| 67 Mollie Holehouse | $00: 23: 53$ | $00: 23: 54$ |

## Sewerby parkrun 5K-17th September

4 James Briggs 00:19:50

5 Josh Taylor 00:20:00
7 Phill Taylor 00:20:20
11 Paul Good 00:20:51
15 Adam Dyas 00:21:56
17 Graham Lonsdale 00:22:06
20 Rebecca Miller (J) 00:22:47 3rd F
21 Micah Gibson (J) 00:23:00
22 Justin Choat 00:23:02
24 Annabelle Miller (J) 00:23:23
27 Ted Imeson (J) 00:24:02
29 Jonathan Ogden 00:24:10
30 T J Choat (J) 00:24:16
32 Luke Duffill 00:24:17
33 Ben Edwards (J) 00:24:18
40 Gillian Taylor 00:24:51
42 Daniel Imeson (J) 00:25:01 PB
43 Joshua Miller (J) ..... 00:25:02
44 Keren Miller ..... 00:25:03
46 Evie Lakes (J) ..... 00:25:07
55 Simon Porter ..... 00:25:58
57 Laura Nurse ..... 00:26:06
61 Oceane Price (J) ..... 00:26:40 PB
62 Jane Welbourn ..... 00:26:45
64 Stephen Eblet ..... 00:26:49
74 Nicola Fowler ..... 00:27:58 PB
75 Amy Fowler ..... 00:27:59
81 Florence Kirkpatrick (J) ..... 00:28:51 PB
82 Richard Kirkpatrick ..... 00:28:55
85 Zoe Ellis-Cornell 00:29:14
86 Dominique Webster ..... 00:29:15
100 Ethan Jones (J) ..... 00:31:06
101 Lucinda Gibson ..... 00:31:08
105 Erin Jones (J) ..... 00:31:20
113 Hannah Imeson (J) ..... 00:32:28
127 Alan Feldberg ..... 00:34:30
132 Mary Yates ..... 00:34:49
137 Janet Downes ..... 00:35:31
144 Debbie Duffill ..... 00:37:24
145 David Duffill ..... 00:37:47
150 Emma Choat ..... 00:38:21
157 Linda Hall ..... 00:39:37
162 L M E Choat (J) ..... 00:43:10
163 Kirsten Porter ..... 00:43:15
164 Amanda Tindall ..... 00:43:17
166 Dian Rewston 00:45:45
Hull parkrun 5K - 17th September
191 Stuart Gent ..... 00:27:25
292 Lynda Gent ..... 00:31:12
Millfield parkrun 5K - 17th September
27 Chris Price ..... 00:22:45
50 Patricia Bielby ..... 00:25:26
72 Paul Brown ..... 00:27:55
127 Anne Kelly 00:31:10
North Yorkshire Water Park parkrun 5K - 17th September

| 30 April-Marie Exley | $00: 23: 34$ PB |
| :--- | :--- |
| 31 Tom Mullen | $00: 23: 34$ |
| 91 Dave Foster | $00: 32: 22$ PB |
| 116 Tina Calthorpe | $00: 43: 11$ |
| 117 Rob Calthorpe | $00: 43: 12$ |

Poolsbrook parkrun 5K - 17th September130 Jenny Chambers00:30:52
Virtual parkrun 5K-17th September

| Andy Baker 00:25:40 Riga, Latvia |  |
| :--- | :--- |
| Cindy Baker | No Time |

ABP Coastal Half Marathon, Cleethorpes - 18th September
Chip Time Gun Time
65 Martin Hutchinson

Sewerby parkrun 5K-24th September

| 1 Phill Taylor | $00: 18: 39$ |
| :--- | :--- |
| 5 Josh Taylor | $00: 20: 26$ |
| 6 | $00: 20: 33$ |

6 James Briggs 00:20:33

14 Annabelle Miller (J) 00:22:32
15 Micah Gibson (J) 00:22:38
16 Adam Dyas 00:22:39
17 Steve Wilson 00:22:40
19 Ted Imeson (J) 00:22:52
20 Justin Choat 00:22:57
22 Rebecca Miller (J) 00:23:03
23 Chris Price 00:23:05 PB
24 Alan Feldberg 00:23:12
27 Andy Baker 00:23:19
32 Jonathan Ogden 00:23:57
36 Joshua Miller (J) 00:24:19
39 Daniel Imeson (J) 00:24:36 PB
41 Keren Miller 00:24:39
42 Greg Miller 00:24:40
44 Luke Duffill 00:24:51
45 Gillian Taylor 00:24:57
46 T J Choat (J) 00:25:21
50 Laura Nurse 00:25:30
54 Simon Porter 00:25:49
58 Andrew Gibson 00:26:19
65 Jane Welbourn 00:26:57
68 Stephen Eblet 00:27:01
80 Heidi Baker 00:27:57
87 Amy Fowler 00:28:45
90 Zoe Ellis-Cornell 00:29:03
91 Dominique Webster 00:29:04
95 Emilie Cawthorn 00:29:39
115 Ethan Jones (J) 00:31:06
118 Damian Probett 00:31:31
120 Dave Pring 00:31:48
123 Anne Kelly 00:32:19
130 Erin Jones (J) 00:32:50
131 John Edwards 00:33:17
132 Ben Edwards (J) 00:33:19
137 Jane Probett 00:33:32
140 Kara Mainprize 00:33:36
142 Kyle Tibbett (J) 00:33:46

| 145 Kevin Sissons | $00: 34: 13$ |
| :--- | :--- |
| 156 Elizabeth Ingle | $00: 35: 38$ |
| 159 David Duffill | $00: 36: 40$ |
| 163 Debbie Duffill | $00: 37: 08$ |
| 168 Kirsten Porter | $00: 38: 00$ |
| 169 Janet Downes | $00: 38: 01$ |
| 182 L M E Choat (J) | $00: 39: 17$ |
| 183 Emma Choat | $00: 39: 20$ |
| 184 Amanda Tindall | $00: 39: 24$ |
| 188 Linda Hall | $00: 41: 27$ |
| 189 Cindy Baker | $00: 41: 27$ |

## Centre Vale parkrun 5K - 24th September

7 Paul Good
00:21:14
Hull parkrun 5K-24th September
11 Adam Thomas
00:18:25 PB

## Lincoln parkrun 5K - 24th September

194 Yvonne Shawcross
00:30:55

## North Yorkshire Water Park parkrun 5K - 24th September

| 10 Martin Hutchinson | $00: 20: 18$ PB |
| :--- | :--- |
| 55 Dave Bond | $00: 24: 54$ |
| 93 Susan Bond | $00: 28: 59$ |
| 161 Tina Calthorpe | $00: 42: 43$ |

## Sandall Park parkrun 5K - 24th September

138 Paul Brown 00:27:36

## Virtual parkrun 5K-24th September

| April-Marie Exley | $00: 23: 24$ Turkey |
| :--- | :--- |
| Nicola Fowler | $00: 28: 10$ |
| Stuart Gent | $00: 32: 17$ |
| Lyn Gent | $00: 32: 18$ |
| Martin McPheat | $00: 32: 20$ Germany |

Humber Bridge Half Marathon - 25th September
Chip Time Gun Time
2 James Wilson 01:18:32 01:18:32
Hull 4 Person Marathon Relay 25th September
1 Helena Smith 00:49:48
2 Sarah Marr 00:53:07
3 Emma Richardson 01:06:00
4 Jennifer Kilburn 01:15:52
Overall Time 4:04:47
1st Female Team - 5th Team Overall
Filey Lions 10K Beach Race - 25th September
5 Simon Ellerker
00:42:49
42 Jenny Chambers
01:07:06

BRR Mini Endure - 90 minutes - 27th September

| Name | Name 2 | Solo/Pair | number of laps | Distanı |
| :--- | :--- | :--- | ---: | ---: |
| Erin Gummerson |  | Solo | 13 |  |
| Rebecca Addison |  | Solo | 12 |  |
| Evie Lakes |  | Solo | 9 |  |
| Alexander Fynn |  | Solo | 11 |  |
| Charlie Johnson |  | Solo | 10 |  |
| Micah Gibson |  | Solo | 10 |  |
| Ben Edwards |  | Solo | 9 |  |
| James Ellerker |  | Solo | 5 |  |
| Louie Dixon | Josh Miller | Male pair | 17 |  |
| Teddy Imeson | Tyler Choat | Male pair | 17 |  |
| Alija Balleza | Melbin Jaimon | Male pair | 14 |  |
| Seth Jerrum | Zachary Jerrum | Male pair | 13 |  |
| Annabelle Miller | Becky Miller | Female pair | 18 |  |
| Hannah Imeson | Océane Price | Female pair | 13 |  |
| Maëlys Price | Lottie Mottram | Female pair | 12 |  |
| Jasmine | Neha Binu | Female pair | 11 |  |
| Brooke Adams | Hope Adams | Female pair | 9 |  |
| Daniel Imeson | Florence Kirkpatrick | Mixed pair |  | 2 |
|  |  |  | 212 |  |


| Sewerby parkrun 5K - 1st October |  |
| :--- | :--- |
| 1 James Wilson | $00: 17: 37$ |
| 5 Phill Taylor | $00: 20: 44$ |
| 6 James Briggs | $00: 20: 51$ |
| 14 Adam Dyas | $00: 21: 46$ |
| 16 Graham Lonsdale | $00: 22: 01$ |
| 23 Erin Gummerson (J) | $00: 22: 59$ PB - 2nd F |
| 25 Chris Price | $00: 23: 16$ |
| 29 Annabelle Miller (J) | $00: 23: 24$ |
| 33 Joshua Miller (J) | $00: 23: 28$ |
| 35 Rebecca Miller (J) | $00: 23: 32$ |
| 46 Luke Duffill | $00: 24: 17$ |
| 47 Keren Miller | $00: 24: 25$ |
| 50 Jonathan Ogden | $00: 24: 38$ |
| 53 Ted Imeson (J) | $00: 25: 05$ |
| 60 Evie Lakes (J) | $00: 25: 22$ |
| 64 Chris Humphries | $00: 25: 45$ |
| 66 Simon Porter | $00: 25: 53$ |
| 70 Stuart Gent | $00: 26: 56$ |

```
    71 Stephen Eblet 00:27:00
    72 Patricia Bielby 00:27:15
    78 Paul Brown 00:28:05
    83 Damian Probett 00:28:12
    8 8 \text { Daniel Imeson (J) 00:28:41}
    94 Sarah Marr 00:29:21
    96 Charlie Johnson (J) 00:29:42 PB
    97 Dominique Webster 00:29:56
    98 Danielle Whitehouse 00:29:57
105 Chris Johnson 00:30:41
111 Lucinda Gibson 00:30:51 PB
117 Jane Probett 00:31:09
123 Anne Kelly 00:32:13
1 3 5 \text { Dave Pring 00:33:32}
140 Kevin Sissons 00:33:58
147 Dave Foster 00:34:42
161 Debbie Duffill 00:37:06
163 Kirsten Porter 00:37:23
165 Janet Downes 00:37:41
166 Amanda Tindall 00:37:42
172 David Duffill 00:38:06
174 Linda Hall 00:38:51
Heslington parkrun 5K-1st October
    2 Tom Mullen 00:18:00
    41 April-Marie Exley 00:23:10
Hull parkrun 5K - 1st October
    33 Justin Choat 00:21:49
    65 T J Choat (J) 00:23:01
317 L M E Choat (J) 00:33:23
336 Emma Choat 00:34:17
North Yorkshire Water Park parkrun 5K - 1st October
    9 Dave Bond 00:23:48 PB
    56 Susan Bond 00:30:28
    96 Tina Calthorpe 00:43:31
Redcar parkrun 5K - 1st October
    7 Paul Good 00:20:27
Victoria Dock parkrun 5K - 1st October
    179 Nicola Fowler 00:27:05
    216 Amy Fowler 00:29:15
London Marathon - 2nd October
    6 6 5 \text { Danny Brunton 02:47:24}
    16518 Josh Taylor 04:15:44
    17513 Laura Nurse 04:19:53
    17650 Amy Fowler 04:20:24
```

```
Bridlington Multi-Terrain 13.5 mile - 2nd October
    Chip Time Gun Time
    49 Micah Gibson 01:58:47 01:58:55
```

Bridlington 1 Mile Family Fun Run - 2nd October (Full Results)
1 Ben Edwards 06:35
2 Becky Miller 06:55
3 Ted Imeson 07:24
4 Annabelle Miller 07:35
5 Josh Miller 07:38
6 Oceane Price 08:03
7 James Hodgkinson 08:04
8 Michael Hodgkinson 08:10
9 Charlie Johnson 08:36
10 Maelys Price 08:45
11 Corben McGreal 09:06
12 Harry Mitchell 09:07
13 Jay Stockdale 09:12
14 Jessica Hodgkinson 09:13
15 Alexander Fynn 09:27
16 Jessica Beaumont 09:31
17 Hannah Imeson 09:42
18 Mabel Kirkpatrick 09:52
19 Richard Kirkpatrick 09:53
20 Lily Choat 10:47
21 Hattie Waines 10:52
22 Joey Waines 10:59
23 K Hodgkinson 11:44
24 Chloe Beaumont 12:00
25 Sam Crebbin 12:00
26 Jamie Green 12:31
27 Oliver Gilburn 14:28
28 Soul Collin 14:45
29 Amelia Gracemann 14:55
30 Eddy Johnson 14:58

## Chester Metric Marathon 26.2 km (16 miles) - 2nd October

Chip Time Gun Time
600 Kevin Lewis 03:00:27 03:01:32

## Sewerby parkrun 5K - 8th October

1 Phill Taylor
00:18:42
2 Nick Jordan 00:19:46
4 James Briggs 00:20:45
10 Simon Ellerker 00:22:20
12 Steve Wilson 00:22:37
13 Justin Choat 00:22:42
17 T J Choat (J)
00:23:14
19 Richard Kirkpatrick 00:23:16 PB

| 22 Ben Edwards (J) | $00: 23: 47$ |
| :--- | :--- |
| 26 Evie Lakes (J) | $00: 24: 29$ 3rd F |
| 28 Graham Lonsdale | $00: 24: 40$ |
| 37 Ted Imeson (J) | $00: 25: 45$ |
| 40 Martin Hutchinson | $00: 25: 52$ |
| 43 Patricia Bielby | $00: 26: 25$ |
| 52 Stuart Gent | $00: 27: 24$ |
| 74 Paul Brown | $00: 29: 37$ |
| 76 Alexander Fynn (J) | $00: 30: 03$ |
| 80 Yvonne Shawcross | $00: 30: 26$ |
| 86 Lucinda Gibson | $00: 30: 43$ PB |
| 91 Ethan Jones (J) | $00: 31: 19$ |
| 98 Pete Royal | $00: 31: 44$ |
| 99 Kyle Tibbett (J) | $00: 31: 52$ |
| 108 Dave Pring | $00: 32: 58$ |
| 125 Dave Foster | $00: 34: 31$ |
| 128 Erin Jones (J) | $00: 34: 53$ |
| 141 David Duffill | $00: 36: 09$ |
| 145 L M E Choat (J) | $00: 36: 30$ |
| 151 Emma Choat | $00: 37: 11$ |
| 155 Janet Downes | $00: 37: 29$ |
| 156 Debbie Duffill | $00: 37: 48$ |
| 161 Linda Hall | $00: 38: 56$ |
| 180 Dian Rewston | $00: 46: 47$ |
| 188 Kevin Sissons | $00: 56: 43$ Tail Walker |

## Lincoln parkrun 5K-8th October

 104 Amy Fowler 00:26:43
## Millfield parkrun 5K-8th October

19 Andy Baker
97 Cindy Baker
00:22:39 PB
00:37:04

## Pontefract parkrun 5K-8th October

35 Simon Porter 00:23:34
178 Kirsten Porter 00:32:04
218 Amanda Tindall 00:36:23

## Rother Valley parkrun 5K - 8th October

15 Paul Good
00:20:03
Virtual parkrun 5K-8th October

| Joe Shepherdson | $00: 26: 41$ |
| :--- | :--- |
| Nicola Fowler | $00: 27: 32$ |
| Martin McPheat | $00: 37: 03$ |

EYXC Wetwang XC - 9th October
3 James Wilson 00:30:48
7 Phill Taylor 00:32:48
13 Tom Mullen 00:33:31

|  | Joe Shepherdson | 00:35:47 |
| :---: | :---: | :---: |
|  | Adam Thomas | 00:37:02 |
|  | Alan Feldberg | 00:37:23 |
| 45 | Dan Cawthorn | 00:37:34 |
| 10 | Joanna Dagnan | 00:38:13 |
| 57 | Andrew Yeomans | 00:38:33 |
| 69 | Simon Ellerker | 00:40:04 |
| 73 | Paul Good | 00:40:15 |
|  | Adam Dyas | 00:40:23 |
|  | Josh Taylor | 00:40:23 |
| 89 | Allan McFarlane | 00:41:28 |
|  | Anthony Smith | 00:41:34 |
| 106 | Steve Wilson | 00:42:34 |
| 122 | Chris Price | 00:43:14 |
| 32 | Kerry Whitehead | 00:43:56 |
| 36 | April-Marie Exley | 00:45:36 |
|  | Andy Baker | 00:45:37 |
| 137 | Stuart Gent | 00:45:46 |
| 45 | Becky Clifton | 00:46:54 |
| 154 | Chris Yeomans | 00:48:14 |
| 169 | Andrew Marr | 00:50:58 |
| 175 | Damian Probett | 00:51:31 |
| 66 | Heidi Baker | 00:51:58 |
| 71 | Emilie Cawthorn | 00:52:49 |
| 185 | Paul Brown | 00:53:17 |
| 187 | Tom Woodhouse | 00:54:18 |
| 77 | Ellis Hodges | 00:54:18 |
| 83 | Dominique Webster | 00:55:02 |
| 84 | Jane Welbourn | 00:55:04 |
| 85 | Zoe Ellis-Cornell | 00:55:07 |
| 90 | Sarah Marr | 00:56:08 |
| 92 | Becky Lawry | 00:56:17 |
| 106 | Yvonne Shawcross | 01:00:43 |
| 197 | Dave Pring | 01:01:38 |
| 114 | Jenny Chambers | 01:02:23 |
| 120 | Jane Probett | 01:03:09 |
| 122 | Anne Kelly | 01:03:18 |
| 124 | Jennifer Kilburn | 01:04:39 |
| 201 | Dave Foster | 01:07:14 |
| 202 | Rob Calthorpe | 01:12:01 |
| 133 | Tina Calthorpe | 01:19:12 |

## Men 3rd Team <br> Women 5th Team

## Sewerby parkrun 5K-15th October

| 10 Josh Taylor | $00: 22: 27$ |
| :--- | :--- |
| 14 Ted Imeson (J) | $00: 23: 13$ |
| 17 Richard Kirkpatrick | $00: 23: 40$ |
| 22 T J Choat (J) | $00: 24: 09$ |


| 24 Annabelle Miller (J) | 00:24:13 2nd F |
| :--- | :--- |
| 25 Keren Miller | $00: 24: 20$ 3rd F |

28 John Bowles 00:24:57
32 Jonathan Ogden ..... 00:25:12
42 Greg Miller ..... 00:26:01
48 Amy Fowler ..... 00:26:37
49 Joshua Miller (J) ..... 00:26:38
50 James Riley ..... 00:26:55
51 Luke Duffill ..... 00:26:59
55 Micah Gibson (J) ..... 00:27:23
56 Toby Tibbett (J) ..... 00:27:27
57 Andrew Gibson ..... 00:27:31
60 Stuart Gent ..... 00:27:40
62 Simon Porter ..... 00:27:46
65 Charlie Johnson (J) ..... 00:27:50 PB
66 Kerry Whitehead ..... 00:27:50
77 Christie Trower ..... 00:29:03
105 Pete Royal ..... 00:31:27
106 Ethan Jones (J) ..... 00:31:31
109 Lucinda Gibson ..... 00:31:44
110 Patricia Bielby ..... 00:31:45
120 Kevin Sissons ..... 00:33:09
123 L M E Choat (J) ..... 00:33:27
124 Justin Choat ..... 00:33:28
127 Mary Yates ..... 00:33:49
136 Erin Jones (J) ..... 00:35:02
141 Dave Pring ..... 00:35:37
146 James Briggs ..... 00:35:43
155 Janet Downes ..... 00:37:27
156 Amanda Tindall ..... 00:37:35
157 Emma Choat ..... 00:37:35
158 Kirsten Porter ..... 00:37:36
165 Adam Thomas ..... 00:39:17
169 Linda Hall ..... 00:40:30
180 Dian Rewston ..... 00:48:18
Beverley parkrun 5K - 15th October
147 Elizabeth Ingle ..... 00:38:23
176 Amy Hall ..... 00:58:01
Dalby Forest parkrun 5K-15th October

26 Tom Mullen 00:23:41
27 April-Marie Exley

00:23:42 2ndF
Lee-on-the-Solent parkrun 5K - 15th October
176 Jane Probett
00:31:42

## Severn Bridge parkrun 5K - 15th October

67 Paul Brown
00:28:26

## The Cinder Track parkrun 5K-15th October

14 Andy Baker
00:22:44
70 Cindy Baker
00:37:29

York parkrun 5K-15th October
43 Paul Good 00:20:06

McCains Yorkshire Coast 10K, Scarborough - 16th October
Chip Time Gun Time

| 5 James Wilson | 00:35:28 | 00:35:28 1st V40 |
| :---: | :---: | :---: |
| 9 Phill Taylor | 00:36:00 | 00:36:00 |
| 26 Joe Shepherdson | 00:38:58 | 00:39:03 |
| 32 James Briggs | 00:39:05 | 00:39:09 |
| 41 Nick Jordan | 00:39:51 | 00:39:54 |
| 48 Dan Cawthorn | 00:40:41 | 00:40:45 |
| 66 Simon Walters | 00:41:30 | 00:41:40 |
| 102 Ashley Parcell | 00:43:04 | 00:43:12 |
| 116 Martin Hutchinson | 00:43:36 | 00:43:47 |
| 151 Adam Dyas | 00:44:43 | 00:44:55 |
| 157 Micah Gibson (J) | 00:44:49 | 00:45:05 |
| 161 Ben Edwards (J) | 00:44:53 | 00:45:11 |
| 168 Nick Craggs | 00:45:11 | 00:45:20 |
| 182 Steve Wilson | 00:45:28 | 00:45:46 |
| 248 Allan McFarlane | 00:45:36 | 00:48:38 |
| 299 Simon Porter | 00:50:30 | 00:50:52 |
| 316 Kelly Palmer | 00:48:20 | 00:51:22 |
| 339 Stuart Gent | 00:49:06 | 00:52:08 |
| 342 Kerry Whitehead | 00:49:11 | 00:52:13 |
| 351 Dave Bond | 00:48:39 | 00:52:20 |
| 388 Graham Lonsdale | 00:49:47 | 00:53:09 |
| 394 Damian Probett | 00:49:50 | 00:53:14 |
| 399 Diane Palmer | 00:50:22 | 00:53:25 |
| 421 Luke Duffill | 00:50:28 | 00:53:50 |
| 426 Emma Richardson | 00:50:37 | 00:53:59 |
| 429 Jonathan Ogden | 00:50:47 | 00:54:09 |
| 472 Kara Mainprize | 00:52:14 | 00:55:16 |
| 478 Andrew Gibson | 00:51:38 | 00:55:21 |
| 496 Andrew Marr | 00:52:28 | 00:55:49 |
| 503 Dominique Webster | 00:52:59 | 00:56:03 |
| 523 Patricia Bielby | 00:53:07 | 00:56:26 1st V70 |
| 541 Kay Walters | 00:53:30 | 00:57:09 |
| 580 Tom Fynn | 00:54:16 | 00:57:58 |
| 581 Jane Welbourn | 00:54:24 | 00:57:59 |
| 609 Emilie Cawthorn | 00:55:36 | 00:58:38 |
| 615 Ellis Hodges | 00:55:44 | 00:58:46 |
| 616 Tom Woodhouse | 00:55:44 | 00:58:46 |
| 623 Amy Fowler | 00:52:47 | 00:58:54 |
| 644 Stephen Eblet | 00:56:15 | 00:59:39 |
| 648 Jason Pointez | 00:53:43 | 00:59:46 |
| 667 Heidi Baker | 00:53:57 | 01:00:19 |


| 707 Danielle Whitehouse | $00: 57: 59$ | $01: 01: 04$ |
| :--- | :--- | :--- |
| 709 Christie Trower | $00: 54: 47$ | $01: 01: 05$ |
| 731 Sarah Marr | $00: 57: 55$ | $01: 01: 37$ |
| 768 Nicola Fowler | $00: 56: 33$ | $01: 02: 41$ |
| 809 Yvonne Shawcross | $01: 00: 22$ | $01: 04: 01$ |
| 892 Becky Lawry | $00: 59: 22$ | $01: 05: 40$ |
| 919 Susan Bond | $00: 59: 37$ | $01: 06: 01$ |
| 973 Alan Clayton | $01: 00: 28$ | $01: 07: 32$ |
| 1003 Pete Royal | $01: 01: 49$ | $01: 08: 14$ |
| 1022 Jennifer Kilburn | $01: 01: 46$ | $01: 08: 49$ |
| 1024 Kirsten Porter | $01: 02: 28$ | $01: 08: 54$ |
| 1026 Amanda Tindall | $01: 02: 27$ | $01: 08: 54$ |
| 1043 Chris Johnson | $01: 05: 36$ | $01: 09: 20$ |
| 1098 Dave Foster | $01: 03: 18$ | $01: 10: 41$ |
| 1114 Jane Probett | $01: 04: 05$ | $01: 11: 15$ |
| 1132 Lucinda Gibson | $01: 04: 50$ | $01: 11: 52$ |
| 1153 Anne Kelly | $01: 05: 42$ | $01: 12: 41$ |
| 1165 Jenny Chambers | $01: 06: 13$ | $01: 13: 20$ |
| 1175 Lynda Gent | $01: 06: 24$ | $01: 13: 41$ |
| 1176 Mollie Holehouse | $01: 06: 25$ | $01: 13: 41$ |
| 1177 Mim Ireland | $01: 06: 25$ | $01: 13: 42$ |
| 1204 Dave Pring | $01: 07: 28$ | $01: 14: 39$ |
| 1211 Janet Downes | $01: 07: 46$ | $01: 14: 51$ |
| 1197 Caroline Mcfarlane | $01: 07: 15$ | $01: 14: 24$ |
| 1256 Justine Sutcliffe | $01: 10: 38$ | $01: 16: 47$ |
| 1364 Debbie Duffill | $01: 13: 53$ | $01: 21: 04$ |
| 1390 David Duffill | $01: 14: 58$ | $01: 22: 09$ |
| 1433 Linda Hall | $01: 18: 34$ | $01: 25: 50$ |
| 1469 Rob Calthorpe | $01: 25: 05$ | $01: 28: 08$ |
| 1470 Tina Calthorpe | $01: 25: 04$ | $01: 28: 08$ |
| 1506 Dian Rewston | $01: 26: 19$ | $01: 33: 38$ |
|  |  |  |

## TCS Amsterdam Marathon - 16th October

10953 Helena Smith
04:38:01

## Yorkshire Marathon - 16th October

|  | Chip Time | Gun Time |
| :--- | ---: | ---: |
| 661 Alan Feldberg | $03: 36: 14$ | $03: 37: 24$ |
| 1035 Clare Gummerson | $03: 47: 42$ | $03: 53: 10$ |
| 2800 Gerrard Ferre | $04: 55: 02$ | $05: 03: 15$ |

## Sewerby parkrun 5K-22nd October

| 2 Phill Taylor | $00: 18: 17$ |
| :--- | :--- |
| 6 Nick Jordan | $00: 19: 54$ |
| 7 Adam Thomas | $00: 20: 00$ |
| 14 Dan Cawthorn | $00: 20: 48$ |
| 15 Paul Good | $00: 20: 49$ |
| 22 Adam Dyas | $00: 21: 52$ |
| 26 Ted Imeson (J) | $00: 23: 12$ |
| 29 Evie Lakes (J) | $00: 23: 37$ |


| 32 Jonathan Ogden | $00: 23: 53$ |
| :--- | :--- |
| 33 Alan Feldberg | $00: 24: 07$ |

36 Steve Wilson 00:24:16
38 Graham Lonsdale 00:24:23
39 Luke Duffill 00:24:25
43 Daniel Imeson (J) 00:25:33
44 Joanna Dagnan 00:25:34
47 Amy Hall 00:25:52 PB
49 Simon Porter 00:26:06
57 Kara Mainprize 00:26:33
59 Stephen Eblet 00:26:36
60 Amy Fowler 00:26:37
68 Micah Gibson (J) 00:27:07 *
69 Andrew Gibson 00:27:08 *
72 Stuart Gent 00:27:27
78 Emma Richardson 00:27:44
85 Damian Probett 00:28:23
87 Christie Trower 00:28:33
94 Helena Smith 00:29:00
95 Dominique Webster 00:29:01
107 Erin Jones (J) 00:30:16
121 Alexander Fynn (J) 00:31:35
125 Anne Kelly 00:31:54
132 Ethan Jones (J) 00:32:31
133 Pete Royal 00:32:36
134 Kyle Tibbett (J) 00:32:44
138 Paul Brown 00:32:53
140 Dave Pring 00:33:02
142 Kevin Sissons 00:33:25
155 James Briggs 00:34:36
172 Kirsten Porter 00:36:05
185 Janet Downes 00:38:50
186 Amanda Tindall 00:38:51
193 Linda Hall 00:42:11
194 Cindy Baker 00:42:11
196 Mary Yates 00:42:21

*     - no club name


## Brighouse parkrun 5K-22nd October

44 Jane Welbourn 00:26:54

Heslington parkrun 5K-22nd October
170 Elizabeth Ingle
00:34:22

## Hull parkrun 5K-22nd October

4 James Wilson
00:16:55

The Cinder Track, Whitby parkrun 5K-22nd October
44 Dave Bond
00:24:45
92 Susan Bond
00:28:39

Virtual parkrun 5K-22nd October
Nicola Fowler
00:28:14

## Langdale Half marathon - 22nd October

Chip Time Gun Time
353 Colin Parcell 02:58:12 02:58:21

## Northern Counties XC Relays, Shefiield - 22nd October

U11 Boys - 3rd Incomplete Team
Tyler Choat 00:05:45
14 Joshua Miller 00:06:19
U11 Girls - 3rd Incomplete Team
26 Lily Choat 00:08:58
25 Oceane Price 00:06:56
U13 Girls - 23rd Team
18 Rebecca Miller 00:06:38
31 Hope Adams 00:08:45
23 Annabelle Miller 00:06:29

## Cannock Chase 10K - 23rd October

Chip Time Gun Time

86 Danielle Whitehouse 01:11:05 01:11:09

Kilham Multi-Terrain 10K - 23rd October
Chip Time Gun Time

| 1 James Wilson | $00: 36: 55$ | $00: 36: 55$ |
| :--- | :--- | :--- |
| 15 Simon Walters | $00: 42: 23$ | $00: 42: 25$ |
| 16 Joe Shepherdson | $00: 42: 29$ | $00: 42: 34$ |
| 17 Dan Cawthorne | $00: 42: 36$ | $00: 42: 41$ |
| 18 Alan Feldberg | $00: 43: 15$ | $00: 43: 19$ |
| 24 Josh Taylor | $00: 44: 38$ | $00: 44: 39$ |
| 26 Martin Hutchinson | $00: 44: 52$ | $00: 44: 54$ |
| 31 Micah Gibson (J) | $00: 46: 22$ | $00: 46: 24$ |
| 33 Paul Good | $00: 46: 35$ | $00: 46: 37$ |
| 35 Adam Dyas | $00: 46: 44$ | $00: 46: 48$ |
| 37 Allan McFarlane | $00: 46: 57$ | $00: 47: 00$ |
| 41 Mim Ireland | $00: 47: 21$ | $00: 47: 27$ |
| 48 Graham Lonsdale | $00: 47: 56$ | $00: 48: 02$ |
| 49 Steve Wilson | $00: 47: 59$ | $00: 48: 03$ |
| 71 Becky Clifton | $00: 52: 07$ | $00: 52: 13$ |
| 82 Andrew Gibson | $00: 53: 26$ | $00: 53: 34$ |
| 84 Emma Richardson | $00: 53: 32$ | $00: 53: 38$ |
| 92 Chris Napthine | $00: 54: 26$ | $00: 54: 37$ |
| 101 Patricia Bielby | $00: 55: 24$ | $00: 55: 34$ |
| 102 Gillian Taylor | $00: 55: 33$ | $00: 55: 39$ |
| 104 Andrew Marr | $00: 56: 03$ | $00: 56: 12$ |
| 114 Simon Porter | $00: 57: 33$ | $00: 57: 43$ |
| 115 Damian Probett | $00: 57: 37$ | $00: 57: 45$ |
| 125 Paul Brown | $00: 58: 31$ | $00: 58: 51$ |


| 132 Heidi Baker | $00: 59: 25$ | $00: 59: 32$ |
| :--- | :--- | :--- |
| 139 Zoe Ellis-Cornell | $01: 00: 41$ | $01: 00: 52$ |
| 140 Dominique Webster | $01: 00: 41$ | $01: 00: 52$ |
| 154 Sarah Marr | $01: 02: 24$ | $01: 02: 38$ |
| 159 Bob Eyre | $01: 03: 19$ | $01: 03: 29$ |
| 169 Amanda Tindall | $01: 07: 20$ | $01: 07: 36$ |
| 170 Lynda Gent | $01: 07: 21$ | $01: 07: 36$ |
| 171 Stuart Gent | $01: 07: 23$ | $01: 07: 38$ |
| 172 Jenny Chambers | $01: 07: 24$ | $01: 07: 40$ |
| 173 Kirsten Porter | $01: 07: 23$ | $01: 07: 40$ |
| 175 Dave Pring | $01: 07: 57$ | $01: 08: 14$ |
| 191 Mary Yates | $01: 11: 12$ | $01: 11: 29$ |
| 193 Lucinda Gibson | $01: 11: 24$ | $01: 11: 40$ |
| 194 Janet Downes | $01: 11: 24$ | $01: 11: 41$ |
| 196 Emma Choat | $01: 12: 02$ | $01: 12: 19$ |
| 199 David Foster | $01: 14: 31$ | $01: 14: 49$ |
| 203 Robert Calthorpe | $01: 22: 16$ | $01: 22: 28$ |
| 204 Linda Hall | $01: 23: 56$ | $01: 24: 13$ |
| 207 Dian Rewston | $01: 32: 20$ | $01: 32: 32$ |
| 208 Tina Calthorpe | $01: 32: 20$ | $01: 32: 32$ |


| Sewerby parkrun 5K-29th October |  |
| :---: | :---: |
| 4 Dan Cawthorn | 00:19:49 |
| 9 Paul Good | 00:21:32 |
| 16 Adam Dyas | 00:22:00 |
| 18 Steve Wilson | 00:22:18 |
| 19 Richard Kirkpatrick | 00:22:30 PB |
| 20 Graham Lonsdale | 00:22:34 |
| 29 Chris Price | 00:23:26 |
| 30 T J Choat (J) | 00:23:35 |
| 33 Erin Gummerson (J) | 00:23:55 |
| 43 Luke Duffill | 00:25:06 |
| 44 Emma Richardson | 00:25:09 |
| 48 Patricia Bielby | 00:25:52 |
| 49 Kara Mainprize | 00:25:57 |
| 56 Clare Gummerson | 00:26:30 |
| 57 Simon Porter | 00:26:38 |
| 58 James Riley | 00:26:44 |
| 60 Stephen Eblet | 00:26:53 |
| 61 Stuart Gent | 00:26:54 |
| 70 Heidi Baker | 00:28:10 |
| 76 Paul Brown | 00:28:23 |
| 85 Alexander Fynn (J) | 00:29:08 PB |
| 86 Micah Gibson (J) | 00:29:11 * |
| 103 Zoe Ellis-Cornell | 00:29:46 |
| 104 Dominique Webster | 00:29:47 |
| 105 Ethan Jones (J) | 00:30:20 |
| 106 Angela Bailey | 00:30:21 |
| 112 Pete Royal | 00:31:10 |
| 121 Lucinda Gibson | 00:32:04 |


| 125 Dave Pring | $00: 32: 24$ |
| :--- | :--- |
| 126 Lynda Gent | $00: 32: 27$ |
| 138 L M E Choat (J) | $00: 33: 52$ |
| 139 Justin Choat | $00: 33: 54$ |
| 155 Amanda Tindall | $00: 35: 36$ |
| 156 Janet Downes | $00: 35: 36$ |
| 157 Kirsten Porter | $00: 35: 37$ |
| 160 Stuart Bowes | $00: 36: 15$ |
| 168 Mary Yates | $00: 38: 17$ |
| 169 Debbie Duffill | $00: 38: 18$ |
| 171 David Duffill | $00: 38: 51$ |
| 178 Linda Hall | $00: 40: 48$ |
| 179 Cindy Baker | $00: 40: 49$ |
| 182 James Briggs | $00: 42: 12$ |
| 194 Dian Rewston | $00: 45: 56$ |
| 195 Rob Calthorpe | $00: 45: 56$ |
| - no club name |  |

## Beverley Westwood parkrun 5K - 29th October

1 James Wilson
00:17:28

## Penistone parkrun 5K-29th October

10 Annabelle Miller (J) 00:22:34 1st F
19 Rebecca Miller (J) 00:22:56 2nd F
27 Joshua Miller (J) 00:23:44
28 Keren Miller 00:23:57
37 Greg Miller 00:25:34

Trentham Gardens parkrun 5K - 29th October
234 Becky Lawry
00:36:32

Virtual parkrun 5K-29th October

| Mim Ireland | $00: 24: 38$ |
| :--- | :--- |
| Nic | $00: 27: 19$ |

Helloween on the Humber - 29th October
Andy Baker
05:40:11 28 miles

Wistow 10K - 29th October

|  | Chip Time | Gun Time |
| :--- | ---: | ---: |
| 84 Justin Choat | $00: 46: 08$ | $00: 46: 16$ |

## Sewerby parkrun 5K - 5th November

1 James Wilson 00:17:37
3 Phill Taylor 00:18:31
8 Nick Jordan 00:20:03
14 Paul Good 00:21:14
19 Adam Dyas 00:21:36
22 Martin Hutchinson 00:22:03
26 Ted Imeson (J) 00:23:01
27 Micah Gibson (J) 00:23:09
30 Chris Price 00:23:16
32 T J Choat (J) 00:23:34
38 Simon Ellerker 00:24:21
45 Joshua Miller (J) 00:25:23
47 Greg Miller 00:25:34
49 Amy Fowler 00:25:45
55 Chris Humphries 00:26:08
60 Dominique Webster 00:26:47
62 Stuart Gent 00:27:18
65 Luke Duffill 00:27:27
76 Emilie Cawthorn 00:28:27
81 Simon Porter 00:28:37
83 Damian Probett 00:28:48
94 Christie Trower 00:29:20
97 Paul Brown 00:29:27
102 Patricia Bielby 00:30:21
111 Amanda Tindall 00:31:18
112 Pete Royal 00:31:21
113 Lucinda Gibson 00:31:23
117 Dave Pring 00:32:12
120 Jane Probett 00:32:41
126 L M E Choat (J) 00:33:11
127 Justin Choat 00:33:12
128 Kirsten Porter 00:33:14
133 James Briggs 00:33:42
134 Stuart Bowes 00:33:43
153 Kevin Sissons 00:36:27
156 David Duffill 00:36:50
159 Debbie Duffill 00:37:27
165 Adam Thomas 00:37:56
167 Linda Hall 00:38:34

Dalby Forest parkrun 5K - 5th November
26 Stephen Eblet 00:25:03

North Yorkshire Water Park parkrun 5K - 5th November
84 Di Raper 00:36:05

The Cinder Track parkrun 5K - 5th November
62 Jenny Chambers 00:30:34

Virtual parkrun 5K - 5th November
Martin McPheat 00:26:17 New York
Nicola Fowler 00:28:20

BRR Constable Handicap - 6th November
Finish Time H'cap Actual Pts
1 Lynda Gent
01:22:08 1st F - 1st LV55
00:17:00 01:05:08

| 2 David Pring | 01:22:33 1st M - 1st MV45 | 00:16:00 01:06:33 | 50 |
| :---: | :---: | :---: | :---: |
| 3 Mary Yates | 01:22:47 2nd F-1st LV60 | 00:12:30 01:10:17 | 49 |
| 4 David Foster | 01:23:20 2nd M - 1st MV65 | 00:17:30 01:05:50 | 49 |
| 5 Richard Kirkpatrick | 01:23:24 3rd M - 1st MV35 | 00:36:00 00:47:24 | 48 |
| 6 Susan Bond | 01:23:42 3rd F | 00:23:30 01:00:12 | 48 |
| 7 Emma Richardson | 01:23:53 1st LV45 | 00:32:30 00:51:23 | 47 |
| 8 Clare Gummerson | 01:24:06 | 00:36:00 00:48:06 | 46 |
| 9 Cat Moverley | 01:24:11 1st LV35 | 00:34:00 00:50:11 | 45 |
| 10 Andrew Gibson | 01:24:14 1st MV55 | 00:30:30 00:53:44 | 47 |
| 11 Andrew Marr | 01:24:19 | 00:29:30 00:54:49 | 46 |
| 12 Dave Bond | 01:24:29 1st MV60 | 00:34:00 00:50:29 | 45 |
| 13 Luke Duffill | 01:24:32 | 00:33:30 00:51:02 | 44 |
| 14 Pete Royal | 01:24:55 1st MV70 | 00:21:30 01:03:25 | 43 |
| 15 Adam Dyas | 01:25:06 | 00:38:30 00:46:36 | 42 |
| 16 Nick Craggs | 01:25:19 1st MV40 | 00:39:30 00:45:49 | 41 |
| 17 Simon Ellerker | 01:25:20 1st MV50 | 00:40:30 00:44:50 | 40 |
| 18 Janet Downes | 01:25:22 1st LV50 | 00:13:00 01:12:22 | 44 |
| 19 Stuart Gent | 01:25:28 | 00:34:30 00:50:58 | 39 |
| 20 Pat Bielby | 01:25:53 1st LV70 | 00:30:30 00:55:23 | 43 |
| 21 Tom Fynn | 01:25:58 | 00:30:00 00:55:58 | 38 |
| 22 Kerry Whitehead | 01:25:59 1st LV40 | 00:35:30 00:50:29 | 42 |
| 23 Becky Lawry | 01:26:14 | 00:24:00 01:02:14 | 41 |
| 24 Simon Walters | 01:26:18 | 00:43:00 00:43:18 | 37 |
| 25 Jane Welbourn | 01:26:59 | 00:30:00 00:56:59 | 40 |
| 26 Phill Taylor | 01:27:05 | 00:47:00 00:40:05 | 36 |
| 27 Kara Mainprize | 01:27:08 | 00:34:00 00:53:08 | 39 |
| 28 Kay Walters | 01:27:11 | 00:31:30 00:55:41 | 38 |
| 29 Kelly Palmer | 01:27:15 | 00:36:00 00:51:15 | 37 |
| 30 Ellis Hodges | 01:27:17 | 00:29:30 00:57:47 | 36 |
| 31 Mim Ireland | 01:27:25 | 00:39:30 00:47:55 | 35 |
| 32 Anne Kelly | 01:27:35 1st LV65 | 00:17:00 01:10:35 | 34 |
| 33 Tom Woodhouse | 01:27:36 | 00:42:30 00:45:06 | 35 |
| 34 Jennifer Kilburn | 01:27:38 | 00:21:30 01:06:08 | 33 |
| 35 Gillian Taylor | 01:27:43 | 00:32:00 00:55:43 | 32 |
| 36 Diane Palmer | 01:27:48 | 00:34:00 00:53:48 | 31 |
| 37 Dominique Webster | 01:27:49 | 00:31:30 00:56:19 | 30 |
| 38 Tina Calthorpe | 01:29:28 | 00:00:00 01:29:28 | 29 |
| 39 Sarah Marr | 01:32:09 | 00:28:30 01:03:39 | 28 |
| 40 Bob Eyre | 01:32:58 1st MV75 | 00:24:30 01:08:28 | 34 |

## BRR Junior Constable Handicap - 6th November

| Name . | Start time | Fin Time |
| :--- | ---: | :--- |
| Hope Adams | $07: 45$ |  |
| Brooke Adams | $10: 15$ | $22: 07$ |
| Lily Choat | $11: 00$ | $25: 45$ |
| Ralphie Denham | $12: 45$ | $22: 05$ |
| Maëlys Price | $13: 30$ | $22: 34$ |
| Kyra Leary | $13: 45$ | $22: 29$ |
| Charlie Johnson | $14: 15$ | $22: 32$ |
| Alexander Fynn | $14: 15$ | $24: 10$ |


| Océane Price | $14: 30$ | $23: 06$ | $08: 36$ | 12 | 8 | 10 |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| Alfie Verner | $14: 30$ | $22: 11$ | $07: 41$ | 3 | 2 | 7 |
| Louie Dixon | $15: 00$ | $23: 07$ | $08: 07$ | 13 | 6 | 8 |
| Tyler Choat | $15: 15$ | $22: 31$ | $07: 16$ | 5 | 3 | 4 |
| Micah Gibson | $15: 30$ | $22: 50$ | $07: 20$ | 9 | 5 | 6 |
| Erin Gummerson | $15: 45$ | $22: 50$ | $07: 05$ | 9 | 6 | 3 |
| Rebecca Addison | $15: 45$ | $23: 04$ | $07: 19$ | 11 | 7 | 5 |
| Becky Miller | $16: 00$ | $22: 44$ | $06: 44$ | 8 | 5 | 1 |
| Ben Edwards | $16: 15$ | $23: 12$ | $06: 57$ | 14 | 7 | 2 |

## National XC Relays, Mansfield - 5th November

U13 Girls - BridRR Team 64th

| 44 Rebecca miller | $08: 32.40$ |
| :--- | :--- |
| 71 Hope Adams | $12: 43.85$ |
| 31 Annabelle Miller | $08: 44.65$ |

Sewerby parkrun 5K-12th November
4 Paul Good 00:20:36

5 Phill Taylor 00:20:44
17 Martin Hutchinson 00:22:09
19 Ted Imeson (J) 00:22:29 PB
21 T J Choat (J) 00:22:36
22 Justin Choat 00:22:40
23 Ashley Porter 00:23:04
24 Annabelle Miller (J) 00:23:20 2nd F
26 Rebecca Miller (J) 00:23:25 3rd F
27 Erin Gummerson (J) 00:23:28
30 Chris Price 00:23:35
31 Cat Moverley 00:23:36 PB
38 Micah Gibson (J) 00:24:56
40 Andy Baker 00:25:10
44 Gillian Taylor 00:25:24
45 Ben Edwards (J) 00:25:33
47 Amy Fowler 00:25:52
53 Stephen Eblet 00:26:17
55 Patricia Bielby 00:26:37
56 Stuart Gent 00:26:41
60 Greg Miller 00:26:50
61 Keren Miller 00:26:51
63 Daniel Imeson (J) 00:27:27
64 Richard Kirkpatrick 00:27:28
72 Oceane Price (J) 00:28:30
73 Dominique Webster 00:28:33
89 Pete Royal 00:30:24
97 Dave Pring 00:31:24
100 Maelys Price (J) 00:31:38
101 L M E Choat (J) 00:31:45
102 Kirsten Porter 00:31:46
105 Amanda Porter 00:32:07
112 Stuart Bowes 00:32:20

| 116 Kyle Tibbett (J) | 00:33:08 |
| :---: | :---: |
| 119 Kevin Sissons | 00:33:21 |
| 121 Ethan Jones (J) | 00:33:39 |
| 126 Emma Choat | 00:34:03 |
| 143 David Duffill | 00:36:58 |
| 144 Debbie Duffill | 00:37:07 |
| 149 James Briggs | 00:38:02 |
| 156 Paul Brown | 00:39:11 |
| 157 Linda Hall | 00:40:19 |
| 158 Cindy Baker | 00:40:19 |
| 162 Luke Duffill | 00:42:27 |
| 164 Tina Calthorpe | 00:42:47 |
| 165 Rob Calthorpe | 00:42:48 |
| 170 Dian Rewston | 00:46:19 |
| Heaton Park parkrun 5K-12th November |  |
| 334 Anne Kelly | 00:30:54 |
| North Yorkshire Water Park parkrun 5K-12th No |  |
| 21 Dave Bond | 00:22:59 |
| 55 Susan Bond | 00:27:43 |
| Virtual parkrun 5K-12th November |  |
| Nicola Fowler | 00:26:54 |
| Tom Fynn | 00:27:35 |
| Danielle Whitehouse | 00:30:24 |
| Di Raper | 00:33:49 |
| Hardmoors 26.2 Goathland Marathon - 12th Nov |  |
| 61 Mike Hall | 05:41:39 |
| Dalby Dash 10K, Dalby Forest - 13th November |  |
| 59 Martin Hutchinson | 00:44:47 |
| 128 Amy Fowler | 00:50:51 |
| 378 Tina Calthorpe | 01:24:25 |
| EYXC League, Welton XC - 13th November |  |
| 4 James Wilson | 00:39:43 |
| 6 Danny Brunton | 00:40:51 |
| 8 Phill Taylor | 00:41:56 |
| 13 Tom Mullen | 00:43:05 |
| 38 Andrew Yeomans | 00:46:29 |
| 48 Simon Ellerker | 00:48:04 |
| 55 Paul Good | 00:48:37 |
| 58 Adam Thomas | 00:49:17 |
| 86 Alan Feldberg | 00:51:48 |
| 97 Steve Wilson | 00:52:43 |
| 20 Miriam Ireland | 00:52:49 |
| 22 Clare Gummerson | 00:53:52 |
| 121 Chris Price | 00:55:00 |


| 31 | Kerry Whitehead | 00:55:24 |
| :---: | :---: | :---: |
| 130 | Dave Bond | 00:55:44 |
| 147 | Stuart Gent | 00:58:13 |
| 47 | April-Marie Exley | 00:58:49 |
| 48 | Rebecca Clifton | 00:58:51 |
| 52 | Emma Richardson | 01:00:05 |
| 154 | Andrew Gibson | 01:00:11 |
| 54 | Amy Hall | 01:00:13 |
| 155 | Chris Yeomans | 01:00:20 |
| 168 | Micah Gibson | 01:01:44 |
| 70 | Patricia Bielby | 01:02:52 |
| 175 | Allan Clayton | 01:03:34 |
| 78 | Dominique Webster | 01:03:34 |
| 85 | Heidi Baker | 01:05:29 |
| 184 | Paul Brown | 01:06:33 |
| 92 | Sarah Marr | 01:07:27 |
| 105 | Yvonne Shawcross | 01:10:49 |
| 106 | Susan Bond | 01:11:01 |
| 108 | Becky Lawry | 01:11:21 |
| 191 | Dave Pring | 01:11:30 |
| 112 | Lyn Gent | 01:12:22 |
| 195 | Bob Eyre | 01:14:15 |
| 196 | Dave Foster | 01:14:56 |
| 122 | Jane Probett | 01:16:11 |
| 123 | Jenny Chambers | 01:16:45 |
| 124 | Lucinda Gibson | 01:17:54 |
| 126 | Jennifer Kilburn | 01:18:05 |

Men: 3rd Team at Welton (overall 3rd after 2 races)
Women: 6th Team at Welton (overall 6th after 2 races)

## Racebest York 5K-18th November

62 Erin Gummerson
00:22:20
63 Clare Gummerson
00:22:43

Sewerby parkrun 5K-19th November
4 Nick Jordan 00:20:18

13 Adam Dyas 00:22:03
15 Nick Craggs 00:22:21
16 Ashley Porter 00:22:28
17 Steve Wilson 00:22:31
19 Annabelle Miller (J) 00:23:24
20 Rebecca Miller (J) 00:23:32
21 Chris Price 00:23:37
26 Micah Gibson (J) 00:24:35
29 T J Choat (J) 00:24:37
30 Ted Imeson (J) 00:24:38
32 Luke Duffill 00:24:43
33 Justin Choat 00:24:53
34 Erin Gummerson (J) 00:24:58

| 35 Jonathan Ogden | 00:25:02 |
| :---: | :---: |
| 40 Alan Feldberg | 00:25:43 |
| 43 Clare Gummerson | 00:26:07 |
| 45 Ben Edwards (J) | 00:26:18 |
| 46 Andy Baker | 00:26:23 |
| 47 Stephen Eblet | 00:26:26 |
| 50 Chris Humphries | 00:26:40 |
| 52 Joshua Miller (J) | 00:26:41 |
| 53 Greg Miller | 00:26:42 |
| 54 Keren Miller | 00:26:46 |
| 55 Patricia Bielby | 00:26:56 |
| 56 Simon Porter | 00:26:57 |
| 57 Evie Lakes (J) | 00:26:59 |
| 59 Amy Fowler | 00:27:03 |
| 64 Damian Probett | 00:27:22 |
| 71 Oceane Price (J) | 00:28:33 |
| 72 Charlie Johnson (J) | 00:28:41 |
| 73 Martin Hutchinson | 00:28:43 |
| 80 Jason Pointez | 00:29:25 |
| 81 Nicola Fowler | 00:29:30 |
| 83 Justine Sutcliffe | 00:29:41 |
| 87 Ethan Jones (J) | 00:30:05 |
| 88 Zoe Ellis-Cornell | 00:30:05 |
| 89 Paul Brown | 00:30:06 |
| 92 Anne Kelly | 00:30:24 |
| 93 Maelys Price (J) | 00:30:42 PB |
| 100 Dave Pring | 00:30:57 |
| 102 Stuart Gent | 00:31:34 |
| 105 Pete Royal | 00:32:00 |
| 110 Lucinda Gibson | 00:32:11 |
| 112 Stuart Bowes | 00:32:15 |
| 113 Lynda Gent | 00:32:16 |
| 114 Kara Mainprize | 00:32:17 |
| 116 Jane Welbourn | 00:32:24 |
| 117 Jane Probett | 00:32:31 |
| 125 Kevin Sissons | 00:33:55 |
| 146 David Duffill | 00:36:52 |
| 150 L M E Choat (J) | 00:37:23 |
| 151 Emma Choat | 00:37:23 |
| 152 Debbie Duffill | 00:37:24 |
| 153 Amanda Porter | 00:37:24 |
| 158 James Briggs | 00:39:19 |
| 161 Adam Thomas | 00:39:56 |
| 167 Linda Hall | 00:43:21 |
| 168 Cindy Baker | 00:43:22 |
| 177 Dian Rewston | 00:54:16 |

Market Rasen Racecourse parkrun 5K - 19th November
26 Graham Lonsdale
00:21:35
67 Janet Downes
00:33:46
North Yorkshire Water Park parkrun 5K - 19th November
33 Dave Bond 00:25:06
42 Dominic Bond 00:26:35
70 Susan Bond 00:30:58
Virtual parkrun 5K-19th November
Jenny Chambers
00:31:26
Gainsborough Morton 10K - 20th November
Chip Time Gun Time

| 405 Simon Porter | $00: 49: 33$ | $00: 49: 48$ |
| :--- | :--- | :--- |
| 729 Kirsten Porter | $00: 59: 35$ | $01: 00: 25$ |

730 Amanda Porter 00:59:36 01:00:25

See York Run York, Knavesmire Edge Challenge - 25th November

| Andy Baker | $05: 35: 54$ | 30.4 miles |
| :--- | :---: | :---: |
| Di Raper | Strava |  |
| Paul Raper | 02:51:36 | 13.06 mile |
| Strava |  |  |

## Sewerby parkrun 5K-26th November

1 Tom Mullen 00:19:32
3 Phill Taylor 00:20:41
8 Adam Dyas 00:21:36
10 Paul Good 00:21:43
12 Rebecca Miller (J) 00:22:58 2nd F
18 Chris Price 00:23:18
19 Ted Imeson (J) 00:23:33
20 Richard Kirkpatrick 00:23:35
21 Josh Taylor 00:23:41
24 Graham Lonsdale 00:23:47
30 Ben Edwards (J) 00:24:23
32 TJChoat (J) 00:24:37
38 Gillian Taylor 00:25:28
40 Christie Trower 00:25:47 PB
41 Oceane Price (J) 00:25:48 PB
44 lan Haywood 00:25:56
48 Jason Pointez 00:26:08
50 Luke Duffill 00:26:16
60 Jonathan Ogden 00:27:23
65 Charlie Johnson (J) 00:28:13
73 Zoe Ellis-Cornell 00:29:19
76 Maelys Price (J) 00:29:39 PB
78 Ethan Jones (J) 00:29:46
84 Anne Kelly 00:30:11
99 James Briggs 00:31:23
100 Pete Royal 00:31:34
107 Erin Jones (J) 00:32:28
111 Kevin Sissons 00:33:02
112 Dave Foster 00:33:08

```
1 2 8 ~ D a v e ~ P r i n g ~ 0 0 : 3 5 : 3 8 ~
130 Janet Downes 00:35:48
1 3 9 ~ M a r y ~ Y a t e s ~ 0 0 : 3 9 : 1 1 ~
140 L M E Choat (J) 00:39:40
143 Emma Choat 00:39:50
147 Linda Hall 00:40:40
1 5 9 ~ D i a n ~ R e w s t o n ~ 0 0 : 5 1 : 1 8 ~
```


## Lincoln parkrun 5K - 26th November

63 Amy Fowler
00:25:34

## Market Harborough parkrun 5K - 26th November

53 Dave Bond
00:24:21
151 Susan Bond
00:29:11

North Yorkshire Water Park parkrun 5K - 26th November
78 Tina Calthorpe
00:44:04

Penistone parkrun 5K-26th November

| 48 Simon Porter | $00: 26: 05$ |
| :--- | :--- |
| 85 Amanda Porter | $00: 31: 40$ |
| 86 Kirsten Porter | $00: 31: 41$ |

## Peter Pan parkrun 5K - 26th November

41 Patricia Bielby
00:26:06 PB

155 Paul Brown
00:36:48

The Cinder Track parkrun 5K - 26th November

36 Stephen Eblet
00:25:34
58 Stuart Bowes
00:29:32

York parkrun 5K-26th November
405 Di Raper
00:34:43
406 Paul Raper
00:34:44

Virtual parkrun 5K-26th November

| Nicola Fowler | $00: 27: 38$ |
| :--- | :--- |
| Lynda Gent | $00: 30: 33$ |
| Stuart Gent | $00: 30: 38$ |
| Elizabeth Ingle | $00: 42: 23$ |

## Hardwolds 80-26th November

Solo
8 Danny Brunton 15:25:13
6th Relay Team (part of 4 woman team - Cirque Du Sore Legs)

| Kay Walters | $03: 57: 5320.18$ miles |
| :--- | :--- |
| Helena Smith | $07: 06: 2427.46$ miles |

Doncaster 10K-27th November
33 James Wilson
00:34:36

| 232 Adam Thomas | $00: 40: 18$ |
| :--- | :--- |
| 1799 Di Raper | $01: 05: 58$ |

Sewerby parkrun 5K - 3rd December
2 Nick Jordan 00:20:34

3 Simon Ellerker 00:20:39
6 Paul Good 00:21:23
10 Nick Craggs 00:21:38
11 Ashley Porter 00:21:44
15 Ted Imeson (J) 00:22:29
16 Steve Wilson 00:22:37
19 Justin Choat 00:23:06
20 Chris Price 00:23:09
21 Greg Miller 00:23:25
22 Rebecca Miller (J) 00:23:25 3rd F
24 Annabelle Miller (J) 00:23:40
25 Josh Taylor 00:23:40
26 T J Choat (J) 00:23:44
30 Alan Feldberg 00:24:31
31 Graham Lonsdale 00:24:35
37 Christie Trower 00:25:25 PB
38 Gillian Taylor 00:25:33
40 Jason Pointez 00:25:38
41 Jonathan Ogden 00:25:38
43 Andrew Gibson 00:25:53
46 Amy Fowler 00:25:57
47 Patricia Bielby 00:26:00
48 Ian Haywood 00:26:24
53 James Riley 00:26:51
56 Simon Porter 00:27:29
58 Angela Bailey 00:27:51
60 Joshua Miller (J) 00:28:07
62 Keren Miller 00:28:10
69 Paul Brown 00:29:35
74 Stuart Gent 00:29:58
77 Lynda Gent 00:30:30
78 Ethan Jones (J) 00:30:34
82 Lucinda Gibson 00:31:13
84 Anne Kelly 00:31:24
85 Kyle Tibbett (J) 00:31:34
90 Pete Royal 00:31:57
102 Erin Jones (J) 00:33:37
107 Mary Yates 00:34:11
122 L M E Choat (J) 00:37:17
123 Kirsten Porter 00:37:18
124 Emma Choat 00:37:19
125 Janet Downes 00:37:33
126 Amanda Porter 00:37:33
131 Adam Thomas 00:39:01
137 Linda Hall 00:41:18
Chevin Forest parkrun 5K - 3rd December
102 Sandra Orlando ..... 00:45:35
Goole parkrun 5K - 3rd December
22 Andy Baker ..... 00:23:37
Hull parkrun 5K - 3rd December22 Martin Hutchinson00:20:03
North Yorkshire Water Park parkrun 5K - 3rd December
8 Richard Kirkpatrick ..... 00:21:24 PB
25 Dave Bond ..... 00:23:56
32 Stephen Eblet ..... 00:25:08 PB
49 Susan Bond ..... 00:27:45
83 Tina Calthorpe ..... 00:42:58
Temple Newsam parkrun 5K - 3rd December95 James Briggs00:35:34
Virtual parkrun 5K - 3rd December

| Phill Taylor | $00: 23: 01$ |
| :--- | :--- |
| Di Raper | $00: 34: 46$ |

York Yuletide Trail Run 5 miles - 3rd DecemberChip Time Gun Time
8 Simon Walters ..... 00:37:11 00:37:13
34 Kay Walters ..... 00:46:39 00:46:42
Bridlington Santa Dash 5K - 4th December
Phill Taylor 00:20:10 StravaSimon Ellerker 00:24:01 Strava
Tom Fynn 00:27:54 Strava
Nicola Fowler 00:28:42 Strava
Paul Brown ..... No Time
Alexander Fynn ..... No Time
Plus some other Juniors - sorry no names
Rosey Nosey 5K Fun Run, Lincolnshire - 4th December
33 Helena Smith ..... 00:27:08 2nd V40
See York Run York Winter 10K - 9th DecemberChip Time Gun Time8 Martin Hutchinson
51 Di Raper00:43:12 00:43:1301:07:01 01:07:08
Sewerby parkrun 5K - 10th December1 Phill Taylor00:19:48

| 3 Nick Jordan | 00:20:34 |
| :---: | :---: |
| 4 Ashley Porter | 00:21:24 |
| 6 Paul Good | 00:21:32 |
| 11 Adam Dyas | 00:22:07 |
| 12 Steve Wilson | 00:22:47 |
| 13 Alan Feldberg | 00:23:12 |
| 15 Martin Hutchinson | 00:23:43 |
| 18 Rebecca Miller (J) | 00:24:03 3rd F |
| 20 Justin Choat | 00:24:11 |
| 22 Chris Price | 00:24:20 |
| 24 Clare Gummerson | 00:24:36 PB |
| 26 T J Choat (J) | 00:25:08 |
| 27 Graham Lonsdale | 00:25:09 |
| 30 Annabelle Miller (J) | 00:25:41 |
| 32 Jason Pointez | 00:25:56 |
| 35 Joshua Miller (J) | 00:26:05 |
| 36 Keren Miller | 00:26:07 |
| 39 Simon Porter | 00:26:27 |
| 41 Greg Miller | 00:26:28 |
| 43 Trish Watson | 00:26:34 |
| 45 Andrew Gibson | 00:26:56 |
| 54 Paul Brown | 00:30:28 |
| 55 Kirsten Porter | 00:30:29 |
| 56 Dominique Webster | 00:30:44 |
| 60 Micah Gibson (J) | 00:31:05 |
| 65 Damian Probett | 00:31:30 |
| 72 Lucinda Gibson | 00:33:53 |
| 73 Jane Probett | 00:36:02 |
| 81 James Briggs | 00:38:52 |
| 82 Stella Milborrow | 00:38:55 |
| 83 David Duffill | 00:39:15 |
| 84 L M E Choat (J) | 00:39:23 |
| 85 Janet Downes | 00:39:40 |
| 86 Amanda Porter | 00:39:41 |
| 87 Emma Choat | 00:40:19 |
| 91 Kevin Sissons | 00:43:29 |
| I parkrun 5K-10th December |  |
| Nicola Fowler | 00:29:47 |
| Di Raper | 00:38:58 |

EYXC Bishop Wilton (short course due to ice) - 11th December

| 4 James Wilson | $00: 26: 24$ |
| :--- | :--- |
| 6 Tom Mullen | $00: 27: 20$ |
| 10 Danny Brunton | $00: 27: 30$ |
| 40 Andrew Yeomans | $00: 30: 33$ |
| 44 Adam Thomas | $00: 31: 08$ |
| 48 Simon Walters | $00: 31: 40$ |
| 60 Simon Ellerker | $00: 33: 00$ |
| 65 Paul Good | $00: 33: 35$ |

```
        8 0 \text { Allan McFarlane}
        00:35:14
        83 Steve Wilson 00:35:20
19 Clare Gummerson 00:36:08
    100 Chris Price 00:36:39
26 Kerry Whitehead 00:38:20
    115 Graham Lonsdale 00:39:10
    124 Chris Yeomans 00:39:57
    143 Andrew Gibson 00:44:39
    145 Micah Gibson 00:46:10
60 Pat Bielby 00:46:15
    149 Paul Brown 00:48:32
72 Dominique Webster 00:52:11
    1 5 9 ~ D a v e ~ F o s t e r ~ 0 0 : 5 6 : 3 7 ~
```

Brid Men-3rd at Bish Wilton and 3rd Overall
Brid Women - 8th at Bish Wilton and 7th Overall
Sewerby parkrun 5K-17th December
1 Phill Taylor 00:19:46
4 Alan Feldberg 00:21:39
6 Ashley Porter 00:22:16
12 Adam Dyas 00:23:40
13 Justin Choat 00:23:44
14 Martin Hutchinson 00:24:21
15 Ted Imeson (J) 00:24:28
24 Chris Price 00:25:30
26 T J Choat (J) 00:26:14
29 Jason Pointez 00:26:58
35 Simon Porter 00:27:30
37 Graham Lonsdale 00:27:44
40 Greg Miller 00:27:51
41 Keren Miller 00:27:54
43 Gerrard Ferre 00:27:59
46 Trish Watson 00:29:03
47 Kirsten Porter 00:30:06
49 Stuart Gent 00:30:57
56 Dominique Webster 00:32:33
73 Kevin Sissons 00:36:53
79 Janet Downes 00:39:04
86 James Briggs 00:41:27
87 L M E Choat (J) 00:41:36
88 Emma Choat 00:41:38
89 Amanda Porter 00:41:42
94 Cat Moverley 01:02:22 Tail Walker
Beverley Westwood parkrun 5K - 17th December
23 Steve Wilson
00:23:06
27 Paul Good
00:23:19

13 Stephen Eblet 00:27:32

## Lincoln parkrun 5K-17th December

47 Amy Fowler
00:25:46

Peter Pan parkrun 5K - 17th December
72 Paul Brown
00:29:20

Sewerby parkrun 5K-24th December

| 2 James Wilson | $00: 17: 56$ |
| :--- | :--- |
| 4 Tom Mullen | $00: 18: 45$ PB |
| 5 Phill Taylor | $00: 18: 45$ |
| 11 Paul Good | $00: 20: 58$ |

11 Paul Good 00:20:58
17 Adam Dyas 00:21:45
19 Martin Hutchinson 00:21:55
20 Mike Hall 00:22:00 PB
22 Ashley Parcell 00:22:14
25 Justin Choat 00:22:45
26 Joanna Dagnan 00:23:02
29 Alan Feldberg 00:23:21
34 Chris Price 00:23:26
37 Rebecca Miller (J) 00:23:34
38 Josh Taylor 00:23:36
39 Dan Cawthorn 00:23:48
41 Annabelle Miller (J) 00:24:06
50 Luke Duffill 00:24:29
53 T J Choat (J) 00:24:43
62 Jason Pointez 00:25:09
63 Cat Moverley 00:25:18
70 Joshua Miller (J) 00:25:33
71 Jonathan Ogden 00:25:34
72 Greg Miller 00:25:35
73 Micah Gibson (J) 00:25:37
74 Keren Miller 00:25:43
76 Stuart Gent 00:25:48
79 Amy Fowler 00:25:53
82 Diane Palmer 00:26:01
83 Trish Watson 00:26:13
86 Evie Lakes (J) 00:26:15
95 Patricia Bielby 00:26:40
96 Chris Humphries 00:26:40
97 Simon Porter 00:27:01
105 Damian Probett 00:27:25
110 Stephen Eblet 00:27:36
112 Oceane Price (J) 00:27:38
120 Justine Sutcliffe 00:27:53
126 Angela Bailey 00:28:36
128 Charlie Johnson (J) 00:28:39
129 Kerry Whitehead 00:28:40
132 Andy Baker 00:28:54
133 Emilie Cawthorn ..... 00:28:57
140 Christie Trower ..... 00:29:24
146 Heidi Baker ..... 00:29:49
161 Lucinda Gibson ..... 00:31:42
165 Lynda Gent ..... 00:31:58
167 Kara Mainprize ..... 00:31:59
168 Dominique Webster ..... 00:32:00
169 Dave Pring ..... 00:32:01
170 Maelys Price (J) ..... 00:32:06
174 Stuart Bowes ..... 00:32:25
176 Pete Royal ..... 00:32:36
179 Ethan Jones (J) ..... 00:32:45
186 Kevin Sissons ..... 00:33:04
200 Mary Yates ..... 00:34:36
213 Erin Jones (J) ..... 00:35:43
214 Yvonne Shawcross ..... 00:35:46
216 L M E Choat (J) ..... 00:36:01
217 Kirsten Porter ..... 00:36:07
218 Janet Downes ..... 00:36:09
219 Amanda Porter ..... 00:36:17
220 John Edwards ..... 00:36:18
221 Ben Edwards (J) ..... 00:36:25
225 Emma Choat ..... 00:36:40
235 Debbie Duffill 00:38:05
241 Amy Hall ..... 00:40:16
249 Linda Hal ..... 00:42:14
250 Cindy Baker ..... 00:43:06
251 Tina Calthorpe ..... 00:43:07
258 James Briggs ..... 00:50:49
272 Gillian Taylor

## Doddington Hall parkrun 5K - 24th December

## North Yorkshire Water Park parkrun 5K - 24th December

| 28 Dave Bond | $00: 24: 29$ |
| :--- | :--- |
| 61 Susan Bond | $00: 28: 46$ |
| 67 Sarah Marr | $00: 30: 32$ |

## Peter Pan parkrun 5K - 24th December

81 Paul Brown
00:28:09
Virtual parkrun 5K-24th December
Nicola Fowler
00:27:24
Dalby Forest parkrun 5K-25th December
6 Simon Walters
00:19:56
25 Micah Gibson (J)
00:23:12
43 Dave Bond 00:25:09
44 Stuart Gent 00:25:14 PB

| 57 Stephen Eblet | $00: 26: 23$ |
| :--- | :--- |
| 58 Andrew Gibson | $00: 26: 26$ |
| 60 Kay Walters | $00: 26: 39$ PB |
| 82 Damian Probett | $00: 28: 45$ |
| 95 Susan Bond | $00: 29: 31$ |
| 106 Lynda Gent | $00: 30: 18$ |
| 107 Sarah Marr | $00: 30: 19$ PB |
| 116 Stuart Bowes | $00: 31: 00$ |
| 134 Jane Probett | $00: 32: 07$ |
| 168 Domnic Bond | $00: 36: 54$ |
| 176 Tina Calthorpe | $00: 41: 59$ |
| 189 Rob Calthorpe | $00: 49: 57$ |

## Lincoln parkrun 5K-25th December

204 Danielle Whitehouse
00:38:24

## Hull parkrun 5K - 25th December

26 Ashley Porter 00:20:33
111 Simon Porter 00:24:21
228 Paul Brown 00:27:54
264 Amanda Porter 00:29:32
265 Kirsten Porter 00:29:33
East Hull Harriers Boxing Day 10K - 26th December

| 120 Simon Porter | $01: 01: 41$ |
| :--- | :--- |
| 121 Amanda Porter | $01: 01: 44$ |
| 122 Kirsten Porter | $01: 01: 44$ |

Filey Festive Turkey Burner Beach 5K - 27th December (Results Awaited)

| 2 Tom Mullen | $00: 18: 43$ |
| :--- | :--- |
| 3 Simon Walters | $00: 19: 44$ |
| 5 Martin Hutchinson | $00: 20: 14$ |
| 16 Justin Choat | $00: 23: 00$ |
| Micah Gibson | $00: 23: 26$ Strava |
| Erin Gummerson | $00: 24: 47$ Strava |
| Clare Gummerson | $00: 24: 56$ Strava |
| Damian Probett | $00: 25: 44$ Strava |
| Gregg Miller | $00: 26: 08$ Strava |
| Amy Hall | $00: 26: 54$ Strava |
| Emma Richardson | $00: 27: 20$ Strava |
| Keren Miller | $00: 28: 07$ Strava |
| Helena Smith | $00: 28: 51$ Strava |
| Kerry Whitehead | $00: 30: 09$ Strava |
| Charlie Johnson | $00: 30: 09$ Strava |
| Jane Probett | $00: 32: 43$ Strava |
| Sarah Marr | $00: 33: 34$ Strava |
| Yvonne Shawcross | $00: 34: 36$ |
| Di Raper | $00: 35: 02$ |
| James Briggs | $00: 41: 01$ Strava |
| Rob Calthorpe | $00: 43: 19$ Strava |



| 150 Amanda Porter | $00: 35: 43$ |
| :--- | :--- |
| 163 Debbie Duffill | $00: 38: 54$ |
| 166 James Ellerker (J) | $00: 40: 14$ |
| 167 Simon Ellerker | $00: 40: 15$ |
| 173 Linda Hall | $00: 45: 47$ |

## Albert parkrun 5K-31st December

45 T J Choat (J) 00:22:44 PB
163 L M E Choat (J) 00:30:37 PB
164 Justin Choat 00:30:38
219 Emma Choat 00:38:12
Clumber Park parkrun 5K - 31st December
188 Di Raper 00:35:40
Lincoln parkrun 5K - 31st December
27 Joanna Dagnan
00:21:20 PB
79 Amy Fowler
00:25:20
North Yorkshire Water Park parkrun 5K - 31st December

| 21 Domnic Bond | $00: 23: 37$ |
| :--- | :--- |
| 30 Dave Bond | $00: 25: 43$ |
| 41 Stephen Eblet | $00: 27: 18$ |
| 55 Susan Bond | $00: 28: 32$ |
| 124 Tina Calthorpe | $00: 44: 03$ |

Virtual parkrun 5K-31st December

| James Briggs | $00: 22: 07$ |
| :--- | :--- |
| Nicola Fowler | $00: 27: 40$ |
| Tom Fynn | $00: 29: 35$ |

